

Resource List for Epilepsy
Family & Community Resource Center
Special School District of St. Louis County
12110 Clayton Road
St. Louis, MO 63131
314-989-8438/989-8108/989-8194

The Brainstorms Companion: Epilepsy In Our View. Steven C. Schachter, MD (1995)

This sequel to Brainstorms: Epilepsy in Our Words focuses on the family, friends, co-workers, and support staff of the patient. The Brainstorms Companion: Epilepsy in Our View helps these caregivers cope with the emotional trauma and understand exactly what is happening when they witness a seizure.

Brainstorms: Epilepsy In Our Words: Personal Accounts of Living With Seizures. Steven C. Schachter, MD (1993)

Book presents accounts of seizures and epilepsy written by adult patients in their own words.

The Brainstorms Family: Epilepsy On Our Terms: Stories By Children with Seizures and Their Parents. Steven C. Schachter, MD, et al (1996)

Presents information about the condition of epilepsy, what it is like to have seizures, the different kinds of seizures, and the effects of epilepsy on the individual and the family.

Children with Seizures: A Guide for Parents, Teachers and Other Professionals. Martin L. Kutscher, MD (2006)

Handbook for families, friends and caregivers of children with seizures provides all the information they need to approach seizures from a position of strength.

My Friend Emily. Suzanne Swanson (1994)

K through 5. Emily has epilepsy and explains to her friend Kay what it means (34 pages)

Taking Seizure Disorders to School: A Story About Epilepsy. Kim Gosseliln (1996)

Grades 1-5. This story dispels the myths and fears surrounding epilepsy in a positive, upbeat, and entertaining style while explaining seizures. (23 pages)

Understanding Seizure Disorders. (video) (12 minutes) (1990)

This video provides an explanation of seizure disorders in everyday language. It dispels many misconceptions about epilepsy with accurate medical information. Doctors explain how they use family and patient histories, EEG's and other tests to look for causes and arrive at an accurate diagnosis.