

Resource List for Tourette Syndrome
Family & Community Resource Center
Special School District of St. Louis County
12110 Clayton Road
St. Louis, MO 63131
314-989-8438/989-8108/989-8194

Children with Tourette Syndrome: A Parent's Guide. Tracy Haerle (1992)

Guide is a collaboration by a team of medical specialists, therapists, people with TS and parents.

Hi, I'm Adam: A Child's Story of Tourette Syndrome. Adam Buehrens (1991)

Grades 1 to 6. A ten year old boy wrote and illustrated this book because he wants everyone to know he and other children with Tourette's Syndrome are just like them. (35 pages)

I Have Tourette's But Tourette's Doesn't Have Me. (2005) (DVD)

Children with Tourette's Syndrome, ages 8 to about 14, candidly describe what it's like to have Tourette's, a misunderstood neurological disorder. They show what their tics are like, talk about difficulties with school, social isolation, embarrassment, and feeling misunderstood and even unwanted due to the inherited condition they have no control over.

It's Not Just the Tics: Classroom Learning and Behavioral Issues with Tourette Syndrome. (2001)

Living with Tourette Syndrome. Elaine Fantle Shimberg (1995)

Presents information on coping with all aspects of Tourette's – from diagnosis to treatment.

A Regular Kid, That's Me! (video) (45 minutes)

Shows children with Tourette Syndrome ages 7-27 interacting with several teachers in classroom settings.

Ryan: A Mother's Story of Her Hyperactive/Tourette Syndrome Child. Susan Hughes (1990)

Mother's story about her struggle to understand her son's hyperactive and destructive behavior

Stop It, I Can't. (video) (13 minutes)

Awareness documentary for elementary ages written to create sensitivity and reduce ridicule for children with TS.

Taking Tourette Syndrome to School. Tia Krueger (2001)

Ages 5 to 10. Megan has Tourette syndrome. Her story will help other children understand that her tics are not something she can control, but rather, a part of her life (22 pages)

A Teacher Looks At Tourette Syndrome. Susan Conners. (video) (2007)
(DVD)

Teaching the Tiger: A Handbook for Individuals Involved In the Education of Students with Attention Deficit Disorder, Tourette Syndrome and Obsessive-Compulsive Disorder. Marilyn Dornbush (1995)

Designed to help teachers, parents, students and relatives maximize the educational plans necessary to help the children with these disorders.

Tictionary: A Reference Guide to the World of Tourette Syndrome, Asperger Syndrome, Attention Deficit Hyperactivity Disorder and Obsessive Compulsive Disorder for Parents and Professionals. Becky Ottinger (2003)
A-Z resource guide is for anyone needing information and common-sense strategies as they deal with the neurological disorders of Tourette Syndrome, Asperger Syndrome, attention deficit hyperactivity disorder and obsessive-compulsive

Tourette Individuals Can Succeed: A Workbook for Parents and Teachers of Children with Tourette Syndrome, Attention Deficit Disorder, Obsessive Compulsive Disorder and All Other Disorders. Becky Ottinger (2000)
Handbook for parents and teachers. Includes appropriate adjustments in the classroom and curriculum.

Tourette Syndrome: Finding Answers and Getting Help. Mitzi Waltz (2001)

A consumer guide to Tourette's syndrome, offering resources for families living and dealing with Tourette's.

Understanding Tourette Syndrome. (CD-ROM) (2001)

This CD contains educational materials about Tourette Syndrome. The CD is divided into 3 sections; Part 1 for Parents, Part 2 for Teachers and Part 3 for Children.

What Makes Ryan Tick? A Family's Triumph over Tourette Syndrome and Attention Deficiency Hyperactivity Disorder. Susan Hughes (1996)

Story about Ryan, a young man with Tourette Syndrome and ADHD.