

Resource List for Grieving/Death
 Family & Community Resource Center
 Special School District of St. Louis County
 12110 Clayton Road
 St. Louis, MO 63131
 314-989-8438/989-8108/989-8194

The Courage to Remember: Childhood Traumatic Grief Curriculum. (2010)
 US Dept of Health and Human Services (book and cd-rom)

Don't Despair on Thursdays! The Children's Grief-Management Book. Adolph Moser (1996)

Ages 9-12. Examines, in simple text, how to deal with feelings of grief when people or pets die, or when friends move away (61 pages)

Good Answers to Tough Questions About Death. Joy Berry (1990)

Grades 3 to 6. Answers many questions that children have about death (48 pages)

Gray's Guide to Loss, Learning and Children with ASD. Carol Gray (2003)

This issue of the Jenison Autism Journal is devoted to the subject of explaining terminal illness and death to children with autism spectrum disorder (ASD).

The Grieving Student: A Teacher's Guide. David J. Schoefeld & Marcia Quackenbush. (2010)

An how-to guide to help teachers give students the support they need to cope with grief and work their way back to full participation in academic and social life.

Helping Children Cope With the Loss of a Loved One. William Kroen (1996)

Offers comfort, compassion, and sound advice to any adult who is helping a child cope with death.

How Do We Tell the Children? Helping Children Understand and Cope When Someone Dies. Dan Schaffer, et al

A book written for parents who are helping their children deal with grief. Covers communication skills that will allow the child to express their feelings and work through bereavement in age-appropriate ways.

How to Say It to Your Child When Bad Things Happen: Good Answers to Tough Questions. Dr. Paul Coleman

A program/guidebook on responding with wisdom and compassion to the inevitable life events that cause pain and sorrow in the lives of children and families.

How to Talk to Children About Really Important Things. Charles Schaeffer (1984)

The purpose of this book is to help parents and surrogate parents think about what they want to say to their children about important life issues, especially at times of stress or when significant events are taking place in children's lives.

I Had a Friend Named Peter: Talking to Children About the Death of a Friend. Janice Cohen, D.S.W. (1987)

Ages 3 to 8. Betsy learns of the sudden death of her friend Peter, and her parents help her cope with the news. Betsy wonders, "Will I die too?" Did I somehow cause his death? Will the funeral be scary? Will Peter be cold and lonely after he's buried? Later, Betsy is able to create a special tribute to Peter and is comforted by the knowledge that Peter will not be forgotten (13 pages)

I Wish I Could Hold Your Hand: A Child's Guide to Grief and Loss (1994)

Grades 1 to 4. A best friend has moved away, Dad no longer lives with the family, or a favorite pet has died. Helps grieving children identify their feelings and learn to accept and deal with them. (27 pages)

Lessons in Grief and Death: Supporting People with Developmental Disabilities in the Healing Process. Linda Van Dyke (2003)

Offers poignant lesson about the cycle of life and the power of people with developmental disabilities to master this deep emotional challenge.

Making It Better: Activities for Children Living in a Stressful World. Barbara Oehlberg (1996)

Ages 3 to 10. Offers information about the physical and emotional effects of today's stresses, trauma, and violence on children. (133 pages)

On Death and Dying. Elisabeth Kubler-Ross (1997)

In this, Dr. Kubler-Ross first explored the now-famous five stages of death: denial and isolation, anger, bargaining, depression, and acceptance.

Tear Soup: A Recipe for Healing After Loss. Pat Schweibert and Chuck DeKlyen (2003)

Ages 4-8. A family story book that centers around an old and somewhat wise woman, Grandy. Grandy has just suffered a

Tear Soup: A Recipe for Healing After Loss. Pat Schweibert and Chuck DeKlyen (video) (2003)

Ages 4-8. A family story book that centers around an old and somewhat wise woman, Grandy. Grandy has just suffered a big loss in her life and so she is headed to the kitchen to make a special batch of *Tear Soup*. (DVD) (17 minutes)

What On Earth Do You Do When Someone Dies? Trevor Romain (1999)

Ages 9-12. Describes the overwhelming emotions involved in dealing with the death of a loved one and discusses how to cope with such a situation (71 pages)

When Bad Things Happen to Good People. Harold Kushner (1983)

Guides us through the inadequacies of the traditional answers to the problem of evil, then provides a practical and compassionate answer that has appealed to millions of readers across all religious creeds.

The Worst Loss: How Families Heal from the Death of a Child. Barbara A. Rosof (1994)

Helps families who have experienced this to know what they are facing, understand what they are feeling, and appreciate their own needs and timetables.