

Resource List for Attention Deficit Hyperactivity Disorder

Family & Community Resource Center
Special School District of St. Louis County
12110 Clayton Road
St. Louis, MO 63131
314-989-8438/989-8108/989-8194

ADD/ADHD Behavior-Change Resource Kit. Ready-to-Use Strategies & Activities for Helping Children with Attention Deficit Disorder. Grad L. Flik, PhD (1998)

Comprehensive new resource is filled with up-to-date information and practical strategies to help kids with attention deficits learn to control and change their own behaviors and build the academic, social, and personal skills necessary for success in school and in life.

The ADD/ADHD Checklist: An Easy Reference for Parents & Teachers. Sandra Rief (1997)

Resource is packed with up-to-date facts, findings and proven strategies and techniques for understanding and helping children and adolescents with attention deficit problems and hyperactivity.

ADD and Adolescence — Strategies for Success from CHADD

Resource is dedicated to helping teenagers with ADD and their parents address the many new challenges they are now facing, such as managing the increased workload of high school and building strong relationships with peers.

ADD and the College Student. Patricia Quinn (1994)

Armed with the practical wisdom of both specialists and those who have “been there” themselves, readers with ADD will no longer feel overwhelmed by the prospect of college life. This concise handbook will help students with ADD to effectively navigate the difficult transition to college life.

ADD — From A to Z: Understanding the Diagnosis and Treatment of Attention Deficit Disorder in Children and Adults. Edward Hallowell (video) (107 minutes) (1996)

Topics in this video from the author of *Driven to Distraction* include: symptoms, how to tell if it is not ADD, 20 steps to diagnosis, methods of treatment (medical and non-medical) and the Ritalin controversy.

The ADD Hyperactivity Workbook for Parents, Teachers and Kids. Harvey C. Parker (1988)

Easy-to-read yet highly informative workbook describes the history, characteristics and causes of ADD. Chapters on treatment, including medication management, psychological counseling and behavior modification are written in an understandable and ready-to-apply manner.

The ADD Hyperactivity Handbook for Schools. Harvey C. Parker (1992)

Reviews current educational policies affecting students with ADD and has sections on special education interventions and programs, sample IEPs, guidelines for classroom structure and more. A must read for those interested in learning evaluation methods for ADD and ways to effectively assist children with ADD in regular and special education.

ADD Packet – Chesapeake Institute (video and cassette)

ADD: Stepping Out of the Dark. Lenae K. Madonna & Tom Demenkoff (1993) (video)

Based on actual accounts of those who have ADD, video allows the viewer to feel the frustration, the lack of attention, and the confusion ADD brings to many individuals. Story features perspectives from families, a doctor, an adult and educator and includes accounts compiled from those with ADD.

The ADDED Touch: Spend the Day with Matthew, A First Grader with ADHD. Robin Watson.

Grades K-3. Explains ADD to young children. Tells the story of a first grader who is struggling in school. (22 pages)

AD/HD & Driving: A Guide for Parents of Teens with AD/HD. J. Marlene Snyder (2001)

Discusses the additional challenges parents encounter when their teen with AD/HD is working towards a drivers license.

ADHD and the Nature of Self-Control. Russell Barkley (1997)

Argues that ADHD is fundamentally a developmental problem of self-control, and that a deficit in attention is secondary, and not universal, characteristic. Offers a new direction for thinking about and treating ADHD.

ADHD and Social Skills: A Step-by-Step Guide for Teachers and Parents. Esta M Rapoport (2009)

Explains the difficulties that children with ADHD endure and offers techniques for improving behavior in a way that everyone can understand and implement.

ADHD and Teens – A Parents Guide to Making It Through the Tough Years. Colleen Alexander Roberts

ADHD and Teens is a manual of practical advice to help parents cope with the problems that can arise during these years. A crash course is offered on parenting styles that really work with teens with ADHD and how these styles allow the teen to safely move from dependence to independence.

ADHD-Autism Connection. A Step Toward More Accurate Diagnoses and Effective Treatments. Diane Kennedy, Rebecca Banks, Temple Grandin (2002)

Attention deficit/hyperactive disorder (ADHD) is one of the most rapidly growing diagnoses of our generation. Often the diagnosis fails to provide real help, leaving patients, doctors, and families at a loss to know what to do next. But for the first time ever, new insights into the overwhelming number of similarities between Autism and ADHD are giving those with ADHD genuine hope.

The AD/HD Book. Beth Ann Hill (2005)

Designed to give readers key background information about ADHD and an easy to follow questions and answer format.

The ADHD Book of Lists: A Practical Guide for Helping Children and Teens with Attention Deficit Disorders. Sandra Rief (2003)

Source for answers, practical strategies and tools in a convenient list format. Created for teachers (K-12), parents, school psychologists, medical and mental health professionals, counselors and other school personnel, this resource contains the most current information about ADHD.

ADHD: Cory Stories; A Kid's Book About Living with ADHD. Jeanne Kraus (2005)

ADHD Handbook for Families: A Guide to Communicating with Professionals. Paul L. Weingartner (1999)

Provides real-life strategies and techniques that can be used immediately, including how to develop behavior modification plans, how to decide if and when to use medication and how to work with clinical and educational professionals.

ADHD in Children: A Medication Guide. Hugh Johnston, MD (2002)

Resource for parents of children with ADHD and for medical professionals, teachers and others working with children with ADHD. This 54 page booklet explains what ADHD is; outlines the symptoms of ADHD and explains how ADHD is diagnosed in children; discusses the possible causes of ADHD; and explains how medications are used to treat this disorder in children. Separate chapters are devoted to the various medications used for treatment. Important information such as usual doses and side effects is included.

ADHD in the Classroom: Strategies for Teachers. Russell A. Barkley (1994) (video) (36 minutes)

Video is designed specifically to help teachers with their students who have ADHD and thereby provide a better learning environment for all their students.

An ADHD Primer. Lisa L. Weyandt (2001)

Filled with current, practical, and useful information for professionals and individuals, summarizes the literature concerning ADHD across the lifespan. It offers a better understanding of the disorder by addressing the potential causes of ADHD, the developmental course, and numerous treatment approaches.

ADHD in the Young Child: Driven to Redirection. Cathy Reimers (2003)

Here is a one-stop reference book for parents and teachers of young children with symptoms of Attention Deficit Hyperactivity Disorder (ADHD). The authors discuss what ADHD is, describe the life of a child with ADHD, and offer effective techniques for managing behavior.

ADHD: Inclusive Instruction and Collaborative Practices. Sandra Rief (video) (1995)

Demonstrates successful and proven teaching techniques that are positive, practical and educationally sound for use by teachers in regular classrooms. Focus is on what regular classroom teachers can do to meet the unique challenges that these students present and how to recognize and build on their many strengths and positive attributes.

ADHD Secrets of Success: Coaching Yourself to Fulfillment in the Business World. Thom Hartman (2002)

Helps individuals with ADHD understand and overcome the symptoms of their diagnosis that may hold them back, and take advantage of the traits marking them for success.

ADHD: A Survival Guide For Parents and Teachers. Richard Lougy et al (2002)

Addresses issues and concerns confronting parents and teachers with children diagnosed with ADHD. The friendly and supportive style of the book is easy for readers to understand and use.

ADHD: What Can We Do? Russell A. Barkley (1992) (video) (36 minutes)

Provides an overview of the most effective approaches to treating the problems associated with ADHD. For parents, relatives and teachers of children with ADHD as well as the professionals who work with them.

ADHD: What Do We Know? (video) (36 minutes) (1992)

This program reviews the history of the disorder and introduces the viewer to three young people who have ADHD. The full impact of this disorder on the lives of these young people and their families is outlined by Dr. Russell Barkley, scientist and educator.

ADHD: What Every Parent Wants to Know. David Wodrich (1994)

Whether your child has ADHD or you are considering having your child evaluated, inside this book you'll find caring, expert answers to your questions. This revised edition updates you on the key issues that concern you most, including ADHD symptoms and diagnosis, medical interventions such as Ritalin, Adderall, and more, instruction strategies, effective communication strategies, antecedent control to help influence behavior, the relationship between ADHD and learning disabilities.

All About Attention Deficit Disorder: A Comprehensive Guide. Thomas W. Phelan (2000)

Guide gives parents, teachers, pediatricians and mental health professionals the facts and resources they need to effectively deal with ADD; separates fact from myth and in straightforward language provides the most recent developments in ADD research.

All Dogs Have ADHD. Kathy Hoopman (2009)

Combines humor with understanding to reflect the difficulties and joys of raising a child with ADHD and celebrates what it means to be considered 'different.'

Answers to ADD: The School Success Tool Kit. (video) (102 minutes) (1992)

This video contains ideas for teachers and parents in teaching organizational and study skills and in providing classroom accommodations.

Answers to Distraction. Edward M. Hallowell and John J. Ratey (1996)

Authors of bestselling *Driven to Distraction* respond to the most frequently asked questions about attention deficit disorder. This "user's guide" to ADD is presented in a question-and-answer format ideal for parents of children with ADD, adults with ADD, and teachers who work with students with ADD.

Approaching College for Students with ADD. (video) (1993)

One in a series of videos that seeks to inform students with ADD and their parents about the paths to success in college.

Attention Deficit Disorder and Learning Disabilities: Realities, Myths and Controversial Treatments. Barbara Ingersoll & Sam Goldstein (1993)

Comprehensive handbook details causes, symptoms and diagnoses, then details and critiques conventional treatments that have been scientifically validated plus more controversial methods of treatment such as orthomolecular therapies, amino acid supplementation, dietary interventions, EEG biofeedback, cognitive therapy, sensory integration therapy and visual training.

Attention Deficit Disorder: A Different Perception. Thomas Hartmann (1997)

People with ADD may be creative and successful when their talents and skills are properly directed. Give practical advice and specific techniques for understanding and dealing with ADD.

Attention Deficit Hyperactivity Disorder: A Handbook for Diagnosis and Treatment. Russell A. Barkley (1994)

Referred to as the "bible" on ADHD from a leading authority on the disorder. Text is divided into three major sections: diagnosis, assessment and treatment. Also includes a review of parent, teacher and multi-informant rating scales.

Attention Deficit Disorder: Section 504. (video) (18 minutes)

Broward County Schools Section 504 guidelines.

Attention Girls! A Guide to Learn All About Your AD/HD. Patrica O. Quinn. (2009)

Meet girls with ADHD and learn ways to take charge of your life.

Autism? Aspergers? ADHD? ADD? A Parent's Roadmap to Understanding and Support. Diane Drake Burns (2005)

Suspect there's something "different" about your child? This book will help you navigate those early stages of your child's life when a diagnosis is nowhere in sight and you're either totally frustrated or frightened into inaction by a vision of what may lie ahead.

Beyond Ritalin: Facts About Medication and Other Strategies for Helping Children, Adolescents and Adults with Attention Deficit Disorder. Stephen Garber et al (1996)

A complete road map and guide for coping with ADHD that addresses such issues as what medication can and cannot do , the ten most common myths surrounding Ritalin, alternative medications and therapies that can be used before trying

Broward County Schools Guidelines for Section 504: Attention Deficit (video) (18 minutes)

Video and packet of information offers teachers and support staff a process to respond to the needs of children with ADD with a flow chart that sets forth the steps recommended when a student needs intervention in the classroom.

College Success for Students with Learning Disabilities. Cynthia G. Simpson & Vicky G. Spencer (2009)

Covers topics such as understanding the rights and responsibilities of students with special needs, talking to professors and peers, getting involved, asking for and receiving accommodations, and utilizing one's strengths to meet and exceed academic standards.

Cory Stories: A Kid's Book About Living with ADHD, Jeanne Kraus (2004) (grades 1-5)

Grades 1-5. Cory has lots of stories to tell and lots of ways to get organized, pay attention, calm down, remember things, make friends, and feel good about himself and life with ADHD. (31 pages)

Delivered From Distraction: Getting the Most Out of Life with Attention Deficit Disorder. Edward M. Hallowell MD and John J. Ratey MD (2005)

This follow-up to the authors' 1994 manual, Driven to Distraction, has the advantage of personal testimony regarding adult Attention Deficit Disorder (ADD)—the authors themselves have ADD—as well a very readable presentation of the latest research in the field.

Distant Drums, Different Drummers: A Guide for Young People with ADHD. Barbara Ingersoll (1995)

Ages 8 to 14 Book stresses the value of individual differences and offers young readers the opportunity to see themselves in a positive light and motivates them to face challenging problems. (39 pages)

Dr. Larry Silver's Advice to Parents on ADHD. Larry B. Silver, MD (1999)

Second edition of this classic guide, Dr. Silver addresses the subjects all parents wonder about when they suspect their child has attention deficit hyperactivity disorder.

Dreamers, Discoverers & Dynamos: How to Help the Child Who Is Bright, Bored and Having Problems in School. Lucy Palladino (1999).

Psychologist Lucy Jo Palladino claims that 20 percent of children have what she calls the Edison trait: "dazzling intelligence, an active imagination, a free-spirited approach to life, and the ability to drive everyone around them crazy." She named the trait after Thomas Edison, who flunked out of school despite his obvious brilliance. Palladino says that Edison-trait children think divergently, while the routines and structure of schools are more geared toward convergent thinking, or focusing on one idea at a time. The incompatible school environment, she says, usually leads divergent-thinking children to act out, receive poor grades, and often be labeled as strong-willed and disruptive. These symptoms may sound similar to those of ADD, but Palladino says that's an overused term often mistakenly applied to Edison-trait children.

Driven to Distraction: Recognizing and Coping with Attention Deficit Disorder from Childhood through Adulthood. Edward M. Hallowell & John J. Ratey (1994) (available as book or audiobook in 2 CD set)

Through vivid stories of the experiences of their patients (adults and children) the authors show the varied forms ADD takes, from the hyperactive search for high stimulation to the floating inattention of daydreaming, and the transforming impact of precise diagnosis and treatment. Both authors have ADD themselves and their advice on effective behavior-modification techniques is enriched by their own experiences.

Eagle Eyes: A Child's Guide to Paying Attention. Jeanne Gehret (1991)

Ages 6-10. Clumsy and impulsive on a nature walk, Ben drives away the birds he admires. Over time, however, he learns to focus his attention like an eagle on the things that really count. Book helps readers of all ages understand ADD and gives practical suggestions for organization, social cues and self-calming. Expressive illustrations enhance the book and encourage reluctant readers. (14 pages)

Eddie Enough! Debbie Zimmet (2001)

Grades K-4. Meet Eddie Minetti, human whirlwind and third-grader. He thinks, moves, and speaks quickly and it often gets him into trouble. One day at school, Eddie arrives late on account of forgetting his lunch, misses part of his spelling test, is accused of cheating, knocks over things, and loses the classroom's pet rat...and that's only part of the morning! His exasperated teacher, Mrs. Pinck, says, "I've had enough, Eddie, enough!" That's all it takes, and soon the entire class is taunting Eddie with his new nickname, Eddie Enough. Eddie feels pretty awful, but the day isn't over yet. More out-of-control behavior lands him in the principal's office. Mr. Thomas recognizes Eddie for what he is: a good kid who can't help being "too much." With medication and support from doctors, his parents, and his teacher, Eddie is happier as he begins to slow down and manage his behavior. In fact, he's no longer Eddie Enough, he's Eddie Just Right! (42 pages)

80HD: A Child's Perspective on ADHD. Dr. Trish Wood (2008)

Summarizes the thoughts and experiences of a child with ADHD, written from the perspective of a child.

Embracing the Monster: Overcoming the Challenges of Hidden Disabilities. Veronica Crawford (2002)

Moving account of the author's life experiences with learning disabilities, bipolar disorder, ADHD, dyslexia and sensory integrative disorder.

Feeding The Brain: How Food Affects Children. C Keith Conners, PhD (1989)

A prominent neuropsychiatrist reviews and interprets a broad spectrum of experimental scientific studies on the interaction of food and behavior in infants and children. Included are classic studies on sugar, hyperactivity and aggression, breakfast composition, artificial sweeteners, critiques of fads (the Feingold diet, and megavitamin therapy), and general issues, e.g., food allergies.

Forms for Helping the ADHD Child. Lawrence E. Shapiro PhD (1995)

This book has been designed for the professional who works with the parents and teachers of children with ADHD and needs a quick reference book of forms to aid in assessment and evaluation, collecting data, planning treatment strategies and implementing the treatment plan. .

From Chaos to Calm: Effective Parenting of Challenging Children with ADHD and Behavioral Problems. Janet E. Heinger PhD and Sharon K. Weiss, M.Ed (2001)

All children are challenging some of the time. But when kids are challenging all of the time – because they suffer from ADHD, OCD, depression or other disorders that affect day-to-day behavior – chaos can rule the roost. This thoroughly practical book offers three important points of view - the parent's, the therapist's and the child's.

The Gift of ADHD: How to Transform Your Child's Problems into Strengths. Lara Honos-Webb (2005)

Helps you learn to think differently about your child's behavior. It will show you how to transform your vision of your child and your relationship with your child and his or her symptoms.

Give Your ADD Teen a Chance: A Guide for Parents of Teenagers with Attention Deficit Disorder. Lynn Weiss PhD (1996)

Parenting teenagers is never easy-especially if your teen is diagnosed with from Attention Deficit Disorder (ADD). ADD adds complications and challenges to adolescence that parents must understand in order to help their teens succeed in high school and into adulthood. Give Your ADD Teen a Chance provides parents with expert help by showing them how to determine which issues are caused by "normal" teenage development, and which are caused by ADD. It also looks specifically at the academic challenges ADD teens face, offering tips for academic success.

Healing ADD: The Breakthrough Program That Allows You to See and Heal the Six Types of ADD. Daniel G. Amen, MD (2001)

Dr. Amen believes that there are six distinct types of ADD, each requiring a different treatment. With recommendations for prescription drugs, nutraceutical therapy, cognitive reprogramming, parenting and educational strategies, biofeedback, self-hypnosis and more, Dr. Amen's book provides a treatment program.

Healing ADD: Simple Exercises That Will Change Your Daily Life. Thom Hartmann (1998)

Healing Add presents simple methods involving visualization and positive thinking that can be readily picked up by adults and taught to children with ADD.

Help4DD @High School. Kathleen Nadeau PhD (1998)

Teenagers. Short, easy-to-read information-packed sections. Includes tips on studying, ways the high school can help you succeed, tips on getting along better at home, on dating, exercise and more. (119 pages)

Help Is On the Way: A Child's Book About ADD. Marc A Nemiroff, PhD and Jane Annunziatia, PsyD (1998)

Grades K-5. You don't have to go it alone—help is on the way! That's the message of this warm, reassuring book for youngsters with attention deficit disorders (ADD). In simple and upbeat language and cheerful, gentle illustrations, the book describes how children might experience the symptoms of ADD. It tells how they can cope with it, and what kind of help is available. The buoyant, vibrant illustrations carry the text dynamically along and reinforce the message of help and hope. (59 pages)

How Does Your Engine Run? A Leader's Guide to The Alert Program for Self-Regulation. Mary Sue Williams & Sherry Shellenberger (1996)

Describes an innovative program that supports children, teachers, parents, and therapists to choose appropriate strategies to change or maintain states of alertness. Students learn what they can do before a spelling test or homework time to attain an optimal state of alertness for their tasks.

How to Help Your Child Succeed in School: Strategies and Guidance for Parents of Children with ADHD and/or Learning Disabilities. (video) (56 minutes) (1997)

Video demonstrates parents and children of various ages engaged in hundreds of proven strategies and techniques that build academic skills (reading, math and written language), organization and study skills, and will help with stressful challenges around homework issues.

How to Reach and Teach ADD/ADHD Children: Practical Techniques, Strategies and Interventions for Helping Children with Attention Problems and Hyperactivity: 2nd edition. Sandra Rief (2005)
Focusing on the “whole” child and a team approach that lets you guide children toward academic as well as personal success, this book shows what ADD/ADHD is and how to identify it; successful home-school intervention plans; proven activities for language arts, math and writing instructions; how to get and keep student attention and increase on-task behavior and much more.

I Like Me. Nancy Carlson (1990)

Pre-school-grade 3. By admiring her finer points and showing that she can take care of herself and have fun even when there's no one else around, a charming pig proves the best friend you can have is yourself (32 pages)

I'm Somebody Too. Jeanne Gehret (1992)

Ages 9 and up. Full-length novel has its roots in the recovery movement and shows how ADD affects the entire family. Explains ADD in depth and explains methods to handle the feelings that often result from having a family member with

It's Just Attention Deficit Disorder (video) (30 minutes) (1991)

Video helps professionals help youngsters and adolescents with ADHD to become active participants in their treatment. Filmed in an “MTV” format, video will hold the attention of even the most inattentive as it helps kids understand the definition of ADHD and the different kinds of interventions that are available. Includes advice from a former NBA coach and candid interviews with children with ADD.

It's Nobody's Fault: New Hope and Help for Difficult Children. Harold S. Koplewicz, MD (1996)

This book puts an end to this pointless--and erroneous--cycle of blame and helps parents get the help they need for their troubled children.

Jumpin' Johnny Get Back to Work! A Child's Guide to ADHD/Hyperactivity. Michael Gordon (1991)

Elementary. Entertaining and informative book helps elementary-age children understand the essential concepts involved in evaluation and treatment of ADHD. Tells the story of Johnny, what it's like for him to be inattentive and impulsive, and how his family and school help make life easier for him. Book is amusing, educational and accurate in its depiction of the daily challenges that confront children with ADHD. (22 pages)

Jumpin' Johnny Get Back to Work! A Child's Guide to ADHD/Hyperactivity. Michael Gordon (1994) (video) (30

Video version is an animated cartoon that tells Johnny's story so cleverly even the most fidgety of youngsters will pay close attention. Children with ADHD learn about their difficulties in a format they will hold their attention and motivate them to become a part of the treatment process. Includes the book.

K & W Guide to Colleges for Students with Learning Disabilities or Attention Deficit Disorders —A Resource Book for Students, Parents and Professionals. Marybeth Kravets and Imy F. Wax (2000) and (2005)

Text is a post high school guide to the academic world in which students with learning disabilities can thrive. Contains more than 150 colleges and covers everything the student needs to know: services, programs, graduation requirements, admissions policies, costs, housing, tutorial help, learning resource centers, athletics and more.

Kids in the Syndrome Mix of ADHD, LD, Asperger's, Tourette's, Bipolar, And More!: The One Stop Guide for Parents, Teachers, and Other Professionals. Martin Kutscher, M.D. (2005)

Guide to the whole range of often co-existing neuro-behavioral disorders in children—from attention deficit hyperactivity disorder (ADHD), obsessive-compulsive disorder, and bipolar disorder, to autistic spectrum disorders, nonverbal learning disabilities, sensory integration problems, and executive dysfunction.

Late, Lost, and Unprepared: A Parents Guide to Helping Children with Executive Functioning. Joyce Cooper-Kahn, Ph.D. & Laurie Dietzel, Ph.D. (2008)

Strategies for parents to help children get organized.

The LD Child and the ADHD Child: Ways Parents and Professionals Can Help. Suzanne H. Stevens (1996)
Invaluable insights are threaded throughout this handbook. Presents a wealth of information about learning disabilities so parents can be well informed and make realistic decisions. Advises parents on what to do when professional help is not available and examines the type of help that can be expected from schools and therapists.

Learning Outside the Lines: Two Ivy League Students with Learning Disabilities and ADHD Give You The Tools for Academic Success and Educational Revolution. Jonathan Mooney and David Cole (2000)
Jonathan Mooney and David Cole teach you how to take control of your education and find true success -- and they offer all the reasons why you should persevere.

Learning to Slow Down and Pay Attention. Kathleen g. Nadeau PhD and Ellen B. Dixon PhD (1991)
Elementary. If your child has been diagnosed with ADHD, this is the book you've been looking for to answer the question "What do I tell my child?" Helps your child to identify problems and explains how parents, doctor and teacher can help.
(52 pages)

Loudmouth George and the 6th Grade Bully. Nancy Carlson (1983)
Preschool – Grade 3. After having his lunch repeatedly stolen by a bully twice his size, Loudmouth George and his friend Harriet teach him a lesson he'll never forget. (29 pages)

Making the System Work for Your Child with ADHD. Peter S. Jensen MD (2004)
There's lots of help out there for kids with ADHD, but getting it isn't always easy. Where can you turn when you've mastered the basics and "doing everything right" isn't enough – the insurer denies your claims, parent-teacher meetings get tense, or those motivating star charts no longer encourage good behavior

Marching to a Different Tune: Diary About an ADHD Boy. Jacky Fletcher (1999)
Written by the mother of Stefan, a boy diagnosed with ADHD, *Marching to a Different Tune* is a day-by-day, moment-by-moment account of how his unusual and difficult behavior affects and disrupts their family life inside and outside the home.

Maybe You Know My Kid: A Parent's Guide to Identifying, Understanding and Helping Your Child with Attention Deficit Hyperactivity Disorder. Mary Cahill Fowler (1990)
Tells the story of author's son who has ADHD and describes how his behavior challenged the family at first and, finally, how she and her husband discovered their child had ADD.

Maybe You Know My Teen A Parents' Guide to Helping Your Adolescent with ADHD. Mary Fowler (2002)
The first comprehensive guide for dealing with the unique challenges of raising an adolescent with ADHD.

Medications for School Age Children: Effects on Learning and Behavior. Ronald T. Brown PhD and Michael G. Sawyer PhD (1998)
Providing essential information about current pharmacological approaches to learning and behavior problems in children and adolescents, this practical and accessible guide focuses on issues of particular relevance to clinical psychologists, pediatric psychologists and school psychologists.

Meeting the Challenge: Using Love and Logic to Help Children Develop Attention and Behavior Skills. Jim Fay, et al (2000)

Some kids can challenge even the most patient parent or teacher. This book will help you: Develop attention skills in children, Learn to gain teaching time by delaying the consequence and discover how empathy leads to stress-free evenings.

Moms with ADD: A Self-Help Manual. Christine Adamec (2000)
Offers advice on how a mother with ADD can deal with the everyday tasks of running a home, working with teachers, juggling work, and solving family problems.

More 1-2-3 Magic: Encouraging Good Behavior, Independence and Self-Esteem. (DVD) (120 minutes) (2000)
In the More 1-2-3 Magic video you will learn how to encourage positive behavior, responsible independence and a healthy self-concept.

My Brother's a World Class Pain: A Siblings Guide to ADHD. Michael Gordon (1992)

Ages 9-12. While they frequently bear the brunt of their sibling with ADHD's impulsiveness and distractibility, siblings usually are not afforded opportunities to understand the nature of the problem and to have their own feelings and thoughts addressed. This story shows brothers and sisters how they can play an important role in the family's quest for change. (34 pages)

The Myth of the ADD Child: 50 Ways to Improve Your Child's Behavior and Attention Span Without Drugs, Labels or Coercion. Thomas Armstrong (1995)

Practical ways to help students experience positive changes in their lives and support them in developing lifelong internal controls. Hundreds of resources.

A New Look at ADHD — Inhibition, Time and Self-Control. Russell A. Barkley (2000) (video) (39 minutes)

This video provides an accessible introduction to Russell A. Barkley's influential theory of the nature and causes of ADHD. The program brings to life the conceptual framework delineated in Dr. Barkley's book ADHD and the Nature of Self-Control. Dr. Barkley shares his breakthrough thinking about the roots of many of the most troubling--and perplexing--ADHD symptoms in children and adults. Also shown are concrete ways that our new understanding of the disorder might facilitate more effective clinical interventions.

One Small Star Fish. Anne Addison (2002)

A mother of a boy with ADHD, Asperger's Syndrome and developmental delays, who shares her techniques and strategies for overcoming the little and large challenges.

1-2-3 Magic: Managing Difficult Behavior in Children 2-12. Thomas W. Phelan (2004) (video) (120 minutes)

Details the tried and true method that provides parents with the tools to discipline children ages 2 to 12 without arguing, spanking or yelling. (DVD)

100 Questions & Answers About Your Child's Attention Deficit Hyperactivity Disorder. Ruth D. Naas & Fern Leventhal (2005)

Describes both medical and psycho-social aspects of ADHD. Provides explanation of the ins and outs of treating this condition and teaching your child strategies for living and learning with ADHD.

Out of the Fog: Treatment Options and Coping Strategies for Adult Attention Deficit Disorders. Kevin Murphy & Suzanne LeVert (1995)

Discusses the recent recognition of attention deficit disorder as a problem that is not outgrown in adolescence, and they cogently summarize the stumbling blocks this affliction creates in the pursuit of a career or attainment of a family life.

The Parent's Guide to Attention Deficit Disorders. Stephen B. McCarney & Angela Marie Bauer (1990)

Provides logical and useful suggestions for parents searching for solutions to their child's concerns.

Peer Support: ADHD/ADD Teens Speak Out. (video) (80 minutes) (1993)

Teens speak out with other teens and share thoughts on self-management, communication, medication, abilities and success.

Power Parenting for Children with ADD/ADHD. Grad L. Flick (1996)

Packed with proven, real-life strategies and techniques that address the needs of the whole child. Up-to-date information on medications, educational interventions, counseling, stress management, new therapies, speech and language therapy, and special support for parents.

Put Yourself in Their Shoes: Understanding Teenagers with ADHD. Harvey C. Parker (1998)

Gives the reader a sense of what it is like to be an adolescent with ADHD. Contains up-to-date information on how ADHD affects the lives of adolescents at home, in school, in the workplace, and in social relationships.

Putting on the Brakes: Young People's Guide to Understanding Attention Deficit Hyperactivity Disorder. Patricia O. Quinn, M.D. and Judith M. Stern (2001)

Ages 8-13. All you need to know about attention deficit disorder, with or without hyperactivity: what is it and what to do about it. This resource for young people, their parents and professional's covers "What's going on in the brain?" "What are you feeling?" "Getting Support" "Getting Organized" "Making Friends" and "Understanding Medication".

School Strategies for ADD Teens: Guidelines for Schools, Parents & Students Grades 6-12. Kathleen G. Nadeau, Ellen B. Dixon & Susan H. Biggs (1993)

Grades 6-12. "Road map" to help a teenager with ADD to find a way through the challenges of junior high and high school; gives a clear sense of what kinds of help can make a difference.

Section 504 in the Classroom: How to Design and Implement Accommodations Plans. Lynda Miller and Chris

This book is a guide to provisions of Section 504 of the Rehabilitation Act of 1973 relevant to educational settings. Emphasis is on using Section 504 plans to design accommodations and modifications for students with disabilities that address individual strengths and needs.

Sensory Smarts: A Book for Kids with ADHD or Autism Spectrum Disorders Struggling with Sensory Integration Problems. Kathleen A. Chara, Paul J Chara, Christian P. Chara (2004)

We wrote "Sensory Smarts" to help people dealing with a broad range of Sensory Integration Problems.

Shelley, The Hyperactive Turtle. Deborah M. Moss (1989)

Ages 3-8. Story of a bright young turtle who is not like all other turtles — he moves like a rocket and is unable to sit still even for the shortest periods of time. Because he and other turtles are unable to understand why he is so wiggly, he begins to feel naughty and out of place. After a visit to a doctor, he learns what "hyperactive" means and with love, support and understanding, he fits right in. (19 pages)

Sit Still! Nancy Carlson (1996)

Ages 3-8. Speaks to squirmy kids everywhere in an inspirational way. (30 pages)

Slam Dunk: A Young Boy's Struggle with Attention Deficit Disorder. Roberta N. Parker

Ages 8-12. About a 5th grade inner city boy with a love of basketball and a problem paying attention. He is diagnosed with ADD, which has affected his home and school life. Use of classroom accommodations are discussed and behavioral and medical interventions are described so that children can understand them. (55 pages)

Some Kids Just Can't Sit Still! Sam Goldstein (2009)

Ages 7-9. Explains why children with attention deficit/hyperactivity disorder (ADHD) react differently to simple situations in their daily lives. (32 pages)

Survival Guide for College Students with ADD or LD . Kathleen Nadeau (1994)

Provides information students need to survive and thrive in the college setting. It is filled with practical suggestions and tips from an experienced specialist in the field and from college students who have ADD or LD. Includes ways to study, how to manage time, overcoming procrastination, organizing oneself, resisting temptation, minimizing distractions, building a support network and much more.

The Survival Guide for Kids with ADD or ADHD. John F. Taylor (2006)

Ages 9 to 12. In kid-friendly language and a format that welcomes reluctant and easily distracted readers helps kids know they're not alone and offers practical strategies for taking care of oneself, modifying behavior, enjoying school, having fun, and dealing (when needed) with doctors, counselors, and medication. (110 pages)

Taking A.D.D. to School: A School Story About Attention Deficit Disorder And/or Attention Deficit Hyperactivity Disorder. Ellen Weiner (1999)

Ages 9-12. Ben is having trouble in school. It's hard to concentrate and his teachers always tell him to pay attention. A trip to the doctor reveals that Ben has Attention Deficit Disorder. Written for children from Ben's perspective, this book is well suited for reading aloud in the classroom. (24 pages)

Taking Charge of ADHD: The Complete, Authoritative Guide for Parents. Russell A. Barkley (1996)
A book for parents who are ready to take charge of their child's life. Strong on advocacy and empowerment, the author provides step-by-step methods for managing a child who has ADHD in a variety of everyday situations, gives information on medications, and discusses numerous techniques for enhancing a child's school performance.

Talking Back to Ritalin: What Doctors Aren't Telling You About Stimulants for Children. Peter R. Breggin, MD
Details the side effects and potential problems with Ritalin and other stimulants.

Teaching the Tiger: A Handbook for Individuals Involved In the Education of Students with Attention Deficit Disorder, Tourette Syndrome and Obsessive-Compulsive Disorder. Marilyn Dornbush (1995)
Designed to help teachers, parents, students and relatives maximize the educational plans necessary to help the children with these disorders.

Teenagers with ADD: A Parent's Guide, Chris A. Ziegler Dendy (1996)
Discusses causes, diagnosis, treatment education, troubleshooting and advocacy. Offers support and encouragement to parents as they learn to identify and deal with ADD in teens.

Teenagers with ADD and ADHD: A Guide for Parents and Professionals. Chris A. Ziegler Dendy (2006)
Revised edition of the 1996 *Teenagers with ADD: A Parent's Guide*.

10 Ways to Help Your Hyperactive Child without Drugs: A Guide for Helping Children with ADHD. Laura Stevens
Latest medical research into biological causes of ADHD including lead toxicity, thyroid abnormalities, nutritional factors, etc. Lists medical references and provides recipes and shopping tips to help cope with diet changes.

Test Success: Test – Taking and Study Strategies for All Students, Including Those with ADD and LD. Blythe Grossberg (2009)

Provides multiple strategies for each type of test students must take so that the readers can choose those that they think will be most effective and best suited to their individual learning styles.

Think Social! A Social Thinking Curriculum for School-Age Students. Michelle Garcia Winner (2008)
Provides methods for teaching social thinking to students not only with high functioning autism, Asperger's Syndrome and ADHD, but all others, diagnosed and undiagnosed, with social thinking challenges.

Tictionary: A Reference Guide to the World of Tourette Syndrome, Asperger Syndrome, Attention Deficit Hyperactivity Disorder and Obsessive Compulsive Disorder for Parents and Professionals. Becky Ottinger (2003)
A-Z resource guide is for anyone needing information and common-sense strategies as they deal with the neurological disorders of Tourette Syndrome, Asperger Syndrome, attention deficit hyperactivity disorder and obsessive-compulsive

Tobin Learns to Make New Friends. Diane Murrell (2001)

Preschool. A great tool for learning one of the most basic social skills, this colorful picture book is quite effective in teaching social skills to children with autism, Asperger's Syndrome, and other pervasive developmental disorders. Readers follow Tobin, a train, as he learns to make friends and engage in proper social activities Preschool. (31 pages)

Tourette Individuals Can Succeed: A Workbook for Parents and Teachers of Children with Tourette Syndrome, Attention Deficit Disorder, Obsessive Compulsive Disorder and All Other Disorders. Becky Ottinger (2000)
Handbook for parents and teachers. Includes appropriate adjustments in the classroom and curriculum.

Trout and Me. Susan Shreve (2004)

Grades 4 to 7. Story of friends, both with ADHD. (136 pages)

Understanding Girls with AD/HD. Kathleen Nadeau (2000)

Book on the needs and issues of girls with attention problems: why they are often undiagnosed, how they are different from boys, and what their special needs are in school, in their social world and at home.

Understanding Sensory Dysfunction: Learning, Development and Sensory Dysfunction in Autism Spectrum Disorders, ADHD, LD and Bipolar Disorder. Polly Godwin Emmons et al (2005)

Understanding Sensory Dysfunction is a clear and comprehensive resource to identifying and addressing sensory dysfunction in children, using a range of practical strategies to help them reach their full potential at home, at school and in the

What Do You Mean I Have Attention Deficit Disorder? Kathleen M. Dwyer (1996)

Grades K-8. Sensitive book successfully shows the scope of ADD and explains many of the behavioral and educational problems and strategies. (40 pages)

What Does Everybody Else Know That I Don't? Michelle Novotni and Randy Peterson (1999)

This book offers solutions for tackling behavior that is often inattentive, impulsive, and hyperactive. Advice is given on how to handle common social problems such as manners, etiquette, communication, subtext, listening, and interpersonal

What Makes Ryan Tick? A Family's Triumph over Tourette Syndrome and Attention Deficiency Hyperactivity Disorder. Susan Hughes (1996)

Story about Ryan, a young man with Tourette Syndrome and ADHD.

When You Worry About the Child You Love: Emotional and Learning Problems in Children. Edward Hallowell

Using authoritative information based on the latest research, author explains effective medical treatment that most parents are not aware of for many common childhood problems that have a biological origin.

Why Won't My Child Pay Attention? Sam Goldstein and Michael Goldstein. (video)

ADD results in a group of behaviors that cause the most common and complex problems of childhood. Video provides an easy-to-follow explanation concerning the effect these behavior have upon children at school, home and in the community.

With Open Arms: Creating School Communities of Support for Kids with Social Challenges Using Circle of Friends, Extracurricular Activities and Learning Teams. Mary Schlieder (2007)

Kids with Asperger Syndrome, attention deficit disorder, learning disabilities, and behavior disorders, as well as English language learners, often face even greater social challenges, resulting in feelings of isolation. Book provides practical, easy-to-use techniques for even the busiest school personnel

You Mean I'm Not Lazy, Stupid or Crazy? A Self-help Book for Adults with Attention Deficit Disorder. Kate Kelly and Peggy Ramundo (1993)

Written by adults who have ADD for other adults who have the disorder. Comprehensive guide provides accurate information, practical how-to and moral support.

Zipper, The Kid with ADHD. Caroline Janover (1997)

Ages 8 to 13, novel encourages kids to find ways to manage their behavior and give their friends a look at what it's like to have the disorder. (164 pages)