

Resource List for Social Skills

SSD Family & Community Resource Center

Parent Education & Diversity Awareness

12110 Clayton Road

St. Louis, MO 63131

314-989-8438/989-8108/989-8194

Activities for A Diverse Classroom: Connecting Students. (2003)

Offers teachers a variety of classroom activities designed to build acceptance, belonging and friendship among all students.

ADD/ADHD Behavior-Change Resource Kit. Ready-to-Use Strategies & Activities for Helping Children with Attention Deficit Disorder. Grad L. Flik, PhD (1998)

Comprehensive new resource is filled with up-to-date information and practical strategies to help kids with attention deficits learn to control and change their own behaviors and build the academic, social, and personal skills necessary for success in school and in life.

All My Life's a Circle — Using the Tools: Circles, MAPS & PATH. Mary A. Falvey et al (1994)

Describes the tools that have been developed to successfully facilitate connections and eventual friendships between students with and without disabilities.

Amelia Rules: The Tweenage Guide to Not Being Unpopular. Jimmy Gownley (2010)

Grades 4-7. Comic book about navigating the promises and pitfalls of popularity. (192 pages)

Armond Goes to a Party: A Book About Asperger's and Friendship. Nancy Carlson. (2014)

Ages 5-9. Armond doesn't want to go to Felicia's birthday party. Parties are noisy, disorganized, and smelly—all things that are hard for a kid with Asperger's. Worst of all is socializing with other kids. But with the support of Felicia and her mom, good friends who know how to help him, he not only gets through the party, but also has fun. When his mom picks him up, Armond admits the party was not easy, but he feels good that he faced the challenge—and that he's a good friend.

Asperger Syndrome and Young Children: Building Skills for the Real World. Teresa Bolick (2004)

Helpful guide for parents and teachers of children aged three to seven with Asperger Syndrome.

Asperger Syndrome: An Owner's Manual. What You, Your Parents and Your Teacher's Need to Know. An Interactive Guide and Workbook. Ellen S. Heller Korin (2006)

Grades 5-8. Designed for young people grades 5 through 8 for use with guidance from a helping adult. Written to be understood by these particular adolescents, "An Owner's Manual" describes what Asperger Syndrome is and how it can affect daily life. (60 pages)

Asperger Syndrome: An Owner's Manual 2 For Older Adolescents and Adults: What You, Your Parents, Your Friends, and Your Employer Need to Know. An Interactive Guide and Workbook. Ellen S. Heller Korin (2007)

Designed for older adolescents (16+) for use with guidance from a helping adult. "An Owner's Manual" describes what Asperger Syndrome is and how it can affect daily life and employment. (124 pages).

The Asperkid's Secret Book of Social Rules: The Handbook of Not-So-Obvious Social Guidelines for Tweens and Teens with Asperger Syndrome. Jennifer Cook O'Toole. (2013)

Adolescents. Social skills book with respectful, funny insights written "for Aspies by an Aspie." Includes illustrations, logic and practice sessions.

The Aspie Girl's Guide to Being Safe with Men: The Unwritten Safety Rules No-one is Telling You. Debi Brown.

Provides need-to-know facts and sensitively yet honestly describes the more subtle social, emotional and safety issues surrounding dating, relationships and sex.

Attainment's Social Standards at School: Instructor's Guide. Judi & Tom Kinney (2005)

This book is comprised of fifty-three social skills that are involved in a typical school day

Autism/Aspergers: Solving the Relationship Puzzle. Steven E. Gutstein, Ph. D. (2000)

Offers a new approach to developing not only social skills, but also relationships.

The Autism Acceptance Book: Being a Friend to Someone with Autism. Ellen Sabin (2006)

Ages 6-13. This book is much more than a book that teaches children about autism. It uses informative narrative and engaging activities to help them develop understanding, compassion, and appreciation for people different from themselves. (61 pages)

Autism and Appropriate Touch: A Photocopiable Resource for Helping Children and Teens on the Autism Spectrum Understand the Complexities of Physical Interaction. Abigail Werner James. (2015)

Practical educational resource to help teach the social rules of touch and personal space to children and teens with Autism Spectrum Disorder with the aim of keeping them safe and helping them to understand what are appropriate interactions in family, educational and community situations.

Autism and Everyday Executive Function: A Strengths-Based Approach for Improving Attention, Memory, Organization, and Flexibility. Paula Moraine. (2016)

Showing how to use an individual's strengths to address executive functioning weaknesses, this approach will also help to build a strong foundation for social and communication skills.

Autism & PDD: Expanding Social Options. Pam Britton Reese & Nena C Challenner (2003)

Ideas for improving social communication and self control.

Be Confident in Who You Are: Middle School Confidential, Book 1. Annie Fox. (2008)

Offers insider information on common middle school concerns and practical advice for being healthy, feeling good about who you are, and staying in control of your feelings and actions—even when the pressure is on.

Be Polite and Kind. Cheri J. Meiners (2004)

Ages 4-8. When children are kind, courteous, and respectful, people enjoy being around them and reciprocate with the same behavior. This book helps kids understand the importance of showing politeness, speaking kindly, using basic courtesies (35 pages)

Be Your Child's Best Advocate. 100 Strategies for Children with Learning or Behavioral Issues. Peggy Schmidt

Helps parents understand and accept what is preventing their child from performing and interacting successfully in school and in social situations. This book is intended to be a voice of encouragement and direction to parents who have not yet found the courage for connections to get help and support for their child. Also contains guidelines for parents who want to improve their effectiveness in getting the right help for their child.

Best Friends, Worst Enemies: Understanding the Social Lives of Children. Michael Thompson, PhD. (2001)

Offer parents an understanding into their kids' relationships with classmates.

Betty Stops the Bully. Lawrence E. Shapiro, PhD (2004)

Ages 8 and up. This book teaches children just what to do when confronted with a bully. The book also helps children who are bullies learn new social skills and encourages children who are bystanders to seek adult help. (44 pages)

Big Picture Thinking: Using Central Coherence Theory to Support Social Skills - A Book for Students. Aileen Zeitz Collucci (2011)

Grades 5 and up. Teaches children on the autism spectrum how to understand and focus on the "whole" of a social situation rather than the sum of its parts. Recommended to be read along with a parent. (196 pages)

Body Talk: Teaching Students with Disabilities about Body Language. Pat Crissey (2013)

Through role playing, games, art activities, watching video clips, and using worksheets, quizzes, and charts, she shows busy educators, speech-language pathologists, and parents how to teach body language.

Building Forever Friendships: Strategies to Help Your Friend with Autism or other Special Needs at School. Rachel Morgan. (2013)

School Age. Strategies for being a good friend, not just to kids with autism, but everyone.

Building Social Relationships: A Systematic Approach to Teaching Social Interaction Skills to Children and Adolescents with Autism Spectrum Disorders and Other Social Difficulties. Scott Bellini, PhD. (2008)

Provides a comprehensive model that incorporates the following five steps: assess social functioning, distinguish between skill acquisition and performance deficits, select intervention strategies, implement intervention, and evaluate and monitor progress.

Bullies and Victims: Helping Your Child Survive the Schoolyard Battlefield. Suellen Fried (1998)

Bullies and Victims explores the context of teasing and the power of relationships between children, as well as the roles of adults, schools, the media, and society at large.

Choosing To Be A GFF (Good Friend Forever). (DVD) (2014)

The voices of students with autism/ASD in 6th through 8th grade are the highlights of this 16-minute cutting-edge film.

Circle of Friends: People with Disabilities and Their Friends Enrich the Lives of One Another. Robert Perske (1988)

Offers true stories and issues to ponder concerning friendships between people with disabilities and others in their community; shows how these circles cut across age groups, generations and races and how the hearts and world views of everyone can be enriched.

Comic Strip Conversations. Carol Gray (1994)

An excellent communication-teaching tool offering illustrated interactions for students with autism and related disorders. These drawings help the student comprehend the exchange of information in a conversation

Crafting Connections: Contemporary Applied Behavior Analysis for Enriching the Social Lives of Persons with Autism Spectrum Disorder. Michell Taubman, Ron Leaf & John McEachin. (2011)

Provides concrete information on developing social skills and instructs readers on how to assess competency, develop programs, and create social skills curricula.

Delicate Threads: Friendships Between Children With and Without Special Needs in Inclusive Settings. Debbie Staub (1998)

Culmination of the author's years of careful observations of friendships between seven pairs of children-each including a child with a moderate to severe disability-who are classmates in an inclusive elementary school.

Destination Friendship: Developing Social Skills for Individuals with Autism Spectrum Disorders or Other Social Challenges. Mary Benton, Carol Hollis, Kelly Mahler & Alice Womer. (2012)

Destination Friendship provides easy-to-use, research-based strategies and activities that support the development of friendship skills in children with ASD within an active and fun learning environment.

Diary of a Social Detective: Real-life Tales of Mystery, Intrigue and Interpersonal Adventure. Jeffrey E Jessum, PhD. (2011)

Ages 9 and up. While enjoying a good story, kids learn how to reflect upon themselves as they observe others; how to read body language and social cues; how to deal with bullies and loudmouths. (295 pages)

Dining & Social Skills for Adults & Teens. (DVD) (2015)

The instructional DVD covers all the basics of dining etiquette and table settings, from a casual breakfast to the most formal affair.

Do-Watch-Listen-Say: Social and Communication Intervention for Children with Autism. Kathleen Ann Quill

This comprehensive intervention guide and accompanying activities are easily adapted to develop a curriculum for both children who are verbal and those who use augmentative and alternative communication, and it can be implemented at home or in the classroom.

Dude, That's Rude: Get Some Manners. Pamela Espeland & Elizabeth Verdick. (2007)

Ages 8-13. Full-color cartoons and kid-friendly text teach the basics of polite behavior in all kinds of situations—at home, at school, in the bathroom, on the phone, at the mall, and more.

Enhancing Everyday Communication for Children with Disabilities. Jeff Sigafos, et al (2006)

Guidebook is an introduction to improving the communication of children with disabilities.

An Exceptional Children's Guide to Touch: Teaching Social Boundaries and Physical Boundaries to Kids. Hunter Manasco. (2012)

Grades K & Up. Friendly picture book explains in simple terms how to tell the difference between acceptable and inappropriate touch, helping children with special needs stay safe. (64 pages)

Exploring Friendships, Puberty and Relationships: A Programme to Help Children and Young People on the Autism Spectrum to Cope with the Challenges of Adolescence. Kate Ripley. (2014)

This evidence-based program is designed to help young people with autism spectrum disorders (ASDs) to cope with the challenges and confusion of the adolescent years.

Feeling Left Out. Kate Petty and Charlotte Firmin (1991)

Grades Pre-K -2. New to the neighborhood, Chris feels left out of various games and social events (10 pages)

Fitting In and Having Fun: Social Skills Training Video Series - Vol. 1 (DVD)

Provides information that can help children connect their own behavior to the responses they are receiving from their peers through "What They're Thinking" insight windows.

Fitting In and Having Fun: Social Skills Training Video Series - Vol. 2 - Moving on to Middle School (DVD)

Gives tips and advice on how students can handle the many new and complex situations that commonly arise in middle school.

Fitting In and Having Fun: Social Skills Video Modeling Series - Vol. 3 - Confident and in Control (DVD)

Provides information that can help children connect their own behavior to the responses they are receiving from their peers through "What They're Thinking" insight windows.

Fitting In and Having Fun: High School Life - Vol. 4 (DVD)

This video modeling DVD follows a teen named Jon as he learns to navigate high school by becoming more aware of the unspoken rules his teachers and peers expect him to know.

A Five is Against the Law! Social Boundaries: Straight Up! An Honest Guide for Teens and Young Adults. Kari Dunn Buron (2007)

Young Adult. Takes a narrower look at challenging behavior with a particular focus on behaviors that can spell trouble for adolescents and young adults who have difficulty understanding and maintaining social boundaries. (47 pages)

Friendly Facts - A Fun, Interactive Resource to Help Children Explore the Complexities of Friends and Friendship. Margaret-Anne Carter & Joseph Santomauro. (2010)

Fun and engaging activities to help develop social insight and understanding in elementary aged children.

Friends Forever: How Parents Can Help Their Kids Make and Keep Good Friends. Fred Frankel, Phd. (2010)

A systematic plan for parents to help their kids acquire and sustain friendships

Friends & Inclusion. Peggy Hutchison, John Lord & Karen Lord. (2010)

Peggy, John & Karen describe their personal search and exploration of five approaches to building the good life that Karen enjoys.

Friends at School. Rochelle Bunnett (1995)

Ages 4-8. Shows that given the opportunity, children readily accept each other's differences. Emphasizes in a relaxed, natural way that even though some children may look different and have different abilities, all children like to do the same things (29 pages)

The Friendship Factor: Helping Our Children Navigate Their Social World – and Why it Matters for Their Success and Happiness. Kenneth Rubin, PhD (2002)

Provides a missing piece to what really matters for a child's healthy emotional development-"the friendship factor."

From Behind the Piano: The Building of Judith Snow's Unique Circle of Friends. Jack Pearpoint (1993)

A description of the evolution of friendships and the Joshua Committee including Judith Snow, Marsha Forest, Jack Pearpoint and friends.

Getting from Me to We: How to Help Young Children Fit In and Make Friends. Shonna Tuck. (2015)

Helps parents understand the roots of these problems, which take hold at a very young age, and give their kids the foundational skills necessary to form connections and friendships

Glad Monster, Sad Monster: A Book About Feelings. Ed Emberley & Anne Miranda (1997)

Ages 4-8. Sometimes it's hard to tell someone that you are sad or happy, lonely or glad. This book enables children and adults to discuss feelings. (8 pages)

Good Friends Are Hard to Find: Help Your Child Find, Make and Keep Friends. Fred Frankel (1997)

Teaches parents how to help their 5 to 12 year olds make friends and solve problems with other kids. Offers concrete help for teasing, bullying and meanness, both for the child who is picked on and the tormentor.

Good Intentions are Not Good Enough: A Guidebook for Anyone Who Feels Socially Out of Step with Others. Michelle Garcia Winner & Pamela Crooke. (2016)

This book is a primer about the social mind in the workplace, but the concepts and strategies are equally applicable in all areas of life.

Growing Up Social: Exploring How Social Communication Develops and Strategies to Help. Michelle Garcia Winner (DVD) (2007)

Active social skill development begins with birth and expands across our lifetime. Social thinking concepts and strategies will be introduced to supports this teaching across the home and school day, including an exploration of how we organize our communicative interactions and utilize active perspective taking throughout each day.

Guide to Dating for Teenagers with Asperger Syndrome. Jeannie Uhlenkamp (2009)

Teens. A dating and relationship guide that provides answers to questions that teens have about developing relationships with others. (129 pages)

A Guide to Writing Social Stories: Step-by-Step Guidelines for Parent and Professionals. Chris Williams & Barry Wright. (2017)

Comprehensive, clear, easy guide to writing effective personalised Social Stories™ that give children social information, creating many benefits for them.

Guidelines: Practical Tips for Working and Socializing with Deaf-Blind People. Theresa B Smith (1994)

Workbook is designed for anyone interested in working or interacting with people who are deaf-blind, whether as a guide, facilitator, interpreter or friend.

The Hidden Curriculum of Getting and Keeping a Job: Navigating the Social Landscape of Employment - A Guide for Individuals with Autism Spectrum and Other Social-Cognitive Challenges. Brenda Smith Myles, Judy Endow & Malcom Mayfield. (2013)

Provides necessary yet often untaught information on a variety of topics related to getting a job, finding a mentor, networking, using agencies, interviewing, talking with supervisors, dealing with on-the-job-frustrations, understanding the social rules at work and many other topics.

The Hidden Curriculum and Other Everyday Challenges for Elementary-Age Children with High Functioning Autism. Haley Morgan Myles & Annelise Kolar. (2013)

Simple, no-nonsense advice on how to handle everyday occurrences that can be challenging for children on the autism spectrum.

The Hidden Curriculum: Practical Solutions for Understanding Unstated Rules in Social Situations. Brenda Smith Myles, et al (book and DVD) (2004)

This book offers practical suggestions and advice for how to teach and learn those subtle messages that most people seem to pick up almost automatically but that have to be directly taught to individuals with social-cognitive challenges.

How Big is Your Circle? A Musical Promoting Healing of Exclusion, Ridicule and Violence. (book and CD) Jeff Moyer (2000)

A flexible array of materials built around a musical, which addresses the problems of exclusion, ridicule and violence and their solutions within school communities. Materials include: script, choral and string orchestra score, individual string and choral parts, classroom activity guide and CD.

How Can I Be A Good Friend to Someone With Autism / Choosing to Be A GFF (Good Friend Forever). (DVD) (2 films, 16 minutes each)

Grades K-5 & 6-8. Two films that promote autism awareness and acceptance by showing students what it is like for their peers with autism and how they can interact with them.

How Rude: The Teenagers' Guide to Good Manners, Proper Behavior, and Not Grossing People Out. Alex J Packer, PhD. (1997)

Teens. This etiquette book keeps you laughing as you learn the basics of polite behavior in all kinds of situations. (472 pages)

How to Be a Friend: A Guide to Making Friends and Keeping Them. Laurie Krasny Brown & Marc Brown (1998)

Ages 5-10. Dinosaur characters illustrate the value of friends, how to make friends, and how to be and not to be a good friend (31 pages)

How to Make Friends...Secrets for Making Lots of Friends, No Matter How Shy You Are. Lonny Michelle (2000)

Ages 8 and up. Learn to make all the friends you want - easily gaining confidence how popular kids get that way getting rid of shyness - forever! What to talk about even if you can't think of anything to say changing the way people think about you today! (62 pages)

How to Teach Life Skills to Kids with Autism or Asperger's. Jennife McIlwee Myers. (2010)

Shows you how to: create opportunities for children to learn in natural settings and situations; teach skills such as everyday domestic tasks, choosing appropriate attire, and being polite; help individuals on the spectrum develop good habits that will help them be more fit and healthy; improve time management skills such as punctuality and task-switching.

I Get It: Building Social Thinking and Reading Comprehension Through Book Chats. Audra Jensen. (2011)

Explains an organized teaching approach called Book Chat that uses children's literature, often picture books, to teach social thinking and improve reading comprehension

I Know How to Act. (DVD) (14 minutes)

Is a play within a play, featuring both students with special needs and typically developing peers acting out different social behaviors.

Including People with Disabilities in Faith Communities: A Guide for Service Providers, Families and Congregations. Erik Carter (2007)

A congregational community is an ideal place to share and strengthen faith, form lasting relationships, and develop special gifts and talents. Too often, though, people with developmental and other disabilities lack the opportunities and supports to fully participate in the life of their faith community.

Incorporating Social Goals in the Classroom - A Guide for Teachers and Parents of Children with High-Functioning Autism & Asperger Syndrome. Rebecca A. Moyes (2001)

This book provides practical, hands-on strategies to teach social skills to children with high-functioning autism and Asperger Syndrome.

Incredible 5 Point Scale: Assisting Students with Autism Spectrum Disorders in Understanding Social Interactions and Controlling their Emotional Responses. Kari Dunn Buron & Mitzi Curtis (2004/book) (2005/ DVD/26 minutes)

Explains use of 5-point scales to help students understand and control their emotional reactions to everyday events that might otherwise set in emotion escalating reactions.

The Incredible 5-Point Scale: The Significantly Improved and Expanded Second Edition; Assisting Students in Understanding Social Interactions and Controlling their Emotional Responses. Kari Dunn Buron & Mitzi Curtis.

Includes refinements to the original scales, now considered "classics" in homes and classrooms across the country and abroad, as well as lots of new scales specifically designed for two groups of individuals: young children and those with more classic presentations of autism, including expanded use of the Anxiety Curve.

Inside Out: What Makes a Person with Social-Cognitive Deficits Tick? Michelle Garcia Winner (2002)

Gives teaching techniques to help students identify their social deficits, leading to the acquisition of skills such as initiating conversations or activities, listening and attending, understanding abstract language, taking others' perspectives, seeing the big picture and using humor

Intricate Minds: Understanding Classmates with Asperger Syndrome (DVD) (2005) (12 minutes)

Through interviews with students who have Asperger Syndrome (AS), this video offers an inside look at how teenagers with AS act, think and feel -- and how they're routinely treated.

Intricate Minds II: Understanding Elementary School Classmates With Asperger Syndrome (DVD) (2006) (16

The program includes interviews with boys and girls aged 8 through 12 who describe what it's like to have Asperger Syndrome.

Intricate Minds III: Understanding Elementary School Classmates Who Think Differently (DVD) (2006) (18

The program features interviews with boys and girls aged 8 through 12 who describe what it's like to have conditions that make them act differently from their peers in school. They reveal some of the positive qualities classmates will find if they look past these "different" behaviors.

It's So Much Work To Be Your Friend: Helping Children with Learning Disabilities Find Social Success. Richard Lavoie (book and DVD) (2005) (90 minutes)

Rick Lavoie provides powerful strategies for teaching friendship skills in the classroom, the home front, and the community. Gain field-tested advice on how to help children work through daily social struggles and go from being picked on and isolated to becoming accepted and involves.

Jarvis Clutch- Social Spy. Mel Levine (2001)

Ages 9-12. Learn about social cognition as Jarvis spies on himself and the students at his middle school. (198 pages)

Join In and Play: Learning to Get Along. Cheri J Meiners (2004)

Ages 4-8. It's fun to make friends and play with others, but it's not always easy to do. You have to make an effort, and you have to know the rules—like ask before joining in, take turns, play fair, and be a good sport. (35 pages)

Kibbles Rockin' Clubhouse: Expressing Yourself - vol 1 (DVD) (40 minutes)

Preschool. Learn social skills through creative visuals, peer modeling and fun songs.

Kids with Down Syndrome: Staying Healthy and Making Friends. (DVD) (2008) (120 minutes)

Brings parents and professionals from around the world together to give an up-to-date and comprehensive guide to the health and social challenges in the years from walking to adolescence.

Know the Code at School: Social Standards at School Program. (DVD) (2003) (6 segments, 83 minutes)

Elementary. Social skill training program presents social skills in a lively, story-based format.

Last One Picked...First One Picked On: Learning Disabilities and Social Skills. Rick Lavoie (DVD) (2005) (60 minutes)

Playing with friends usually is a happy ritual for most children. But kids with learning disabilities are often isolated and rejected. This program addresses the social problems these children face - and offers some practical solutions.

Learning About Friendship: Stories to Support Social Skills Training in Children with Asperger Syndrome and High Functioning Autism. K.I. Al-Ghani (2011)

This collection of ten fully illustrated stories explores friendship issues encountered by children with ASD aged 4 to 8 and looks at how they can be overcome successfully.

Let's Be Friends: A Workbook to Help Kids Learn Social Skills & Make Great Friends. Lawrence E Shapiro, PhD & Julia Holmes (2008)

40 simple, fun activities to teach kids to: find deep & lasting friendships; develop give-and-take relationships; cope with rejection & disappointment.

Let's Talk Emotions: Helping Children with Social Cognitive Deficits, Including AS, HFA, and NVLD, Learn to Understand and Express Empathy and Emotions. Terese A Cardon (2004)

Guide to breaking down the abstract concepts that are involved with "intellectual empathy" and teach children with SCD to identify and respond to their own feelings as well as the feelings of others.

Making Friends is an Art. Julia Cook. (2012)

Grades K and up. Teaches kids of all ages how to practice the art of friendship and getting along with others. Included in the book are tips for parents and teachers on how to help children who feel left out and have trouble making friends. (32 pages)

Manners for the Real World: Basic Social Skills (DVD) (2008) (44 minutes)

Teens. Guide to the right manners and behaviors for common social situations, with straightforward instructions and clear demonstrations.

Manners Matter!: Temple Talks to Kids. Veronica Zysk. (2018)

Grades 1-6. Temple steps away from the world of adults and talks directly to kids themselves, sharing her experiences living with and growing up with autism in kid-friendly language and colorfully illustrated stories and characters. 43 pages.

Mike's Crush for Families: Teaching Relationship Skills to Adolescents with Autism, Asperger's or Intellectual Disabilities. Nancy Nowell. (video) (2011)

Video and booklet designed to help adolescents understand the social signals and skills necessary to have healthy friendships and safe intimate relationships. (DVD)

Mom, They're Teasing Me: Helping Your Child Solve Social Problems. Michael Thompson, Ph.D., Lawrence J. Cohen, Ph.D., with Catherine O'Neil Grace (2002)

Using case studies and a question and answer format this book shows parents and teachers what a typical child may confront daily with other children.

Movie Time Social Learning: Using Movies to Teach Social Thinking and Social Understanding. Anna Vagin, PhD.

Takes an activity many students already love—watching movies—and uses it as a springboard to study the intricacies of social interaction, the depth and range of emotions we experience in our lives, and the social expression that drives our interactions.

Moving to Middle School: Life Skills and Coping Skills for Successful Student Transition. Melodie Wenz-Gross, et al (2002)

This unique program is based on six years of research conducted at the University of Massachusetts showing that students experience increased stress during transition into middle school, not only in academics, but in their relationships with peers and teachers.

My Community. (CD-ROM) (2004)

Ages 5-15. Teaches appropriate social behaviors, interactions, expectations and safety precautions with various peers and adults in their community.

My School Day. (CD-ROM) (2009)

Ages 5-12. Teaches appropriate behavior, peer interaction and the rules and rituals, all within a familiar elementary school setting.

My Social Stories Book. Carol Gray (2002)

Ages 2-6. Taking the form of short narratives, the stories in this book take children step-by-step through basic activities, such as brushing your teeth, taking a bath and getting used to new clothes. Also helps children to understand different experiences such as going to school, shopping and visiting the doctor. (150 pages)

Navigating the Social World. Jeanette McAfee, M.D. (2001)

This book offers professionals and parents a thorough and definitive program with forms, exercises and visual guides for students with Asperger's Syndrome and High Functioning Autism related disorders.

Navigating the Social World. Jeanette McAfee, MD. (DVD) (2003) (3 hours)

Through fun skits, audience participation and presentations, this video offers ideas that will give the viewer easy-to-follow strategies to teach social skills and increase social awareness.

The New Social Story Book. Carol Gray (1994) & (2000)

Contains her groundbreaking concepts that are being used all over the world to teach vital social and functional skills to children with autism.

Nurturing Narratives: Coaching Comprehension & Creating Conversation. Lauren Franke & Christine Durbin

Story-based language intervention for children with language impairments that are complicated by other developmental disabilities.

101 Ways to Make Friends: Ideas and Conversation Starters for People with Disabilities and their Supporters. Aaron Johannes & Susan Stanfield. (2011)

Using plain language and simple graphics, the book is a collection of ideas collected from people with disabilities, their friends, families, neighbours and networks.

The Original Social Storybook. Carol Gray (1994)

Includes sections on stories about home, school, the community, social skills and writing your own stories.

The Original Social Story Book. Jenison Public Schools. (1993)

Written for children and adults with autism by students in Mrs. Johnson's Psychology and Sociology classes at Jenison High School in Jenison, Michigan.

Our Friendship Rules. Peggy Moss & Dee Dee Tardif. (2011)

Ages 5 & Up. When Alexandra realizes what it feels like to lose her best friend, and sees the hurt she's caused, she knows she has to figure out a way to regain the relationship that's far more important to her than being invited to sit with the popular girls.

Our Journey Through High Functioning Autism and Asperger Syndrome: A Roadmap. Linda Andron (2001)

Text written by families who have experienced Asperger syndrome first-hand. They share their practical and original strategies for dealing with issues such as helping children to develop empathy and humor, maintaining friendships, and explaining their disorder to others.

Out and About: Preparing Children with Autism Spectrum Disorders to Participate in their Communities. Jill Hudson & Amy Bixler Coffin (2007)

Focus is on the every day, how to enable and support individuals on the autism spectrum to participate, to the maximum extent possible, in the community around them.

Peer Buddy Programs for Successful Secondary School Inclusion. Carolyn Hughes & Erik Carter (2008)

Gives schools step by step guidance they need to get a peer buddy program started and keep it going.

Peer Play and the Autism Spectrum: The Art of Guiding Children's Socialization and Imagination. Pamela J Wolfberg. (2003)

Offers an introduction to the basic principles, tools and techniques that comprise the Integrated Play Groups model.

Peer Pressure Gauge. Julia Cook. (2013)

Grades K-3. Teachers, parents, and kids alike will enjoy this imaginative story of how rising peer pressure feels, as they learn the skills necessary to triumph over this difficult issue. (30 pages)

Peer Support Strategies: For Improving All Student's Social Lives and Learning. Erik W. Carter, et al (2009)

Teens speak out with other teens and share thoughts on self-management, communication, medication, abilities and success. (160 pages)

A Place of Our Own. (DVD) (2008) (97 minutes)

Provides parents and child care providers with information to help young children develop social, emotional and cognitive skills.

Please Pass the Manners: Etiquette for Children and Teens. Barbara Buck & Kathleen Satori. (2005)

Ages 8 & up. Offers a fun, creative and friendly approach to learning proper etiquette. (127 pages)

Please Stop Laughing at Me...One Woman's Inspirational Story. Jodee Blanco (2003)

Tells how school became a frightening and painful place, where threats, humiliation, and assault were as much a part of her daily experience as bubblegum and lip-gloss were for others. It is an unflinching look at what it means to be an outcast, how even the most loving parents can get it wrong, why schools fail, and how bullying is both misunderstood and mishandled.

A Politically Incorrect Look at Evidence-based Practices and Teaching Social Skills: A Literature Review and Discussion. Michelle Garcia Winner (2008)

Explores the complex development of our social intelligence and asks questions that challenge us to think more deeply about how we define social skills and develop programs for students with social learning disabilities.

Possibilities, Disabilities & the Arts. Keri Bowers (DVD) (67 minutes)

Shows how we can use the arts to improve social and life skills, language, cognition, physical and emotional well-being, and create potential career paths for those with special needs.

Promoting Social Success: A Curriculum for Children with Special Needs. Gary Siperstein (2004)

Text focuses on helping children learn the cognitive skills behind appropriate social behavior rather than teaching them a set of specific behaviors to enact.

Put Yourself in Their Shoes: Understanding Teenagers with ADHD. Harvey C. Parker (1998)

Gives the reader a sense of what it is like to be an adolescent with ADHD. Contains up-to-date information on how ADHD affects the lives of adolescents at home, in school, in the workplace, and in social relationships.

Quinn at School: Relating, Connecting, and Responding at School. Rick H. Warren (2011)

Ages 3-7. Interactive activates, based on evidence-based best practices teach how Quinn learns the "ropes" of social interactions at school. Includes poster and CD-ROM. (121 pages)

Quirky Kids: Understanding and Helping Your Child Who Doesn't Fit In — When to Worry and When Not to Worry . Perry Klass et al (2004)

Provides the guidance that families with quirky children so desperately need.

Raise Your Child's Social IQ. Stepping Stones for People Skills for Kids. Cathi Cohen (2000)

This book offers direct, sense-making, step-by-step exercises that parents can do with their children to increase their social skills and awareness.

Raising the Shy Child: A Parent's Guide to Social Anxiety. Christine Fonseca. (2015)

Uses a combination of real-world examples and stories from adults and children with social anxiety disorder to show parents and educators how to help children find a path through their fear and into social competence.

Ready to Play! A Tale of Toys and Friends, and Barely Any Bickering. Stacey R. Kaye (2009)

Book about positive social interaction behavior.

Ready-to-Use Self-Esteem Activities for Young Children. Jean R. Feldman, PhD (1997)

Resource provides over 220 illustrated activities to help young children feel good about themselves ... develop friendships ... celebrate diversity ... and accept changes! For easy use, all activities include a specific purpose, materials and step-by-step directions and are organized into six sections: Wonderful Me ... Friends, Friends, Friends ... Feelings & Emotions ... Same & Different ... Changes ... Parent Pack.

Real Friends vs. the Other Kind: Middle School Confidential. Annie Fox. (2009)

Offers insider information on making friends, resolving disputes, and dealing with other common middle school concerns—like gossip, exclusion, cyberbullying, crushes, peer pressure, and being there for friends who need help.

Relationship Development Intervention with Children, Adolescents and Adults: Social and Emotional Development Activities for Asperger Syndrome. Steve Gutstein & Rachelle Shelly (2002)

Activities can be undertaken independently, or with a teacher or therapist, and a full scheme for the evaluation of progress and objectives is included.

Relationship Development Intervention with Young Children: Social and Emotional Development Activities for Asperger Syndrome, Autism, PDD and NLD. Steve Gutstein & Rachelle Shelly (2002)

Designed for younger children, typically between the ages of two and eight, this comprehensive set of activities emphasizes foundation skills such as social referencing, regulating behavior, conversational reciprocity and synchronized actions.

Relationship series series II: Boyfriend/ Girlfriend. (DVD)

Video series of relationships for people with ID/DD (intellectual & developmental disabilities)

Relationship Skills 101 for Teens: Your Guide to dealing with Daily Drama, Stress & Difficult Emotions Usind DBT. Sheri Van Dijk. (2015)

Teens. Offers powerful tools based in dialectical behavior therapy (DBT) to help you regulate your emotions so you can build better relationships with your parents, friends, and peers.

Rules. Cynthia Lord (2006)

Grade 4-7. Twelve-year-old Catherine has conflicting feelings about her younger brother, David, who has autism. While she loves him, she is also embarrassed by his behavior and feels neglected by their parents. In an effort to keep life on an even keel, Catherine creates rules for him (It's okay to hug Mom but not the clerk at the video store). (200 pages)

School Rules. (CD-ROM) (2005)

Ages 8-18. Teaches social awareness, peer interaction, language interpretation and the unwritten rules of the upper grades by portraying current, real-life social situations.

Vol 1 - Structured Activities

Classroom, group work, PE class & locker room, personal hygiene, hallway.

Vol 2 - Unstructured Activities

Lockers, time management, social awareness, cafeteria, hanging out with friends.

The Science of Making Friends: Helping Socially Challenged Teens and Young Adults. Elizabeth Laugeson. (2013)

This book offers parents a step-by-step guide to making and keeping friends for teens and young adults with social challenges such as those diagnosed with autism spectrum disorder, ADHD, bipolar, or other conditions.

Seeing Is Believing: Video Self-Modeling for People with Autism and Other Developmental Disabilities. Tom Buggey, PhD. (2009)

Video self-modelling (VSM) is a proven and effective method for teaching new or more advanced skills and behaviours to people with autism. Explains the process of making self-modelling videos from start to finish.

Seeing the Charade: What We Need to Do and Undo to Make Friendship Happen. Carol Tashie, et al (2006)

This book is aimed at overcoming friendship barriers and the facilitation of friendships in inclusive environments.

Seven Steps to Improve Your Child's Social Skills. Kristy Hagar, PhD. Et al (2006)

Seven step workbook to guide parents as they write about practical strategies to improve a child's social development

Share and Take Turns. Cheri Meiners (2003)

Ages 4-8. Explains what sharing means and provides examples of different ways that two people can share what they both want, such as taking turns, dividing things, or playing together (35 pages)

Show Me: A Teacher's Guide to Video Modeling. Carol Dittoe & Heather Bridgman. (2017)

This book is meant to inspire readers to think about how they can use video modeling by providing many real-life examples of students who have used and benefitted from watching videos to learn social skills, positive behaviors, and academics.

The Shy Child: Helping Children Triumph Over Shyness. Dr. Ward Kent Swallow (2000)

Parents of shy children worry, and with good reason. Shyness can interfere with a child's growth, development, school performance and social experiences. Offers solutions.

The Sixth Sense II. Carol Gray (2002)

Educates students on behaviors that might otherwise be misinterpreted as frightening, odd, or rude. The program focuses on "the sixth sense," the social sense which the non-autism spectrum disorder students have. Via activities and discussion formatted in the book, students discuss "what is it like to have sixth sense impairment?"

60 Social Situations & Discussion Starters to Help Teens on the Autism Spectrum Deal with Friendships, Feelings, Conflict and More: Seeing the Big Picture. Lisa A Timms (2011)

Teens. Written with both parent and teen in mind, every story outlines a real-life situation that young people on the autism spectrum are likely to encounter. Each story is followed by questions such as 'what else might he have done?', 'how do you think she felt?' and 'why do you think they were upset?' along with practical tips for parents on how to initiate constructive discussions.(160 pages)

Skills to Pay the Bills: Mastering Soft Skills for Workplace Success. Office of Disability Employment Policy. (DVD & guidebook)

Created for youth development professionals as an introduction to workplace interpersonal and professional skills, the curriculum is targeted for youth ages 14 to 21 in both in-school and out-of-school environments.

Social Behavior Mapping: Connecting Behavior, Emotions and Consequences Across the Day. Michelle Garcia Winner. (2007)

SBM is a visual tool that displays abstract concepts through a flow chart to help those with social thinking challenges understand what behaviors are expected and unexpected in a way that makes sense to their way of thinking.

Social Behavior and Self-Management: 5-point Scales for Adolescents and Adults. Kari Dunn Baron, Jane Thierfeld Brown, Mitzi Curtis & Lisa King. (2012)

Uses scales as a way of explaining social and emotional concepts to individuals who have difficulty understanding such information but have a relative strength in understanding systems.

Social Fortune or Social Fate: A Social Thinking Graphic Novel Map for Social Quest Seekers. Pamela Crooke & Michelle Garcia Winner. (2011)

Ages 12-17. The core of the book consists of 10 social scenarios, each one scenario is played out through the lens of Social Fortune or Social Fate by demonstrating visually how a situation can change quickly based on how someone reacts within it. Every scenario begins with a mini-story told through a four pictured comic strip which then leads the protagonist to a decision making point. If the decision made leads to others feeling good and ultimately the character feeling good about him or herself, this will be represented as "social fortune." However, if the protagonist makes a decision that traps him/her and peers/adults in an uncomfortable or frustrating situation, this leads to "social fate." (82 pages)

Social Literacy: A Social Skills Seminar for Young Adults with ASDs, NLDs, and Social Anxiety. Mary Riggs Cohen. (2011)

Curriculum for high-functioning adults, designed to build a broad range of social skills through explicit instruction and coaching in order to find and keep a job, establish relationships, and participate fully in adult life.

Social Relationships and Peer Support (Teacher's Guides to Inclusive Practices). Rachel Janney & Martha Snell

Book provides general and special educators, school principals, counselors, and related service staff with a bridge from inclusion research to inclusive practice, one subject at a time.

Social Rules for Kids: The Top 100 Social Rules Kids Need to Succeed. Susan Diamond (2011)

Ages 7-14. Gives easy-to-follow social rules accompanied by why and how we follow them. (131 pages)

Social Skills Activities for Secondary Students with Special Needs. Darlene Mannix (1998)

Help students build the skills they need to interact effectively with others with 187 ready-to-use worksheets that teach students how to apply skills at home, at school, at work, among peers, and in the community.

Social Skills Games & Activities for Kids with Autism. Wendy Ashcroft, Angela M Delloso & Anne Marie K Quinn. (2013)

Using the principles of Applied Behavior Analysis, the book takes teachers through motivating, prompting, shaping, modeling, and reinforcing social skills while playing the games and helping students learn to participate in other activities such as demonstrating the social skill in role plays and the natural environment.

The Social Skills Handbook: Practical Activities for Social Communication. Sue Hutchings et al (1997)

A guide for anyone involved in setting up and running social skills groups.

Social Skills: Meeting and Greeting. onSpectrum. (33 minutes) (DVD)

Covers the basics of interacting with friends and acquaintances. Each skill is introduced by a child narrator and illustrated step by step. The skill is then reinforced by three vignettes which also model the skill.

The Social Skills Picture Book: For High School and Beyond. Dr. Jed. Baker (2006)

Specifically geared toward older students. The Social Skills Picture Book for High School and Beyond offers a visual learning format. Photos of actual students engaging in a wide variety of social situations show, rather than tell, the right (and wrong) ways to interact in different circumstances

The Social Skills Picture Book: Teaching Play, Emotion and Communication to Children with Autism. Dr. Jed Baker (2001)

This book demonstrates through photographs nearly 30 social skills such as conversation, play, emotion management and empathy. It breaks down social skills into basic components..

Social Skills Solutions: A Hands-on Manual for Teaching Social Skills to Children with Autism. Kelly McKinnon, MA, & Janis Krempa, M.Ed (2002)

Manual with tools that assesses and provides baseline social skills for autistic children.

Social Skills Comics: Conversation Skills in School. Michael Canavan. (2012)

Ages 7-12. 25 comics are designed to show children the expected and unexpected ways to behave in a variety of typical schools social situations. (106 pages)

Social Skills Success for Students with Autism/Asperger's: How to Teach Conversation Skills, Prevent Meltdowns, and Help Kids Fit In. Fred Frankel & Jeffrey J Wood. (2011)

The book helps educators instruct youth on conversing with others, displaying appropriate body language, managing anxiety, initiating and participating in get-togethers, and more.

Social Skills Training and Frustration Management. Dr. Jed Baker (DVD) (4.5 hours)

Dynamic and comprehensive presentation is extremely valuable to all family members and professionals working with individuals with autism spectrum disorders, attention deficit disorders, learning disabilities, mood and anxiety disorders, and other issues that impact social-emotional functioning.

Social Thinking At Work, Why Should I Care: A Guidebook for Understanding and Navigating the Social Complexities of the Workplace. Michelle Garcia Winner & Pamela Crooke. (2011)

Describes the inner workings of the social mind in the workplace and decodes the hidden rules of the social world by explaining how we think about our own, as well as other peoples thoughts and emotions.

Social Thinking Worksheets for Tweens and Teens: Learning to Read in Between the Social Lines. Michelle Garcia Winner (2011)

Ages 10-14. Worksheets to help students explore concepts such as learning about other's perspectives, problem solving, emotion regulation, coping with your inner boss and more. (189 pages)

The Social World of Children Learning to Talk. Betty Hart & Todd R. Risley (1999)

Charts the month-by-month growth of the children's vocabulary, utterances, and use of grammatical structures.

Socially ADDept: Teaching Social Skills to Children with ADHD, LD, and Asperger's. Janet Z Giler, PhD. (2011)

Helps educators and parents teach the hidden rules of social behavior to children, ages 8-13, with limited social skills.

Socially Curious and Curiously Social. Michelle Garcia Winner & Pamela Crooke (2009)

Teens. This anime-illustrated guidebook is written for teens and young adults to learn how the social mind is expected to work in order to effectively relate to others at school, at work, in the community and even at home. (209 pages)

The Socially Included Child: A Parent's Guide to Successful Playdates, Recreation, and Family Events for Children with Autism. Laurie LeComer (2009)

This organizational tool teaches the IDEAL model: **I**ntroduce an activity, **D**etermine the tasks involved, **E**valuate your expectations, **A**ccommodate for success, **L**ist the activity components visually.

Soft Skills Training: A Workbook to Develop Skills for Employment. Frederick Wentz. (2012)

Realistic perspective on work-related expectations and the expectations of the supervisors who hire them. It will help students develop their problem solving skills, guide them in making appropriate decisions, and create a desire to plan out goals and achieve them.

**Special Kids Learning Series: Let's Go To...Speech & Skills Development Video Modeling Program. (DVD) (2006)
(30 minutes)**

School Age. There are lots of places to go in a day. Join John and learn what happens and how you behave wherever you go.

Stand in My Shoes: Kids Learn About Empathy. Bob Sornson. (2013)

Ages 3-7. This book teaches young children the value of noticing how other people feel.

Straight Talk About Peer Pressure. (DVD) (14 minutes)

Grades 6-8. Helps middle school students learn how to navigate through peer situations which conflict with feelings and values.

Successful Problem-Solving for High-Functioning Studentw with Autism Spectrum Disorders. Kerry Mataya & Penny Owens (2013)

Teaches how to integrate the book's problem-solving chart into classrooms, homes, and social skills groups to help individuals with ASD to learn to problem solve effectively.

Successful Social Stories for Young Children: Growing Up with Social Stories. Dr Siobhan Timmins (2016)

Introduces ways of thinking about the issues your child finds difficult, and includes 32 stories created by Dr Siobhan Timmins for her son during his early years, with helpful explanations of how she did it, and what the underlying thinking was behind each set of stories.

SUPERFLEX...A Superhero Social Thinking Curriculum. Stephanie Madrigal & Michelle Garcia Winner. (2008)

Through this comic book and curriculum, students are encourage to think about thinking and what they can to self-regulate some of their own wayward thoughts and behaviors. (Book and comic book)

Superflex takes on Glassman and the Team of Unthinkables. Stephanie Madrigal & Michelle Garcia Winner. (2009)

Grades K-5. Comic book in the Superflex series, the superhero, Superflex, swoops down to help Aiden overcome the Unthinkable, Glassman (who causes our over-reactions to small things), at just the right time: the first day of school!

Super Silly Sayings that are Over Your Head: A Children's Illustrated Book of Idioms. Catherine Snodgrass (2004)

Grades 1-4. Tool for visual learners that depicts both the literal and actual meanings of commonly used idioms in an ingenious manner that is sure to capture the attention and interest of children and adults alike. (28 pages)

Super Skills: A Social Skills Group Program for Children with Asperger Syndrome, High-Functioning Autism and Related Challenges. Judith Coucouvanis. (2005)

Highly structured lessons are grouped under four types of skills necessary for social success: fundamental skills, social interaction skills, getting along with others, and social response skills.

The Survival Guide for Making and Being Friends. James Crist. (2014)

Ages 8-13. Practical advice covers everything from breaking the ice to developing friendships to overcoming problems.

Taking No For An Answer and Other Skills Children Need. Laurie Simons, M.A. (2000)

Children want to spend time with their parents, and they like to play. Taking advantage of these two compelling desires, this book offers 50 quick, lively games that families can play to help children learn and practice 12 important skills.

Talkability: People Skills for Verbal Children on the Autism Spectrum – A Guide for Parents. Fern Sussman (2006)

Grades Pre-K – 3. Information guide is for parents and caregivers of young children who have difficulty socializing and interacting with others. .

Teaching Children with Autism: Strategies to Enhance Communication and Socialization. Kathleen Ann Quill

This book describes teaching strategies and instructional adaptations, which promote communication and socialization in children with autism.

Teaching Children with Autism: Strategies for Initiating Positive Interactions and Improving Learning Opportunities. Robert Koegel & Lynn Kern Koegel (1995)

Provides a comprehensive approach to behavioral intervention, gives an overview of the characteristics and long-term strategies, and details specific techniques for normalizing environments, reducing disruptive behavior, improving language.

Teaching Children With Autism to Mind-Read : A Practical Guide for Teachers and Parents. Patricia Howlin, Simon Baron-Cohen & Julie Hadwin (1998)

Explores the relationship of "theory of mind" deficits to other areas of children's functioning and describes existing experimental work that has attempted to enhance the skills associated with understanding others' minds

Teaching Conversation to Children With Autism: Scripts And Script Fading. Lynn E. McClannahan PhD & Patricia J. Krantz PhD (2005)

Describes scripts that parents and teachers can use to help children learn to initiate conversation, thereby improving communication.

Teaching Social Skills to Hearing-Impaired Students. Patrick Schloss, et al (1990)

Volume is written for teachers and parents of children who are hearing-impaired and provides them with a systematic framework for teaching and modifying social behavior in children.

Teamwork Isn't My Thing, and I Don't Like to Share. Julia Cook. (2012)

Grades K - 6. With the help of his coach, RJ learns that working as a team and sharing are skills needed not just on the soccer field, but in school and at home too! (32 pages)

Thanks for the Feedback: My Story about Accepting Criticism and Compliments the Right Way. Julia Cook (2013)

Grades K-3. Parents and teachers will love taking kids on RJ's journey as he discovers feedback's many forms, and learns to accept and grow from criticism and compliments at home, school and with friends. (30 pages)

That's My Buddy! Friendship and Learning Across the Grades. Child Development Project (1996)

Designed to support groups of teachers as they start a Buddies program or enhance an existing approach to cross-age learning and friendships.

Think Social! A Social Thinking Curriculum for School-Age Students. Michelle Garcia Winner (2008)

Provides methods for teaching social thinking to students not only with high functioning autism, Asperger's Syndrome and ADHD, but all others, diagnosed and undiagnosed, with social thinking challenges.

Thinking About You, Thinking About Me: Teaching Perspective Taking and Social Thinking to Persons with Social Cognitive Learning Challenges. 2nd Edition. Michelle Garcia Winner (2007)

Has over 340 pages, including 140 new pages of information, two new chapters and an updated philosophy throughout. The assessment chapter has been re-written and expanded to include a Social Thinking Dynamic Assessment Protocol

Tobin Learns to Make New Friends. Diane Murrell (2001)

Preschool. A great tool for learning one of the most basic social skills, this colorful picture book is quite effective in teaching social skills to children with autism, Asperger's Syndrome, and other pervasive developmental disorders. Readers follow Tobin, a train, as he learns to make friends and engage in proper social activities Preschool. (31 pages)

Too Old for This, Too Young for That: Your Survival Guide for the Middle School Years. Harriet S Mosatche, PhD & Karen Unger. (2010)

Ages 10 and up. Practical tips and tools for all kinds of situations—getting settled in at middle school, making friends, handling peer pressure, setting and reaching goals, and dealing with body changes and getting along better with family and adults.

Top Secret Job Skills Declassified. (CD-ROM)

Animated, interactive CD for transition age teens, with and without disabilities, to learn the interpersonal skills that are needed to be successful in the interview and on the job.

Totally Chill, My Complete Guide to Staying Cool: A Stress Management Workbook for Kids with Social, Emotional, or Sensory Sensitivities. Christopher Lynch, PhD. (2012)

Stress management workbook that is meant to be read, completed, and used as much as possible by children themselves. Its fun graphics and interactive style make it ideal for children grades 3 through middle school.

The Tough Kid Social Skills Book. Susan M. Sheridan, Ph.D. (1995-2000 8th printing)

Grades 1-8. Teach students how to resolve conflict, express frustration, and interact with others.

Trainman- Gaining Acceptance and Friends through special interests. Stefan & Barbara Kavan (2011)

Elementary. Provides readers with a glimpse inside the mind of a young boy with ASD as he tells his story of special interests, explaining autism to his class, and making friends. (41 pages)

The Unwritten Rules of Friendship: Simple Strategies to Help Your Child Make Friends. Natalie Madorsky Elman & Eileen Kennedy-Moore (2003)

Guidebook enables parents to sharpen any child's social skills by pinpointing the child's particular social strengths and difficulties.

Unwritten Rules of Social Relationships. Temple Grandin & Sean Barron (2005)

Explains the unwritten rules and patterns of social relationships.

VB-MAPP: Verbal Behavior Milestones Assessment and Placement Program: A Language and Social Skills Assessment Program for Children with Autism or Other Developmental Disabilities. (Guide) Mark Sundberg. (2014)

Provides educators and parents with an effective means of assessing the learning, language and social skills of children with autism or other intellectual disabilities.

VB-MAPP: Verbal Behavior Milestones Assessment and Placement Program: A Language and Social Skills Assessment Program for Children with Autism or Other Developmental Disabilities. (Protocol) Mark Sundberg.

Brings together the procedures and teaching methodology of ABA and Skinner's analysis of verbal behavior in an effort to provide a behaviorally based language assessment program for all children with language delays

Video Modeling for Young Children with Autism Spectrum Disorders: A Practical Guide for Parents and Professionals. Sarah Murray & Brenna Noland. (2013)

Explains how professionals and parents can use innovative video modeling techniques to support the development of young children with autism spectrum disorders in school, home or community settings.

Visual Techniques for Developing Social Skills: Activities and Lesson Plans for Teaching Children with High-Functioning Autism and Asperger's Syndrome. Rebecca Moyes (2012)

Provides practical, hands-on strategies for teaching social skills to children with high-functioning autism and Asperger's Syndrome.

A Week of Switching, Shifting, and Stretching: How to Make My Thinking More Flexible. Lauren H Kerstein. (2014)

School Aged. Assists children on the autism spectrum, and any child for that matter, in examining their black-and-white thinking in order to begin to think more flexibly rainbow thinking. Using repeated rhymes and illustrations, the child begins to recognize that the more flexible his or her thinking is, the better he or she is able to cope with the challenges that life presents, ultimately leading to fewer tantrums and meltdowns.

What Every Kid Should Know about Manners and Etiquette. (DVD) (60 minutes)

Three-part video program where kids teach kids and have a great time doing it using humor, songs, funny costumes and situations in which kids often find themselves.

What to Do When Kids Are Mean to Your Child. Elin McCoy (1997)

Answers all the basic questions parents have about the painful topics of teasing, bullying, and rejection and offers aged-based, what-to-do tactics for teaching kids to counter such behaviors.

What Would You Do? A Kid's Guide to Sticky and Tricky Situations. Linda Schwartz (1990)

Ages 9-12. Helps kids and their parents discuss and decide in advance how they would handle sticky and tricky situations. (184 pages)

What You Must Think of Me: A Firsthand Account of One Teenager's Experience with Social Anxiety Disorder.

Emily Ford. (2007)

Teens. Outlines the various psychotherapies available for those with SAD and explains how to seek professional help, how to talk to family and friends about the illness, and how to handle difficult social situations.

Watch Me Learn. (DVD series)

Uses video modeling to help children learn social skills, functional skills and language skills.

Vol 1 - A New Beginning

Blocks, games, object identification, greetings

Vol 2 - Let's Play!

Hide & seek, tag, drawing, simon says, washing hands, story time, singing, parade

Vol 3 - School Days

Circle time, gym, art, math, recess, bus time, lunch, packing

Vol 4 - Friends

Mother may I, catch, baking, snack time, charades, basketball, painting

Vol 5 - Riding, Hiding, Food and Fun!

Why questions, sounds around us, bike riding, eating different foods, hiding toys, what goes together

What's That Look on Your Face? All About Faces and Feelings? Catherine Snodgrass (2008)

Illustrates various facial expressions and the feelings they represent .

What's Wrong With Timmy? Maria Shriver (2001)

Ages 4-8. Making friends with a boy with intellectual disabilities helps Kate learn that the two of them have a lot in common (40 pages)

Whole Body Listening Larry at Home. Kristen Wilson & Elizabeth Sautter (2011)

Elementary. Teaches children how to listen with their whole body and why it is important to do so. (35 pages)

Whole Body Listening Larry at School. Elizabeth Sautter & Kristen Wilson (2011)

Elementary. Teaches children how to be whole body listeners at school. (28 pages)

Why Does Chris Do That? Some Suggestions Regarding the Cause and Management of the Unusual Behavior of Children and Adults with Autism and Asperger Syndrome. Tony Atwood (revised 2003)

Book examines the behavior concerns of people with high functioning autism and Asperger syndrome.

Why Don't They Like Me? Helping Your Child Make and Keep Friends. Susan Sheridan, PhD (1998)

"How-to" book for teaching children age-appropriate social skills.

Why is Everybody Always Picking on Me? A Guide to Handling Bullies. Terrence Webster-Doyle (1999)

Ages 9-12. This is a workbook for bullies and victims ages eight to fourteen. With sample dialogue and exercises, it teaches children to respect themselves and introduces them to a variety of threatening situations and how to resolve them nonviolently. (144 pages)

Why Is It Always Me? Polly Behrmann (1991)

Teens. Book developed for teenagers and young adults to help them cope with a wide variety of social situations common to their age group. (67 pages)

With Open Arms: Creating School Communities of Support for Kids with Social Challenges Using Circle of Friends, Extracurricular Activities and Learning Teams. Mary Schlieder (2007)

Kids with Asperger Syndrome, attention deficit disorder, learning disabilities, and behavior disorders, as well as English language learners, often face even greater social challenges, resulting in feelings of isolation. Book provides practical, easy-to-use techniques for even the busiest school personnel

A Work in Progress Companion Series: Vol 1 "Cool" Versus "Not Cool". Autism Partnership. (DVD &

Teaches students to understand the difference between behaviors that are socially appropriate (cool) and those that are inappropriate (not cool).

Worksheets! For Teaching Social Thinking and Related Skills. Michelle Garcia Winner (2007)

Consists of 250 worksheets specifically designed to offer more lessons in teaching social thinking that dovetail both off the lessons discussed in all of Michelle G. Winner's other books: Inside Out: What Makes the Person With Social Cognitive Deficits Tick? Thinking About You Thinking About Me, and the Think Social! A Social Thinking Curriculum for School Age Students

Writing Social Stories with Carol Gray. (DVD) (2000) (180 minutes)

An actual Carol Gray Social Stories Workshop on Social Stories.

You Are a Social Detective: Explaining Social Thinking to Kids. Michelle Garcia Winner & Pamela Crooke. (2008)

Elementary. Comic book that introduces the social thinking curriculum. Works through expected vs. unexpected behavior and other social concepts. (64 pages)

The Zones of Regulation. Leah M Kuypers. (2011)

Curriculum geared toward helping students gain skills in consciously regulating their actions, which in turn leads to increased control and problem solving abilities.