

Resource List for Epilepsy

SSD Family & Community Resource Center

Parent Education & Diversity Awareness

12110 Clayton Road

St. Louis, MO 63131

314-989-8438/989-8108/989-8194

Because You Are My Friend. (DVD) (5 minutes)

Narrated by a child, this cartoon-like video provides young children with a simple and clear understanding about epilepsy.

The Brainstorms Companion: Epilepsy In Our View. Steven C. Schachter, MD (1995)

This sequel to Brainstorms: Epilepsy in Our Words focuses on the family, friends, co-workers, and support staff of the patient. The Brainstorms Companion: Epilepsy in Our View helps these caregivers cope with the emotional trauma and understand exactly what is happening when they witness a seizure.

Brainstorms: Epilepsy In Our Words: Personal Accounts of Living With Seizures. Steven C. Schachter, MD (1993)

Book presents accounts of seizures and epilepsy written by adult patients in their own words.

The Brainstorms Family: Epilepsy On Our Terms: Stories By Children with Seizures and Their Parents.

Steven C. Schachter, MD, et al (1996)

Presents information about the condition of epilepsy, what it is like to have seizures, the different kinds of seizures, and the effects of epilepsy on the individual and the family.

Children with Seizures: A Guide for Parents, Teachers and Other Professionals. Martin L. Kutscher, MD (2006)

Handbook for families, friends and caregivers of children with seizures provides all the information they need to approach seizures from a position of strength.

Lee, The Rabbit with Epilepsy. Deborah M. Moss (1989)

Ages 4-8. Lee is diagnosed as having epilepsy, but the medicine to control her seizures reduces her worries and she learns that she can lead a normal life (22 pages)

My Friend Emily. Suzanne Swanson (1994)

Grades K-5. Emily has epilepsy and explains to her friend Kay what it means (34 pages)

Taking Seizure Disorders to School: A Story About Epilepsy. Kim Gosseliln (1996)

Elementary. This story dispels the myths and fears surrounding epilepsy in a positive, upbeat, and entertaining style while explaining seizures. (23 pages)

Trick or Treat or Trouble. Barbara Aiello (1989)

Ages 8-12. Fifth-grader Brian, who has epilepsy, finds that his misconceptions about a funeral home are cleared up on Halloween night. (56 pages)

What You Need to Know If Epilepsy Has Touched Your Life: A Guide in Plain English. Marcelo Lancman MD.

Provides a guide for a full life with Epilepsy and clear explanations about the most novel treatments.