

Resource List for Challenging Behavior
Family & Community Resource Center
Special School District of St. Louis County
12110 Clayton Road
St. Louis, MO 63131
314-989-8438/989-8108/989-8194

Acting Out Child: Coping with Classroom Disruption. (1995)

This text provides practical guidelines and techniques for effectively managing acting out behavior in elementary students.

Aggressive and Defiant Behavior — The Latest Assessment and Treatment Strategies for Conduct Disorders.

J. Mark Eddy, Ph.D. (2001)

Reviews the scientific literature on the conduct disorders and presents the information in an easy-to-access manner.

Anger Control Training for Children and Teens: the Adult's Guidebook for Teaching Healthy Handling of Anger.

John F. Taylor (1995)

Ages 4-18. Guidebook that contains dozens of explicit directions and step-by-step explanations for training children and adolescents in what anger is, ways to express anger, and suggestions for healthy management.

Anger Mountain. Bryna Hebert (2005)

Anger Mountain will help children better understand anger and deal more effectively with it

The Angry Child: Regaining Control When Your Child is Out of Control . Tim Murphy, PhD (2002)

Helps to understand both the causes and the repercussions of childhood anger and to devise effective strategies for defusing the time bomb.

Angry Kids, Frustrated Parents: Practical Ways to Prevent & Reduce Aggression in Your Children. Terry Hyland & Jerry Davis (1999)

This book has two goals: 1) to help parents recognize aggressive behavior in their children and act before it becomes a problem, and 2) to show parents how they can teach their children to stop using negative aggressive behaviors and learn new positive behaviors.

Arnold Gets Angry. Lawrence E. Shapiro (2004)

Children learn about what makes them angry, and how angry behavior can get them into trouble. The book focuses on healthy ways to handle anger.

Assertive Discipline for Parents: A Proven Step-By-Step Approach to Solving Everyday Behavior Problems. Lee center (1985)

Helps parent's masters skills needed to guide children's behavior successfully.

Backtalk: 4 Steps to Ending Rude Behavior in Your Kids. Audrey Ricker, PhD (1998)

Four-step program for ending backtalk and restoring balance in relationships between parents and children, from preschoolers to teens.

A Bad Case of Tattle Tongue. Julia Cook (2006)

Ages 5-10. This book teaches children the difference between tattling and telling. (32 pages)

Be Your Child's Best Advocate. 100 Strategies for Children with Learning or Behavioral Issues. Peggy Schmidt.

Helps parents understand and accept what is preventing their child from performing and interacting successfully in school and in social situations. This book is intended to be a voice of encouragement and direction to parents who have not yet found the courage for connections to get help and support for their child. Also contains guidelines for parents who want to improve their effectiveness in getting the right help for their child.

Behavior Self! Dave Hingsburger (1996)

Dave writes about the importance of understanding behavior messages from people with developmental disabilities in a straightforward yet humorous fashion.

The Behavior Survival Guide for Kids: How to Make Good Choices and Stay Out of Trouble. Thomas McIntyre
Ages 9-12. Kids who are labeled BD (or ED, EBD, or SED) struggle every day—with their peers, teachers, parents, and themselves. It's no fun to be labeled, and nobody wants to have behavior problems. This book can help them improve their behavior and their lives.

Behavioral Interventions for Young Children with Autism: A Manual for Parents and Professionals. Catherine Maurice, et al (1996)

This manual presents 21 chapters on the use of applied behavior analysis techniques with children who have autism.

Behavioral Support (Teacher's Guides to Inclusive Practices) – 2nd Edition. Martha Snell, PhD and Rachel Janney, PhD (2008)

Gives teachers a plan for implementing positive behavior support, both in the classroom and across an entire school.

Betty Stops the Bully. Lawrence E. Shapiro, PhD (2004)

This book teaches children just what to do when confronted with a bully. The book also helps children who are bullies learn new social skills and encourages children who are bystanders to seek adult help.

Beyond Consequences, Logic and Control: A Love-Based Approach to Helping Children with Severe Behaviors.

Heather Forbes and B. Bryan Post (2006)

Covers in detail the effects of trauma on the body-mind and how trauma alters children's behavioral responses.

Beyond Consequences, Logic, and Control: A Love Based Approach to Helping Children with Severe Behaviors.

Volume 2. Heather T. Forbes. (2008)

Offers families a light inside the tunnel and provides the parenting "formula" that can heal all wounds, a scientifically based model based on love.

Beyond Sticks and Stones: How to Help Your Child with a Disability Deal with Bullying. (2006)

Offers specific, practical information on how to prevent bullying.

Blue Cheese Breath and Stinky Feet: How to Deal with Bullies. Catherine Depino (2004)

Ages 4-8. Fictional consumer text tells a story about a young boy in school being bullied by a classmate. Offers advice and recommendations on how children can stand up to bullying without fighting.

Bullies and Victims: Helping Your Child Survive the Schoolyard Battlefield. Suellen Fried (1998)

Bullies and Victims explores the context of teasing and the power of relationships between children, as well as the roles of adults, schools, the media, and society at large.

Bullies Are a Pain in the Brain. Trevor Romain (1997)

Ages 9-12. A serious yet humorous guide to dealing with bullies.

The Bully, the Bullied and the Bystander: From Preschool to High School – How Parents and Teachers Can help Break the Cycle of Violence. Barbara Coloroso (2004)

Practical solutions to a problem that may affect 80% of school children.

Bully for You. (1991)

Grades 2 to 6. Whether you are a bully, follow a bully, or are bullied yourself, this book is for you. It tells you how to do it, why you do it, and how to deal with bullies (14 pages)

The Bully Free Classroom: Over 100 Tips and Strategies for Teachers K-8. Allan L. Beane, PhD (2005)

You can create a peaceful, caring classroom that promotes a sense of belonging in all students and stops bullying in its tracks. Spells out over 100 prevention and intervention strategies you can start using immediately.

Bully Proofing Your Child: A Parent's Guide. Carla Garrity, et al (2000)

By helping your child develop an effective personalized strategy for dealing with bullying, you can reduce the chances he or she will be a target and circumvent the bully/victim dynamic.

Bullying Prevention Program: Educating ALL students on how bullying affects everyone! (2006/Kit with DVD & 2 A violence prevention program that addresses various elements of bullying behaviors.

Catch 'Em Being Good! (video) (10 minutes)

Shows you how to give praise in a way that will make your child feel good and increase the chances that the positive behavior will be repeated.

Challenging Behaviors in Young Children: Techniques and Solutions. (video) (2004)

Set in a preschool, this video shows educators and parents first hand the techniques used by teachers to effectively manage children's challenging behaviors. (DVD) (50 minutes)

The Challenging Child. Stanley Greenspan (1995)

Explains the five "difficult" types of children: sensitive, self-absorbed, defiant, and inattentive and active/aggressive. Discusses how to adapt parenting styles to the child's unique personality.

A Change for the Better: Teaching Correct Behavior. (video) (1989) (11 minutes)

How to stop misbehavior and teach your children better ways to behave

Child Behavior: The Classic Child Care Manual from the Gesell Institute of Human Development. Frances Ilg et al

Covers the basic developmental stages and associated problems of children aged four weeks to 10 years.

Children Who Say No When You Want Them to Say Yes: How to Deal With Defiant and Oppositional Youngsters, from Toddlerhood Through Teens. James Windell (1996)

Helps parents recognize, understand and cope with a child's resistant behavior whether it arises as a part of a normal stage of growth, stems from a child's temperament, or has developed from other less easily definable sources.

Commonsense Parenting. Ray Burke, Ph.D., Ron Herron, and Bridget Barnes (1996)

Guidebook for parents of children ages 6 to 16 facing a myriad of family challenges: a teen who's defiant; siblings who constantly bicker; a child having trouble in school, or parents and kids who occupy the same house but don't communicate or have fun together anymore.

Commonsense Parenting Learn at Home Video Kit. (2 videos) (3 hours total)

Three hours of entertaining video and a useful workbook help parents learn effective ways to deal with children's behavior.

Commonsense Parenting of Toddlers and Preschoolers. Bridget A Barnes and Steven M. York (2001)

Describes parenting techniques in a way that is persuasive, logical, and easy to read, particularly in short chunks.

Conduct Disorders of Childhood: Psychodynamics and Psychotherapy. Richard A. Gardner, M.D. (1994)

In-depth presentation of the techniques used by Dr. Gardner that he has developed in 35 years of treating children with conduct-disorders.

Correcting Without Criticizing: The Encouraging Way to Talk to Children About Their Misbehavior by John F. Taylor (2002)

Booklet explains how adults can be more successful in confronting children about misbehavior.

Dare to Love: The Art of Merging Science and Love into Parenting Children with Difficult Behaviors. Heather T. Forbes (2009)

The first part of the book explains the science behind what we now know about affect regulation and how the brain operates. The second part describes the art of merging both science and love into unconditional parenting.

Dealing with Your Kids' Seven Biggest Troubles. Val J. Peter (2000)

Guide helps young people avoid or overcome negative impulses.

The Defiant Child: A Parent's Guide to Oppositional Defiant Disorder. Douglas Riley (1997)

Explores the mindset of children who are ODD and explains the way they operate. Teaches how to recognize the signs, understand the attitudes and modify the behavior.

Defiant Children: A Clinician's Manual. Russell A Barkley, PhD (1997)

Manual for training parents in child management skills.

Designing Positive Behavior Support Plans. Linda Mambara and Tim Knoster (1998)

Provides a conceptual framework for understanding, designing and evaluating positive behavior support plans.

Developing a Behavior Support Plan: A Manual for Teachers and Behavior Specialists. (1998)

Teaching students with troubling behavior is a challenge. Readers will learn steps for assessing student behaviors and developing positive, proactive behavior support plans. Includes innovate charts and forms.

Developing Schoolwide Programs to Prevent and Manage Problem Behaviors. Kathleen Lynne Lane (2009)

A Step by step approach for schools learning about, developing, or refining an integrated primary prevention program.

The Difficult Child. Stanley Tureki and Leslie Tonner. (2000)

How to help-and cope with-the difficult child.

Don't Laugh At Me Kit. (video, DVD and books). (2000)

A Movement to help create safe and caring environments for all our children – where they can grow to become responsible, compassionate citizens. Includes video, DVD with songs and teacher's guide.

Don't Let Your Emotions Run Your Life: How Dialectical Behavior Therapy Can Put You in Control. Scott Spradlin, MA (2003)

Dialectical Behavior Therapy (DBT) is a therapeutic technique designed to counter extreme emotional reactions — before they lead to overwhelming anger, depression, anxiety, and stress-related ailments.

Don't Pop Your Cork on Mondays! The Children's Anti-Stress Book. Adolph Moser (1988)

Ages 9 to 12. Explores the causes and effects of stress and offers practical approaches and techniques for dealing with stress in daily life (41 pages)

Don't Rant and Rave on Wednesday: The Children's Anger Control Book. Adolph Moser, Ed.D (1994)

Ages 4-8. Explains the causes of anger and offers methods that can help children reduce the amount of anger they feel. He also gives effective techniques to help young people control their behavior, even when they are angry.

Don't Squeal Unless It's a Big Deal: A Tale of Tattletales. Jeanie Franz Ransom (2005)

Ages 4-8. Helps kids learn when telling is appropriate and when it is merely squealing. (13 pages)

Early Childhood Parent Speaker Series: #2 – Ain't Misbehavin' – Understanding the Ups and Downs of Early Childhood. (video) (2005)

Gives parents a greater understanding of the developmental and behavioral stages children go through in their first 5 years of life. Discusses support for children through stages, such as autonomy, identity, negativism, tantrums, power struggles, and emotional growing up stages.

Early Childhood Parent Speaker Series: #2 – Positive Strategies for Managing Challenging Behavior: A Team Approach. (video) (2006)

When your child's behavior is most challenging, a team approach can help you examine the pieces of the puzzle.

Understanding the discomforts, frustrations, and lack of control your child may be experiencing can help you modify your

Early Childhood Speaker Series: #5 – Positive Strategies for Managing Challenging Behavior. (video) (2006)

Peggy Cassani, Early Childhood Behavior/ASD Facilitator and Jim Tebbe, Early Childhood Social Worker, and Special School District Early Childhood Staff will present effective techniques for parents to change the home environments to prevent behaviors by establishing rules and routines and using positive reinforcement.

Educating Oppositional and Defiant Children. Philip and Nancy Hall (2003)

Illustrate the key concepts and techniques needed to successfully teach oppositional students.

Emotional and Behavioral Problems of Young Children: Effective Interventions in the Preschool and Kindergarten Years. Gretchen A. Gimpel and Melissa L. Holland (2003)

Provides hands-on tools and resources for addressing common emotional and behavioral problems in preschool and kindergarten-age children.

Exploring Feelings: Cognitive Behavior Therapy to Manage Anxiety, Sadness, and Anger. Tony Attwood.

In this presentation, Dr Tony Attwood, teaches caregivers how to implement "cognitive behaviour therapy." With a logical understanding of emotional triggers and responses, people can learn to recognize and control their emotions. (DVD) (3

The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children. Ross W. Greene (2001)

Lays out a sensitive, practical approach to helping your child at home and school, including: reducing hostility and antagonism between the child and adults, anticipating situations in which the child is most likely to explode, creating an environment in which explosions are less likely to occur, focusing less on reward and punishment and more on communication and collaborating problem solving, helping your child develop the skills to be more flexible and handle frustration more adaptively.

Families and Positive Behavior Support: Addressing Problem Behaviors in Family Contexts. Joseph Lucyshyn, Ed., Glen Dunlap, Ed. And Richard W. Albin, Ed. (2002)

Addresses theory, research, and practice concerning positive behavior support with families of children and youth with developmental disabilities and problem behavior.

Fear, Doubts, Blues and Pouts: Stories About Handling Fear, Worry, Sadness and Anger. Norman Wright and Gary J. Oliver (1999)

Friends in the Wonder Woods help each other learn to handle their emotions as Ric and Rac Raccoon get scared, Bruce Moose worries, Buford Bear feels sad, and HipHop Bunny puts on his angry face.

A Five is Against the Law! Social Boundaries: Straight Up! An Honest Guide for Teens and Young Adults. Kari Dunn Buron (2007)

Young Adult. Takes a narrower look at challenging behavior with a particular focus on behaviors that can spell trouble for adolescents and young adults who have difficulty understanding and maintaining social boundaries. (47 pages)

From Chaos to Calm: Effective Parenting of Challenging Children with ADHD and Behavioral Problems. Janet E. Heining PhD and Sharon K. Weiss, M.Ed (2001)

All children ware challenging some of the time. But when kids are challenging all of the time – because they suffer from ADHD, OCD, depression or other disorders that affect day-to-day behavior – chaos can rule the roost. This thoroughly practical book offers three important points of view - the parent's, the therapist's and the child's.

Get Out of My Life But First Could You Drive Me and Cheryl to the Mall? A Parent's Guide to the New Teenager. Anthony E. Wolf (1991)

Argues that today's teenagers do act differently than their parents did at the same age. Therefore, parents must come up with a new parenting approach.

Good Kids, Bad Behavior: Helping Children Learn Self-discipline. Peter Williamson (1990)

Takes parents to a deeper level of understanding their child's misbehavior and even suggests that it may be healthy and purposeful.

Good Kids, Difficult Behavior. Joyce Divinyi (1997)

Guide that answers these questions and teaches parents, teachers, and other professionals practical ways to work with even the most non-responsive, discipline-resistant, or hostile child.

A Guidebook for Parents of Children with Emotional or Behavioral Disorders (1996)

Guidebook provides helpful information about serious emotional disorders and includes brief descriptions of common diagnoses and therapies, educational rights, a model for developing community-based services and funding sources.

Hands Are Not for Hitting. Martine Agassi, PhD (2000)

Preschool. This title offers youngsters an alternative to hitting and other forms of hurtful behavior, guiding them to a more peaceful and positive outcome in their dealings with other children.

Healing Parents: Helping Wounded Children Learn to Trust & Love. Michael Orlans & Terry Levy (2006)

Practical strategies and research that helps parents and caregivers understand their child, learn to respond in a constructive way, and create a healthy environment.

Honorable Intentions: A Parent's Guide to Educational Planning for Children with Emotional or Behavioral Disorders. Dixie Jordan and Paula Goldberg (2000)

It includes information on special education, individualized education program, school rules, residential placement, etc. It also has checklists that parents can use as a guide when having their children evaluated for the various special programs.

How Big is the Fly? Asking the Right Questions. Bonnie Jean Smith (2007)

Strategies for communication with students and children.

How to Handle Bullies, Teasers and Other Meanies. Kate Cohen-Posey (1995)

Grades 4-7. Every young person will need this book at some time in his or her life! Covers annoying name calling, vicious prejudice, explosive anger, dangerous situations, and causes of difficult behavior.

How to Handle a Hard to Handle Kid: A Parent's Guide to Understanding and Changing Problem Behaviors. C. Drew Edwards (1998)

Explains why some children are especially aggressive and disruptive and spells out specific strategies for building a solid, positive relationship with your child and how to become an authoritative parent.

How to Keep Your Teenager Out of Trouble and What to Do If You Can't. Dr. Neil I. Bernstein (2001)

Helps parents identify whether their teens are exhibiting typical behavior-such as locking themselves in their room for hours-or are exhibiting real danger signs, such as being secretive, despondent, or constantly angry. And then he tells what to do

How to Reach and Teach Children with Challenging Behavior: Practical, Ready-to-Use Interventions That Work. Kaye L Otten & Jodie L Tuttle. (2011)

Offers teachers classroom-proven approaches to help manage a wide variety of student behavior problems.

How to Take the GRRRR Out of Anger. Elizabeth Verdick and Marjorie Lisovskis (2003)

Ages 9-12. Anger is a part of life. We can't avoid it, we shouldn't stuff it, and we can't make it go away. Kids need help learning how to manage their anger. This book speaks directly to kids and offers strategies they can start using immediately.

I'm Not Bad, I'm Just Mad: A Workbook to Help Kids Control Their Anger. Lawrence Shapiro, et al (2008)

Ages 9-12. Workbook to help children learn to control their anger. (141 pages)

I'm Not Everybody – Helping Your Child Stand Up to Peer Pressure. (video) (12 minutes) (1989)

Offers practical ways parents can help children prepare for and deal with pressure from their friends. Parents who implement these suggestions will find their boy or girl less likely to "go along with the crowd" to gain approval.

Inclusion Strategies for Students with Learning and Behavior Problems: Perspectives, Experiences and Best Practices. Paul Zions Ed. (1997)

This book presents discussions of the practical implementation of inclusion principles with students having learning and/or behavioral problems and disorders.

Incredible 5 Point Scale: Assisting Students with Autism Spectrum Disorders in Understanding Social Interactions and Controlling their Emotional Responses. Kari Dunn Buron and Mitzi Curtis (2004/book) (2005/ DVD/26 minutes)
Explains use of 5-point scales to help students understand and control their emotional reactions to everyday events that might otherwise set in emotion escalating reactions.

Is My Child OK? When Behavior is a Problem, When It is Not & When to Seek Help. Henry A. Paul, M.D. (2000)

Offers reassuring words for worried parents as well as concrete ways to spot problems between a normal stage of development...and a true problem.

Is Your Child a Target of Bullying? Intervention Strategies for Parents of Children with Disabilities (CD-ROM)

Curriculum developed for parent audiences has been released by the ALLIANCE to address bullying.

It's Nobody's Fault: New Hope and Help for Difficult Children. Harold S. Koplewicz, MD (1996)

This book puts an end to this pointless--and erroneous--cycle of blame and helps parents get the help they need for their troubled children.

Learning to Listen: Positive Approaches & People with Difficult Behavior. Herbert Lovett (1996)

Describes how the interactive process of "learning to listen" provides practical alternatives to overly controlling behavior modification techniques.

Managing the Defiant Child: A Guide to Parent Training. Russell A. Barkley PhD (video) (30 minutes) (1997)

Video brings to life a proven approach to behavior management, and shows clinicians, school practitioners, parents, students, and teachers how enhanced parenting skills can dramatically improve the parent-child relationship.

Managing Oppositional Youth: Effective, Practical Strategies for Managing the Behavior of Hard to Manage Kids and Teens. Arthur L. Robin & Sharon K. Weiss (video) (53 minutes) (1997)

Reviews many of the causes of oppositional, strong-willed behavior and helps viewers better understand how they can help improve outcomes for such children and teens at home and at school.

Medications for School Age Children: Effects on Learning and Behavior. Ronald T. Brown PhD and Michael G. Sawyer PhD (1998)

Providing essential information about current pharmacological approaches to learning and behavior problems in children and adolescents, this practical and accessible guide focuses on issues of particular relevance to clinical psychologists, pediatric psychologists and school psychologists.

Meeting the Challenge: Using Love and Logic to Help Children Develop Attention and Behavior Skills. Jim Fay, et

Some kids can challenge even the most patient parent or teacher. This book will help you: Develop attention skills in children, Learn to gain teaching time by delaying the consequence and discover how empathy leads to stress-free evenings.

Mom, They're Teasing Me: Helping Your Child Solve Social Problems. Michael Thompson, Ph.D., Lawrence J. Cohen, Ph.D., with Catherine O'Neil Grace (2002)

Using case studies and a question and answer format this book shows parents and teachers what a typical child may confront daily with other children.

More 1-2-3 Magic: Encouraging Good Behavior, Independence and Self-Esteem. (DVD) (120 minutes) (2000)

In the More 1-2-3 Magic video you will learn how to encourage positive behavior, responsible independence and a healthy self-concept.

My Mouth is a Volcano. Julia Cook (2005)

Ages 4 and up. Louis always interrupts! But when others begin to interrupt Louis, he learns how to respectfully wait for his turn to talk.

No. Why Kids of All Ages Need to Hear It and Ways Parents Can Say It. David Walsh, PhD (2007)

No. It's not just a one-word answer, it's a parenting strategy. By saying No when you need to, you help your children develop skills such as self-reliance, self-discipline, respect, integrity, the ability to delay gratification, and a host of other crucial character traits they need to be successful.

No Fishing Allowed-“Reel” in Bullying – Teacher Manual, Student Workbook and (Kit with DVD & 2 books). Carol Gray and Judy Williams (2006) (Bullying Prevention Program: Educating ALL students on how bullying affects Program teaches students and adults what they can do to prevent bullying.

No I Won't and You Can't Make Me. (video) (13 minutes) (1987)

A defiant child can trigger anger in any parent. How can you stay calm? How can you help your child manage emotions and be more cooperative? Offers tips, including a five-step process for teaching your child how to keep his or her own emotions under control.

No More Meltdowns: Positive Strategies for Preventing Out-Of-Control Behavior. Jed Baker (2008)

Offers parents and teachers strategies for preventing and managing meltdowns.

Odd Girl Out: The Hidden Culture of Aggression in Girls. Rachel Simmons (2003)

Dirty looks and taunting notes are just a few examples of girl bullying that girls and women have long suffered through silently and painfully. Puts the spotlight on this issue, using real-life examples from both the perspective of the victim and of

1-2-3 Magic: Managing Difficult Behavior in Children 2-12. Thomas W. Phelan (2004) (video) (120 minutes)

Details the tried and true method that provides parents with the tools to discipline children ages 2 to 12 without arguing, spanking or yelling. (DVD)

1-2-3 Magic for Teachers: Effective Classroom Discipline Pre-K Through Grade 8. Thomas W. Phelan, PhD and Sarah Jane Schonour, M.A. (2004)

Explains in straightforward language exactly how teachers can establish and maintain reasonable control of their classrooms.

The Oppositional Child. O. Randall Braman (1995)

Shows how to recognize and change children's self-defeating behavior through discussion, diagnosis, case studies, drawings and more.

Parenting the Strong-Willed Child: The Clinically Proven Five-Week Program for Parents of Two to Six Year Olds. Rex Forehand, PhD et al (2002)

This hands-on guide provides you with a step-by-step, five-week program toward improving your child's behavior as well as the entire family's relationship

Parenting with Positive Behavior Support: A Practical Guide to Resolving Your Child's Difficult Behavior. Meme Hieneman, Ph.D., Karen Childs, M.A., & Jane Sergay, M.Ed. (2006)

Handbook offers parents easy-to-follow guidelines for identifying the reasons for their children's behavior and effectively intervening through three basic methods: preventing problems, replacing behavior and managing consequences.

A Parent's Guide: Children with Behavioral and Emotional Disorders and Mental Illness.**A Parent's Guide: Language and Behavior Problems in Children. Sam Goldstein and Paige Hinerman (1998)**

Explains the correlation between language disorders and behavior problems, details childhood language development, and offers parents suggestions of what to do at home.

Positive Behavior Support as a Means to Enhance Successful Inclusion for Persons with Challenging Behaviors – Presentation Paper. Anne P. Turnbull, H. Rutherford Turnbull, III and Robert H. Horner (1994)

We want to share with you one of the fundamental approaches that has made all the difference in our family by supporting the actualization of the first JT and minimizing the actualization of the second: Positive behavioral support.

Positive Behavioral Support: Including People with Difficult Behavior in the Community. Lynn Kern Koegel et al
Strategy-packed resource demonstrates how people with challenging behavior can be fully included at home, in school and in the community.

Positive Discipline A to Z: 1001 Solutions to Everyday Parenting Problems. Jane Nelson, Lynn Lott and H. Stephen Glenn (1993)

Lists almost every imaginable child raising problem — in alphabetical order — and includes suggestions that will help prevent them in the future.

Positive Discipline for Single Parents: A Practical Guide to Raising Children Who Are Responsible, Respectful and Resourceful. Jane Nelson, Cheryl Erwin and Carol Delzer (1994)

Offers effective ways single parents can make focused discipline decisions while maintaining good relationships with their children.

Positive Strategies for Students with Behavior Problems. Daniel Crimmins et al (2007)

Manual has effective solutions for educators from grades K–12. Developed specifically for use with children with persistent or severe behavior problems, this book introduces educators to the systematic Positive Strategies method, which helps teachers understand why behaviors persist, prevent problem behavior, and replace challenging behaviors with better

The Power of Positive Talk: Words to Help Every Child Succeed: A Guide for Parents, Teachers, and Other Caring Adults. Jon Merritt and Douglas Bloch (2003)

Affirmations are more than just words. They can heal hurts, build self-esteem, and empower us to face life with confidence and courage. In a world filled with stress, pressures, and fears, children need support and encouragement from adults—and they need to know how to affirm themselves.

The Pre-Referral Intervention Manual: The Most Common Learning and Behavior Problems Encountered in the Educational Environment. Stephen B. McCarney (1993)

The PRIM answers the mandate for pre-referral intervention in regular education classrooms. The PRIM contains over 4, 000 intervention strategies for the 219 most common learning and behavior problems.

Problem Child or Quirky Kid? A Commonsense Guide. Rita Sommers-Flanagan and John Sommers-Flanagan (2002)

Gives parents the advice, reassurance, and practical knowledge they need to help their child and themselves.

Punished By Rewards. Alfie Kohn (1993)

Shows that while manipulating people with incentives seems to work in the short run, it is a strategy that ultimately fails and even does lasting harm.

Raising a Moody Child. Mary Friestad and Jill Goldberg Arnold (2003)

Book explains how treatment works and what additional steps parents can take at home to help children with mood disorders--and the family as a whole--improve the quality of their lives

Raising Resilient Children: A Video Guide About Fostering Strength, Hope and Optimism in Your Child. (video) (70 minutes) (2002)

The material provides parents with strategies they can use to ensure their children are emotionally prepared for life's challenges and setbacks. Book offers parents emotional support and proven strategies to help them understand traits, discover the power of positive of positive labels, cope with difficult situations and develop strategies for handling them.

Raising Your Spirited Child: A Guide for Parents Whose Child Is More Intense, Sensitive, Perceptive, Persistent, Energetic. Mary Sheedy Kurcinka (1991)

Book offers parents emotional support and proven strategies to help them understand traits, discover the power of positive of positive labels, cope with difficult situations and develop strategies for handling children who are spirited.

Ready to Play! A Tale of Toys and Friends, and Barely Any Bickering. Stacey R. Kaye (2009)

Book about positive social interaction behavior.

Redirecting Children's Behavior. Kathryn Kvols (1997)

Defines discipline as guidance and teaching, with an emphasis on mutual respect.

Reviving Ophelia: Saving the Selves of Adolescent Girls. Mary Pipher (1995)

Issues a call to arms to adolescent girls and offers parents compassion, strength, and strategies with which to revive these girls' lost sense of self.

Right From the Start: Behavioral Interventions for Young Children with Autism – A Guide for Parents and Professionals. Sandra Harris and Mary Jane Weiss, PhD (1998)

Explains how the teaching method known as intensive behavioral intervention (IBI) can benefit young children with autism and related disorders.

Samantha: A Story About Positive Behavior Support. (video) (29 minutes) (1995)

This video follows a student with autism, Samantha, as her educational team struggles to address her challenging behaviors.

Schoolwide Behavioral Support: Building Systems of Support in Schools. (video) (2002)

Follows the implementation of schoolwide behavioral support at two urban schools. (DVD/Resource Guide) (60 min)

Seeing the Charade: What We Need to Do and Undo to Make Friendship Happen. Carol Tashie, et al (2006)

This book is aimed at overcoming friendship barriers and the facilitation of friendships in inclusive environments.

The Sensory-Sensitive Child: Practical Solutions for Out-Of-Bounds Behavior. Karen A. Smith, PhD et al (2004)

Explains that the central and frequently unrecognized role that sensory processing problems play in a child's emotional and behavioral difficulties.

Sensory Strategies to Improve Communication, Social Skills, and Behavior. (DVD)

Strategies on how to handle anxiety, behavior, and sensory overload. Provides techniques for better communication.

Seven Steps to Help Your Child Worry Less: A Family Guide. Sam Goldstein, PhD et al (2002)

This guide for parents offers practical strategies to help teach children relaxation techniques, correct ways of thinking to combat worry and anxiety, and empowering behavioral interventions.

Special Kids Problem Solver: Ready-To-Use Interventions for Helping All Students with Academic, Behavioral and Physical Problems. Kenneth Shore (1998)

Resource gives classroom teachers and specialists at all levels the key information and practical strategies they need to recognize and respond effectively to 30 of the most common problems encountered in today's classrooms, including: academic problems, behavioral problems, and physical problems.

Stop Struggling with your Child: 16 Tips for Parents and Teachers. (video)

This video features real kids with real problems and comes with everyday parenting tips plus a fifty-page workbook that helps parents identify and resolve specific problems.

Stop Struggling with Your Child: Quick-Tip Parenting Solutions that Will Work for You and Your Kids. Evonne Weinhaus and Karen Friedman (1991)

Guide provides a practical, easy-to-implement four-step program that helps parents minimize the battles and maximize

Stop Struggling with Your Teen: A Complete Easy-to-Use Guide for Parents of Teens and Preteens. Evonne Weinhaus and Karen Friedman (1988)

Shows a series of steps that move families from conflict to resolution. This is an approach to parenting that blends calm, caring attitude with a determination to protect parent's rights.

Taking No For An Answer and Other Skills Children Need. Laurie Simons, M.A. (2000)

Children want to spend time with their parents, and they like to play. Taking advantage of these two compelling desires, this book offers 50 quick, lively games that families can play to help children learn and practice 12 important skills.

Taming the Dragons: Real Help For Real School Problems. Susan Setley (1995)

Focuses on the hidden shame of many families--rage--and provide excellent advice and tools for understanding anger patterns, learning self-calming techniques, and managing conflict with kids of all ages.

The Teacher's Resource Guide: The Staff Development Guide to The Most Common Learning and Behavior Problems Encountered in the Educational Environment. Stephen B. McCarney, Ed.D (1994)

Reference for teachers to have at their fingertips to refer to in their day to day work. Answers the most common problems that have teachers asking, "What do you do with a student when he...?" or "I've got this student who...?"

Teaching and Working with Children Who Have Emotional and Behavioral Challenges. (2000)

Designed to help you educate students with emotional and behavioral difficulties. Parents can also use this guidebook to learn how to address their children's needs and to work effectively with the educators in their children's lives.

10 Days to a Less Defiant Child: The Breakthrough Program for Overcoming Your Child's Difficult Behavior.

Jeffrey Bernstein, PhD (2006)

10-day program to help parents gain back control over their defiant child or teen. Explains what causes defiance in kids, why it's so destructive to the family, and shows parents step-by-step how they can end the behavior.

Thinking, Feeling, Behaving: An Emotional Education Curriculum for Grades 1 to 6. Dr. Ann Vernon (revised

Grades 1-6. Resource for helping students learn to overcome irrational beliefs, negative feelings, and the negative consequences that may result.

Too Smart for Bullies. Robert Kahn and Sharon Chandler (2001)

This children's safety booklet will educate children and make their lives safer while entertaining them with art and clever wording.

The Tough Kid Book: Practical Classroom Management Strategies. Ginger Rhode, William Jenson and H. Kenton Reavis (1994)

A resource for both regular and special educators with research-validated solutions designed to maximally reduce disruptive behavior in tough kids without big investments on the teacher's part in terms of time, money and emotion.

The Tough Kid Parent Book: Why Me? Practical Solutions to Tough Childhood Problems Book with CD-ROM. William R. Jenson, Ph.D., Ginger Rhode, Ph.D. and Melanie Hepworth Neville, M.A. (2002)

Part of The Tough Kid Series, this resource helps parents and educators approach everyday behavioral concerns (arguing and noncompliance) as well as more difficult issues (stealing, smoking, and drug use).

The Tough Kid Social Skills Book. Susan M. Sheridan, Ph.D. (1995-2000 8th printing)

Grades 1-8. Teach students how to resolve conflict, express frustration, and interact with others.

Transforming the Difficult Child – The Nurtured Heart Approach. Howard Glasser and Jennifer Easley (1999)

Brings to life a new way of shifting intense children to a solid life of success.

Treating Explosive Kids: The Collaborative Problem-Solving Approach. Ross W. Greene and J. Stuart Ablon (2005)

Provides a detailed framework for effective, individualized intervention with highly oppositional children and their families.

Understanding the Defiant Child (video) (30 minutes) (1997)

Illuminates the nature of ODD, its causes, why it should be dealt with early, and what can be done.

The Way to A: Empowering Children with Autism Spectrum and Other Neurological Disorders to Monitor and Replace Aggression and Tantrum Behavior. Hunter Manasco (2006)

Ages 3-9. Presents a systematic strategy that clarifies and sequentially teaches the child how to manage his behavior by engaging in forethought and self-analysis before acting out.

What Help Can I Expect from the School District for My Child with an Emotional or Behavioral Disorder (1995)

Booklet outlines specific responsibilities of school districts in providing appropriate educational services for children under special education law.

What to Do When You Dread Your Bed: A Kid's Guide to Overcoming Problems with Sleep. Dawn Huebner. (2008)
Guides children and their parents through the cognitive-behavioral techniques used to treat problems with sleep.

What to Do When You Grumble Too Much: A Kid's Guide to Overcoming Negativity. Dawn Huebner. (2007)
Guides children and their parents through the cognitive-behavioral techniques used to treat negative thinking.

What to Do When Your Temper Flares: A Kid's Guide to Overcoming Problems with Anger. Dawn Huebner. (2008)
Guides children and their parents through the cognitive-behavioral techniques used to treat problems with anger.

When the Chips are Down- Strategies for Improving Children's Behavior, Rick Lavoie (video) (62 minutes) (1997)

Offers practical advice on dealing with behavioral problems quickly and effectively. Shows how preventative discipline can anticipate many problems before they start.

When Love is Not Enough - A Guide to Parenting Children with RAD-Reactive Attachment Disorder. Nancy L. Clear, focused plan for parenting disturbed children back to health.

Why Do I Have To? A Book for Children Who Find Themselves Frustrated by Everyday Rules. Laurie Leventhal-Belfer (2008)

Looks at a set of everyday situations that provide challenges for children at home, with their friends, and at school.

Why Does Samantha Act Like That? A Positive Behavioral Support Story of One Family's Success. Gigi Devault et

Tells family story and includes plan charts and a pictorial history.

Why is Everybody Always Picking on Me? A Guide to Handling Bullies. Terrence Webster-Doyle (1999)

Ages 9-12. This is a workbook for bullies and victims ages eight to fourteen. With sample dialogue and exercises, it teaches children to respect themselves and introduces them to a variety of threatening situations and how to resolve them nonviolently. (144 pages)

Why Johnny Doesn't Behave: Twenty Tips for Measurable BIPS. Barbara D. Bateman and Annemieke Golly (2003)

This book focuses on 20 concrete "tips" to help you avoid behavioral problems, including: Making clear classroom expectations; directly teaching expectations; minimizing attention for minor inappropriate behaviors and paying attention to behavior you want to encourage.

With Open Arms: Creating School Communities of Support for Kids with Social Challenges Using Circle of Friends, Extracurricular Activities and Learning Teams. Mary Schlieder (2007)

Kids with Asperger Syndrome, attention deficit disorder, learning disabilities, and behavior disorders, as well as English language learners, often face even greater social challenges, resulting in feelings of isolation. Book provides practical, easy-to-use techniques for even the busiest school personnel

You Want Me to Help with Housework? No Way! (video) (14 minutes) (1988)

This video gives you a clear, step-by-step strategy for getting children to help around the house. You will see how to avoid nagging and threats, and how to follow through on consequences.

Your Defiant Child: Eight Steps to Better Behavior. Russell A. Barkley, PhD and Christine Benton (1998)

Offers tools and strategies to turn your child's behavior around. Explains eight steps for reversing patterns of interaction that turn everyday encounters into conflicts. Learn how to pay positive attention to your child, communicate productively, and discipline wisely

Your Defiant Teen: 10 Steps to Resolve Conflict and Rebuild Your Relationship. Russell Barkley and Arthur Robin
Centered around 10 steps that lead to better behavior, this book provides guidelines for putting an end to hostilities.

You're Welcome: 30 Innovative Ideas for the Inclusive Classroom. Patrick Schwarz & Paula Kluth (2007)

Three Handbooks with 30 key ideas of information to start making inclusion work effectively,.