

Resource List for Cerebral Palsy

SSD Family & Community Resource Center

Parent Education & Diversity Awareness

12110 Clayton Road

St. Louis, MO 63131

314-989-8438/989-8108/989-8194

Andy Opens Wide. Nan Holcomb (1992)

Ages 9-12. Andy, who is five and has cerebral palsy, has difficulty opening his mouth at mealtime, until his frustration leads to a discovery (16 pages)

Cerebral Palsy: A Complete Guide for Caregiving. Freeman Miller et al (1995)

Comprehensive resource addresses the complexities and uncertainties of cerebral palsy and provides information about everything anyone might need to know.

Children with Cerebral Palsy: A Parent's Guide. Elaine Geralis (1990)

Professionals explain the diagnoses and treatments of the various conditions associated with cerebral palsy. Parents are offered guidance and encouragement as they adjust to the needs of their child, including daily care, educational options, legal rights and long term care.

Danny and the Merry Go Round. Nan Holcomb (1984)

Ages 4-8. When Danny, who has cerebral palsy, is faced with another frustrating and boring day at the playground watching, instead of doing, something unexpected happens. He finds a new friend and learns something about himself. With his new friend beside him, he handles being afraid and enjoys a wonderful new experience (15 pages)

The Handstand. Barry Rudner (1990)

Grades 1-3. The Littlest Tall Fellow along with a friend learns that everyone is an equal (26 pages)

Here Comes Kate! Judy Carlson (1989)

Grades K-3. A girl in a wheelchair learns when to go fast and when to slow down (30 pages)

Here's What I Mean to Say. Sarah Yates (1997)

Early elementary. Third book in a series about a girl growing up with a cerebral palsy (23 pages)

Howie Helps Himself. Joan Fassler (1975)

Ages 4-8. Though he enjoys life with his family and attends school, Howie, a child with cerebral palsy, wants more than anything else to be able to move his wheelchair by himself (14 pages)

I'm the Big Sister Now. Michelle Emmert (1989)

Ages 7-11. 9-year-old Michelle describes the joys, loving times, difficulties, and other special situations involved in living with her older sister Amy, who has cerebral palsy (26 pages)

Imagine Me On a Sit-Ski! George Moran (1995)

Ages 7 and up. A child who has cerebral palsy and uses a wheelchair describes learning to ski with adaptive equipment. (30 pages)

My Perfect Son has Cerebral Palsy: A Mother's Guide for Helpful Hints. Marie Kennedy (2001)

This book shares the thoughts, concerns and unrelenting faith of a young mother whose son, Jimmy, was born with Cerebral Palsy.

On Being Sarah. Elizabeth Helfman (1993)

Grades 5-9. Twelve-year-old Sarah has cerebral palsy, which prevents her from walking and talking as other kids do, but she wants the same things as others her age — good friends, a special boy friend. Communicating with the help of a symbol board on her wheelchair, she shares her view of the world with readers. (173 pages)

Rachael, Being Five. (DVD) (28 minutes)

Ages 4-8. Follows a year in the life of Rachael, who has cerebral palsy. Excellent viewing for young children, teachers and support groups focusing on special education, disability awareness.

Rachael in Middle School. (DVD) (28 minutes)

Ages 8 and up. An extraordinary opportunity to see Rachael six years later as she enters middle school. Still an amazingly charismatic young person, Rachael is beginning to have trouble keeping her work organized, or maybe she's just like everyone else trying to keep her assignments straight.

Taking Cerebral Palsy to School. Mary Anderson (2000)

Elementary. This book allows classmates to get a better understanding of cerebral palsy through the narrative of a young boy (23 pages)

Teaching Motor Skills to Children with Cerebral Palsy and Similar Movement Disorders: A Guide for Parents and Professionals. S Martin (2006)

Guide examines the physical characteristics of cerebral palsy and similar conditions--muscle tightness and weakness, increased or decreased flexibility, abnormal reflexes, impaired sensory perception--that affect a child's ability to sit, crawl, stand, and walk

Yes, I Can! Challenging Cerebral Palsy. Doris Sanford (1992)

Grades 1-4. "I'm Stacy and I have cerebral palsy. I don't talk or look like you – but I am like you. I like to laugh and dance and stay up late at night with my friends. It hurts me when people treat me differently because they don't understand – but do you know what? I don't let other people keep me from having dreams" (32 pages)

Yoga for the Special Child: A Therapeutic Approach for Infants and Children With Down Syndrome, Cerebral Palsy, and Learning Disabilities. Sonia Sumar (1998)

Provides specific instructions on the use of yoga with infants and young children having Down Syndrome, cerebral palsy, or learning disabilities.