

**Resource List for Toilet Training**  
Family & Community Resource Center  
Special School District of St. Louis County  
12110 Clayton Road  
St. Louis, MO 63131  
314-989-8438/989-8108/989-8194

**The Potty Journey: Guide to Toilet Training Children with Special Needs, Including Autism and Related Disorders. Judith Coucouvanis (2008)**

Systematically guides you through the entire toileting journey, step-by-step, to the ultimate destination - dry pants.

Potty Learning for Children Who Experience Delays. (video) (60 minutes) (1993)

Video that describes the steps one pediatric rehab nurse has used to help parents potty train their children who have developmental delays.

Potty Training: A Practical Guide for Parents. (2004)

Includes advice on when and how to potty train your child – covering everything from first steps to dry at night.

**Toilet Training for Children with Mental Retardation. The ARC**

Toilet Training for Children with Special Needs. (video) (2009)

Understand the core principles of potty training, how to get ready, build habits, and get rid of diapers. (DVD)

Toilet Training for Individuals with Autism or Other Developmental Issues. Maria Wheeler. (2007)

Contains a detailed roadmap for success with many original and commonsense solutions.

Toilet Training for Individuals with Autism and Related Disorders. Maria Wheeler (1998) and updated version

This comprehensive guide contains more than 200 toilet training tips and 60 case examples to guide parents and teachers of children with autism who need techniques beyond those used to toilet train other children.

Toilet Training with Your Special Child. Michelle Gilpin (1996)