

Resource List for Post-Secondary Education

SSD Family & Community Resource Center

Parent Education & Diversity Awareness

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St. Louis, MO 63131

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A+ Guide to Transitions from High School to College for Special Education. (DVD) (2000)

A "college prep" video for parents and students. Teachers, parents and school administrators describe the transition process and offer their best advice for having a positive experience.

Accommodations in Higher Education Under the Americans with Disabilities Act; A No Nonsense Guide for Clinicians, Educators, Lawyers and Administrators. (1998)

This book is the perfect primer for lawyers who want to understand how the ADA applies to higher education and professional testing. It provides a crystal clear window into the identification of psychiatric, learning, and physical disorders, and should be in the library of every attorney involved with disability law

Building Bridges: Inclusive Post-Secondary Education for People with Intellectual Disabilities. (1996)

Study of educational programming and practices that enable adults with disabilities to participate and learn in regular classes in the environment of a community college, vocational training college or university, systems of supports for instructors and students and the means of overcoming key obstacles are also presented.

Coaching College Students with Executive Functioning Problems. Mary R.T. Kennedy. (2017)

Presents a dynamic coaching model that helps college students become self-regulated learners by improving their goal-setting, planning, time management, and organizational skills.

College and Career Success for Students with Learning Disabilities. Roslyn Dolber (1996)

Uses bulleted lists, highlighted main points, checklists and other page layout features to make the manual accessible to people with learning disabilities.

College Success for Students with Learning Disabilities. Cynthia G. Simpson & Vicky G. Spencer (2009)

Covers topics such as understanding the rights and responsibilities of students with special needs, talking to professors and peers, getting involved, asking for and receiving accommodations, and utilizing one's strengths to meet and exceed academic standards.

Coping with College: A Guide to Academic Success. Alice L. Hamachek (1995)

Offers practical suggestions for developing the personal and academic skills essential for success in college.

From High School to College: Steps to Success for Students with Disabilities. Elizabeth Hamblet. (2017)

From an examination of the differences in support at the secondary and postsecondary levels, to developing both academic and non-cognitive skills, to how to find the right match between student and institution, this book provides everything students and their families and education team with everything they need to know about the process.

Going to College—Expanding Opportunities for People with Disabilities. (2005)

Readers will learn what they can do to make this crucial opportunity available to young people with a wide range of disabilities.

K & W Guide to Colleges for Students with Learning Disabilities or Attention Deficit Disorders —A Resource Book for Students, Parents and Professionals. Marybeth Kravets & Imy F. Wax (2000) and (2005)

Text is a post high school guide to the academic world in which students with learning disabilities can thrive. Contains more than 150 colleges and covers everything the student needs to know: services, programs, graduation requirements, admissions policies, costs, housing, tutorial help, learning resource centers, athletics and more.

LD SAT Study Guide: Test Prep and Strategies for Students with Learning Disabilities. Paul Osborne. (2009)

Prepares students with disabilities in general, and devotes specific attention and instruction to the more common disabilities, including dyslexia, ADD/ADHD, nonverbal learning disabilities, math disabilities, and visual or auditory processing disorders.

Learning Outside the Lines: Two Ivy League Students with Learning Disabilities and ADHD Give You The Tools for Academic Success and Educational Revolution. Jonathan Mooney & David Cole (2000)

Jonathan Mooney and David Cole teach you how to take control of your education and find true success -- and they offer all the reasons why you should persevere.

Life After High School: A Guide for Students with Disabilities and Their Families. Susan Yellin & Christina Cacioppo Bertsch (2010)

Provides a complete overview of the issues students and their families will need to consider, and outline the key skills they will need in order to succeed in college or work.

Life Skills Activities for Secondary Students with Special Needs. Darlene Mannix (1995)

For educators, parents, and others involved in teaching adolescents with special needs, here is a collection of 190 illustrated activity sheets with related exercises, discussion questions, and evaluation suggestions to help students acquire the basic skills necessary to achieve independence and success in everyday living

Navigating College: A Handbook on Self Advocacy Written for Autistic Students from Autistic Adults. The Autistic Self Advocacy Network.

Teens. Guide for college bound students with autism about what to expect from the perspective of adults with autism.

Next Chapter Book Club: A Model Community Literacy Program for People with Intellectual Disabilities. Tom Fish & Paula Rabidoux (2009)

NCBC is a book club network that provides adults with intellectual disabilities the opportunity to read, discuss books, and socialize.

On Your Own: A College Readiness Guide for Teens with ADHD/LD. Patrica O Quinn & Theresa E Laurie Maitland (2011)

Teens. Strategies that will allow you to map out a plan and cultivate the skills (self-determination, daily living, academic) needed to succeed in college. (128 pages)

The Parent's Guide to College for Students on the Autism Spectrum. Jane Thierfeld, Lorraine E Wolf, Lisa King & G Ruth Kukiela Bork (2012)

Learn how to select the right campus, how to work with Disability Services staff, what legal protections apply, how to prepare your son or daughter to be an effective self-advocate on campus, what assistance can be reasonably be expected from residence hall managers, faculty, and much, much more.

Power to Spring Up: Postsecondary Education Opportunities for Students with Significant Disabilities. Diana Katovitch (2009)

Guide profiles the many different types of postsecondary options available, ranging from a modified academic program on a university campus, to a vocational residential program designed specifically for students with special needs.

Ready or Not, Here Life Comes. Mel Levine (2005)

Addresses the question of why some youngsters make a successful transition into adulthood while others do not. In recent years, says Dr. Levine, we have experienced an epidemic of career unreadiness as too many young people begin what he calls "the startup years" unprepared for the challenge of initiating a productive life.

SAT Strategies for Students with Learning Disabilities. Dr Toni Welkes. (2008)

Presents a strategic study program and test-taking plan specifically designed to help students with learning disabilities students prepare for the SAT college entrance test.

Succeeding in College with Asperger Syndrome. John Harpur, Maria Lawlor & Michael Fitzgerald (2004)

Demystifies the range of college experiences for students with AS. It is a must for these students, their parents and counselors alike, providing benefits that will continue throughout the college years and beyond.