

Resource List for OT/PT/APE/Related Services

Family & Community Resource Center
Special School District of St. Louis County
12110 Clayton Road
St. Louis, MO 63131
314-989-8438/989-8108/989-8194

Answers to Questions Teachers Ask About Sensory Integration. Carol Kranowitz (2001)

An introduction to sensory challenges. Includes diagnostic checklists, progress forms, and practical tools for working with children of all ages.

Arnie and His School Tools: Simple Sensory Solutions That Build Success. Jennifer Veenendall (2008)

K-5 Introduces elementary students to basic sensory tools used to help children focus in classroom settings, such as fidgets, chewy pencil toppers and weighted vests. (45 pages)

Bal-A-Vis-X: An Introduction. (DVD) (21 minutes) (2000)

Depicts, in various scenes and school settings, the BAVX program in action: kids practicing the exercises; kids teaching kids the exercises; kids teaching adults the exercises.

Brain Gym: Simple Activities for Whole Brain Learning. Paul and Gail Dennison (1986)

26 Brain Gym[®] movements and simple instructions for how to perform them correctly.

Brain Gym: Teacher's Edition Revised. Paul and Gail Dennison (1994)

For anyone qualified to teach or coach the 26 Brain Gym movements who would like to know more about each activity.

Building Bridges through Sensory Integration. Ellen Yack, et al (1998)

Resource book that clearly explains sensory systems and sensory integration and how to identify problems.

Childhood Feeding Disorders: Biobehavioral Assessment and Intervention. Jurgen H. Kedesdy & Karen S. Budd

Up-to-date information and advice on selective eating, complete refusal to eat, developmental feeding disorders, failure to thrive, pica, rumination, pediatric obesity, feeding resistance related to chronic illness and more.

Developmental Dyspraxia: Identification and Intervention Manual for Parents and Professionals. Madeleine

Manual, for teachers and health professionals, on the diagnosis of and intervention for dyspraxia. Discusses the neurological basis of the condition, strategies for identification, diagnosis, and assessment, remediation activities, programs to develop self-esteem, and more.

Dyspraxia: A Guide for Teachers and Parents. Kate Ripley, et al (1999)

Aim of this book is to promote an understanding of dyspraxia and movement development among professionals who work with children and also to provide a text on this subject accessible to parents.

Education in Motion: A Practical Guide to Brain-Body Integration for Everyone. (DVD) (2006)

Introduction to Educational Kinesiology, including a demonstration of some of the Brain Gym[®] movements.

Fine Motor Skills in Children with Down Syndrome. Maryanne Bruni (1998)

This guide illustrates more than 100 activities for parents and professionals to practice with children from birth through age

The Goodenoughs Get In Sync. Carol Stock Kranowitz (2004)

Ages 8-12. Tale of five family members and their naughty dog (each with a different sensory processing challenge) and how

Gross Motor Skills in Children with Down Syndrome. Patricia Winders (1997)

Children with Down syndrome master basic gross motor skills-everything from rolling over to running just as their peers do, but may need additional help. This guide illustrates more than 100 activities for parents and professionals to practice with children from birth through age six.

Helping Children with Dyspraxia. Maureen Boon (2001)

Provides positive answers to the questions commonly asked by parents and teachers about behavior, causes, identification, and assessment associated with dyspraxia. Discusses the range of possible therapeutic interventions. For professionals and

How Does Your Engine Run? A Leader's Guide to The Alert Program for Self-Regulation. Mary Sue Williams &

Describes an innovative program that supports children, teachers, parents, and therapists to choose appropriate strategies to change or maintain states of alertness. Students learn what they can do before a spelling test or homework time to attain an optimal state of alertness for their tasks.

How to Understand and Support Children with Dyspraxia. Lois Addy (2007)

Resource for teachers, teaching assistants and therapists working with children with dyspraxia and provides ideas and strategies to help across the curriculum.

I Am the Child: Using Brain Gym with Children Who Have Special. Cecilia K. Freeman (1998)

This is a book about how Cecilia, as a classroom teacher, used Brain Gym with her students with special needs, and about the miraculous progress the students made as a result of this simple tool.

Just Take a Bite: Easy, Effective Answers to Food Aversions and Eating Challenges. Lori Ernsperger et al (2004)

Guide to overcoming food aversions and eating challenges, particularly common among children on the autism spectrum

Making It Easy: Sensor motor Activities at Home and School. Mary Haldy, et al (1999)

Resource guide deals with children preschool through elementary age who have sensor motor disorders.

Making Sense of Sensory Integration. Jane Koomar, Stacy Szklut and Sharon Cermak. (audio) (2005)

Understand the differences between sensory processing disorder and "look-alike" diagnoses. Learn what to look for at

Music Therapy: Another Path to Learning and Communication for Children in the Autism Spectrum. Betsey King

An introduction to the concepts of music therapy and its applications towards treating children with developmental problems.

Music Therapy, Sensory Integration and the Autistic Child. Dorita Berger and Donna Williams. (2002)

Text examines the human physiologic function, the brain, information processing, functional adaptation, and how that might be affected by music interventions in persons with sensory integration difficulties.

The Out-of-Sync Child Has Fun. Carol Kranowitz (2003)

Presents activities that parents of kids with Sensory Integration Dysfunction can do at home with their child to strengthen their child's abilities-and have some fun together along the way.

The Out-of-Sync Child: Recognizing and Coping with Sensory Integration Dysfunction. Carol Kranowitz. (2006)

Identifies Sensory Processing Disorder, a common but frequently misdiagnosed problem in which the central nervous system misinterprets messages from the senses.

The Out-of-Sync Child: Recognizing and Coping with Sensory Integration Dysfunction. Carol Kranowitz (2-part video/85 minutes total/2001) (DVD/85 minutes/2009)

This guide explains how SI Dysfunction can be confused with ADD, learning disabilities, and other problems, tells how parents can recognize the problem-and offers a drug-free treatment approach for children who need help.

Parent Articles About NDT (Neuro-Developmental Treatment) (1998)

Reference for therapists and families for children birth through age 18 provides information on positioning and basic transitions; movement and postural control; orthotics, splinting and casting; atypical development; cerebral palsy; sensory processing; feeding and swallowing, visual deficits; communication; oral-motor therapy and much more.

Parent Articles for Early Intervention. (1990)

Provide parents with pages of practical information on therapeutic ways to interact with their child with special needs.

A Parent's Guide to Understanding Sensory Integration. A Jean Ayres (1991)

Describes the concept of sensory integration, signs of dysfunction, the evaluation, how therapies can help and what parents can do.

Raising a Sensory Smart Child: The Definitive Handbook for Helping Your Child with Sensory Integration Issues. Lindsey Biel and Nancy Perske (2005)

For children with sensory integration issues-those who have difficulty processing everyday sensations and exhibit unusual behaviors such as avoiding or seeking out touch, movement, sounds, and sights-this groundbreaking book is an invaluable resource.

Seeing Clearly: Fun Activities for Improving Visual Skills. Lois Hickman, et al (2002)

An overview of the development of vision, with a checklist of warning signs of vision problems-based on the studies of behavioral optometry.

Sensational Kids: Hope and Help For Children with Sensory Processing Disorder (SPD). Lucy Jane Miller (2006)

Portraits of five children illustrate the different ways in which SPD may manifest itself as well as how families cope, while offering hope and advice to parents on how to be the best possible advocates for their children.

SenseAble Strategies: Including Diverse Learners Through Multisensory Strategies. Anne Beninghof (1998)

Grab your students' attention with noisemakers. Draw three-dimensional number lines. Apply puffy paint to workbook pages. These and hundreds of other unique, innovative, classroom-tested strategies target diverse learning styles through the often-underused tactile and kinesthetic modalities.

Sensory Integration and the Child. A. Jean Ayres, PhD (Thirteenth Printing - 1998)

This classic handbook, from the originator of sensory integration theory.

The Sensory Processing Disorder Answer Book: Practical Answers to the Top 250 Questions Parents Ask. Tara Delaney (2008)

Reference book that gives answers to most pressing questions about SPD.

The Sensory-Sensitive Child: Practical Solutions for Out-Of-Bounds Behavior. Karen A. Smith, PhD et al (2004)

Explains that the central and frequently unrecognized role that sensory processing problems play in a child's emotional and behavioral difficulties.

Sensory Smarts: A Book for Kids with ADHD or Autism Spectrum Disorders Struggling with Sensory Integration Problems. Kathleen A. Chara, Paul J Chara, Christian P. Chara (2004)

We wrote "Sensory Smarts" to help people dealing with a broad range of Sensory Integration Problems.

Sensory Strategies to Improve Communication, Social Skills, and Behavior. (DVD)

Strategies on how to handle anxiety, behavior, and sensory overload. Provides techniques for better communication.

Stretching Ourselves: Kids with Cerebral Palsy. Alden Carter (2000)

Ages 4-8. Story of three children with cerebral palsy. Emily, Tanner, and Nic.

A Teacher's Guide to Including Students with Disabilities in Regular Physical Education. Martin E. Block (1994)

Practical reference emphasizes the value of a collaborative team approach and provides simple and creative strategies for meaningfully including children with disabilities into regular physical education programs.

Too Loud, Too Bright, Too Fast, Too Tight. Sharon Heller, PhD (2003)

Provides tools and therapies for alleviating and, in some cases, even eliminating sensory defensiveness.

Understanding Sensory Dysfunction: Learning, Development and Sensory Dysfunction in Autism Spectrum Disorders, ADHD, LD and Bipolar Disorder. Polly Godwin Emmons et al (2005)

Understanding Sensory Dysfunction is a clear and comprehensive resource to identifying and addressing sensory dysfunction in children, using a range of practical strategies to help them reach their full potential at home, at school and in the

Unlocking the Mysteries of Sensory Dysfunction. Elizabeth Anderson and Pauline Emmons (2004)

Tells parents and teachers what they need to know and what to do about babies who can't be comforted or toddlers who can't communicate.