

Resource List for Cerebral Palsy
 Family & Community Resource Center
 Special School District of St. Louis County
 12110 Clayton Road
 St. Louis, MO 63131
 314-989-8438/989-8108/989-8194

Andy Opens Wide. Nan Holcomb (1992)

Ages 9-12. Andy, who is five and has cerebral palsy, has difficulty opening his mouth at mealtime, until his frustration leads to a discovery (16 pages)

The Balancing Girl. Bernice Rabe (1980)

Grades K-3. Margaret, a first grader, gets around either in a wheelchair or with leg braces or crutches. Her disability is clearly portrayed in the color drawings, but not singled out in the text.

Cerebral Palsy: A Complete Guide for Caregiving. Freeman Miller et al (1995)

Comprehensive resource addresses the complexities and uncertainties of cerebral palsy and provides information about everything anyone might need to know.

Children with Cerebral Palsy: A Parent's Guide. Elaine Geralis (1990)

Professionals explain the diagnoses and treatments of the various conditions associated with cerebral palsy. Parents are offered guidance and encouragement as they adjust to the needs of their child, including daily care, educational options, legal rights and long term care.

Danny and the Merry Go Round. Nan Holcomb (1984)

Ages 4-8. When Danny, who has cerebral palsy, is faced with another frustrating and boring day at the playground watching, instead of doing, something unexpected happens. He finds a new friend and learns something about himself. With his new friend beside him, he handles being afraid and enjoys a wonderful new experience (15 pages)

Don't Stop the Music. Robert Perske (1986)

In this novel for young adults, two teen sleuths with cerebral palsy use their keen wits to crack an auto theft ring.

The Handstand. Barry Rudner (1990)

Grades 1 to 3. The Littlest Tall Fellow along with a friend learns that everyone is an equal (26 pages)

Here Comes Kate! Judy Carlson (1989)

Grades K to 3. A girl in a wheelchair learns when to go fast and when to slow down (30 pages)

Here's What I Mean to Say. Sarah Yates (1997)

Early elementary. Third book in a series about a girl growing up with a cerebral palsy (23 pages)

Howie Helps Himself. Joan Fassler (1975)

Ages 4-8. Though he enjoys life with his family and attends school, Howie, a child with cerebral palsy, wants more than anything else to be able to move his wheelchair by himself (14 pages)

I'm the Big Sister Now. Michelle Emmert (1989)

Ages 7 to 11. 9-year-old Michelle describes the joys, loving times, difficulties, and other special situations involved in living with her older sister Amy, who has cerebral palsy (26 pages)

Imagine Me On a Sit-Ski! George Moran (1995)

Ages 9-12. A child who has cerebral palsy and uses a wheelchair describes learning to ski with adaptive equipment

Keys to Parenting the Child With Cerebral Palsy. Jane Faulkner Leonard et al (1997)

Authors stress the child's potential and how greater levels of independence can be achieved.

My Perfect Son has Cerebral Palsy: A Mother's Guide for Helpful Hints. Marie Kennedy (2001)

This book shares the thoughts, concerns and unrelenting faith of a young mother whose son, Jimmy, was born with Cerebral Palsy.

On Being Sarah. Elizabeth Helfman (1993)

Grades 5-9. Twelve-year-old Sarah has cerebral palsy, which prevents her from walking and talking as other kids do, but she wants the same things as others her age — good friends, a special boy friend. Communicating with the help of a symbol board on her wheelchair, she shares her view of the world with readers. (173 pages)

Stretching Ourselves: Kids with Cerebral Palsy. Alden Carter (2000)

Ages 4-8. Story of three children with cerebral palsy. Emily, Tanner, and Nic.

Stuck in Neutral. Terry Trueman (2000)

Story about a character named Shawn McDaniel, who has cerebral palsy.

Taking Cerebral Palsy to School. Mary Anderson (2000)

Grades 1-5. This book allows classmates to get a better understanding of cerebral palsy through the narrative of a young boy (23 pages)

Teaching Motor Skills to Children with Cerebral Palsy and Similar Movement Disorders: A Guide for Parents and Professionals. S Martin (2006)

Guide examines the physical characteristics of cerebral palsy and similar conditions--muscle tightness and weakness, increased or decreased flexibility, abnormal reflexes, impaired sensory perception--that affect a child's ability to sit, crawl,

Under the Eye of the Clock. Christopher Nolan (1987)

Autobiographical account of the childhood of Nolan, a 21-year-old with cerebral palsy. . He writes about himself in the third person, as a boy named Joseph, and tells how he managed to break free of his disability and relates to the reader the thoughts

Yes, I Can! Challenging Cerebral Palsy. Doris Sanford (1992)

Grades 1 to 4. "I'm Stacy and I have cerebral palsy. I don't talk or look like you – but I am like you. I like to laugh and dance and stay up late at night with my friends. It hurts me when people treat me differently because they don't understand – but do you know what? I don't let other people keep me from having dreams" (32 pages)

Yoga for the Special Child: A Therapeutic Approach for Infants and Children With Down Syndrome, Cerebral Palsy, and Learning Disabilities. Sonia Sumar (1998)

Provides specific instructions on the use of yoga with infants and young children having Down Syndrome, cerebral palsy, or learning disabilities.