

# Resource List of Abuse, Emergency and Safety Books

SSD Family & Community Resource Center

Parent Education & Diversity Awareness

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## **After the Storm: A Healing Book and Workbook for Children and Adults Whose Lives Have Been Affected by Severe Weather**

All ages. Workbook.

## **The Aspie Girl's Guide to Being Safe with Men: The Unwritten Safety Rules No-one is Telling You. Debi Brown.**

Provides need-to-know facts and sensitively yet honestly describes the more subtle social, emotional and safety issues surrounding dating, relationships and sex.

## **Autism, Advocates and Law Enforcement Professionals: Recognizing and Reducing Risk Situations for People with Autism Spectrum Disorders. Dennis Debbaudet (2003)**

Individuals with autism are seven times more likely than other people to come into contact with police and their responses to encounters with authority may not always be appropriate. Private investigator and autism advocate Dennis Debbaudt explains how typical manifestations of autism spectrum disorders, such as running away, unsteadiness, impulsive behavior or failure

## **Autism and Appropriate Touch: A Photocopiable Resource for Helping Children and Teens on the Autism Spectrum Understand the Complexities of Physical Interaction. Abigail Werner James. (2015)**

Practical educational resource to help teach the social rules of touch and personal space to children and teens with Autism Spectrum Disorder with the aim of keeping them safe and helping them to understand what are appropriate interactions in family, educational and community situations.

## **The Autism Spectrum, Sexuality and the Law: What Every Parent and Professional Needs to Know. Tony Attwood, Isabelle Henault & Nick Durbin. (2014)**

Examines how the ASD profile typically affects sexuality and how sexual development differs between the general

## **Be Safe Teaching Edition: Movie & Companion Curriculum (DVD & CD-ROM) (2013) (60 minutes)**

Lessons, activities, games & materials to teach teens and adults with Autism Spectrum Disorder how to interact safely with the police.

## **Caught in the Web of the Criminal Justice System: Autism, Developmental Disabilities, and Sex Offenses. Lawrence Dubin & Emily Horowitz. (2017)**

Drawing on research, empirical evidence and including case studies, experts from the fields of law, ethics, psychology and sociology explore what steps should be taken in order to ensure that laws are just and take into consideration factors such as the vulnerability of the perpetrators.

## **Child Sexual Abuse: A Solution. (3DVDs) (1985)**

Provides all you need to implement a child protection program in your school.

## **Circles: Aids - Safer Ways, Part 1 (DVD kit) {Please note the material content includes nudity and graphic illustrations. Please review material before showing the DVD to your child/student/family member. Check out of this DVD is restricted to Family members and the community}**

Covers communicable diseases and casual contact.

## **Circles: Aids - Safer Ways, Part 2 (DVD kit) {Please note the material content includes nudity and graphic illustrations. Please review material before showing the DVD to your child/student/family member. Check out of this DVD is restricted to Family members and the community}**

Covers STDs, AIDS and intimate contact

**Circles II: Stop Abuse. (3 DVDs and workbook) (1986)**

Your students are prime targets for abuse. Teach them how to recognize and avoid sexually threatening or abusive situations.

**Connect with Kids: Sticks & Stones. DVD (2007)**

Dealing with online bullying and harassment.

**Developing Personal Safety Skills in Children with Disabilities. Freda Briggs (1995)**

This guide provides general background information and practical curriculum ideas for teaching children with disabilities personal safety skills in the area of child sexual abuse.

**Disaster Preparedness for People with Disabilities from American Red Cross (1996)**

Designed to help people who have physical, visual, auditory or cognitive disabilities to prepare for natural disasters and their

**Doing What Comes Naturally: Dispelling Myths and Fallacies About Sexuality and People with Developmental**

Book not just about intercourse and genitalia, but about engaging in relationships and is about self-esteem. Addresses topics such as signs of sexual abuse, sexual incident reporting and counseling techniques.

**Ellie Needs To Go: A Book About How to Use Public Toilets Safely for Girls and Young Women with Autism and Related Conditions. Kate E Reynolds. (2015)**

This visual resource helps parents and carers teach girls and young women with autism and related conditions about how to use public toilets safely.

**The Ethics of Touch. Dave Hingsburger & Mary Harber. (DVD) (2010) (3 hours)**

Establishing and maintaining appropriate boundaries in service to people with developmental disabilities. Includes a lecture on touch, privacy and boundaries.

**An Exceptional Children's Guide to Touch: Teaching Social Boundaries and Physical Boundaries to Kids. Hunter Manasco. (2012)**

Grades K & Up. Friendly picture book explains in simple terms how to tell the difference between acceptable and inappropriate touch, helping children with special needs stay safe. (64 pages)

**Family Medical Emergencies: What to Do Until Help Arrives or if it Doesn't Come (DVD) (2010) (40 minutes)**

Demonstrates first aid treatment techniques for a variety of medical emergencies, including household and other accidents, as

**Fun-To-Know First Aid for Kids. Dr. Nancy Rothenberg. (DVD) (2004) (85 minutes)**

DVD to prepare parents and help them cope in cases of pediatric emergencies.

**Getting There: Transportation Skills for People with Special Needs. (DVD) (2006) (21 minutes)**

Community-based program that teaches transportation skills.

**Helping Vulnerable Children and Adolescents to Stay Safe: Creative Ideas and Activities for Building Protective Behaviours. Katie Wrench. (2016)**

The range of tried and tested techniques will be sure to engage any child in thinking about their personal safety, allowing adult carers to have confidence that their child will be empowered to better identify and avoid harmful situations and behaviours.

**I Said No! A Kid-to-Kids Guide to Keeping Private Parts Private. Zack & Kimberly King. (2010)**

Ages 4 & Up. Written from a kid's perspective, this book uses kid-friendly language and illustrations to help parents and concerned adults give kids guidance they can understand, practice and use.

**Life Journey Through Autism: A Guide to Safety. Organization for Autism Research. (2014)**

This tool will educate parents about how to prevent and mitigate emergency events, safety threats that may affect their child in the future, and how to teach safety habits that will build a foundation for safety in adulthood.

**My Body Belongs to Me. Jill Starishevsky. (2008)**

Ages 3-5. Guide teaches kids that when it comes to their body, there are some parts that are for “no one else to see” and empowers them to tell a parent or teacher if someone touches them inappropriately. (32 pages)

**My Body Is Mine, My Feelings Are Mine: A Storybook About Body Safety for Young Children with an Adult Guide Book. Susan Hoke (1995)**

Ages 3-8. Teaches young children the most important information about protecting themselves from the possibility of sexual

**My Body is Private. Linda Walvoord Girard. (1984)**

Ages 6-10. A mother-child conversation introduces the topic of sexual abuse and ways to keep one's body private (23 pages)

**Online Safety for Children and Teens on the Autism Spectrum: A Parent's and Carer's Guide. Nicola Lonie (2014)**

Discusses key concerns such as parental control, social networking, grooming, cyberbullying, internet addiction and hacking. The risks and the warning signs to look out for are clearly explained alongside useful advice and examples from real-life experiences.

**Out of Harm's Way: A Safety Kit for People with Disabilities Who Feel Unsafe and Want to Do Something About it. (1997)**

This book is a unique tool to help people look at the places they live, work, study and play. It helps identify what is unsafe in the environment, in services, and in relationships. Written in straight-forward language, the Out of Harm's Way includes questions to help people think about their safety, and makes suggestions for way to go about changing their surroundings to a safer one.

**Parenting the Hurt Child: Helping Adoptive Families Heal and Grow. Gregory Keck & Regina Kupecky (2002)**

Explores how parents can help adopted or foster children who have suffered neglect or abuse.

**Preparing for Disaster for People with Disabilities and Other Special Needs. (2013)**

Booklet for preparing for disasters created by FEMA and the American Red Cross.

**Preventing the Emotional Abuse and Neglect of People with Intellectual Disability: Stopping Insult and Injury. Sally Robinson. (2013)**

Through the narratives of nine people with intellectual disability and their family members, key issues concerning the problem are identified. Drawing on the results of this study, a range of strategies and methods are recommended to increase the capacity of all involved with people with intellectual disability to prevent emotional abuse, and respond to and support the recovery of people who are abused in this way.

**Reaching and Teaching Children Who Hurt: Strategies for Your Classroom. Susan E. Craig (2008)**

Educators will learn how to reach and teach students exposed to abuse, neglect, community violence and other forms of trauma – and break down obstacles to academic achievement and social success.

**The Right Touch: A Read-Aloud Story to Help Prevent Child Sexual Abuse. Sandy Kleven. (1998)**

Ages 4 and up. In the story, young Jimmy's mom explains the difference between touches that are positive and touches that are secret, deceptive or forced. She tells him how to resist inappropriate touching, affirming that abuse is not the child's fault. (30 pages)

**A Risk Reduction Workbook for Parents and Service Providers: Policies and Practices to Reduce the Risk of Abuse, Including Sexual Violence, Against People with Intellectual and Developmental Disabilities. Dr. Nora Baladerian**

Helps parents and service providers reduce the risk of abuse to children and adults with developmental disabilities. The book also provides advice on how to recognize signs of abuse and how to effectively respond if and when it occurs.

**Safe Beginnings: Protecting Our Children from Sexual Abuse. Orieda Horn Anderson & Shirley Pacey. (2003)**

Healthy, affirming how-to book which can reduce the risk of sexual abuse of children with and without disabilities.

**Safe Child: A Commonsense Approach to Protecting Children and Teaching Children to Protect Themselves. Sherryl Kraizer, PhD (1996)**

Gives parents effective and non-threatening techniques for teaching children how to protect themselves without making them afraid.

**The Safe Side - Stranger Safety: Hot Tips To Keep Cool Kids Safe With People They Don't Know And Kinda Know (DVD) (2005) (36 minutes)**

Ages 4 & Up. The Safe Side's "Safe Side Super-Chick" is a decidedly zany host who successfully combines slapstick humor with serious, practical safety tips for kids.

**Sexual Harassment and Teens: A Program for Positive Change. Susan Strauss (1992)**

Grades 7-12. This curriculum gives adolescents a safe, supervised opportunity to examine their own attitudes and behaviors regarding gender roles and sexual harassment.

**Taking Care of Myself: A Hygiene, Puberty and Personal Curriculum for Young People with Autism. Mary Wrobel (2003)**

Ages 8 and up. Through a combination of Social Stories and easy to understand activities, this unique book offer a curriculum that guides the child and caregiver on issues of health, hygiene and the challenges of puberty. (270 pages)

**Taking Care of Myself 2 for Teenagers & Young Adults with ASD: Personal Health, Grooming, Relationships & Sex**  
Written for teenagers and young adults with Autism Spectrum Disorders (ASD), this instructional book is also for parents, instructors, and therapists to help teens on the autism spectrum.

**Teaching Protective Behaviours to Young Children: First Steps to Safety Programme. Carolyn Gelenter, Nadine Prescott & Belinda Riley. (2014)**

Teaches children (aged 4-7) to develop an awareness of personal safety; helps them to identify and express their feelings; make choices and solve problems.

**Tom Needs to Go: A book About How to Use Public Toilets Safely for Boys and Young Men with Autism or Related Conditions. Kate E Reynolds. (2014)**

Visual reference to help parents teach boys and young men with autism or other special needs how to use public toilets safely.

**The Ultimate Video Guide for Kids: How to Stay Safe (DVD) (2007) (28 minutes)**

In this video, your child will learn internet safety, how to deal with a bully, how to respond to stranger danger, saying no to

**What's Wrong with My Kid? When Drugs or Alcohol Might Be a Problem and What to Do about It. George E Lerary, Jr. (2012)**

Covers the warning signs; how to intervene and find treatment; the nature and biology of addiction; the co-occurring mental health issues common to teenagers; the role of family in enabling behavior; the types of treatment and the role of drugs and alcohol in increasing teen suicide rates.

**When I Was Little Like You. Jane Porett. (1999)**

Ages 4 & Up. The narrator tells children how to recognize sexual abuse and know what to do if it happens to them.

**When I'm Away From Home. Jean Camis. (2000)**

This workbook is designed to provide specific information about the individual needs of a disabled child for anyone responsible for their care.