

**Resource List for Sensory**  
 Family & Community Resource Center  
 Special School District of St. Louis County  
 12110 Clayton Road  
 St. Louis, MO 63131  
 314-989-8438/989-8108/989-8194

**Answers to Questions Teachers Ask About Sensory Integration. Carol Kranowitz (2001)**

An introduction to sensory challenges. Includes diagnostic checklists, progress forms, and practical tools for working with children of all ages.

**Arnie and His School Tools: Simple Sensory Solutions That Build Success. Jennifer Veenendall (2008)**

K-5 Introduces elementary students to basic sensory tools used to help children focus in classroom settings, such as fidgets, chewy pencil toppers and weighted vests. (45 pages)

**Asperger Syndrome and Sensory Issues: Practical Solutions for Making Sense of the World. Brenda Smith Myles, PhD (2005)**

Uncovers the puzzling behaviors by children and youth with Asperger syndrome (AS) that have a sensory base and, therefore, are often difficult to pinpoint and interpret.

**Building Bridges through Sensory Integration. Ellen Yack, et al (1998)**

Resource book that clearly explains sensory systems and sensory integration and how to identify problems.

**Dr. Temple Grandin Speaks on Sensory Challenges & Answers (video) (1999)**

Dr. Grandin speaks to her own experiences with Sensory Challenges as a person with autism.

**The Goodenoughs Get In Sync. Carol Stock Kranowitz (2004)**

Ages 8-12. Tale of five family members and their naughty dog (each with a different sensory processing challenge) and how they get in sync after a tough day (89 pages)

**How Does Your Engine Run? A Leader's Guide to The Alert Program for Self-Regulation. Mary Sue Williams & Sherry Shellenberger (1996)**

Describes an innovative program that supports children, teachers, parents, and therapists to choose appropriate strategies to change or maintain states of alertness. Students learn what they can do before a spelling test or homework time to attain an optimal state of alertness for their tasks.

**Making It Easy: Sensor motor Activities at Home and School. Mary Haldy, et al (1999)**

Resource guide deals with children preschool through elementary age who have sensor motor disorders.

**Making Sense of Sensory Integration. Jane Koomar, Stacy Szklut and Sharon Cermak. (audio) (2005)**

Understand the differences between sensory processing disorder and "look-alike" diagnoses. Learn what to look for at different ages and developmental stages from infancy through adulthood.

**My Sensory Book: Working Together to Explore Sensory Issues and the Big Feelings They Can Cause. Lauren H Kerstein. (2008)**

A workbook for parents, professionals and children to be used at a tool to assist children in understanding their sensory systems better.

**The Out-of-Sync Child Has Fun. Carol Kranowitz (2003)**

Presents activities that parents of kids with Sensory Integration Dysfunction can do at home with their child to strengthen their child's abilities-and have some fun together along the way.

The Out-of-Sync Child: Recognizing and Coping with Sensory Integration Dysfunction. Carol Kranowitz. (2006)  
Identifies Sensory Processing Disorder, a common but frequently misdiagnosed problem in which the central nervous system misinterprets messages from the senses.

The Out-of-Sync Child: Recognizing and Coping with Sensory Integration Dysfunction. Carol Kranowitz (2-part video/85 minutes total/2001) (DVD/85 minutes/2009)

This guide explains how SI Dysfunction can be confused with ADD, learning disabilities, and other problems, tells how parents can recognize the problem-and offers a drug-free treatment approach for children who need help.

A Parent's Guide to Understanding Sensory Integration. A Jean Ayres (1991)

Describes the concept of sensory integration, signs of dysfunction, the evaluation, how therapies can help and what parents can do.

Picky, Picky Pete: A boy and His Sensory Challenges. Michelle Griffin. (2010)

Children's book about a boy with sensory processing disorder.

Raising a Sensory Smart Child: The Definitive Handbook for Helping Your Child with Sensory Integration Issues. For children with sensory integration issues-those who have difficulty processing everyday sensations and exhibit unusual behaviors such as avoiding or seeking out touch, movement, sounds, and sights-this groundbreaking book is an invaluable resource.

**Sensational Kids: Hope and Help For Children with Sensory Processing Disorder (SPD). Lucy Jane Miller (2006)**

Portraits of five children illustrate the different ways in which SPD may manifest itself as well as how families cope, while offering hope and advice to parents on how to be the best possible advocates for their children.

SenseAble Strategies: Including Diverse Learners Through Multisensory Strategies. Anne Beninghof (1998)

Grab your students' attention with noisemakers. Draw three-dimensional number lines. Apply puffy paint to workbook pages. These and hundreds of other unique, innovative, classroom-tested strategies target diverse learning styles through the often-underused tactile and kinesthetic modalities.

Sensory Integration and the Child. A. Jean Ayres, PhD (Thirteenth Printing - 1998)

This classic handbook, from the originator of sensory integration theory.

Sensory Issues in Learning & Behavior. Carol Kranowitz. (video) (2009)

Discusses recent research in Sensory Processing Disorder (SPD), the six types of SPD and how they affect the daily lives of children, and available treatment and therapy options. (DVD) (3 hours)

The Sensory Processing Disorder Answer Book: Practical Answers to the Top 250 Questions Parents Ask. Tara Delaney (2008)

Reference book that gives answers to most pressing questions about SPD.

Sensory Processing Disorder: Simulations and Solutions for Parents, Teachers and Therapists. (video) (2006)

Kit includes DVD, small mirror, overhead magnifier, reproducible handouts, and directions on how to carry out the simulation exercises. (DVD Kit) (25 minutes)

The Sensory-Sensitive Child: Practical Solutions for Out-Of-Bounds Behavior. Karen A. Smith, PhD et al (2004)

Explains that the central and frequently unrecognized role that sensory processing problems play in a child's emotional and behavioral difficulties.

Sensory Smarts: A Book for Kids with ADHD or Autism Spectrum Disorders Struggling with Sensory Integration Problems. Kathleen A. Chara, Paul J Chara, Christian P. Chara (2004)

We wrote "Sensory Smarts" to help people dealing with a broad range of Sensory Integration Problems.

Sensory Strategies to Improve Communication, Social Skills, and Behavior. (DVD)

Strategies on how to handle anxiety, behavior, and sensory overload. Provides techniques for better communication.

**This Is Gabriel Making Sense of School: A Book About Sensory Processing Disorder. Hartley Steiner (2010)**

This picture book gives teachers, parents and students a better understanding of all the seven senses, how they are each affected at school and what kinds of accommodations are necessary to help children with SPD become learning sensations.

**Too Loud, Too Bright, Too Fast, Too Tight. Sharon Heller, PhD (2003)**

Provides tools and therapies for alleviating and, in some cases, even eliminating sensory defensiveness.

**Understanding Sensory Dysfunction: Learning, Development and Sensory Dysfunction in Autism Spectrum Disorders, ADHD, LD and Bipolar Disorder. Polly Godwin Emmons et al (2005)**

Understanding Sensory Dysfunction is a clear and comprehensive resource to identifying and addressing sensory dysfunction in children, using a range of practical strategies to help them reach their full potential at home, at school and in the

**Unlocking the Mysteries of Sensory Dysfunction. Elizabeth Anderson and Pauline Emmons (2004)**

Tells parents and teachers what they need to know and what to do about babies who can't be comforted or toddlers who can't communicate.

**Why Does Izzy Cover Her Ears? Dealing with Sensory Overload. Jennifer Veenendall (2009)**

Offers helpful insights about sensory modulation disorders to students, parents, and educators. (39 pages)