

Resource List for Health Issues
 Family & Community Resource Center
 Special School District of St. Louis County
 12110 Clayton Road
 St. Louis, MO 63131
 314-989-8438/989-8108/989-8194

Alcohol and Other Drugs: Use, Abuse and Disabilities. Peter Leone.

Addresses the issues involved in working with children and adolescents who have disabling conditions and use alcohol and other drugs.

All About Asthma. William and Vivian Ostrow (1989)

For ages 4 to 10. Using his own experiences as illustrations, a young boy gives a clear and thorough picture of living with asthma (40 pages)

Am I Fat? Helping Young Children Accept Differences in Body Size. Joanne Ikeda, et al (1993)

This book offers information and ideas to support teachers, parents and other caregivers in their efforts to help children accept and like their bodies.

The Brainstorms Companion: Epilepsy In Our View. Steven C. Schachter, MD (1995)

This sequel to Brainstorms: Epilepsy in Our Words focuses on the family, friends, co-workers, and support staff of the patient. The Brainstorms Companion: Epilepsy in Our View helps these caregivers cope with the emotional trauma and understand exactly what is happening when they witness a seizure.

Brainstorms: Epilepsy In Our Words: Personal Accounts of Living With Seizures. Steven C. Schachter, MD (1993)

Book presents accounts of seizures and epilepsy written by adult patients in their own words.

The Brainstorms Family: Epilepsy On Our Terms: Stories By Children with Seizures and Their Parents. Steven C. Schachter, MD, et al (1996)

Presents information about the condition of epilepsy, what it is like to have seizures, the different kinds of seizures, and the effects of epilepsy on the individual and the family.

Building the Healing Partnership: Parents, Professionals & Children with Chronic Illness and Disabilities. Patricia Taner Leff (1992)

Empathetic and practical guidebook relevant to the families of chronically and severely ill children and to those who care for them.

Childhood Feeding Disorders: Biobehavioral Assessment and Intervention. Jurgan H. Kedesdy & Karen S. Budd
 Up-to-date information and advice on selective eating, complete refusal to eat, developmental feeding disorders, failure to thrive, pica, rumination, pediatric obesity, feeding resistance related to chronic illness and more.

Children and Youth Assisted by Medical Technology in Educational Settings: Guidelines for Care. (1997)

Hands-on reference provides the help needed to give the care and support required to include students assisted by medical technology in school settings.

Children with Facial Difference: A Parent's Guide. Hope Charkins (1996)

Parents learn about the diagnostic process, interdisciplinary treatment approach, education, speech and language issues and how to help their child and family adjust emotionally.

A Cry Unheard: New Insights into the Medical Consequences of Loneliness. James J. Lynch (2000)

Expands on the connection between the stress of loneliness and the state of one's health.

Don't Turn Away Series. Thomas Bergman (1990-1996).

Ages 9-12 (Each Book 48 pages)

Moments that Disappear Children Living With Epilepsy

Meeting the Challenge Children Living with Diabetes

Finding a Common Language Children Living with Deafness

Going Places Children Living with Cerebral Palsy

One Day at a Time Children Living with Leukemia

On Our Own Terms Children Living with Physical Disabilities

Seeing in Special Ways Children Living with Blindness

We Laugh, We Love, We Cry Children Living with Mental Retardation

The Educator's Guide to Medical Issues in the Classroom. (2001)

This guide gives educators facts on how students' medical conditions and their treatments directly affect their classroom behavior and learning ability.

Even Little Kids Get Diabetes. 1994.

Ages 4-8. A young girl who has had diabetes since she was two years old describes her adjustments to the disease (13 pages)

The Health and Wellness Program: A Parenting Curriculum for Families at Risk. Alexander Tymchuk (2006)

Program gives professionals everything they need to support parents with a wide range of disabilities or learning challenges as they learn about child health and safety.

Healthcare for Children on the Autism Spectrum. Fred Volkmar M.D. and Lisa Wiesner, M.D. (2003)

Although children with an autism spectrum disorder (ASD) can be as healthy as other children, keeping them that way can be a challenge.

Hydrocephalus- A Guide for Patients, Families and Friends. Chuck Toporek, et al (1999)

Text providing clear advice on living with hydrocephalus.

Just Take a Bite: Easy, Effective Answers to Food Aversions and Eating Challenges. Lori Ernsperger et al (2004)

Guide to overcoming food aversions and eating challenges, particularly common among children on the autism spectrum

The Lion Who Had Asthma. Jonathan London (1992)

Ages K-3. Sean's nebulizer mask and his imagination aid in his recovery following an asthma attack (24 pages)

Little Tree: A Story for Children with Serious Medical Problems. Joyce C. Mills, PhD (1992)

Grades pre K to 3. One night, during a terrible storm, Little Tree's branches are hurt. Her friend Amanda the squirrel calls upon the Tree Wizards of the Forest to help, and they explain that they will have to remove Little Tree's branches in order to save her life. With Amanda's help, Little Tree learns to accept her new, changed self. (28 pages)

Medical & Surgical Care for Children with Down Syndrome: A Guide for Parents D.C. Van Dyke (1995)

Provides information on a wide range of medical conditions including heart disease, thyroid problems, gastrointestinal problems, orthopedic conditions, facial and dental concerns, recurrent infections and more.

Medications for School Age Children: Effects on Learning and Behavior. Ronald T. Brown PhD and Michael G. Sawyer PhD (1998)

Providing essential information about current pharmacological approaches to learning and behavior problems in children and adolescents, this practical and accessible guide focuses on issues of particular relevance to clinical psychologists, pediatric psychologists and school psychologists.

Parent Articles About NDT (Neuro-Developmental Treatment) (1998)

Reference for therapists and families for children birth through age 18 provides information on positioning and basic transitions; movement and postural control; orthotics, splinting and casting; atypical development; cerebral palsy; sensory processing; feeding and swallowing, visual deficits; communication; oral-motor therapy and much more.

Parenting Children with Health Issues: Essential Tools, Tips and Tactics for Raising Kids with Chronic Illness, Medical Conditions and Special Healthcare Needs. Foster Cline and Lisa Greene (2007)

Teaches the essential parenting skills you need to help your child comply with medical requirements, cope well with health challenges and live a hope-filled life.

Promoting Health Care Transitions for Adolescents with Special Health Care Needs and Disabilities. Cecily Betz et al (2007)

Problem-solving book that helps professionals across systems work together on effective health care transition plans.

Rebecca Finds a Way: How Kids Learn, Play and live with Spinal Cord Injuries and Illnesses (1994)

Elementary grades. The story is about a young girl named Rebecca who suffered a spinal cord injury due to a motor vehicle crash. (56 pages)

Speak Up for Health: A Handbook for Parents. Preparing Adolescents with Chronic Illness or Disabilities for Independence in Health Care. (1993)

Taking Asthma to School. Kim Gosselin (1995)

Grades 1-5. This book allows classmates to view children with asthma as normal kids who just happen to have asthma, through no fault of their own. (18 pages)

Taking Cystic Fibrosis to School. Cynthia Henry and Kim Gosslein (2000)

Grades 1-5. Jessie explains to her classmates that even though she has cystic fibrosis, she can still attend school. (24 pages)

Taking Food Allergies to School. Ellen Weiner (1999)

Grades 1-5. Jeffery and his mom deal with food allergies at school. Topics include sharing lunches, special parties, and events and appropriate snacks (20 pages)

Taking Seizure Disorders to School: A Story About Epilepsy. Kim Gosselin (1996)

Grades 1-5. This story dispels the myths and fears surrounding epilepsy in a positive, upbeat, and entertaining style while explaining seizures. (23 pages)

Understanding Seizure Disorders. (video) (12 minutes) (1990)

This video provides an explanation of seizure disorders in everyday language. It dispels many misconceptions about epilepsy with accurate medical information. Doctors explain how they use family and patient histories, EEG's and other tests to look for causes and arrive at an accurate diagnosis.

When Your Child is Seriously Injured: The Emotional Impact on Families. Marilyn Lash (1991)

Starts with a child's admission to the hospital and ends after discharge; gives practical suggestions from families with experience to help plan for the future

Why Can't I Eat That? Helping Kids Obey Medical Diets. John Taylor (1993)

Explores the psychological/emotional aspects of having a child with dietary restrictions because of a chronic medical condition, as well as practical behavioral and environmental tools for helping the child and family follow prescribed