

Resource List for Parenting
 Family & Community Resource Center
 Special School District of St. Louis County
 12110 Clayton Road
 St. Louis, MO 63131
 314-989-8438/989-8108/989-8194

The ADD Hyperactivity Workbook for Parents, Teachers and Kids. Harvey C. Parker (1988)
 Easy-to-read yet highly informative workbook describes the history, characteristics and causes of ADD. Chapters on treatment, including medication management, psychological counseling and behavior modification are written in an understandable and ready-to-apply manner.

AD/HD & Driving: A Guide for Parents of Teens with AD/HD. J. Marlene Snyder (2001)
 Discusses the additional challenges parents encounter when their teen with AD/HD is working towards a drivers license.

ADHD and Teens – A Parents Guide to Making It Through the Tough Years. Colleen Alexander Roberts
 ADHD and Teens is a manual of practical advice to help parents cope with the problems that can arise during these years. A crash course is offered on parenting styles that really work with teens with ADHD and how these styles allow the teen to safely move from dependence to independence.

ADHD Handbook for Families: A Guide to Communicating with Professionals. Paul L. Weingartner (1999)
 Provides real-life strategies and techniques that can be used immediately, including how to develop behavior modification plans, how to decide if and when to use medication and how to work with clinical and educational professionals.

ADHD: A Survival Guide For Parents and Teachers. Richard Lougy et al (2002)
 Addresses issues and concerns confronting parents and teachers with children diagnosed with ADHD. The friendly and supportive style of the book is easy for readers to understand and use.

ADHD: What Every Parent Wants to Know. David Wodrich (1994)
 Whether your child has ADHD or you are considering having your child evaluated, inside this book you'll find caring, expert answers to your questions. This revised edition updates you on the key issues that concern you most, including ADHD symptoms and diagnosis, medical interventions such as Ritalin, Adderall, and more, instruction strategies, effective communication strategies, antecedent control to help influence behavior, the relationship between ADHD and learning disabilities.

Adopting the Hurt Child: Hope for Families with Special Needs Kids: A Guide for Parents and Professionals.
 Discover the grim truths and real hope that hurting children can be healed through adoptive and foster parents, social workers, and others who care. Includes information on foreign adoptions.

After the Tears: Parents Talk About Raising a Child with Disabilities. Robin Simons (1987)
 Parent stories about parenting a child with a disability and how it has changed their lives.

All Dogs Have ADHD. Kathy Hoopman (2009)
 Combines humor with understanding to reflect the difficulties and joys of raising a child with ADHD and celebrates what it means to be considered 'different.'

Angry Kids, Frustrated Parents: Practical Ways to Prevent & Reduce Aggression in Your Children. Terry Hyland & Jerry Davis (1999)
 This book has two goals: 1) to help parents recognize aggressive behavior in their children and act before it becomes a problem, and 2) to show parents how they can teach their children to stop using negative aggressive behaviors and learn new positive behaviors.

Ants in His Pants: Absurdities and Realities of Special Education. Michael F. Giangreco (1998)
 A "lighter" look, through cartoons, at the often occasionally harsh truth in the ever-changing field of special education.

As Up We Grew With Barbara. Lotte E. Moise (1980)

The mother of an adult with Intellectual Disabilities emphasizes the need for respite care for families and discusses the changes in education since her daughter was of school age.

Asperger Syndrome for Dad: Becoming an Even Better Father to your Child with Asperger Syndrome. (video) (2004)

Ten secrets to help you get closer to your child with Asperger Syndrome, help him or her succeed in life and have fun along the way. (DVD) (26 minutes)

Assertive Discipline for Parents: A Proven Step-By-Step Approach to Solving Everyday Behavior Problems. Lee center (1985)

Helps parent's masters skills needed to guide children's behavior successfully.

Assistive Technology Pointers for Parents. Penny Reed and Gayle Bowser (2000)

Assistive Technology Pointers for Parents is a workbook to assist parents in working with schools and other agencies to

Autism? Aspergers? ADHD? ADD? A Parent's Roadmap to Understanding and Support. Diane Drake Burns (2005)

Suspect there's something "different" about your child? This book will help you navigate those early stages of your child's life when a diagnosis is nowhere in sight and you're either totally frustrated or frightened into inaction by a vision of what may lie ahead.

The Autism Mom's Survival Guide. Susan Senator. (2010)

Interweaves the voices of autism parents, researchers and professionals to offer guidance and encouragement on how to find happiness and fulfillment in the midst of the struggles of raising a child with autism.

Avoiding the Potholes — Having Your Child Evaluated for Learning Disabilities: What Parents Need to Know. Ruth

A parent-professional interviews parents to learn about the evaluation process and what families need to know with the ultimate goal of fostering a more collaborative effort between parents and professionals.

Backtalk: 4 Steps to Ending Rude Behavior in Your Kids. Audrey Ricker, PhD (1998)

Four-step program for ending backtalk and restoring balance in relationships between parents and children, from preschoolers to teens.

Be Your Child's Best Advocate. 100 Strategies for Children with Learning or Behavioral Issues. Peggy Schmidt.

Helps parents understand and accept what is preventing their child from performing and interacting successfully in school and in social situations. This book is intended to be a voice of encouragement and direction to parents who have not yet found the courage for connections to get help and support for their child. Also contains guidelines for parents who want to improve their effectiveness in getting the right help for their child.

"Because I Said So!" Family Squabbles and How to Handle Them. Laurie Berkenkamp and Steen Atkins, Psy.D.

A practical guide for parents to help handle everyday family bickering.

Becoming a Supporting Parent: How to Listen, Talk and Instill Hope in Others. (DVD) (2005)

This DVD provides parent-to-parent programs a tool for group trainings and gives parents an efficient way to be trained

Beyond the Golden Rule: A Parent's Guide to Preventing and Responding to Prejudice. Dana Williams.

The age-specific sections here offer practical advice about the challenges and rewards of parenting in today's diverse world.

Beyond Sticks and Stones: How to Help Your Child with a Disability Deal with Bullying. (2006)

Offers specific, practical information on how to prevent bullying.

The Bipolar Disorder Survival Guide: What You and Your Family Need to Know. David Miklowitz (2002)

Consumer text discusses how to distinguish between early warning signs of bipolar mood swings and normal ups and downs of life, what medications are available, what to do when symptoms arise, how to get help and support from family and friends, and how to tell coworkers about the illness without endangering a career

Bipolar Kids: Helping Your Child Find Calm in the Mood Storm. Rosalie Greenberg, MD (2007)

This book helps parents: understand why bipolar disorder is often overlooked or misdiagnosed, distinguish bipolarity from other common childhood disorders like ADHD, explain why their child may be well behaved in school but out of control at home, communicate effectively with their child and learn about the latest treatment options available.

Boys Town Parent Series (11 videos):

•Catch 'Em Being Good! •Happier Kids, Happier Parents Through Effective Praise •A Change for the Better! Teaching Correct Behavior •Homework? I'll Do It Later! •I Can't Decide! What Should I Do? •I'm Not Everybody! Helping Your Child Stand Up to Peer Pressure •It's Great to Be Me! Increasing Your Child's Self-Esteem •Negotiating Within the Family! You and Your Child Can Both Get What You Want •No, I Won't! And You Can't Make Me •Setting Your Child Up for Success! Anticipating and Preventing Problems •Take Time to Be a Family! Holding Successful Family Meetings •You Want Me to Help with Housework? No Way!

Bringing Out the Giftedness in Your Child: Nurturing Every Child's Unique Strengths, Talents and Potential. Rita Dunn, et al (1992)

With this guide, you'll be able to recognize and nurture your child's special gifts from birth through adolescence.

Bullies and Victims: Helping Your Child Survive the Schoolyard Battlefield. Suellen Fried (1998)

Bullies and Victims explores the context of teasing and the power of relationships between children, as well as the roles of adults, schools, the media, and society at large.

The Bully, the Bullied and the Bystander: From Preschool to High School – How Parents and Teachers Can help Break the Cycle of Violence. Barbara Coloroso (2004)

Practical solutions to a problem that may affect 80% of school children.

Bully Proofing Your Child: A Parent's Guide. Carla Garrity, et al (2000)

By helping your child develop an effective personalized strategy for dealing with bullying, you can reduce the chances he or she will be a target and circumvent the bully/victim dynamic.

Can't Your Child See? A Guide for Parents of Visually Impaired Children. Eileen P. Scott, James E. Jan, Roger D. Freeman (1994)

The insensitive question, "Can't your child see?" is handled with warmth and valuable information in this book.

Changed by a Child: Companion Notes for Parents of a Child with a Disability. Barbara Gill (1997)

Provides brief meditations and passages about the challenges, grief, faith, hope, and other feelings and experiences of parents who have a child with a disability.

Child Behavior: The Classic Child Care Manual from the Gesell Institute of Human Development. Frances Ilg et al

Covers the basic developmental stages and associated problems of children aged four weeks to 10 years.

The Child with Special Needs: Encouraging Intellectual and Emotional Growth. Stanley Greenspan et al (1998)

Helps parents and professionals get beyond the label and understand each child's unique profile.

Childhood Speech, Language and Listening Problems: What Every Parent Should Know. (1995)

Guide to help determine the best plan for your child with a speech, language or listening problem.

Children Who Say No When You Want Them to Say Yes: How to Deal With Defiant and Oppositional Youngsters, from Toddlerhood Through Teens. James Windell (1996)

Helps parents recognize, understand and cope with a child's resistant behavior whether it arises as a part of a normal stage of growth, stems from a child's temperament, or has developed from other less easily definable sources.

Children Who Shock and Surprise: A Guide to Attachment Disorders. Elizabeth Randolph (1999)

A brief yet comprehensive booklet for parents, relatives, teachers, friends and doctors to help them understand difficulties faced when parenting a child with attachment disorder.

Children with Acquired Brain Injury: Educating and Supporting Families (1996)

Guide gives practical strategies for helping children and their families move through the rehabilitation and recovery process.

Children with Behavioral and Emotional Problems. (1990)

Challenges those who work directly with children and families and those who make or advocate for policies on their behalf to use their energies and skills to ensure that children and adolescents with emotional or behavior disorders are appropriately served with educational settings.

Children with Cerebral Palsy: A Parent's Guide. Elaine Geralis (1990)

Professionals explain the diagnoses and treatments of the various conditions associated with cerebral palsy. Parents are offered guidance and encouragement as they adjust to the needs of their child, including daily care, educational options, legal rights and long term care.

Children with Facial Difference: A Parent's Guide. Hope Charkins (1996)

Parents learn about the diagnostic process, interdisciplinary treatment approach, education, speech and language issues and how to help their child and family adjust emotionally.

Children with High-Functioning Autism: A Parent's Guide. Claire E. Hughes-Lynch. (2010)

Offers parents information to help them cope with their child's autism and to navigate the path as they first perceive differences, seek assistance and treatment, and help their child develop into his or her full potential.

Children with Seizures: A Guide for Parents, Teachers and Other Professionals. Martin L. Kutscher, MD (2006)**Children with Tourette Syndrome: A Parent's Guide. Tracy Haerle (1992)**

Guide is a collaboration by a team of medical specialists, therapists, people with TS and parents.

Children with Traumatic Brain Injury: A Parent's Guide. Lisa Schoenbrodt (2001)

Reference that provides parents with the support and information they need to help their child recover from a closed-head injury and prevent further incidents.

Children with Visual Impairments: A Parent's Guide. M. Cay Holbrook (1995)

Information and advice on raising children with visual impairments from birth to age seven.

Choices: Opportunities for Life (1997)

Offers tips to parents on teaching decision-making skills.

Commonsense Parenting. Ray Burke, Ph.D., Ron Herron, and Bridget Barnes (1996)

Guidebook for parents of children ages 6 to 16 facing a myriad of family challenges: a teen who's defiant; siblings who constantly bicker; a child having trouble in school, or parents and kids who occupy the same house but don't communicate or have fun together anymore.

Commonsense Parenting Learn at Home Video Kit. (2 videos) (3 hours total)

Three hours of entertaining video and a useful workbook help parents learn effective ways to deal with children's behavior.

Commonsense Parenting of Toddlers and Preschoolers. Bridget A Barnes and Steven M. York (2001)

Describes parenting techniques in a way that is persuasive, logical, and easy to read, particularly in short chunks.

Communication Skills in Children with Down Syndrome: A Guide for Parents. Libby Kumin (1994)

Guide to speech, language and communication skills takes an in-depth look at an important developmental area. Parents learn what to expect as skills progress from infancy through the elementary years.

The Complete IEP Guide: How to Advocate for Your Special Ed Child – 5th Edition. Lawrence Siegel (2007)

Walks readers through the entire IEP process, explaining eligibility rules and assessments in plain language, and gives advice on developing the child's IEP each year, preparing for IEP meetings, and resolving disputes with the school district.

Creating Collaborative IEPs: A Handbook. (1998).

Parents and educators developed this handbook as a quick-tip resource for those who believe collaboration is the best way to plan for positive and possible futures for students with disabilities.

Creating A Win-Win IEP for Students with Autism: A How to Manual for Parents and Educators. (1999)

This book is intended to provide parents of students with autism with necessary information for the Individualized Education Program (IEP) process and includes relevant information from the 1997 Individuals with Disabilities Education Act.

Creative Expressive Activities and Asperger's Syndrome: Social and Emotional Skills and Positive Life Goals for Adolescents and Young Adults. Judith Martinovich (2006)

A comprehensive resource for parents as well as teachers, social workers and psychologists and arts therapists who wish to link therapeutic goals and creative activities for people with or without AS.

Creative Play Activities for Children with Disabilities: A Resource Book for Teachers and Parents. Lisa Rappaport Morris et al (1989)

Creativity and Collaborative Learning: A Practical Guide to Empowering Students and Teachers and Families.

Includes cooperative and partner learning models case studies, sample lesson plans and forms, reviews of instructional research, techniques for thinking creatively and solving problems, specific "how to" strategies for establishing a variety of collaborative learning arrangements and tips for including all students in instruction, advocacy and decision making.

Crossing Bridges: A Parent's Perspective on Coping After a Child Is Diagnosed with Autism/PDD. Viki Satkiewicz- For parents whose child is newly diagnosed. Educates, validates and empowers parents and offers an appreciation of the many challenges faced by children and their parents.

Dancing in the Rain: Stories of Exceptional Progress by Parents of Children With Special Needs. Annabel Stehli

Selection of stories written with candor and intelligence by the parents of children with autism, developmental delays and learning disabilities. Interventions include auditory integration training, Lovaas, Option Institute, TEACCH Program, sensory integration therapy and more.

Dealing with Differences – Taking Action on Class, Race, Gender, and Disability. Angela Ellis and Marilyn Llewellyn. (1997)

A classroom tested action guide to dealing with issues and prejudice around class, race, gender and disability. The exercises, discussion topics and reading provide a framework to bring these complex issues out in the open as positive forces for

The Defiant Child: A Parent's Guide to Oppositional Defiant Disorder. Douglas Riley (1997)

Explores the mindset of children who are ODD and explains the way they operate. Teaches how to recognize the signs, understand the attitudes and modify the behavior.

Developing Minds: Getting Organized/Work Habits. Mel Levine (video) (60 minutes) (2002)

About becoming better organized and having good work habits. Focuses on the common organizational problems that many children face – including difficulty developing a plan for completing a task and managing time, materials and space – and offers practical strategies that teachers and parents can use to help children be better organized.

Developing Minds: Language. Mel Levine (video) (30 minutes) (2002)

Explores the process of acquiring language abilities – the key to successful communication- as well as practical strategies that parents and teachers can use to help children develop these abilities.

Developing Minds: Mastering the Challenge of Reading. Mel Levine (video) (60 minutes) (2002)

Explores the process of learning to read, common problems that many children face, and practical strategies that parents and teachers can use to help children become better readers.

Developing Minds: Strategies for Parents, Strategies for Teachers, A Student Profile. Mel Levine (video) (60 minutes) (2002)

Explores a systematic process for understanding and managing a child's learning strengths and weaknesses through the approach and conceptual framework of developmental-behavioral pediatrician Mel Levine.

Developing Personal Safety Skills in Children with Disabilities. Freda Briggs (1995)

This guide provides general background information and practical curriculum ideas for teaching children with disabilities personal safety skills in the area of child sexual abuse.

A Difference in the Family: Living With a Disabled Child. Helen Featherstone (1980)

Author is an educator and a mother of a child with multiple disabilities. She traces the long, often heartbreaking road toward acceptance of disability.

Disability and the Family: A Guide To Decisions for Adulthood. H. Rutherford Turnbull III et al (1989)

Introduces guidelines for making plans that are legally and financially effective, that consider real-life choices and preferences, and that take into account the social, leisure, residential and vocational options that can help ensure a desired quality of life for persons with disabilities and their families.

Disability Awareness: A Guidebook for Families and Educators. (1997)

Provides basic information about many disabilities. The resource sections point readers to books, videos and organizations that provide further information about particular disabilities.

Disability is Natural. Kathy Snow (DVD) (7 minutes) (2007)

Explores new ways of thinking about people with disabilities. When we think differently, we'll act differently: we can focus

Disability is Natural: Revolutionary Common Sense for Raising Successful Children with Disabilities. Kathie Snow.

Disability, like gender, ethnicity and age- are simply one characteristic of being human. There have been people with disabilities in the world, and there will always be. When we recognize that disability is a natural condition of the human experience, new attitudes will lead us to new actions!

Disaster Preparedness for People with Disabilities from American Red Cross (1996)

Designed to help people who have physical, visual, auditory or cognitive disabilities to prepare for natural disasters and their consequences.

Discover the Possibilities: A Curriculum for Teaching Parent About Integration (1993).

Written to provide vision, information and strategies for the inclusion of children with disabilities into general education classes. Provides definition and provides a model to train parents, educators and other to the possibilities and the vision of desirable futures for the children.

Dr. Larry Silver's Advice to Parents on ADHD. Larry B. Silver, MD (1999)

Second edition of this classic guide, Dr. Silver addresses the subjects all parents wonder about when they suspect their child has attention deficit hyperactivity disorder.

Does My Child Have A Speech Problem? Katherine Martin (1997)

Written in response to 50 questions parents and teachers most frequently ask about children's speech.

Don't Miss the Bus: Steering Your Child to Success in School. Mary Ann Smialek (2003)

Focused on assisting parents on helping parents with what they need to know and do at each developmental level throughout the elementary school years.

Down Syndrome: A Parental Perspective. (video) (20 minutes) (1988)

Presents a candid and positive portrayal of how a group of parents with children with Down syndrome have managed to maintain a focus on quality-of-life needs.

Duct Tape & WD-40: A Parent's Guide to the Mysteries of a Bipolar Child. When The "Fix-it" Approach Doesn't

Inspirational journey of one father through the world of mental illness. Offers tools often unknown to parents and the children they love.

Dyspraxia: A Guide for Teachers and Parents. Kate Ripley, et al (1999)

Early Childhood Parent Speaker Series: #2 – Ain't Misbehavin' – Understanding the Ups and Downs of Early Childhood. (video) (2005)

Gives parents a greater understanding of the developmental and behavioral stages children go through in their first 5 years of life. Discusses support for children through stages, such as autonomy, identity, negativism, tantrums, power struggles, and emotional growing up stages.

Early Childhood Parent Speaker Series: #2 – Positive Strategies for Managing Challenging Behavior: A Team Approach. (video) (2006)

When your child's behavior is most challenging, a team approach can help you examine the pieces of the puzzle. Understanding the discomforts, frustrations, and lack of control your child may be experiencing can help you modify your

Early Childhood Parent Speaker Series: #3 – How to Parent Without Losing Your Mind: Stress Reduction Techniques that Really Work. (video) (2005)

Cheryl Wasserman, MA, LPC, will share techniques to relieve and deal with stress, even in the midst of the intensity of family life with young children with challenging needs.

Early Childhood Speaker Series: #4 – Getting Through the Early Years: Parent Panel and Discussion. (video) (2006)

Joann Noll, Special School District Parent Education, will facilitate a parent panel focusing on what parents have learned about getting through the first five years of having a child with a disability. Issues will include: getting, finding and accepting support; family, marriage and sibling issues; dealing with doctors; understanding behavior; transitioning from First Steps to Early Childhood; transitioning from Early Childhood to Elementary School; understanding the education maze; advocating for services and communicating with the school.

Early Childhood Speaker Series: #5 – Positive Strategies for Managing Challenging Behavior. (video) (2006)

Peggy Cassani, Early Childhood Behavior/ASD Facilitator and Jim Tebbe, Early Childhood Social Worker, and Special School District Early Childhood Staff will present effective techniques for parents to change the home environments to prevent behaviors by establishing rules and routines and using positive reinforcement.

Early Childhood Speakers Series: #5 – Getting Through the Early Years: Parent Panel and Discussion. (video)

Joann Noll, Special School District Parent Education, will facilitate a parent panel focusing on what parents have learned

Early Childhood Speaker Series: #6 – Using Your Community Resources. (video) (2006)

Find out about supports for your family. Judy Presberg, Parent Education and Diversity Awareness, will present information about the Family and Community Resource center at Special School District and will facilitate presentations from the following agencies: Sharing Our Strengths, Support Match Network, St. Louis ARC, ARCH, MPACT, St. Louis Regional Center, Recreation Council, and Judevine

Early Childhood Speaker Series; #7 – Making Decisions for a Lifetime. (video) (2006)

Eating an Artichoke – A Mother's Perspective on Asperger's Syndrome. Echo R. Fling (2000)

This is the author's story as a mother with a child recently diagnosed with Asperger Syndrome. It traces the mother's journey with doctors, medical specialists, learning consultants and psychologists.

Eating, Sleeping and Getting Up — How to Stop the Daily Battles with Your Child. Carolyn Crowder (2002)

Provides the keys to starting a new-and-improved routine and specific language for ending a variety of standoffs

The Elephant in the Playroom: Ordinary Parents Write Intimately and Honestly about Raising Kids with Special Needs. Denise Brodey (2007)

Introduces us to a community of intrepid moms and dads who share the highs and lows of parenting a child with special

Enrich Your Child's Speech and Language Development. Marlene M. Egerer (1989)

A guide to working on skills in the home; a great help for individual parent conferences and group meetings.

Estate Planning for Parents of Children with Disabilities – presented as an SSD Workshop by Gerald Zafft (video)

Every Child Deserves a Chance. (video) (19 minutes)(2000)

Designed for teachers, parents, social workers, therapists, doctors, and young adults with disabilities to explain the IEP

Every Child Is Learning. (video) (45 minutes)

Helps parents, teachers and early care providers recognize and understand early warning signs for language and learning disabilities.

The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children. Ross W. Greene (2001)

Lays out a sensitive, practical approach to helping your child at home and school, including: reducing hostility and antagonism between the child and adults, anticipating situations in which the child is most likely to explode, creating an environment in which explosions are less likely to occur, focusing less on reward and punishment and more on communication and collaborating problem solving, helping your child develop the skills to be more flexible and handle frustration more adaptively.

The Face of Inclusion: A Parent's Perspective. (video) (68 minutes) (1995)

Jo and Ro Vargo's oldest daughter, Rosalind, has Rett syndrome. In this interview they describe her life and her education, describing their advocacy for system-wide education reform initiatives in the central New York area.

Facing Autism: Giving Parents Reasons for Hope and Guidance for Help. Lynn Hamilton (2000)

This is one mother's account of coping with her son's autism. Within two months of his diagnosis, Ryan began intensive Applied Behavior Analysis (ABA) and with his mother tackled other related issues, including immune deficiency, food intolerance, and obsessive-compulsive behaviors.

Families and Positive Behavior Support: Addressing Problem Behaviors in Family Contexts. Joseph Lucyshyn, Ed.,

Addresses theory, research, and practice concerning positive behavior support with families of children and youth with developmental disabilities and problem behavior.

Families with Deaf Children: Discovering Your Needs, Exploring Your Choices by the Center for Hearing Loss In Children (video) (27 minutes)

Parents on the videotape all have different feelings and make different choices, but all see their children as someone who can succeed.

Families with Hard of Hearing Children by Illinois Educational Audiology Association (video) (34 minutes)

Helps parents know what's ahead; follows two families in their search for answers and provides useful guidance about working with audiologists and school personnel.

Family Information Guide to Assistive Technology. Family Center on Technology and Disability. (2005)

Family Sign Language and Informational Video. (3 video set) (2003)

This 3 tape set contains ten lessons in American Sign Language, taking the student through Beginner to Intermediate level

A Field Guide to Boys and Girls: Differences, Similarities: Cutting-Edge Information Every Parent Needs to Know. Susan Gilbert (2000)

Taps into parents' natural fascination with gender issues and urges readers to move beyond the fear that discovering sex differences will lead to sex biases.

Flying By the Seat of Your Pants: More Absurdities and Realities in Special Education. Michael Giangreco (1999)

A follow up to "Ant in His Pants" - books that take a "lighter" look, through cartoons, at the often occasionally harsh truth in the ever-changing field of special education.

For Parents and Professionals: Down Syndrome. Catherine Chamberlain and Robin Strode (2000)

Resource gives you valuable information, helpful tips, and great activities to share with parents, teachers, and other

For Parents of a Child Whose Speech is Delayed. R. Corbin Pennington and Elizabeth James

Booklet of useful, basic speech development information for parents.

Freeing Your Child from Anxiety: Powerful, Practical Solutions to Overcome Your Child's Fears, Worries and Phobias. Tamar A Chansky, PhD (2004)

A childhood anxiety disorder specialist examines all manifestations of childhood fears, including social anxiety, Tourette's Syndrome, hair-pulling, and Obsessive Compulsive Disorder, and guides you through a proven program to help your child back to emotional safety.

Freeing Your Child from Obsessive-Compulsive Disorder: A Powerful, Practical Program for Parents of Children and Adolescents. Tamar A Chansky, PhD (2001)

Explains how OCD is diagnosed, how to find the right therapist partner, and how to tailor treatment options to your child's

From Chaos to Calm: Effective Parenting of Challenging Children with ADHD and Behavioral Problems. Janet E. Heininger PhD and Sharon K. Weiss, M.Ed (2001)

All children were challenging some of the time. But when kids are challenging all of the time – because they suffer from ADHD, OCD, depression or other disorders that affect day-to-day behavior – chaos can rule the roost. This thoroughly practical book offers three important points of view - the parent's, the therapist's and the child's.

From Emotions to Advocacy: the Special Education Advocacy Guide: 2nd Edition. Pam and Pete Wright (2008)

Practical and user-friendly book includes hundreds of strategies, tips, references, warnings and Internet resources.

Appendices help to find contact information for hundreds of disabilities information groups, parent training and information groups, state department of education and legal and advocacy organizations.

From the Heart: On Being a Mother of a Child with Special Needs . Jayne D.B. Marsh (1995)

Nine mothers explore the intense, sometimes painful, emotional terrain of raising children with special needs in eye-opening narratives developed from their parent support group meetings.

Get Out of My Life But First Could You Drive Me and Cheryl to the Mall? A Parent's Guide to the New Teenager. Anthony E. Wolf (1991)

Argues that today's teenagers do act differently than their parents did at the same age. Therefore, parents must come up with a new parenting approach.

Give Your ADD Teen a Chance: A Guide for Parents of Teenagers with Attention Deficit Disorder. Lynn Weiss

Parenting teenagers is never easy-especially if your teen is diagnosed with from Attention Deficit Disorder (ADD). ADD adds complications and challenges to adolescence that parents must understand in order to help their teens succeed in high school and into adulthood. Give Your ADD Teen a Chance provides parents with expert help by showing them how to determine which issues are caused by "normal" teenage development, and which are caused by ADD. It also looks specifically at the academic challenges ADD teens face, offering tips for academic success.

A Good Enough Parent. Bruno Bettelheim (1988)

Gives us the results of Bruno Bettelheim's lifelong effort to determine what is most crucial in successful child-rearing.

Good Kids, Bad Behavior: Helping Children Learn Self-discipline. Peter Williamson (1990)

Takes parents to a deeper level of understanding their child's misbehavior and even suggests that it may be healthy and purposeful.

Good Kids, Difficult Behavior. Joyce Divinyi (1997)

Guide that answers these questions and teaches parents, teachers, and other professionals practical ways to work with even the most non-responsive, discipline-resistant, or hostile child.

Gravity Pulls You In - Perspective on Parenting Children on the Autism Spectrum. Kyra Anderson & Vicki

Essays and poems by mothers and fathers raising children on the autism spectrum.

A Guidebook for Parents of Children with Emotional or Behavioral Disorders (1996)

Guidebook provides helpful information about serious emotional disorders and includes brief descriptions of common diagnoses and therapies, educational rights, a model for developing community-based services and funding sources.

Guiding Teens with Learning Disabilities: Navigating the Transition from High School to Adulthood. Arlyn Roffman
Helps parents as their children shift from teenage life to adulthood. It includes sections on planning for transition, post-secondary education, vocational training, career preparation, and life in the community.

Healing Parents: Helping Wounded Children Learn to Trust & Love. Michael Orlans & Terry Levy (2006)

Practical strategies and research that helps parents and caregivers understand their child, learn to respond in a constructive

The Health and Wellness Program: A Parenting Curriculum for Families at Risk. Alexander Tymchuk (2006)

Program gives professionals everything they need to support parents with a wide range of disabilities or learning challenges as they learn about child health and safety.

Help for the Hopeless Child: A Guide for Families. Dr. Ronald S. Federici (2001)

Consists of a very comprehensive, aggressive and innovative assessment and treatment program for those families having children who have been deemed “hopeless” or “untreatable”.

Help Me, I'm Sad. David G. Foster and Lynne S. Dumas (1997)

Explains how parents can play a vital role in helping a child overcome, and often prevent, depression. Discusses how to tell if your child is at risk, how to spot symptoms, depression's link with other problems, teen suicide, finding the right diagnosis and treatment and more.

Help Your Child Get Ready to Read: A Handbook for Parents of 4-6 Year Olds. Dr. Elizabeth Wile.

A handbook for you to thumb through informally, choosing activities to enjoy with your child. Presents the skills a child needs before they can learn to read.

Helping the Child to Listen and Talk: Suggestions for Parents, Teachers, Speech-Language Pathologists and Others. Joan M. Sayre

A teaching aid for parents and classroom teachers to enable them to carry on with daily practice for improving a child's oral and listening communication skills.

Helping Children Cope With the Loss of a Loved One. William Kroen (1996)

Offers comfort, compassion, and sound advice to any adult who is helping a child cope with death.

Helping Children with Nonverbal Learning Disabilities to Flourish: A Guide for Parents and Professionals. Marilyn Martin (2007)

Offers practical advice on NLD at home and at school. Describes step-by-step interventions for improving a range of skills from penmanship to social acumen.

Helping Your Anxious Child: A Step-by-Step Guide for Parents. Ronald A. Rapee, PhD, et al (2000)

Parents want to help their anxious children but often do not know how. Here at long last is a book designed just for that. It

Helping Your Child Learn Math. Patsy F. Kanter and Linda B. Darby (1999)

Provides proven ideas and activities for families to help their children succeed in math.

Helping Your Child Learn Mathematics. U.S. Department of Education (2005)

Includes a range of activities from Preschool through Grade 5.

Helping Your Child Succeed in School U.S. Department of Education (2005)

Activities for children ages 5-11.

Helping Your Child with Autism Spectrum Disorder: A Step-By-Step Workbook for Families. Stephanie B. Lockshin, BCBA et al (2005)

With this workbook, parents learn the latest and most effective ASD management techniques for their children, including the use of the family enhancement treatment model designed by the authors—a program that provides step-by-step guidelines for fostering children's abilities and enhancing the health of the whole family.

Helping Your Child with Homework. Office of Educational Research and Improvement U.S. Department of Education
Produced to contribute to the drive to increase family involvement in children's learning.

Helping Your Depressed Child: A Reassuring Guide to the Causes and Treatments of Childhood and Adolescent Depression. Lawrence Kerns (1993)

A look at the many masks that childhood depression can wear, explaining the possible causes and treatments and roles that caregivers can play in helping children deal constructively with their feelings.

Helping Your Dyslexic Child: A Guide to Improving Your Child's Reading, Writing, Spelling, Comprehension and Self-Esteem. Eileen Cronin, PhD (1997)

Not just a reading problem, dyslexia can affect many areas of your child's life—including understanding words, discerning left from right, and counting money.

Helping Your Hyperactive/Attention Deficit Child. John Taylor (1994)

Comprehensive guide for identifying effective treatments, developing self-esteem and helping the family adjust.

Helping Your Teenager Beat Depression: A Problem Solving Approach for Families (2004)

Presents a strategy that enables parents to become effective partners in the treatment of their child's depression.

Homework Partners Series. Daniel Olympia, et al (1996)

Targeted for Grades 1-7, the series provides a step-by-step format to establish a working partnership between teachers, parents, and students for school success.

Book 1: Homework Management Strategies for the Classroom

Book 2: Sanity Savers for Parents: Tips for Tackling Homework.

Book 3: Study Buddies: Parent Tutoring Tactics

Homework Without Tears. Lee Canter (2005)

Parents with school-aged children will find in this volume the help they need to create an unstressful learning environment in the home and motivate their youngsters to succeed in school.

Honorable Intentions: A Parent's Guide to Educational Planning for Children with Emotional or Behavioral Disorders. Dixie Jordan and Paula Goldberg (2000)

It includes information on special education, individualized education program, school rules, residential placement, etc. It also has checklists that parents can use as a guide when having their children evaluated for the various special programs.

Hope Speaks: An Introduction to Childhood Apraxia of Speech.(DVD) (30 minutes)

"Hope Speaks" was designed for those new to the apraxia diagnosis, especially the families of newly diagnosed children, students and professionals who need basic information, and most of all – HOPE

Hopes and Dreams: An IEP Guide for Parents of Children with Autism Spectrum Disorders. Kirby Lentz (2005)

With an emphasis on preparation and collaboration, this practical resource shows parents step-by-step how to become truly active members of the IEP team, thereby achieving their child's and family's hopes and dreams.

A House for All Children. (video) (32 minutes)

This film offers case studies of six families who modified their existing homes, or built new ones, to accommodate the needs of their children with disabilities.

How Big is the Fly? Asking the Right Questions. Bonnie Jean Smith (2007)

Strategies for communication with students and children.

How to Compromise with Your School District Without Compromising Your Child. Gary Mayerson (2004)

Gary Mayerson has devoted his career in law to helping children with autism get the fair and appropriate education that they need and deserve. In this field guide, he brings parents up to speed quickly and efficiently on the ways educational bureaucracies work—or more importantly, don't—for children with special needs.

How to Get Services By Being Assertive. Charlotte Des Jardins (1993)

Manual shows how to: build self-confidence and develop a positive attitude, be assertive at an IEP or other special education meeting, cut red tape, improve communication skills, develop leadership skills and much more.

How to Handle a Hard to Handle Kid: A Parent's Guide to Understanding and Changing Problem Behaviors. C. Drew Edwards (1998)

Explains why some children are especially aggressive and disruptive and spells out specific strategies for building a solid, positive relationship with your child and how to become an authoritative parent.

How to Help Your Child Succeed in School: Strategies and Guidance for Parents of Children with ADHD and/or Learning Disabilities. (video) (56 minutes) (1997)

Video demonstrates parents and children of various ages engaged in hundreds of proven strategies and techniques that build academic skills (reading, math and written language), organization and study skills, and will help with stressful challenges around homework issues.

How to Help Your Child with Homework: Every Caring Parent's guide to Encouraging Good Study Habits and Ending the Homework Wars – Ages 6-13. Marqueritte Radencich (1996)

The authors have provided a sound basis for dealing with homework questions and problems.

How to Keep Your Teenager Out of Trouble and What to Do If You Can't. Dr. Neil I. Bernstein (2001)

Helps parents identify whether their teens are exhibiting typical behavior-such as locking themselves in their room for hours- or are exhibiting real danger signs, such as being secretive, despondent, or constantly angry. And then he tells what to do

How to Make School Make Sense: A Parent's Guide to Helping the Child with Asperger Syndrome. Clare Lawrence

The book explores how parents can prepare their child for school life and how they can work with teachers to improve the classroom environment, as well as the school environment as a whole, for their child and consequently for the benefit of all pupils.

How to Organize an Effective Parent/Advocacy Group and Move Bureaucracies. Charlotte Des Jardins (1991)

Gives information on how to become an effective advocate, get a state charter and tax-exempt status, train parents on their rights, reach out to other parents, lobby and get results, make headlines, open new services in the public schools, develop a newsletter, organize a conference, raise money and much more.

How to Reach and Teach Children and Teens with Dyslexia: A Parent and Teacher Guide to Helping Students of All Ages Academically, Socially and Emotionally. Cynthia Stowe (2000)

Resource gives educators at all levels essential information, techniques, and tools for understanding dyslexia and adapting teaching methods in all subject areas to meet the learning style, social, and emotional needs of students who have dyslexia.

How to Read to With Your Child. 2 Books – Educator/Leader's Guide and Parent/Caregiver Guide. Phyllis Wilken

Educator/Leader's Guide is useful for preschool, classroom and resource teachers, principals, librarians or parents who would like to be a workshop leader and introduce and encourage the use of the guide by parents/caregivers either formally with a workshop group or informally on an individual basis. Parents/Caregivers Guide lists hundreds of ideas that parents/caregivers can use as reading partners in daily ten-minute read aloud sessions with their children.

How to Say It to Your Child When Bad Things Happen: Good Answers to Tough Questions. Dr. Paul Coleman

A program/guidebook on responding with wisdom and compassion to the inevitable life events that cause pain and sorrow in the lives of children and families.

How to Set Up Your Home to Help the Nonverbal Child (video) and Ideas and Materials to Help the Nonverbal Child "Talk" at Home (1997)

The book presents ideas and materials to help the nonverbal child "talk" at home. The video shows how each room of your home can be adapted to meet your child's communication needs.

How to Talk So Kids Will Listen and Listen So Kids Will Talk. Adele Faber et al (1999)

Provides a step-by-step approach to improving relationships in *your* house.

How to Talk to Children About Really Important Things. Charles Schaeffer (1984)

The purpose of this book is to help parents and surrogate parents think about what they want to say to their children about important life issues, especially at times of stress or when significant events are taking place in children's lives.

How Well Does Your IEP Measure Up? Quality Indicators for Effective Service Delivery. Diane, Twachtman-Cullen, et al (2002)

A step-by-step guide to help parents, educators, and clinicians get the right education plan/program in place from the outset, thereby avoiding the need for legal action.

I Wish: Dreams & Realities of Parenting a Special Needs. Kate McAnaney (1998)

Tells what it is like to be the parent of a child with a disability. It relates the experience of adults with disabilities and it gives a new perspective to professionals who work with exceptional families.

I'm Not Everybody – Helping Your Child Stand Up to Peer Pressure. (video) (12 minutes) (1989)

Offers practical ways parents can help children prepare for and deal with pressure from their friends. Parents who implement these suggestions will find their boy or girl less likely to "go along with the crowd" to gain approval.

IEP and Inclusion Tips for Parents and Teachers. (2006)

This book features 127 tips focusing on IEP and inclusion processes. Written from the parent perspective, look at inclusion research and practice that help students succeed in and out of school.

If You've Ever Wanted to Crawl in the Closet with an Oreo: Tips For Parenting A Child With Special Needs. Mary Kate Downey (2004)

The perfect book for the caregiver with major challenges, but little time or energy to read a bigger book.

If Your Adolescent has Depression or Bipolar Disorder: An Essential Resource for Parents. Dwight L. Evans, PhD & Linda Wasmer Andrews (2005)

Guide to understanding and getting effective help for adolescents with depression or bipolar disorder.

If Your Child is Bipolar: The Parent-to-Parent Guide to Living with and Loving a Bipolar Child. Cindy Singer & Sheryl Gurrentz (2004)

Provide parents with specific information to deal with the everyday but incredibly challenging issues confronting the entire family.

Improving IEP Effectiveness: A Guide for Parents and Educators of Learning Disabled Children. Jan C. Horn (1992)

This booklet looks at issues very rarely raised in IEP meetings. It covers areas essential for the development of effective

In Their Own Way: Discovering and Encouraging Your Child's Own Personal Learning Style. Thomas Armstrong

Facts, advice and hope for anyone who cares for a child who is underachieving. This book identifies specific learning styles such as musical, spatial, intrapersonal and interpersonal, and describes how to create appropriate environments conducive to maximum learning.

Inclusion: A Practical Guide for Parent — Tools to Enhance Your Child's Learning. Lorraine O. Moore (1996)

Book serves as a guide to answer parent's questions and provide them with the necessary tools to promote their child's learning.

Involving Parents of Students with Special Needs: 25 Ready-To-Use Strategies. Jill C. Dardig (2008)

Provides general and special education teachers with ready-to-use techniques, sample completed forms, and tips for increasing the involvement of parents of students with special needs.

Is It Just a Phase? How to Tell Common Childhood Phases from More Serious Problems. Drs Susan Anderson Swedo & Henrietta L. Leonard (1999)

Most frequently asked questions by parents concerned about the behavior of their children, whether toddlers or teens: Is this normal or do we have a serious problem? And how can we tell the difference?

Is My Child OK? When Behavior is a Problem, When It is Not & When to Seek Help. Henry A. Paul, M.D. (2000)

Offers reassuring words for worried parents as well as concrete ways to spot problems between a normal stage of development...and a true problem.

Is Your Child a Target of Bullying? Intervention Strategies for Parents of Children with Disabilities (CD-ROM)

Curriculum developed for parent audiences has been released by the ALLIANCE to address bullying.

Issues of Parenting Children with Learning Disabilities. A Twelve Lecture Series. (6 tapes/45 minutes each side each tape) (1991)

Audiotape series features 12 programs from the Lab School lecture series for parents and professionals.

It Takes Two to Talk: A Parent's Guide to Help Children Communicate. Ayala Manolson (1992)

Must have for parents, speech-language pathologists and others who work with or care for young children with language delays.

It's Nobody's Fault: New Hope and Help for Difficult Children. Harold S. Koplewicz, MD (1996)

This book puts an end to this pointless--and erroneous--cycle of blame and helps parents get the help they need for their troubled children.

It's Not Fair, Jeremy Spencer's Parents Let Him Stay Up All Night: A Guide to the Tougher Parts of Parenting. Anthony Wolf (1996)

Book focuses on the most difficult challenges of parenting post-infant to pre-teen children—setting limits and making

Just Take a Bite: Easy, Effective Answers to Food Aversions and Eating Challenges. Lori Ernsperger et al (2004)

Guide to overcoming food aversions and eating challenges, particularly common among children on the autism spectrum

Just This Side of Normal: Glimpses Into Life With Autism. Elizabeth King Gerlach (1999)

Mother's journey toward understanding and acceptance of the disability that affects her son.

K & W Guide to Colleges for Students with Learning Disabilities or Attention Deficit Disorders —A Resource Book for Students, Parents and Professionals. Marybeth Kravets and Imy F. Wax (2000) and (2005)

Text is a post high school guide to the academic world in which students with learning disabilities can thrive. Contains more than 150 colleges and covers everything the student needs to know: services, programs, graduation requirements, admissions policies, costs, housing, tutorial help, learning resource centers, athletics and more.

Keys to Parenting the Child With Autism. Marlene Targ Brill (1994)

Explains what autism is and how it is diagnosed; offers advice on identifying resources, working with the therapeutic community, ensuring an appropriate education as defined by law, and helping each child with Autism develop to his or her potential.

Keys to Parenting the Child With Cerebral Palsy. Jane Faulkner Leonard et al (1997)

Authors stress the child's potential and how greater levels of independence can be achieved.

Keys to Raising A Deaf Child. Virginia Fraizer-Maiwald and Lenore M. Williams (1999)

Two educators, one of them a parent of children who are deaf, offer positive advice and encouragement on helping children adapt.

Kid-Friendly Parenting with Deaf and Hard-of-Hearing Children: A Treasury of Fun Activities Toward Better Behavior. Daria Medwid and Denise Chapman Weston (1995)

Step-by-step guide offers hundreds of ideas and methods that work with children ages 3 to 12.

Last Child in the Woods: Saving Our Children from Nature-Deficit Disorder. Richard Louv (2005)

Brings together a new and growing body of research indicating that direct exposure to nature is essential for healthy childhood development and for the physical and emotional health of children and adults

Late, Lost, and Unprepared: A Parents Guide to Helping Children with Executive Functioning. Joyce Cooper-Kahn, Ph.D. & Laurie Dietzel, Ph.D. (2008)

Strategies for parents to help children get organize.

Late Talker: What to Do If Your Child Isn't Talking Yet. Dr. Marilyn Agin (2003)

Every parent eagerly awaits the day his or her child will speak for the first time. For millions of mothers and fathers, however, anticipation turns to anxiety when those initial, all-important words are a long time coming. Many worried parents are reassured that their child is 'just a late talker,' but unfortunately, that is not always the case. Balanced with a mother's perspective and an acclaimed doctor's experience, this book gives parents needed guidance on: -The warning signs of a serious speech disorder -Finding the right therapist for their child -Negotiating with school boards, teachers, and service providers -Exercises to do at home with a child.

Laughing Allegra: The Inspiring Story of a Mother's Struggle and Triumph Raising a Daughter with Learning Disability. Anne Ford (2003)

Story about the struggle and triumph of raising a child with learning disabilities, by the great-granddaughter of Henry Ford and the Chairman Emeritus of the National Center for Learning Disabilities.

Laying Community Foundations for Your Child With Disabilities – How to Establish Relationships That Will Support Your Child After You've Gone. (1996)

Practical guide shows families of children with developmental disabilities how to establish a network of non-paid people that can provide lasting relationships for their son or daughter.

The LD Child and the ADHD Child: Ways Parents and Professionals Can Help. Suzanne H. Stevens (1996)

Invaluable insights are threaded throughout this handbook. Presents a wealth of information about learning disabilities so parents can be well informed and make realistic decisions. Advises parents on what to do when professional help is not available and examines the type of help that can be expected from schools and therapists.

Learning Disabilities A to Z: A Parent's Complete Guide to Learning Disabilities from Preschool to Adulthood. Corinne Smith (1997)

Focuses on developing a child's strengths, rather than pinpointing weaknesses. A guide to recognizing problems early, with up-to-date research and personal stories.

Letting Go: A Parent's Guide to Understanding the College Years. Karen Levin Coburn and Madge Lawrence

About what it feels like for parents when their kids go off to college

The Life Planning Workbook: A Hands-On Guide to Help Parents Provide for the Future Security and Happiness of Their Child With a Disability After Their Death. L. Mark Russell et al (1995)

Living In My Skin: The Insider's View of Life With a Special Needs Child. Lori Hickman (2000)

Offers you a unique opportunity-a "day in the life" view of what families of children with special needs experience. From diagnosis to adulthood, you will see how children and parents can overcome challenges and preconceptions to create their own successes and triumphs.

Lonely, Sad and Angry: A Parent's Guide to Depression in Children and Adolescents. Barbara Ingersoll and Sam Goldstein (1995)

Teenagers. Covers the symptoms of depression its diagnosis, causes, treatment (including medication), suicide and management strategies at home and at school. (225 pages)

Making Changes: Family Voices on Living with Disabilities. Jan Spiegle et al (1993)

How disability affects family.

Making It Better: Activities for Children Living in a Stressful World. Barbara Oehlberg (1996)

Ages 3 to 10. Offers information about the physical and emotional effects of today's stresses, trauma, and violence on children. (133 pages)

Making the System Work for Your Child with ADHD. Peter S. Jensen MD (2004)

There's lots of help out there for kids with ADHD, but getting it isn't always easy. Where can you turn when you've mastered the basics and "doing everything right" isn't enough – the insurer denies your claims, parent-teacher meetings get tense, or those motivating star charts no longer encourage good behavior

Managing the Defiant Child: A Guide to Parent Training. Russell A. Barkley PhD (video) (30 minutes) (1997)

Video brings to life a proven approach to behavior management, and shows clinicians, school practitioners, parents, students, and teachers how enhanced parenting skills can dramatically improve the parent-child relationship.

Maybe You Know My Kid: A Parent's Guide to Identifying, Understanding and Helping Your Child with Attention Deficit Hyperactivity Disorder. Mary Cahill Fowler (1990)

Tells the story of author's son who has ADHD and describes how his behavior challenged the family at first and, finally, how she and her husband discovered their child had ADD.

Maybe You Know My Teen A Parents' Guide to Helping Your Adolescent with ADHD. Mary Fowler (2002)

The first comprehensive guide for dealing with the unique challenges of raising an adolescent with ADHD.

Meeting the Challenge: Using Love and Logic to Help Children Develop Attention and Behavior Skills. Jim Fay, et

Some kids can challenge even the most patient parent or teacher. This book will help you: Develop attention skills in children, Learn to gain teaching time by delaying the consequence and discover how empathy leads to stress-free evenings.

Mom, They're Teasing Me: Helping Your Child Solve Social Problems. Michael Thompson, Ph.D., Lawrence J. Cohen, Ph.D., with Catherine O'Neil Grace (2002)

Using case studies and a question and answer format this book shows parents and teachers what a typical child may confront daily with other children.

Moms with ADD: A Self-Help Manual. Christine Adamec (2000)

Offers advice on how a mother with ADD can deal with the everyday tasks of running a home, working with teachers, juggling work, and solving family problems.

The Moral Intelligence of Children: How to Raise a Moral Child. Robert Coles (1997)

Explores the ways parents and teachers can foster generosity of spirit and empathy in children and nurture them so they become morally intelligent.

A Mother's Book of Ideas for the Learning Disabled. Kathleen A. Wild (1995)

Includes chapters on ideas for Reading, Writing and Literature; Creative Math; Social Studies, Self-Esteem Builders; Science and more.

My Perfect Son has Cerebral Palsy: A Mother's Guide for Helpful Hints. Marie Kennedy (2001)

This book shares the thoughts, concerns and unrelenting faith of a young mother whose son, Jimmy, was born with Cerebral Palsy.

The Myth of the ADD Child: 50 Ways to Improve Your Child's Behavior and Attention Span Without Drugs, Labels or Coercion. Thomas Armstrong (1995)

Practical ways to help students experience positive changes in their lives and support them in developing lifelong internal controls. Hundreds of resources.

No. Why Kids of All Ages Need to Hear It and Ways Parents Can Say It. David Walsh, PhD (2007)

No. It's not just a one-word answer, it's a parenting strategy. By saying No when you need to, you help your children develop skills such as self-reliance, self-discipline, respect, integrity, the ability to delay gratification, and a host of other crucial character traits they need to be successful.

No Easy Answers: The Learning Disabled Child At Home and At School. Sally Smith (1981 and the revised edition

The author, who is the director of the Lab School of the Kingsbury Center in Washington, DC, provides a clearly written description of the child with learning disabilities and positive suggestions for the parent and teacher.

Nobody's Perfect. Nancy Miller (1997)

Provides a clearly written description of the child with learning disabilities and positive suggestions for the parent and

Now I See the Moon: A Mother, a Son, a Miracle. Elaine Hall. (2010)

A mother's story about how she founded the Miracle Project to use performing arts to connect with children with autism.

Nurture by Nature: Understand Your Child's Personality Type and Become a Better Parent. Paul Tieger & Barbara Barron-Tieger (1997)

Shows you how to harness the power of Personality Type to develop the parenting strategies that work with your child.

On Death and Dying. Elisabeth Kubler-Ross (1997)

In this, Dr. Kubler-Ross first explored the now-famous five stages of death: denial and isolation, anger, bargaining, depression, and acceptance.

One Small Star Fish. Anne Addison (2002)

A mother of a boy with ADHD, Asperger's Syndrome and developmental delays, who shares her techniques and strategies for overcoming the little and large challenges.

Optimizing Special Education: How Parents Can Make a Difference. Nancy O. Wilson (1992)

Explains what parents of a child with learning disabilities can expect from special services, due process procedures and laws. Shows parents and caregivers how to use education laws, how to change education to suit a child's unique needs and strategies to improve a student's options.

Ordinary Families, Special Children: A Systems Approach to Childhood Disability. Milton Seligman & Rosalyn Benjamin Darling (1997)

Resource provides a multisystems perspective on childhood disability and its effects on family life.

Our Journey Through High Functioning Autism and Asperger Syndrome: (2001)

Text written by families who have experienced Asperger syndrome first-hand. They share their practical and original strategies for dealing with issues such as helping children to develop empathy and humor, maintaining friendships, and explaining their disorder to others.

Our Labeled Children: What Every Parent and Teacher Needs to Know about Learning Disabilities. Robert J. Sternberg (1999)

Urges that we understand the full range of factors that contribute to learning disabilities (and sometimes to their misdiagnosis) in order to improve the American educational and diagnostic systems.

Overcoming School Anxiety: How to Help Your Child with Separation, Tests, Homework, Bullies, Math Phobia, and Other Worries. Diane Peters Mayer (2008)

Shows parents how to deal with a wide variety of problems, from test and homework anxiety to bullying, school violence and fear of speaking up in class.

Parent Articles About NDT (Neuro-Developmental Treatment) (1998)

Reference for therapists and families for children birth through age 18 provides information on positioning and basic transitions; movement and postural control; orthotics, splinting and casting; atypical development; cerebral palsy; sensory processing; feeding and swallowing, visual deficits; communication; oral-motor therapy and much more.

Parent Articles for Early Intervention. (1990)

Provide parents with pages of practical information on therapeutic ways to interact with their child with special needs.

Parent Articles: Enhance Parent Involvement in Language Learning (1988)**Parent Articles 2: More Articles to Enhance Parent Involvement (1995)**

Share a wealth of information with parents of preschool and school-age children with communication disorders. Cover topics ranging from specific disorders and explanations to activities parents can do at home with their children

Parent Power: Energizing Home-School Communication. Brenda Power (1999)

A unique, comprehensive resource kit that supports teachers and schools with creative materials for all kinds of family outreach efforts.

Parent Support Networks: A Workbook for Creating Successful Community Support Groups.

This workbook will help parents organize and maintain a support group.

A Parent Survival Guide to Childhood Depression. Susan E. Dubuque (1996)

Author recounts the story of her son's struggle, shows the warning signals and guideposts along the way and points out the pitfalls in the diagnosis of depression.

Parent Survival Manual: A Guide to Crisis Resolution in Autism and Related Developmental Disorders Eric
Uses 350 anecdotes told by parents of children with autism and other developmental disorders that were analyzed by professional behavior therapists to illustrate effective solutions to difficult behavior problems such as aggression, communication, perseveration, play and leisure, eating and sleeping and toileting and hygiene.

The Parent-to-Parent Handbook: Connecting Families of Children with Special Needs. Betsy Santelli et al (2001)

Book shares with you the ins and outs of developing and maintaining a strong, local Parent to Parent program that individually matches "veteran" supporting parents with those who are new to the challenges of caring for a child with a

Parenting a Bipolar Child: What to Do and Why. Gianni L. Faedda and Nancy B. Austin (2006)

Overview from a psychiatrist and a psychologist of the available treatment options and most effective parenting strategies you can use to deal with a Child with Bipolar Disorder.

Parenting a Child with a Learning Disability: A Practical, Empathetic Guide. Cheryl Tuttle & Penny Paquette (1993)

Gives information to try to take the fear out of having a child with a learning disability.

Parenting a Child with Asperger Syndrome: 200 Tips and Strategies. Brenda Boyd (2003)

Positive strategies and tips for parents with children having Asperger Syndrome.

Parenting Children with Health Issues: Essential Tools, Tips and Tactics for Raising Kids with Chronic Illness, Medical Conditions and Special Healthcare Needs. Foster Cline and Lisa Greene (2007)

Teaches the essential parenting skills you need to help your child comply with medical requirements, cope well with health challenges and live a hope-filled life.

Parenting for Peace and Justice: Ten Years Later. Kathleen and James McGinnis (1990)

Offers an approach to parenting that involves stewardship, nonviolence, prayer, social action, and the avoidance of sexual and racial stereotyping.

Parenting the Hurt Child: Helping Adoptive Families Heal and Grow. Gregory Keck and Regina Kupecky (2002)

Explores how parents can help adopted or foster children who have suffered neglect or abuse.

Parenting Plus: Raising Children with Special Health Needs. Peggy Finston (1990)

This book embraces the emotions, frustrations, and perplexities that parents and relatives of children with disabilities face each day.

Parenting the Strong-Willed Child: The Clinically Proven Five-Week Program for Parents of Two to Six Year Olds. Rex Forehand, PhD et al (2002)

This hands-on guide provides you with a step-by-step, five-week program toward improving your child's behavior as well as the entire family's relationship

Parenting a Struggling Reader. Susan Hall and Louisa Moats (2002)

Provides a road map for any parent facing the challenging problem of a struggling reader.

Parenting with Positive Behavior Support: A Practical Guide to Resolving Your Child's Difficult Behavior. Meme Hieneman, Ph.D., Karen Childs, M.A., & Jane Sergay, M.Ed. (2006)

Handbook offers parents easy-to-follow guidelines for identifying the reasons for their children's behavior and effectively intervening through three basic methods: preventing problems, replacing behavior and managing consequences.

Parents and Educators Working Toward Mutual Solutions. (video) (2002)

This video is intended to introduce viewers to special education mediation. It is meant to be a general introduction and is not intended to interpret federal or state law. It is hoped that the viewer will get an improved understanding of the mediation process and the role of the mediator.

Parents' Complete Special Education Guide: Tips, Techniques and Materials for Helping Your Child Succeed in School and Life. Roger Pierangelo and Robert Jacoby (1996)

This practical guide gives you all the important and pertinent information necessary to survive, and interpret, the myriad rules and regulations surrounding the educational, social, vocational, and environmental needs of your child with a disability.

A Parent's Guide: Attention Deficit Hyperactivity Disorder in Children. Sam Goldstein and Michael Goldstein (1989)

Booklet provides a comprehensive model for effectively parenting a child with ADHD and contains chapters on the definition, hypothesized causes, description of the child with ADHD at home, in the community and at school, and the use of medications for these problems.

A Parent's Guide: Children with Behavioral and Emotional Disorders and Mental Illness.

A Parent's Guide: Language and Behavior Problems in Children. Sam Goldstein and Paige Hinerman (1998)

Explains the correlation between language disorders and behavior problems, details childhood language development, and offers parents suggestions of what to do at home.

A Parent's Guide to Asperger Syndrome and High Functioning Autism: How to Meet the Challenges and Help Your Child Thrive. Sally Ozonoff (2002)

Shows parents how to work with their child's unique impairments and capabilities to help him or her learn to engage more fully with the world and live as self-sufficiently as possible.

The Parent's Guide to Attention Deficit Disorders. Stephen B. McCarney & Angela Marie Bauer (1990)

Provides logical and useful suggestions for parents searching for solutions to their child's concerns.

A Parent's Guide to Autism. Charles A. Hart (1993)

An essential handbook that gives parents the latest information about testing and treatments and also includes a resource guide to organizations, newsletters, books and others who might be of help to parents.

A Parent's Guide to Developmental Delays: Recognizing and Coping with Missed Milestones in Speech, Movement, Learning and Other Areas. Laurie LeComer (2006)

Covers a range of delays and disorders and provides information to parents with a child who might have a cognitive, physical or emotional delay.

A Parent's Guide to Differences and Disabilities in Learning. Schwab Learning (2001)

Parent's Guide to Facilitated Communication. Brenda Smith & Carole Keeney (1992)

Addresses what facilitated communication is, who should try it, how it works, training and more. Gives personal accounts and research sources.

A Parent's Guide to Understanding Sensory Integration. A Jean Ayres (1991)

Describes the concept of sensory integration, signs of dysfunction, the evaluation, how therapies can help and what parents can do.

The Parent's Handbook: STEP (Systematic Training for Effective Parenting). Don Dinkmeyer and Gary McKay

Offers an approach to meeting the challenges of raising children today – helps them learn effective and enjoyable ways to relate to their children.

Parents Speak Out, Then and Now. Ann Rutherford Turnbull (1997)

This book is “a collection of powerful stories that describe how those who sought help for persons with disabilities and their families, and those who tried to provide it, met with a mixture of success and failure.”

Planning for the Future: Providing Meaningful Life for a Child with a Disability After Your Death. L. Mark Russell
Discusses all the steps that parents should take to assure a secure and happy life for their son or daughter with a disability.

Please Don't Label My Child: Break the Doctor-Diagnosis-Drug Cycle and Discover Safe, Effective Choices for Your Child's Emotional Health. Scott Shannon and Emily Heckman (2007)

Provides the viewpoint that adjusting nutrition, environment, and lifestyle may be more effective than meds for many kids

Positive Discipline A to Z: 1001 Solutions to Everyday Parenting Problems. Jane Nelson, Lynn Lott and H. Stephen Glenn (1993)

Lists almost every imaginable child raising problem — in alphabetical order — and includes suggestions that will help prevent them in the future.

Positive Discipline for Single Parents: A Practical Guide to Raising Children Who Are Responsible, Respectful and Resourceful. Jane Nelson, Cheryl Erwin and Carol Delzer (1994)

Offers effective ways single parents can make focused discipline decisions while maintaining good relationships with their children.

The Potty Journey: Guide to Toilet Training Children with Special Needs, Including Autism and Related Disorders. Judith Coucouvanis (2008)

Systematically guides you through the entire toileting journey, step-by-step, to the ultimate destination - dry pants.

Potty Learning for Children Who Experience Delays. (video) (60 minutes) (1993)

Video that describes the steps one pediatric rehab nurse has used to help parents potty train their children who have developmental delays.

Potty Training: A Practical Guide for Parents. (2004)

Includes advice on when and how to potty train your child – covering everything from first steps to dry at night.

The Power of Positive Parenting. Dr. Glenn I Latham (1994)

This manual utilizes the principles of behavioral sciences as an effective family management tool. Parents receive guidance on how to use positive reinforcement as a way to help reduce problem behaviors.

The Power of Positive Talk: Words to Help Every Child Succeed: A Guide for Parents, Teachers, and Other Caring Adults. Jon Merritt and Douglas Bloch (2003)

Affirmations are more than just words. They can heal hurts, build self-esteem, and empower us to face life with confidence and courage. In a world filled with stress, pressures, and fears, children need support and encouragement from adults—and they need to know how to affirm themselves.

Power Parenting for Children with ADD/ADHD. Grad L. Flick (1996)

Packed with proven, real-life strategies and techniques that address the needs of the whole child. Up-to-date information on medications, educational interventions, counseling, stress management, new therapies, speech and language therapy, and special support for parents.

Problem Child or Quirky Kid? A Commonsense Guide. Rita Sommers-Flanagan and John Sommers-Flanagan (2002)

Gives parents the advice, reassurance, and practical knowledge they need to help their child and themselves.

Problem Solver Guide for Students with ADHD: Ready to Use Interventions for Elementary and Secondary Students. Harvey Parker, PhD (2001)

Parents and teachers need strategies for helping children with ADHD who have problems in organization, behavior, study habits, reading, written language, and socialization.

Quirky Kids: Understanding and Helping Your Child Who Doesn't Fit In — When to Worry and When Not to Worry . Perry Klass et al (2004)

Provides the guidance that families with quirky children so desperately need.

Raise Your Child's Social IQ. Stepping Stones for People Skills for Kids. Cathi Cohen (2000)

Raising and Educating a Deaf Child: A Comprehensive Guide to the choices, Controversies and Decisions Faced by Parents and Educators. Marc Marschark (1997).

A comprehensive summary of everything a parent or teacher would want to know about raising and educating a child with a hearing impairment.

Raising a Child Who Has a Physical Disability. Donna Albrecht (1995)

Includes solving stressful situations within the family, developing a proper support team you can trust, information about school placement options, the IEP, and lists of medical specialists, organizations and government programs that offer help.

Raising a Child with Autism: A Guide to Applied Behavior Analysis for Parents. Shira Richman (2001)

A guide for parents and family members of children with autism, to using Applied Behavior Analysis (ABA) to help the child interact successfully at home, at school and in his or her social life.

Raising a Moody Child. Mary Friestad and Jill Goldberg Arnold (2003)

Book explains how treatment works and what additional steps parents can take at home to help children with mood disorders--and the family as a whole--improve the quality of their lives

Raising a Sensory Smart Child: The Definitive Handbook for Helping Your Child with Sensory Integration Issues. Lindsey Biel and Nancy Perske (2005)

For children with sensory integration issues--those who have difficulty processing everyday sensations and exhibit unusual behaviors such as avoiding or seeking out touch, movement, sounds, and sights--this groundbreaking book is an invaluable resource.

Raising Resilient Children: A Video Guide About Fostering Strength, Hope and Optimism in Your Child. (video) (70 minutes) (2002)

The material provides parents with strategies they can use to ensure their children are emotionally prepared for life's challenges and setbacks. Book offers parents emotional support and proven strategies to help them understand traits, discover the power of positive of positive labels, cope with difficult situations and develop strategies for handling them.

Raising Your Spirited Child: A Guide for Parents Whose Child Is More Intense, Sensitive, Perceptive, Persistent, Energetic. Mary Sheedy Kurcinka (1991)

Book offers parents emotional support and proven strategies to help them understand traits, discover the power of positive of positive labels, cope with difficult situations and develop strategies for handling children who are spirited.

Reading David: A Mother and Son's Journey Through the Labyrinth of Dyslexia Lisa Weinstein (2004)

Expresses a mother's fear and hope, as well as the bewilderment and courage of a child who cannot learn along with his

Redirecting Children's Behavior. Kathryn Kvols (1997)

Defines discipline as guidance and teaching, with an emphasis on mutual respect.

Reflections from a Different Journey: What Adults with Disabilities Wish All Parents Knew. John Kemp et al (2004)

Presents 40 stories by successful adults who grew up with disabilities. They provide insights into what it is like to persevere in the face of community prejudices, and what it takes for families and children with disabilities to work together toward

Respite Care: An Annotated Bibliography. Terry Butler, et al (1988)

This annotated bibliography addresses issues, principles, programs, and research about respite care published in articles and books from 1978-1988.

Ryan: A Mother's Story of Her Hyperactive/Tourette Syndrome Child. Susan Hughes (1990)

Mother's story about her struggle to understand her son's hyperactive and destructive behavior

Safe Child: A Commonsense Approach to Protecting Children and Teaching Children to Protect Themselves. Sherryl Kraizer, PhD (1996)

Gives parents effective and non-threatening techniques for teaching children how to protect themselves without making them afraid.

The School-Savvy Parent: 365 Insider Tips To Help Your Child. Rosemary Clark et al (1999)

Written by teachers who are also parents, this guide provides proven and practical advice to help parents of children from kindergarten through middle school be active supporters of their children's educational experiences.

Seven Steps to Help Your Child Worry Less: A Family Guide. Sam Goldstein, PhD et al (2002)

This guide for parents offers practical strategies to help teach children relaxation techniques, correct ways of thinking to combat worry and anxiety, and empowering behavioral interventions.

Seven Steps to Homework Success: A Family Guide To Solving Common Homework Problems. Sydney Zentall et al
Book will help parents solve many of the most common homework problems experienced by children in elementary and secondary school.

Seven Steps to Improve Your Child's Social Skills. Kristy Hagar, PhD. Et al (2006)

Seven step workbook to guide parents as they write about practical strategies to improve a child's social development

Sharing Information About Your Child with Autism Spectrum Disorder: What Do Respite or Alternative Caregivers Need to Know? Beverly Vickers, M.S. (2007)

Leaving their child with a paid respite care worker, friend, neighbor, or even an extended family member, represents a potentially stressful situation for parents of children with an autism spectrum disorder (ASD). This book has the answers for situations like this.

Sharing the Hope – A Parental Guide for Managing Obsessive Compulsive Disorder. (video) (18 minutes) (1997)

Provides information to parents of children and adolescents with OCD. Gives an overview of what OCD is and how symptoms can be managed.

The Shut-Down Learner: Helping Your Academically Discouraged Child. Richard Selznick (2009)

Also referred to as Lego kids or high-spatial children, such kids thrive with hands-on tasks that use their visual and spatial abilities. This book offers perspective and hope to parents who are struggling with these issues.

Siblings of Children with Autism. Sandra Harris (1994)

This book is a guide to understanding sibling relationships, how autism affects these relationships, and what families can do to support their other children as they cope with the intensive needs of a child with autism

Siblings without Rivalry. Adele Faber and Elaine Mazilsh (1987).

Guides the way to peace and tranquility with humor, compassion and understanding, and the illustrated, action-oriented, easy-to-understand stories will make life easier for both siblings and their parents.

Sibshops: Workshops for Siblings of Children with Special Needs. Don Meyer and Patricia Vadasy (2008)

Guide to create effective, engaging support groups for siblings of children with special needs.

The Silence Within: A Teacher/Parent Guide to Helping the Selectively Mute and Shy Children. Bail Goetze

Describes a teacher's experience with a selectively mute child.

The Silent Garden: Raising Your Deaf Child. Paul W. Ogden (1996)

Provides parents of children who are hearing impaired with crucial information on the possibilities afforded their children

Sleep Better — A Guide to Improving Sleep for Children with Special Needs. V. Mark Durand (1998)

When children have recurrent sleep problems, they and their families must deal with negative effects on behavior, mood, social interactions, physical stamina, and performance at school or work. This book offers step-by-step, "how to" instructions for helping children with disabilities get the rest they need

The Sleep Book for Tired Parents: Help for Solving Children's Sleep Problems. Becky Huntley (1991)

Exercises to help parents detect a child's problem in going to sleep and to devise an effective strategy are given.

Somebody's Child: A Focus on Special Needs Children and Their Families. (video) (30 minutes) (1989)

Three families share their experiences caring for their children who range from premature twins, to children with multiple disabilities.

Something's Wrong with My Child. Harriet Wallace Rose (1998)

This text provides professionals and parents with the opportunity to gain insights into a family that has benefited positively and constructively from the presence of a member with a disability.

Soul Sunday: A Family's Guide to Exploring Faith and Teaching Tolerance. Carrie Brown-Wolff (2007)

Soul Sunday offers families a way to explore their faith while also understanding world religions. Colorful and interactive projects are outlined.

The Special Child: A Source Book for Parents of Children with Developmental Disabilities .Siegfried Pueschel (1995)

Reference includes specifics on the detection, prognosis and treatment of various developmental disabilities.

A Special Education: One Family's Journey Through the Maze of Learning Disabilities. Dana Buchman (2006)

Personal memoir reveals the long and arduous process of fashion designer Dana Buchman's self-discovery, her daughter Charlotte's development as a child with serious learning differences, and the effect it has on her marriage.

Special Kids Need Special Parents: A Resource for Parents of Children with Special Needs. Judith Loseff Lavin

Parents of children with special needs face unique emotional and practical challenges that are seldom addressed by the medical community. Draws on interviews with health care professionals, nationally recognized authorities, and other parents to give readers the answers, advice, and comfort they crave.

The Special Needs Planning Guide: How to Prepare For Every Stage of Your Child's Life. John W. Nadworny et al

Book for parents and other caregivers as they plan for the lasting financial security of their families.

Special Parent, Special Child: Parents of Children with Disabilities Share Their Trials, Triumphs and Hard-Won Wisdom. Tom Sullivan (1995)

Takes us inside the lives of parents who struggle daily to make a difference in the lives of their children with disabilities.

Sticks and Stones: The Story of Loving a Child. Elizabeth Pieper

The mother of a child with spina bifida recounts her difficulties in trying to obtain services for her son.

Stop Struggling with your Child: 16 Tips for Parents and Teachers. (video)

This video features real kids with real problems and comes with everyday parenting tips plus a fifty-page workbook that helps parents identify and resolve specific problems.

Stop Struggling with Your Child: Quick-Tip Parenting Solutions that Will Work for You and Your Kids. Evonne Weinhaus and Karen Friedman (1991)

Guide provides a practical, easy-to-implement four-step program that helps parents minimize the battles and maximize success with children ages 4 to 12.

Stop Struggling with Your Teen: A Complete Easy-to-Use Guide for Parents of Teens and Preteens. Evonne Weinhaus and Karen Friedman (1988)

Shows a series of steps that move families from conflict to resolution. This is an approach to parenting that blends calm, caring attitude with a determination to protect parent's rights.

Straight Talk About Reading: How Parents Can Make a Difference During the Early Years. Susan Hall, et al (1999)

This book will alleviate many of the struggles parents and children face. With practical guidance and advice, fun games and activities and useful resource lists, parents will find an active way to help their child at home.

Straight Talk About Your Child's Mental Health: What to do When Something Seems Wrong. S.V. Faraone (2003)

A more general reference about mental health and learning disorders in children.

Strategies for Organization: Preparing for Homework and the Real World (2 DVD Set and Booklet) Michelle Garcia Winner (2005)

Explains different types of organizational tasks, and how to help students focus more on their strengths than their weaknesses when approaching a homework assignment.

Strengthening Relationships When Our Children Have Special Needs. Nicholas R.M. Martin (2004)

Deals with the impact a child with special needs has on the family and, most particularly, the parents' relationship.

Study Strategies Made Easy: A Practical Plan for School Success (book and video). Leslie Davis, et al (1997)

Shows students, parents, educators and health professionals important study strategies necessary for school success.

Survival Strategies for Parenting Children with Bipolar Disorder: Innovative Parenting and Counseling Techniques for Helping Children. George Lynn (2000)

Advice on recognizing the symptoms, understanding medication and accessing the necessary support at school as well as the managing the day-to-day challenges of parenting a child with Bipolar Disorder.

Surviving The Breakup. Judith S. Wallerstein (1996)

Based on their study of families from the time of separation through five years after the break-up, two clinicians identify and discuss the factors involved in a child's adjustment to divorce.

Taming the Dragon in Your Child: Solutions for Breaking the Cycle of Family Anger. Meg Eastman & Sydney Craft Rozen (1994)

Shows parents how to recognize and break their own anger patterns which their children may be imitating.

Taming the Dragons: Real Help For Real School Problems. Susan Setley (1995)

Focuses on the hidden shame of many families--rage--and provide excellent advice and tools for understanding anger patterns, learning self-calming techniques, and managing conflict with kids of all ages.

Taming the IEP: A Handbook for Parents, David O Krantz (1996)

Handbook helps parents to prepare for the all-important IEP meeting and encourages them to participate as equal team members by sharing their insights with educators.

Teaching Reading to Children with Down Syndrome: A Guide for Parents and Teachers. Patricia Logan Oelwein

Guide presents a nationally recognized reading program that can be used to effectively meet a child's unique learning needs and style.

Teenagers with ADD: A Parent's Guide, Chris A. Ziegler Dendy (1996)

Discusses causes, diagnosis, treatment education, troubleshooting and advocacy. Offers support and encouragement to parents as they learn to identify and deal with ADD in teens.

Teenagers with ADD and ADHD: A Guide for Parents and Professionals. Chris A. Ziegler Dendy (2006)

Revised edition of the 1996 Teenagers with ADD: A Parent's Guide.

Telling Your Family Story...Parents as Presenters Video Guide. (video) (30 minutes) (1994)

This videotape and guide are intended to be used in helping family members and caregivers who have children with special needs enhance their presentational skills as they begin telling their family stories.

10 Days to a Less Defiant Child: The Breakthrough Program for Overcoming Your Child's Difficult Behavior.

Jeffrey Bernstein, PhD (2006)

10-day program to help parents gain back control over their defiant child or teen. Explains what causes defiance in kids, why it's so destructive to the family, and shows parents step-by-step how they can end the behavior.

3R's for Special Education: Rights, Resources, and Results. Grace Hanlon Trevor (video) (1995)

Video offers stages of the special education system, laws concerning a child's rights, design of the IEP, preparing for school meetings and planning for the future.

Toilet Training for Children with Mental Retardation. The ARC

Toilet Training for Individuals with Autism and Related Disorders. Maria Wheeler (1998) and updated version

This comprehensive guide contains more than 200 toilet training tips and 60 case examples to guide parents and teachers of children with autism who need techniques beyond those used to toilet train other children.

Toilet Training with Your Special Child. Michelle Gilpin (1996)

The Tough Kid Parent Book: Why Me? Practical Solutions to Tough Childhood Problems Book with CD-ROM. William R. Jenson, Ph.D., Ginger Rhode, Ph.D. and Melanie Hepworth Neville, M.A. (2002)

Part of The Tough Kid Series, this resource helps parents and educators approach everyday behavioral concerns (arguing and noncompliance) as well as more difficult issues (stealing, smoking, and drug use).

Tourette Individuals Can Succeed: A Workbook for Parents and Teachers of Children with Tourette Syndrome, Attention Deficit Disorder, Obsessive Compulsive Disorder and All Other Disorders. Becky Ottinger (2000)

Handbook for parents and teachers. Includes appropriate adjustments in the classroom and curriculum.

Trouble with School: A Family Story About Learning Disabilities. Kathryn Dunn (1993)

Ages 8-12. One family's real-life experiences with learning disabilities. The story is told in dual narration with Allison and her mother each telling the story from their perspectives (28 pages)

24: A Day in the Life of Bipolar Children and Their Families. (DVD) (100 minutes) (2007)

Paints a revealing picture of a day in the life of the children with bipolar disorder and those who love them.

Uncommon Fathers: Reflections on Raising a Child with a Disability. Don Meyer (1995)

Nineteen fathers talk about the life-altering experience of having a child with special needs and offer a welcome, seldom-heard perspective on raising kids with disabilities, including autism, cerebral palsy, and Down syndrome.

Understanding Learning Disabilities: A Parent Guide and Workbook (1991) and revised edition (2001)

Provides ready-to-use forms that parents can use to prepare for school staff meetings and to become a active participant in IEP planning or other program planning.

Understanding Your Special Needs Grandchild. Clare B. Jones, PhD (2001)

Resource offers grandparents the information they need to realize the valuable role they play in the lives of their grandchild.

The Ups and Downs of Raising a Bipolar Child: A Survival Guide for Parents. Judith Lederman and Candida Fink Gives parents the sound advice and expert information they need to cope with this challenging diagnosis, and shows how to provide essential care and support for a bipolar child as well as for the rest of the family.

Welcome Home: Designing for Universal Access. (video) (11 minutes)

Takes a look at how one family designed a custom-built home to accommodate a family member who uses a wheelchair for mobility.

What Do I Say Now? How to Protect Your Child From Sexual Abuse. (video) (30 minutes) (1991)

An educational videotape for parents and teachers providing tips and techniques about how they can talk to their children and/or students about sexual abuse prevention.

What to Do When Kids Are Mean to Your Child. Elin McCoy (1997)

Answers all the basic questions parents have about the painful topics of teasing, bullying, and rejection and offers aged-based, what-to-do tactics for teaching kids to counter such behaviors.

When Bad Things Happen to Good People. Harold Kushner (1983)

Guides us through the inadequacies of the traditional answers to the problem of evil, then provides a practical and compassionate answer that has appealed to millions of readers across all religious creeds.

When Love is Not Enough - A Guide to Parenting Children with RAD-Reactive Attachment Disorder. Nancy L. Clear, focused plan for parenting disturbed children back to health.

When You Worry About the Child You Love: Emotional and Learning Problems in Children. Edward Hallowell
Using authoritative information based on the latest research, author explains effective medical treatment that most parents are not aware of for many common childhood problems that have a biological origin.

When Your Child Goes to School After an Injury. Marilyn Lash (1992)

Practical guide for families with special insights and experiences from families who have been through head injury with their child.

When Your Child is Seriously Injured: The Emotional Impact on Families. Marilyn Lash (1991)

Starts with a child's admission to the hospital and ends after discharge; gives practical suggestions from families with experience to help plan for the future

When Your Child Is Technology Assisted: A Home Care Guide For Families. Paul Kahn (1997)

This guide is for parents of children with disabilities who require the help of a machine or device for some life-sustaining activity such as breathing or eating.

Who to Call: The Parent's Source Book. Dan Starer (1992)

This complete resource directory for parents of children from infants to adolescents lists thousands of organizations, services, and sources for agencies and personnel dealing with children.

Why Is My Child Having Trouble at School? Barbara Novick (1991)

Guide to learning disabilities helps parents understand the neurobiological basis of the problem, recognize common signs of learning problems and cope with the day-to-day stresses of the child.

Why Isn't My Child Happy? A Video Guide About Childhood Depression (video) (110 minutes) (1994)

Video offers frank, honest information concerning the cause of depression in youth, warning signs, the process of diagnosis, proven and unproven treatments and most importantly, guidelines to assist parents, educators and professionals.

Why Won't My Child Pay Attention? Sam Goldstein and Michael Goldstein. (video)

ADD results in a group of behaviors that cause the most common and complex problems of childhood. Video provides an easy-to-follow explanation concerning the effect these behavior have upon children at school, home and in the community.

With Open Arms: Embracing a Bright Financial Future for You and Your Child with Disabilities and Other Special Needs. National Endowment for Financial Education (2002)

Provides insight into personal financial issues for children with special needs.

You Will Dream New Dreams: Inspiring Personal Stories by Parents of Children with Disabilities. Stanley D. Klein and Kim Schive (2001)

Offers emotional support to families of children with disabilities and should help educators and health-care professionals better understand these parents' perspectives.

Your Anxious Child: How Parents and Teachers Can Relieve Anxiety in Children. John Dacey and Lisa Fiore (2000)

Empowers you to teach your child essential coping skills for dealing with anxiety in engaging, creative ways. Through dozens of activities you can start using right now, your child will learn how to alleviate stress, build courage and trust, and become an innovative problem solver.

Your Child: What Every Parent Needs to Know, What's Normal, What's Not and When to Seek Help. David Pruitt

Comprehensive guide to emotional, behavioral and cognitive development from infancy through pre-adolescence. Guides caregivers step-by-step through developmental milestones of childhood, discusses specific questions and concerns and examines more troublesome problems, provides guidance for day-to-day interactions and discerning when certain behaviors call for professional help and where to find it.

Your Child Has LD* A Survival Guide For Parents. Gary Fisher & Rhoda Cummings (1995)

Guide answers parent's questions and concerns about their child's abilities, self-esteem, school success, friendships and future prospects.

Your Child's Speech and Language: Guidelines for Parents. Mary Brooks and Deedra Engmann-Hartung.

Provides information for parents and others who want to know what to expect in the way of speech and language development from infancy through 5 years, and what parents and others can do to help children develop normal speech and

Your Child's Strengths: Discover Them, Develop Them, Use Them. Jennifer Fox (2008)

Guide for identifying and utilizing children's cognitive and emotional strengths.

Your Defiant Child: Eight Steps to Better Behavior. Russell A. Barkley, PhD and Christine Benton (1998)

Offers tools and strategies to turn your child's behavior around. Explains eight steps for reversing patterns of interaction that turn everyday encounters into conflicts. Learn how to pay positive attention to your child, communicate productively, and discipline wisely

Your Defiant Teen: 10 Steps to Resolve Conflict and Rebuild Your Relationship. Russell Barkley and Arthur Robin

Centered around 10 steps that lead to better behavior, this book provides guidelines for putting an end to hostilities.