

## **Complete List of Recreation & Leisure Resources**

Family & Community Resource Center  
Special School District of St. Louis County  
12110 Clayton Road  
St. Louis, MO 63131  
314-989-8438/989-8108/989-8194

### **ACCESS Recreation Guide, binder and video.**

Provides direction to educators as they identify and clarify their roles in the inclusion process. This guide outlines the establishment of information sharing and planning relationships between schools, recreation providers and families.

### **Backyards and Butterflies: Ways to Include Children with Disabilities in Outdoor Activities. Doreen Greenstein**

A how-to book for families that features low-tech, inexpensive, homemade assistive technology ideas for use at home.

### **Creative Play Activities for Children with Disabilities: A Resource Book for Teachers and Parents. Lisa Rappaport Morris et al (1989)**

In this book you will discover 250 games and activities designed to help infants to 8-year-olds with all types of disabilities grow through play.

### **Different Speeds & Different Needs: How to Teach Sports to Every Kid. Gary Barber. (2010)**

The comprehensive guide to establishing and sustaining inclusive sports programs that welcome students with a wide range of special needs.

### **Discover Camp: Considerations for Sending Your Child with a Disability to Camp for the First Time (2003)**

A resource guide designed for parents of children with disabilities and or chronic illnesses selecting a camp for their child for the first time.

### **Everybody Wins: 393 Cooperative Games for Young Children. Jeffrey Sobel (1984)**

Get Out, Explore, and Have Fun: How Families of Children with Autism or Asperger Syndrome Can Get the Most out of Community Activities. Lisa Jo Rudy. (2010)

Includes hints and tips for involving your family in the right community activities, as well as, suggestions about how organizations can successfully include children on the spectrum in their activities.

### **How to Travel: A Guidebook for Persons with a Disability. Fred Rosen (1997)**

Travel tips and checklists for people with disabilities such as hearing and sight impairments, mobility, requiring oxygen. Covers transportation such as air, rail, bus, rental vehicles, tours, riverboat and ocean cruises and dining out. Information on rights and accommodations to expect, who to contact, and preparations for travel.

### **Just 4 Kids – Seat-A-Robics (exercise). (video) (40 minutes) (1993)**

This seated aerobic-exercise program incorporates animation, prop, and musical themes children age 5 through adolescence can relate to.

### **Making Friends: Using Recreation Activities to Promote Friendship Between Children With and Without Disabilities. (1994)**

Describes how to use recreation activities to help children develop friendships.

Making School and Community Recreation Fun for Everyone: Places and Ways to Integrate. edited by M. Sherril Moon (1994)

Text is packed with practical and easy-to-implement strategies for integrating individuals with disabilities into summer camps, school clubs and teams, park and recreation programs, YMCA activities, community theater, and many other activities.

More Alike Than Different . (video) (8 minutes)

Ages 5-12. Features kids with chronic conditions at leisure and sport. By focusing on kids with epilepsy, asthma, diabetes, hearing loss and neurofibromatosis while they practice karate, camp out, play soccer and music, go scouting and drive go-carts, this children's awareness tool delivers the self-esteem message.

Play and Imagination in Children with Autism. Pamela J. Wolfberg (1999)

This volume aims to offer hope for children with autism by shedding light on theory and practice.

Together Successfully: Creating Recreational & Educational Programs that Integrate People With & Without Disabilities. John E. Rynders (1991)

Handbook is filled with practical, detailed, step-by-step directions to assist in the success of an integrated recreation or education program.

**Wings to Fly: Bringing Theatre Arts to Students with Special Needs. Sally Dorothy Bailey (1993)**

Handbook for special education and dram teachers at the elementary and high school levels.