

# Resource List for Orthopedic Impairment

SSD Family & Community Resource Center

Parent Education & Diversity Awareness

12110 Clayton Road

St. Louis, MO 63131

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## **Andy Opens Wide. Nan Holcomb (1992)**

Ages 9-12. Andy, who is five and has cerebral palsy, has difficulty opening his mouth at mealtime, until his frustration leads to a discovery (16 pages)

## **Arnie and the New Kid. Nancy Carlson (1990)**

Grades K-3. When an accident requires Arnie to use crutches, he begins to understand the limits and possibilities of his new classmate, who has a wheelchair (14 pages)

## **Aunt Katie's Visit. Katie Rodriguez Banister. (2003)**

Katie Rodriguez Bannister survived a car accident in 1990. She began speaking to high school students about her life, and wrote this book about being a 'woman on wheels' This book is designed to help parents discuss a specific disability. Teachers can use it as a source of discussion about disability awareness

## **Avoiding Attendants from Hell: A Practical Guide to Finding, Hiring and Keeping Personal Care Attendants. June Price (2002)**

How-to guide for those who require life-long assistance with personal care and daily living tasks due to a physical disability.

## **Best Friends on Wheels. Debra Shirley. (2008)**

Ages 5-8. A book for children everywhere to see that, beyond every disability, is a person just like them – a person who might just be their new best friend.

## **Cerebral Palsy: A Complete Guide for Caregiving. Freeman Miller et al (1995)**

Comprehensive resource addresses the complexities and uncertainties of cerebral palsy and provides information about everything anyone might need to know.

## **Certain Proof: A Question of Worth. (DVD) (2012) (60 minutes)**

Feature documentary about three children living with significant communication and physical disabilities, who struggle against the public schools in an emotional battle to prove their worth.

## **Children with Cerebral Palsy: A Parent's Guide. Elaine Geralis (1990)**

Professionals explain the diagnoses and treatments of the various conditions associated with cerebral palsy. Parents are offered guidance and encouragement as they adjust to the needs of their child, including daily care, educational options, legal rights and long term care.

## **Children with Facial Difference: A Parent's Guide. Hope Charkins (1996)**

Parents learn about the diagnostic process, interdisciplinary treatment approach, education, speech and language issues and how to help their child and family adjust emotionally.

## **Children with Spina Bifida: A Parent's Guide. Marlene Lutkenhoff (2008)**

Provides parents with the latest research and medical developments on spina bifida, provides a resource that covers every aspect of their child's care and development from birth through age six.

## **A Consumer's Guide to Home Adaptation. (1995)**

Guide to evaluating your needs and your home, planning, construction and resources.

**Danny and the Merry Go Round. Nan Holcomb (1984)**

Ages 4-8. When Danny, who has cerebral palsy, is faced with another frustrating and boring day at the playground watching, instead of doing, something unexpected happens. He finds a new friend and learns something about himself. With his new friend beside him, he handles being afraid and enjoys a wonderful new experience (15 pages)

**Emmanuel's Dream: The True Story of Emmanuel Ofosu Yeboah. Laurie Ann Thompson & Sean Qualls. (2015)**

Ages 4-8. Born in Ghana, West Africa, with one deformed leg, he was dismissed by most people—but not by his mother, who taught him to reach for his dreams. As a boy, Emmanuel hopped to school more than two miles each way, learned to play soccer, left home at age thirteen to provide for his family, and, eventually, became a cyclist. He rode an astonishing four hundred miles across Ghana in 2001, spreading his powerful message: disability is not inability.

**The Handstand. Barry Rudner (1990)**

Grades 1-3. The Littlest Tall Fellow along with a friend learns that everyone is an equal (26 pages)

**Here Comes Kate! Judy Carlson (1989)**

Grades K-3. A girl in a wheelchair learns when to go fast and when to slow down (30 pages)

**How It Feels to Live With a Physical Disability. Jill Krementz (1992)**

Ages 8-16. Children with physical disabilities share their stories and speak about their lives, accomplishments and disappointments (176 pages)

**How Katie Got a Voice, and a Cool New Nickname. Patricia L Mervine. (2012)**

School aged. Katie has significant physical disabilities which make her dependent on a Personal Care Assistant for everything, even communicating. When Katie is introduced to assistive technology, she is finally able to communicate with her new friends. As a result, the students are delighted to see her as a person with many interests and abilities, just like them. (40 pages)

**Howie Helps Himself. Joan Fassler (1975)**

Ages 4-8. Though he enjoys life with his family and attends school, Howie, a child with cerebral palsy, wants more than anything else to be able to move his wheelchair by himself (14 pages)

**I Am Not a Syndrome, My Name is Simon. Sheryl Crosier. (2012)**

Moving and gripping story of a baby diagnosed with Trisomy 18. Details the struggle of Sheryl's son Simon from the early stages of pregnancy to his life here on earth.

**I'm the Big Sister Now. Michelle Emmert (1989)**

Ages 7-11. 9-year-old Michelle describes the joys, loving times, difficulties, and other special situations involved in living

**Imagine Me On a Sit-Ski! George Moran (1995)**

Ages 7 and up. A child who has cerebral palsy and uses a wheelchair describes learning to ski with adaptive equipment. (30 pages)

**Just One of the Kids: Raising a Resilient Family When One of Your Children has a Physical Disability. Kay Harris Kriegsman & Sara Palmer. (2013)**

Designed to help parents focus not on what could have been but instead on what can be, so that they, their children, and the grandparents thrive as individuals and as a family.

**Living with Spina Bifida. Adrian Sandler, M.D. (1997)**

A guide for families and professionals who care for children, adolescents and adults with Spina Bifida.

**Mama Zooms. Jane Cowen-Fletcher (1993)**

Grades Pre-K - K. A boy's wonderful mama takes him zooming everywhere with her, because her wheelchair is a zooming machine (30 pages)

**My Buddy. Audrey Osofsky (1992)**

Grades K-3. Buddy is the best dog a boy could have. He and his master are always together. They play ball, and go for walks, and take good care of each other. Nothing can separate them. They're a team (26 pages)

**On Being Sarah. Elizabeth Helfman (1993)**

Grades 5-9. Twelve-year-old Sarah has cerebral palsy, which prevents her from walking and talking as other kids do, but she wants the same things as others her age — good friends, a special boy friend. Communicating with the help of a symbol board on her wheelchair, she shares her view of the world with readers. (173 pages)

**Out of My Mind. Sharon M Draper. (2011)**

Ages 10 and up. Melody cannot walk or talk, but she has a photographic memory; she can remember every detail of everything she has ever experienced. She is smarter than most of the adults who try to diagnose her and smarter than her classmates in her integrated classroom—the very same classmates who dismiss her as mentally challenged, because she cannot tell them otherwise. But Melody refuses to be defined by cerebral palsy. And she's determined to let everyone know it...somehow. (320 pages)

**Patrick and Emma Lou. Nan Holcomb (1989)**

Ages 4-8. Despite his excitement over walking with a new walker, three-year-old Patrick finds it isn't easy and becomes discouraged until his new friend, six-year-old Emma Lou who has spina bifida, helps him discover something important about himself (29 pages)

**Prader-Willi Syndrome: Coping with the Disease-Living with Those Involved. Urs Eiholzer. (2005)**

This easily understandable book is specifically suited for non-professionals and presents the clinical picture of the syndrome, its genetic cause, state-of-the-art research results and treatment options as used in the author's out-patient clinic.

**Rachael, Being Five. (DVD) (28 minutes)**

Ages 4-8. Follows a year in the life of Rachael, who has cerebral palsy. Excellent viewing for young children, teachers and support groups focusing on special education, disability awareness.

**Raising a Child Who Has a Physical Disability. Donna Albrecht (1995)**

Includes solving stressful situations within the family, developing a proper support team you can trust, information about school placement options, the IEP, and lists of medical specialists, organizations and government programs that offer help.

**Rolling Along: The Story of Taylor and His Wheelchair. Jamee Riggio Heelan (2000)**

Grades K-3. Explains how having cerebral palsy affects Taylor, and how getting a wheelchair makes a big difference in helping him get around, do things by himself, and even play basketball with his twin Tyler (29 pages)

**Stars of Inclusion: Beginning with Bong (DVD) (54 minutes)**

Grades 3 and up. Enter the world of six kids and forget the medical labels of cerebral palsy, spina bifida, arthrogryposis, spinal cord injury and muscular dystrophy. Ages 8-14, each one has a different story to tell about their life and education in the mainstream.

**The Survival Guide for Kids with Physical Disability & Challenges. Wendy Moss & Susan Taddonio. (2015)**

Loaded with tools for coping with the intense social, emotional, and academic difficulties these students often must deal with—as well as their secret fears—this book helps kids succeed in and out of the classroom and confidently handle their physical challenges

**Taking Cerebral Palsy to School. Mary Anderson (2000)**

Elementary. This book allows classmates to get a better understanding of cerebral palsy through the narrative of a young boy (23 pages)

**Taking Charge: Teenagers Talk About Life and Physical Disabilities. Kay Harris Kriegsman (1992)**

Teens. Discusses such topics as independence, self-esteem, relationships, and sexuality from the perspective of teenagers with various physical disabilities (164 pages)

**Teaching Students with Medical, Physical, and Multiple Disabilities: A Practical Guide for Every Teacher. Bob Algozzine & Jim Ysseldyke (2006)**

This guide discusses the issues educators and school nurses need to be aware of in order to effectively support students with medical, physical and multiple disabilities.

**Wendy on Wheels Goes to the Zoo. Angela Ruzicka. (2010)**

Ages 3-10. Emphasizes the importance of including all children in school activities.

**Wendy On Wheels Takes a Stand. Angela Ruzicka. (2011)**

Ages 5-11. Entertaining and educating story about dealing with bullying. Discussion questions are featured in the back of the book, along with a printable anti-bully sign.

**Yes, I Can! Challenging Cerebral Palsy. Doris Sanford (1992)**

Grades 1-4. "I'm Stacy and I have cerebral palsy. I don't talk or look like you – but I am like you. I like to laugh and dance and stay up late at night with my friends. It hurts me when people treat me differently because they don't understand – but do you know what? I don't let other people keep me from having dreams" (32 pages)

**Yoga for the Special Child: A Therapeutic Approach for Infants and Children With Down Syndrome, Cerebral Palsy, and Learning Disabilities. Sonia Sumar (1998)**

Provides specific instructions on the use of yoga with infants and young children having Down Syndrome, cerebral palsy, or learning disabilities.