

EMOTIONAL DISTURBANCE **RESOURCES, DEFINITION & CRITERIA**

Local Resources

BILY (BECAUSE I LOVE YOU)
Gateway Parent Support Group
801 1st Capital Drive
St. Charles, MO
314-993-7550

BJC Behavioral Health
314-729-4004
www.bjcbehavioralhealth.org
Provides mental health services, therapy, targeted case management to children and adults with mental illness or mental health needs. Outpatient, aftercare, and specialized services are provided to children who are seriously and emotionally ill. Other services include a telephone hotline and crisis response.

Bridges Community Support Services
3114 Sutton Blvd.
Maplewood, MO 63143
314-781-7900
www.bridgescss.com
Offers interpersonal counseling; OT, PT and speech therapies; behavior therapy and evaluations; supported living services, person-centered planning and more.

Cardinal Glennon Children's Hospital
314-577-5600
www.cardinalglennon.com

CHADS Coalition for Mental Health – the Dora Project
PO Box 510528
St. Louis, MO 63151
314-952-2046
www.chadscoalition.org

Provides support for families of children ages 5-22 with depression or other emotional concerns. Comprehensive family resource guide (hotlines, treatment centers, support groups) available online.

Child Center of Our Lady/Marygrove
2705 Mullanphy Lane
St. Louis, MO 63031
314-383-0200

Provides residential treatment, day treatment, psychotherapy, out patient, diagnostic treatment and respite care for children who have severe anxiety, conduct disorders, depression, ADD, post-traumatic stress disorders and other problems.

Crider Health Center
1032 Crosswinds Ct.
Wentzville, MO 63385-4836
636-332-6000
www.cridercenter.org
The mission of the agency is "To build resilience and promote recovery through partnerships for health."

Edgewood Children's Center
330 N. Gore
St. Louis, MO 63119
314-968-2060
www.eccstl.org
Residential and day treatment, special education, evaluation and in-home respite care services for children ages 5 to 17 who are severely emotionally or behaviorally disturbed.

Epworth
110 N. Elm Avenue
St. Louis, MO 63119
314-961-5718

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www.epworth.org

Provides emergency shelter, residential and intensive treatment, family reunification therapy, transitional and independent living programs, special education and a 24-hour help line.

Hawthorn Children's Psychiatric Hospital

1901 Pennsylvania Ave.

St. Louis, MO 63133

314-512-7800

www.dmh.missouri.gov/hcph

Hawthorn is a children's psychiatric hospital that is owned and operated by the Missouri Department of Mental Health.

Hopewell Center

1504 South Grand

St. Louis, MO 63104

Phone (314) 531-1770

www.hopewellcenter.com

Not for profit that provides comprehensive mental health services to the Metropolitan St. Louis community.

Mercy Child Development Center

641 N. New Ballas Road

St. Louis, MO 64141

314-872-3345

<http://www.mercy.net/stlouismo/practice/mercy-childrens-therapy-and-development-center>

Provides individual and group therapies, psycho-educational testing, behavior management counseling for parents.

Metropolitan St. Louis Psychiatric Hospital

5351 Delmar Blvd

St. Louis, MO 63122

314-877-0500

www.dmh.missouri.gov/mpc/

Residential treatment facility for children and adults operated by the Department of Mental Health.

National Alliance on Mental Illness (NAMI) St. Louis

1750 S. Brentwood Blvd, Suite 511

St. Louis, MO 63144

314-962-4670

www.namistl.org

Provides support, education, advocacy and research for families and friends of people with serious mental illness. HELPLine, library, newsletter, support groups.

Provident Counseling

www.providentstl.org

Provides mental health counseling and treatment for problems such as depression, stress, family conflict and more.

Psychological Services Center

St. Louis University

221 N. Grand Ave.

St. Louis, MO 63103

314-977-2278

www.slu.edu

Psychological counseling including behavior therapy and treatment for stress, anxiety and depression.

The Self Help Center

8301 Crest Industrial Dr.

St. Louis, MO 63123

314-781-0199

<http://selfhelpcenter.org>

St. Anthony's Hyland Behavioral Health Center

10018 Kennerly Road

St. Louis, MO 63128

314-525-4400

<http://www.stanthonysmedcenter.com/Hyland/hyland.asp>

Provides adult and adolescent inpatient and outpatient services for psychiatric, chemical dependency and dual diagnostic patients.

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St. Louis Children's Hospital
One Children's Place
St. Louis, MO 63110
314-454-4537

www.stlouischildrens.org

St. Louis Empowerment Center
1908 Olive St.
St. Louis, MO 63103
314-652-6100

www.stlempowerment.org

St. Louis Obsessive-Compulsive
Disorder Support Group
Missouri Baptist Medical Center
3015 New Ballas
St. Louis, MO 63141
314-842-7728

www.stlocd.org

Meets 10 a.m. every third Saturday.

St. Louis Psychiatric Rehab Center
5300 Arsenal Street
St. Louis, MO 63139
877-6500

www.dmh.missouri.gov/slprc/

State Resources

Missouri Department of Mental Health
Division of Comprehensive Psychiatric
Services
573-751-8017

www.dmh.missouri.gov/mentalillness

Responsible for assuring the availability of prevention, evaluation, treatment, and rehabilitation services for individuals and families requiring public mental health services throughout the State of Missouri.

National Resources

Beach Center on Families and Disability

www.beachcenter.org

Family Connection program provides families and practitioners with information on providing positive behavior support.

Council for Children with Behavioral Disorders

www.ccbd.net

Works to improve educational programs for children with emotional and behavioral disturbances.

Depression and Bipolar Support Alliance

www.ndmda.org

Mental Health America

www.nmha.org

Provides information, public education and legislative action.

National Alliance for Mental Illness (NAMI)

<http://www.nami.org/>

Focus on educating America about mental illness, offering resources to those in need and insisting that mental illness become a high national priority.

National Federation of Families for Children's Mental Health

www.ffcmh.org

National parent-run organization to assist children and families to provide information and engage in advocacy regarding research, prevention, early intervention, family support and more.

National Institute of Mental Health

www.nimh.nih.gov

Obsessive-Compulsive Foundation

www.ocfoundation.org

SAMHSA'S National Mental Health Information Center

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www.mentalhealth.org

Free information about mental health including publications, references and referral to local and national resources.

Hotlines

National Institute of Mental Health
Anxiety Disorder Hotline
888-ANXIETY

National Institute of Mental Health
Panic Disorders Hotline
800-64-PANIC

National Youth Suicide Hotline
800-SUICIDE

Online Resources

The Balanced Mind Foundation
<http://www.thebalancedmind.org/>
Family resources for kids with mood disorders.

Family Village
<http://www.familyvillage.wisc.edu>
Library (click on first letter of a specific disability in the card catalog to go to resources)

National Dissemination Center of
Children with Disabilities (NICHCY)
<http://nichcy.org>

DEFINITION AND ELIGIBILITY CRITERIA FROM APPENDIX A OF THE MISSOURI STATE PLAN

Emotional Disturbance Definition

“Emotional Disturbance” means a condition exhibiting one or more of the following characteristics over a long

period of time and to a marked degree that adversely affects a child’s educational performance:

- A. An inability to learn that cannot be explained by intellectual, sensory or health factors;
- B. An inability to build or maintain satisfactory interpersonal relationships with peers and teachers;
- C. Inappropriate types of behavior or feelings under normal circumstances;
- D. A general pervasive mood of unhappiness or depression; and,
- E. A tendency to develop physical symptoms or fears associated with personal or social problems.

The term includes schizophrenia, but does not apply to children who are socially maladjusted unless it is determined they have an emotional disturbance.

Criteria for Initial Determination of Eligibility

A child displays an emotional disturbance when:

- A. Through evaluation procedures that must include

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observation of behavior in different environments, and an in-depth social history the child displays one of the following characteristics:

- 1) An inability to learn that cannot be explained by intellectual, sensory or health factors;
- 2) An inability to build or maintain satisfactory interpersonal relationships with peers and teachers;
- 3) Inappropriate types of behavior or feelings under normal circumstances;
- 4) A general pervasive mood of unhappiness or depression; and,
- 5) A tendency to develop physical symptoms or fears associated with personal or social problems.

B. The characteristic(s) must have existed to a marked degree and over an extended period of time. In most cases, an extended period of time would be a range from two (2) through nine (9) months depending upon the age of the child and the type of behavior occurring. For example, a shorter duration of disturbance that interrupts the learning process in a younger student might constitute an extended period of time.

Difficulties may have occurred prior to the referral for evaluation;

C. The emotional disturbance adversely affects the child's educational performance.

NOTE: Manifestations of an emotional disturbance can be observed along a continuum ranging from normal behavior to severely disordered behavior. Children who experience and demonstrate problems of everyday living and/or those who develop transient symptoms due to a specific crisis or stressful experience are not considered to have an emotional disturbance.