

Section VI — Resources

Programs & Agencies
Support Groups
Advocacy Groups
Recreation
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Sibling Support

Parent Handbook

Parent Education & Diversity Awareness

Special School District of St. Louis County

12110 Clayton Road

St. Louis, MO 63131

(314) 989-8108/989-8438/989-8194/989-8431

www.ssdmo.org

PROGRAMS, AGENCIES & SUPPORT GROUPS

Action for Autism/ AFA Academy

636-227-2330

www.afastl.org

ACTION FOR AUTISM (AFA) is a St. Louis-based 501(c)(3) charitable organization, founded in 2008, to address the growing need to assist children and their families with Autism Spectrum Disorders (ASD). AFA serves children and families who reside within a 250 mile radius of St. Louis. ACTION FOR AUTISM provides financial support to families, while also facilitating therapy and learning, as well as preparing children for a successful future, within its AFA Academy facilities, providing services for children through age 21.

Adapt-Ability

314-432-1101

<http://www.adapt-ability.org/>

Services include jobsite accommodation, home modification, customized wheelchairs, occupational therapy, computer access, assistive communication, training, funding location and assistance.

Adam Morgan Foundation

314-447-2326

<http://cfc-stl.weebly.com/adam-morgan-foundation.html>

Provides resources, equipment and interventions to families raising children with Autism Spectrum Disorders at the age of three and older at little to no cost to the families.

American Diabetes Association

888-342-2383

www.diabetes.org/saintlouis

American Heart Association

314-692-5635

www.heart.org

American Lung Association of Missouri

314-645-5505

www.lung.org

Annie's Hope – The Bereavement Center for Kids

1333 W. Lockwood, Suite 104

St. Louis, MO 63122

314-965-5015

<http://www.annieshope.org/>

Provides comprehensive support services for children, teens and their families who are grieving the death of someone significant.

Artists First

7190 Manchester Rd

Maplewood, MO 63143

(314) 781-4440

www.artistsfirst.org

Offers an art based day program for adults with disabilities, evening classes for adults with disabilities, after school art classes and summer art camps for kids and open studio time for teenagers. We also host classes offered by Spirited Hands, the St. Louis ARC, St. Louis Community College and others

Assistance with Respite Care in the Home (ARCH)

314-569-0247

<https://www.slarc.org/programs/family-support/in-home-support/>

Assists families with accessing respite care services in the family's home or home of the provider.

Autism Speaks – St. Louis Chapter

(314) 989-1003

<https://www.autismspeaks.org/site-wide/st-louis-chapter>

Autism Speaks is dedicated to promoting solutions, across the spectrum and throughout the lifespan, for the needs of individuals with autism and their families through advocacy and support; increasing understanding and acceptance of autism spectrum disorder; and advancing research into causes and better interventions for autism spectrum disorder and related conditions.

Behavioral Health Response

<http://www.bhrstl.org/>

314-469-6644, 314-469-3638 (TTY)

800-811-4760

The community behavioral health safety net, ensures compassionate and immediate barrier free access to crisis behavioral health services.

Big Brothers/Big Sisters of Eastern Missouri

501 N Grand Blvd, Suite 100

St. Louis, MO 63103

314-361-5900

www.bbbsemo.org

Social service program is designed to help children who have shown a need for a strong relationship with an interested adult. Serves boys ages 5 to 17; girls ages 5 to 17.

BJC Behavioral Health

North - 3165 McKelvey Rd. Suite 200, 314-206-3900
South – 11102 Lindbergh Business Ct, 314-206-3400
Central - 1430 Olive, Suite 500, 314-206-3700
Crisis line: 314-469-6644
Call Center – 314-747-7491
www.bjcbehavioralhealth.org

Provides and coordinates an array of mental health services for citizens residing in St. Louis City, St. Louis County, and the counties of St. Francois, Iron and Washington, Missouri. We serve as the point of entry for people eligible for services funded through the DMH and we also provide services under some health plans and grants.

BJC Behavioral Health – School Outreach Services

314-286-0460
<https://www.bjcschooloutreach.org/Home>

Provides mental health support for school systems from early childhood through high school.

Boy Scouts of America-Greater St. Louis Area

314-361-0600
www.stlbsa.org

Area council integrates children with disabilities into existing scouting programs as well as special scout troops and packs.

Brain Injury Association of Missouri

314-426-4024/800-444-6443
www.biamo.org

Provides support groups, information and referral, leisure activities, advocacy and a speakers bureau.

Bridges Community Support Services, Inc.

314-781-7900
www.bridgescss.com

Offers full-time residential support, part-time community support, counseling and behavior therapy, and affordable training provided in a convenient location to front-line staff and managers on a variety of required and specialized topics led by experienced and credentialed professionals.

Bureau of Special Health Care Needs

800-451-0669
www.health.mo.gov/living/families/shcn

Children with Special Health Care Needs Program provides funding for health/medical services for children under the age of 21 who meet medical and financial eligibility guidelines and need diagnostic or treatment services from specialist physicians. Also provides: • Cystic Fibrosis, Hemophilia, Head Injury, Sickle Cell Anemia, Genetics Services and First Steps Programs

Cardinal Glennon Children’s Hospital

314-577-5600
www.cardinalglennon.com

September, 2017

Center for Hearing and Speech

9835 Manchester Road
St. Louis, MO 63119
314-968-4710
www.hearing-speechstlouis.org

Nonprofit organization, founded in 1920, serves all ages and all abilities. • Hearing services (evaluation, consultation, assistive listening devices, hearing aid service) • Speech services (evaluation/therapy, accent reduction, voice, stuttering program) • Other services (mobile unit services, health education literature and speakers, lip-reading classes, sign language classes, year ‘round activities and workshops.

Central Institute for the Deaf

825 South Taylor Ave
St. Louis, MO 63110
314-977-0132 (v), 314-977-0037 (TDD)
www.cid.edu

Nonprofit organization provides education, research and clinical services to help hearing impaired children and adults. Independent educational evaluations • diagnosis/intervention for young children with hearing/language impairments • family center for infants • education services for hearing-impaired children through age 14 to learn speech, language and skills for successful mainstreaming. Research in adult and childhood deafness, including educational benefit of cochlear implants.

CHADS Coalition for Mental Health – the Dora Project

314-952-8274
www.chadscoalition.org

Provides support for families of children ages 5-22 with depression or other emotional concerns. Comprehensive family resource guide (hotlines, treatment centers, support groups) available online.

C.H.A.M.P.S. Assistance Dogs Inc.

314-653-9466
www.champdogs.org

Increase the independence of children and adults with disabilities by partnering them - free of charge - with specially selected and trained service dogs.

Childgarden Child Development Center

4150 Laclede Ave.
St. Louis, MO 63108
314-531-8148
<http://childgarden.org/>

Provides care for children 6 weeks to 5 years, and before and after school care for children 5 to 8 years. Early intervention services available for children birth to 5 years.

Children’s Home Society of Missouri/Family Forward

1167 Corporate Lake Dr

St. Louis, MO 63132
314-968-2350

www.chsmo.org

Provides long-term residential, respite and hospice care to children birth -21 with developmental and physical disabilities, and an adoption program that includes pregnancy counseling, family and individual counseling.

Churchill Center & School

1021 Municipal Center Dr.
Town & Country, MO 63131
314- 997-4343

<http://www.churchillstl.org/>

Offers workshops, training, and speakers to educate our community about learning disabilities and strategies for success.

Concordia Seminary

801 Seminary Place
St. Louis, MO 63105
314-505-7000
314-505-7151 (TTY)

www.csl.edu

Sign language instruction.

Continuing Education/Paraquad

5240 Oakland Ave.
St. Louis, MO 63110
voice: 314/289-4200
tty: 314/289-4252

<https://www.paraquad.org/programs-and-services/education-programs/continuing-education/>

Not-for-profit agency offers continuing education for adults with developmental disabilities. Courses emphasize academics and skills that create confidence and aid independent living. Ages 21 and older. • Job placement service — includes job site training and support as needed • Inclusion program — assists students in attending classes in the community accompanied by a “buddy.”

Creative Concepts for Living, Inc.

314-731-0075

www.ccliving.org

Provides individualized supported living and vocational opportunities to people with developmental disabilities, including multiple physical disabilities, blindness and deafness.

Crohn's & Colitis Foundation of America-Mid America Chapter

314-863-4747

<http://www.crohnscolitisfoundation.org/chapters/mid-america/>

Deaf Community Center

8764 Manchester Rd, Suite 201
Brentwood, MO 63144

314-222-0041 (video phone)

www.stldcc.wix.com/stldcc

Umbrella organization composed of representatives from organizations united to better serve the community of people who are deaf and hard of hearing.

Deaf Inter-Link

314-837-7757

314-222-0137 (VP)

www.deafinterlink.com

24-hour emergency service of interpreters and referral service.

Deaf Way Interpreting Services

Paraquad, Inc.

314-289-4294

<https://www.paraquad.org/programs-and-services/deaf-way-interpreting-services/>

Provides sign language interpreting services.

Delta Gamma Center for Children with Visual Impairments

1750 S. Big Bend Blvd.

Richmond Heights, MO 63117

314-776-1300

www.dgckids.org

Not-for-profit agency provides individualized services (birth through three years) to the child and family that include: assessments, parent support, vision screening, parent-child classes, home visits, occupational, physical & speech therapy services.

Disabled Athletes Sports Association

636-477-0716

<http://www.dasasports.org/>

Programs introduce both children and adults to sports and fitness activities that promote physical fitness, self-confidence, family values, and a positive, team-building environment designed to encourage personal growth throughout all aspects of life.

Division of Family Services/St. Louis County

9900 Page Ave.

St. Louis, MO 63132

314-426-9600

www.dss.mo.gov

Income assistance programs, food stamps and Medicaid applications. Supervision of foster care and child abuse and neglect.

Down Syndrome Association of Greater St. Louis

8531 Page Ave

St. Louis, MO 63114

314-961-2504

www.dsagsl.org

Offers a variety of services for individuals with Down syndrome and their families that include parent

support group, meetings, newsletter, new parent counseling, speakers bureau and social events.

Eardley Family Clinic for Speech, Language and Hearing

Fontbonne University

6800 Wydown

St. Louis, MO 63105

314-889-1407

<https://www.fontbonne.edu/academics/colleges/college-of-education-and-allied-health-professions/the-eardley-family-clinic-for-speech-language-and-hearing/>

Provides evaluation and treatment for children and adults.

Easter Seals Midwest

13545 Barrett Parkway Dr, Suite 300

St. Louis, MO 63021

314-432-6200

www.eastersealsmidwest.org

Helps individuals with developmental disabilities learn to live, work and participate in the community.

• Training & therapy services, Employment services, Supported living services, Supported socialization services, In-home services (Parenting Program) and summer program

Emergency Children's Home (ECHO)

3033 N. Euclid Ave.

St. Louis, MO 63115

314-381-3100

Offers special education and residential treatment for children ages 8 to 19 with disabilities, predominantly severe behavior disorder. • Special education classes • Residential Treatment Program.

Enabling Mobility Center

314-289-4202

TTY 314-289-4252

<https://enablemob.wustl.edu/EMC/emc.htm>

Provides an accessible environment for people with disabilities to: exercise with trained professionals, be evaluated on the mobility skills course and test new assistive technology, be educated about personal health and wellness, acquire pre-owned medical equipment at a low-cost, acquire information about disability related services and try new products.

Epilepsy Foundation Missouri & Kansas

314-781-4949/1-800-264-6970

<http://www.efmk.org/>

Provides information and services for persons affected by epilepsy and their families that includes education, support groups, employment assistance, counseling and residential assistance.

Epworth Children & Family Services

110 North Elm

St. Louis, MO 63119

314-961-5718

www.epworth.org

United Methodist Children's and Family Services of Missouri, Inc. programs for adolescents and teens with learning disabilities, behavior disorders and emotional disorders. • Special Education Program • Day Therapy Program • Independent Living Program • Residential Treatment • Counseling Services.

Family Mental Health Collaborative

(314)747-7492

<http://www.stlouisco.com/HealthandWellness/HealthCentersandMedicalServices/FamilyMentalHealthCollaborative>

Collaboration of non-profit mental health organizations with offices located throughout Saint Louis County.

Family Resource Center/Family Forward

3309 S. Kingshighway

St. Louis, MO 63139

314-534-9350

www.frcmo.org

Non-profit private agency offering therapeutic counseling services to prevent and treat child abuse and neglect. • Family treatment program • parenting education • family preservation and reunification services • group treatment for sexually abused children • psychological evaluation • professional training & consultation

Fragile X Resource Center of Missouri

www.fragilex.org/community/links-support-network/fragile-x-resource-center-of-missouri

Promotes education and research and holds monthly meetings.

Genetics Services

Cardinal Glennon Children's Hospital Department of Pediatrics

314-577-5600

www.cardinalglennon.com/medicalspecialties/genetics/Pages/Genetics.aspx

Services include evaluation and counseling, chromosome analysis, DNA testing for specific disorders, biochemical studies and referral to other medical specialists.

Giant Steps of St. Louis

7281 Sarah St.

St. Louis, MO 63143

314-932-1051

www.giantstepsstl.org

Offers an alternative to traditional approaches for children with autism and related disorders and provides support for families.

Girl Scout Council of Eastern Missouri

314-592-2300

www.girlscoutsem.org

Area council integrates girls with disabilities into existing scouting programs.

Give Kids a Smile

636-397-6453

<http://www.givekidsasmile.org/Default.aspx>

Provides free dental care and education to underserved children.

Good Shepherd School for Children

1170 Timber Run Dr.

St. Louis, MO 63146

314-469-0606

www.goodss.org

Non-profit, non-sectarian, inclusive preschool & child care center for all children ages 6 weeks-6 years. Offers special services that include physical, occupational, speech/language, developmental therapy. Any of all of these therapies can be provided to a child during preschool, childcare or in the home.

Governor's Council on Disability

<http://disability.mo.gov/gcd>

Provides technical assistance, information and referral, and presentations on disability laws and issues. Objectives include increasing employment opportunities and participation in the community for individuals with disabilities.

Great Circle

330 N. Gore

St. Louis, MO 63119

844-424-3577

<https://www.greatcircle.org/>

Offers special education and treatment for children ages 5 to 17 who are severely emotionally or behaviorally disturbed. • Residential Treatment • Residential Program for Children with Autism • Respite care services • Day treatment program for non-residents • Hitchcock School for non-traditional learners grades 6-12 • Tutoring

Greater Missouri Tourette Syndrome Association (TSA)

314-984-9019

www.missouritsa.org

Support group, newsletter, information packets, lending library, speakers and inservice to schools and groups.

Greater St. Louis Association of the Deaf

2190 Creve Coeur Mill Road

Maryland Heights, MO 63043

314-222-2318

Videophone: 314-222-0185

www.gslad.org

Social and recreational activities.

Hawthorne Children's Psychiatric Hospital

1901 Pennsylvania Ave.

St. Louis, MO 63133

314-512-7800

<http://dmh.mo.gov/hcph/>

As part of the Department of Mental Health's System of Care, provides inpatient care to children and adolescents in acute psychiatric crisis and to provide residential care and educational services to adolescents with severe emotional disturbance.

Hearing Loss Association of America - Greater St. Louis Chapter

<http://www.hlaastl.org>

International organization dedicated to the education and awareness of the complications of hearing loss and what can be done about it.

Hear Ink

314-427-1113

www.hearink.com

Open and closed captioning of videotapes, real-time captioning of live events, note taking by certified court reporters.

Hopewell Center

Phone (314) 531-1770

www.hopewellcenter.com

Not for profit that provides comprehensive mental health services to the Metropolitan St. Louis community.

Independence Center

314-533-4245

www.independencecenter.org

Provides psychiatric rehabilitation program based on the Clubhouse Model, community support, psychiatric treatment, partial hospitalization, supported housing, residential care, supported employment, crisis intervention, supported education, wellness programming.

Institute for Human Development, UMKC

816-235-1770

www.ihd.umkc.edu/

An information and referral service that can help individuals, families and organizations locate needed services and obtain materials on a variety of topics related to developmental disabilities and low incidence disabilities.

International RETT Syndrome Foundation

www.rettsyndrome.org

Provides support, information and education to the community regarding this progressive neurological disorder. Activities include quarterly newsletters, annual national and regional meetings and opportunities to meet socially.

Jamestown New Horizons Riding for the Disabled

15350 Old Jamestown Road

Florissant, MO 63034

314-741-5816

www.jnh-goneriding.org

Therapeutic/recreational horseback riding lessons for ages three to adult (150-lb. weight limit).

Jewish Community Centers Association (JCCA)

2 Millstone Campus Dr.

St. Louis, MO 63146

314-432-5700

www.jccstl.org

Serves the needs of children and adults through a variety of social, cultural and recreational programs. r adaptive programs of adaptive aquatics, circuit training, fit for life, teen transition.

Jewish Family and Children's Services

10950 Schuetz Road

St. Louis, MO 63146

314-993-1000

www.jfcs-stl.org

Provides assistance to people of all ages from all economic circumstances. Our support reaches out to individuals and families with issues ranging from serious emotional difficulties to common challenges of everyday living.

Judevine Center for Autism

1810 Craig Rd, Suite 109

St. Louis, MO 63146

800-780-6545

www.judevine.org

Provides direct supports and services to children with autism spectrum disorders and their families in specialized parent training, social groups, school consultation, parent workshops, in-home behavioral support, functional behavioral assessments, behavior plan development, residential and supported living services, discrete trial training, staff training, and respite care.

Juvenile Diabetes Foundation – Greater Missouri & Southern Illinois Chapter

314-729-1856

<http://www.jdrf.org/gmosil/>

KEEN(Kids Enjoy Exercise Now)

314-259-5980

www.keenstlouis.org

Provides one-to-one recreational opportunities for children and young adults with developmental and physical disabilities at no cost to their families and caregivers.

Kids in the Middle

2650 S. Hanley Rd, Suite 150

St. Louis, MO 63144

314-909-9922

www.kidsinthemiddle.org

Private, non-profit organization provides affordable, comprehensive counseling and support to children

and families who are experiencing stress and trauma related to divorce, separation, remarriage or other family transitions. Services include group and individual therapy for children ages 3-18, family therapy, parent support and education, and school and community outreach/education. Fees are assessed on a sliding scale based on income.

Knights of Columbus Developmental Center

Cardinal Glennon Children's Hospital

3800 Park Ave

St. Louis, MO 63110

314-577-5609

<http://www.cardinalglennon.com/medicalspecialties/developmental%20pediatrics/Pages/default.aspx>

Provides diagnostic services and therapeutic evaluations to aide in managing developmental disorders in children. Offers referral service, parent training and research.

KUTO (Kids Under Twenty One)

2718 S. Brentwood Boulevard

St. Louis, Missouri 63144

314-963-7571

Crisis helpline: 888-644-5886

www.kuto.org

Provides youth focused crisis prevention, suicide intervention and post-intervention support to the community through awareness education and outreach.

Leukemia & Lymphoma Society - Gateway

314-590-2230

<https://www.lls.org/gateway>

Life Bridge Partnership

1187 Corporate Square Dr., Ste. 100

St. Louis, MO 63132

314-989-1188

<https://www.lifebridgestl.org>

Meets the needs of the community by empowering people through support, recreation, transportation and advocacy. Youth community recreation program and summer sports camp.

Logos School

9137 Old Bonhomme Road

St. Louis, MO 63132-4417

314-997-7002

www.logoschool.org

Fully accredited middle and high school for adolescents who have had difficulty in succeeding in traditional school environments. Focused equally on strong, innovative academic programs with supportive therapeutic counseling service, parental involvement and strong family support.

Love U 2 Pieces

314-952-5072

<http://www.loveu2pieces.org/>

Works to raise awareness among families living with ASD, as well as their extended family, friends and the greater community by providing opportunities for awareness, connection, self care, respite care, and overall support.

Lupus Foundation of America – Heartland

800-958-7876

www.lupus.org/heartland

Provides a variety of services designed to educate patients and the public about lupus.

Lutheran Family & Children’s Services

9666 Olive Blvd, Suite 400

St. Louis, MO 63132

314-787-5100

www.lfcsmo.org

Provides counseling based on sliding fee scale in ten locations in the metropolitan St. Louis area. The Child Welfare Unit provides free services to single expectant parents.

Marygrove

2705 Mullanphy Lane

St. Louis, MO 63031

314-830-6201

www.marygrovechildren.org

Provides residential treatment, day treatment, psychotherapy, out patient, diagnostic treatment and respite care for children ages 5-12 who have severe anxiety, conduct disorders, depressions, ADD, post-traumatic stress disorders and other problems.

Mercy Kids Autism Center

12680 Olive Boulevard

St. Louis, MO 63141

314-872-3345

<https://www.mercy.net/practice/mercy-kids-autism-center>

Provides a comprehensive, child-centered approach to autism treatment, including: Diagnosis and assessment, Medical consultation, Physical, occupational and speech therapy, Intensive early intervention program (18 months to kindergarten eligibility), Social communication groups.

Metropolitan Employment/Rehabilitation (MERS)

1727 Locust St.

St. Louis, MO 63103

314-241-3464

<https://mersgoodwill.org/employment/>

Provides vocational evaluation and career guidance, work adjustment training, skill training, psychological intervention, employment and support services to individuals with disabilities who are 16

years of age and older. • MERS House — residential facility for transitional housing • GED/Adult basic education classes • Job readiness training • Supported employment program • Community-based training.

Metro Transit Call-A-Ride

314-982-1510

<http://www.metrostlouis.org/PlanYourTrip/MapsSchedules/CallARide.aspx>

Provides public door-to-door transportation for qualified persons with disabilities.

Mid-County Inclusion PartnershipEmail: mfurfaro@marylandheights.com

Provides accommodations; arts/crafts; athletic competition; camp; developmental disabilities; exercise program; fitness program; intake and assessment; leisure activities; sports programs

Midwestern Braille Volunteers

314-966-5828

www.mbvoll.org

Transcription of printed matter to Braille with particular emphasis on textbooks for blind or visually impaired students.

Midwest Special Needs Trust

573-256-5055

877-239-8055

www.midwestspecialneedstrust.org

Offers a way for families to contribute to the care and quality of life for someone in their family with a disability without risking the loss of government funding, such as Medicaid and Supplemental Security Income. Donations are pooled and invested and administrative costs are thus spread out among many donors. The trust is overseen by a board of trustees.

Miriam School/Academy/Learning Center

501 Bacon Ave.

Webster Groves, MO 63119

314-968-3893

www.miriamstl.org

Miriam School offers services to children ages 4 through high school with learning disabilities, behavior disorders, attention deficits, speech and language disorders and fine and gross motor delays. Community services include • Speech and language evaluations and therapy • Occupational therapy for fine and gross motor skills • academic tutoring • Camp Miriam (three two-week sessions) • Consultation services to schools and individual families.

Missouri Association of the Deaf<http://www.moadeaf.org/>

Promotes the advancement of the general welfare of Missourians who are deaf or and hard of hearing.

Missouri Assistive Technology Project

816-655-6700

TDD/TT 816-655-6711

www.at.mo.gov

Project's goal is to develop a comprehensive delivery system that is consumer responsive and allows for the coordination of services among a variety of public and private providers. Activities include identification of assistive technology needs and resources, dissemination of information, support of training opportunities, increase awareness and provide leadership in the state. Program includes a telecommunications access program for the telephone and internet to help individuals with disabilities with an adjusted income below \$60,000 access adaptive equipment.

Missouri Commission for the Deaf and Hard of Hearingwww.mcdhh.mo.gov

Information and referral regarding deafness, legal rights, assistive devices, service providers, interpreting services and Relay Missouri.

Missouri Council of the Blind

314-832-7172

www.missouricounciloftheblind.org

Grant program for purchase of adaptive equipment and for emergency situations. Family camp program.

Missouri Department of Health and Senior Services

573-751-6400

www.dhss.mo.gov

Provides services for older persons and person with disabilities ages 18 and over including the following: personal care, homemaker/chore, registered nurse visits, Adult Day Care, respite care, counseling, case management, referrals and transportation.

Missouri Head Start Association

573-884-5078

www.moheadstart.org

Provide education, leadership and tools for advocacy for all Head Start and Early Head Start parents, friends and professionals in Missouri

Missouri Health Net for Kidswww.dss.mo.gov/mhk/

The purpose of the MO HealthNet Division is to purchase and monitor health care services for low income and vulnerable citizens of the State of Missouri. The agency assures quality health care through development of service delivery systems, standards setting and enforcement, and education of providers and participants.

Missouri Department of Elementary and Secondary Education**Division of Special Education**

573-751-5739

<https://dese.mo.gov/>

Provides funding and monitoring of special education provided in Missouri's schools.

Missouri Division of Vocational Rehabilitation

North: 314-475-7999

South: 314-877-1900

West: 314-587-4877

<https://dese.mo.gov/adult-learning-rehabilitation-services/vocational-rehabilitation>

Assists eligible persons with disabilities in obtaining and maintaining quality employment.

Missouri Families for Effective Autism Treatment (MO-FEAT)

636-527-3328

www.mo-feat.org

Mission is to provide advocacy, education, and support for families and the autism community and to support early diagnosis and effective autism treatment.

Missouri Family to Family

800-444-0821

www.mofamilytofamily.org

Serves individuals with disabilities and/or special health care needs, their families, and professionals who support them.

Missouri First Steps Program

1-866-583-2392

<https://www.mofirststeps.com/>

Offers coordinated services and assistance to young children with special needs and their families. Designed for children, birth to age 3, who have delayed development or diagnosed conditions that are associated with development disabilities.

Missouri Institute of Mental Health

314-516-8400

<https://www.mimh.edu/>

Mission is to improve and transform mental health outcomes through innovative research and program development, program evaluation, community outreach, and professional training.

Missouri Protection & Advocacy (P & A)

800-392-8667

www.moadvocacy.org

Private, not-for-profit corporation exists to protect and advocate for persons with disabilities. Provides public awareness of human and legal rights, provides information and may intervene or act as a liaison, arbitrating differences that might exist between individuals and agencies. • Advocacy service • Legal service • Legislative service • Training service.

Missouri School for the Blind and Missouri Deaf-Blind Technical Assistance Project-Missouri School for the Blind.

3815 Magnolia Ave.
St. Louis, MO 63110
314-776-4320
www.msb.dese.mo.gov

State-operated, tuition-free school for children who are blind, visually impaired, deaf/blind. Offers home-based programs for children 0-5, campus programs and outreach services for school age children.

Missouri School for the Deaf

573-592-4000 (voice/TTY)
www.msdc.k12.mo.us

State agency provides elementary, secondary and vocational education in residential setting for school-age children who are hearing impaired and deaf; outreach services.

The Moog Center for Deaf Education

12300 South Forty Dr.
St. Louis, MO 63141
314-692-7172
www.moogcenter.org

Educational programs (parent-infant birth to 3, preschool, academic and mainstream) and clinical services (audiological, cochlear implant and assessment).

MO-TASH

314-516-5917
<http://tash.org/chapters/missouri-tash/>

Missouri Chapter: The Association for Persons with Severe Handicaps is a state organization of parents, consumers, students and professionals committed to the full participation of persons who experience severe disabilities. Provides an opportunity to network with others and access to information and resource-sharing nationwide through workshops, meetings and conferences.

MPACT Parent Training & Information

800-743-7634 (main)
www.missouriparentsact.org

State-wide, non-profit, independent parent center trains and supports parents so they can effectively advocate for their children's educational rights and services. • workshops on educational rights, I.E.P. process, communication skills, etc. • resource library includes books, magazines, videos, parent information packets • support includes individual assistance, support group assistance, parent volunteer program, and parent-to-parent mentoring.

Municipal Partners for Inclusive Recreation

1050 Des Peres Road
Des Peres, MO 63131
314-835-6157
<http://www.desperemo.org/Index.aspx?NID=717>

Provides inclusive recreation programs

National Alliance on Mental Illness – St. Louis (NAMI)

1810 Craig Road, Ste. 124
St. Louis, MO 63146
314-962-4670
www.namistl.org

Provides support, education, advocacy and research for families and friends of people with serious mental illness. HELPLine, library, newsletter, support groups.

National Federation of the Blind of Missouri- St. Louis Chapter

www.nfbmo.org
Consumer organization seeks to influence public and private policies related to blindness; referrals to other agencies.

Neurofibromatosis Clinic

Cardinal Glennon Children's Hospital
1465 S. Grand
St. Louis, MO 63104
314-577-5397
<http://www.cardinalglennon.com/medicalspecialties/neurofibromatosis/Pages/Neurofibromatosis.aspx>

Utilizes the collective talents of specialists to provide access to all current medical, diagnostic and treatment technologies related to NF. Physicians, nurses, social workers, counselors and other specialists all participate in assessment and planning treatment.

Office on the Disabled

1200 Market St, Room 30
St. Louis, MO 63103
(314) 622-3686
www.stlouis-mo.gov/government/departments/human-services/disabled-office

Provides, accessibility guidelines & policies, information and direct referral, interpreter for the Deaf, residential disabled parking program, parking meter exemption permits, Americans with Disabilities Act Coordinator, awareness training, public use of TDDs and on site accessibility consultation.

Options for Justice

200 S. Hanley, Suite 207
St. Louis, MO 63105
314-721-6161
Provides assistance for individuals with developmental disabilities who are involved in the justice system, to ensure that their rights are protected.

Our Little Haven

314-533-2229
www.ourlittlehaven.org
Birth to age 7. Program includes residential, outpatient psychological and counseling services, therapeutic preschool and foster care management.

Paraquad

5240 Oakland Ave.
St. Louis, MO 63110
314-289-4200

www.paraquad.org

Works to facilitate optimum independence and positive attitudes toward individuals with disabilities. Encourages and assists people with disabilities to understand and advocate for their rights.

• Paraquad Youth & Family Program (individual and family consultation, summer youth program and youth group, school disability awareness program, Rosalie Tiles Career Exploration Program)

ParentLink

University of Missouri-Columbia
800-552-8522

<http://parentlink.missouri.edu/>

Parent database and information line provides statewide clearing house of parenting information, programs and services; links parents with other information/hotlines; determines voids in service and locations; encourages local groups.

Parents as Teachers National Center (PAT)

314-432-4330

www.parentsasteachers.org

Family education and support program for parents with children ages birth to 5. Program covers child development and suggests activities that encourage language development, intellectual growth, social and motor skills, and strengthens the parent-child relationship.

Pathways to Independence

200 S. Hanley, Suite 103

Clayton, MO 63105

314-863-0202

www.pathways2independence.com

Teaches interpersonal, advocacy and community involvement skills, applying them through community-based events that help the participants feel more comfortable in their environment.

People First of St. Louis

314/289-4220

<https://www.paraquad.org/policy-and-advocacy/people-first-of-st-louis/>

Local chapter of national support organization of people with developmental disabilities who work together to learn their individual rights and responsibilities and how to help others.

Productive Living Board for St. Louis County Citizens with Developmental Disabilities

314-726-6016

www.plboard.com

The PLB was established in 1979 when voters approved a special property tax to fund services for St. Louis County citizens with developmental disabilities. Providing none of these services

directly, the PLB oversees the funding of approximately 120 programs offered by 65 agencies to individuals with developmental disabilities and their families. The PLB core services include individual & family supports, employment/training, residential/ supported living and transportation services.

Provident Counseling

314-533-8200

www.providentstl.org

Provides mental health counseling and treatment for problems such as depression, stress, family conflict and more.

Psychological Services Center

St. Louis University- Morrissey Hall

3700 Lindell Blvd, Suite 1200

St. Louis, MO 63108

314-977-2278

<http://www.slu.edu/departments-of-psychology-home/centers-and-clinics/psychological-services-center>

Psychological counseling including behavior therapy and treatment for stress, anxiety and depression.

Ranken Jordan Pediatric Bridge Hospital

11365 Dorsett Road

Maryland Heights, MO 63043

314.872.6400

www.rankenjordan.org

Private, not-for-profit professional children's rehabilitation center provides skilled nursing care and comprehensive therapy services to children from 2 weeks to 16 years of age with a wide variety of medical needs. • H.E.L.P. (Some-based Enabling and Learning for Parents) and on-site parent training to link families with resources and provide therapy, social services and parent education • Respite care for families • Partners program that trains adoptive/foster families and in-home respite providers.

The Recreation Council of Greater St. Louis

314-726-6044

www.recreationcouncil.org

Clearinghouse for information on leisure, recreation and socialization opportunities for individuals with developmental disabilities who reside in the Greater St. Louis Area.

Rehabilitation Institute of St. Louis

4455 Duncan Avenue

St. Louis, MO 63110

314-658-3800

www.rehabinstitutesl.com

Provides inpatient and outpatient physical therapy, occupational therapy, speech therapy (age 13 and up)

Rehabilitation Services for the Blind

North: 9900 Page Ave., Suite 105
St. Louis, MO 63132
314-264-7601
South: 3867 Magnolia Ave
St. Louis, MO 63110
314-933-7311

www.dss.mo.gov/fsd/rsb/

Provides vocational rehabilitation services including evaluation, instruction in daily living skills, vocational training, adaptive technology, and job placement. Provides assistance to families of children who are blind to develop skills for adult life.

St. Anthony's Hyland Behavioral Health Center

10018 Kennerly Road
St. Louis, MO 63128
314-525-4400

<http://www.stanthonycenter.com/medical-services/behavioral-health>

Provides adult and adolescent inpatient and outpatient services for psychiatric, chemical dependency and dual diagnostic patients.

St. Joseph Institute for the Deaf

1300 Strassner
Brentwood, MO 63144
314-918-1369

www.sjid.org

Provides a wide variety of services focusing on young children, ages birth to 18. We work directly with families to assess, educate, and prepare children to transition into a mainstream, traditional school with their siblings and community peers.

St. Louis Arc

1177 N. Warson Rd.
St. Louis, MO 63132
314-569-2211

www.slarc.org

Not-for-profit agency conducts programs and provides opportunities to individuals with developmental disabilities and their families. • Early childhood program (six weeks to 5 years) • Childgarden School (inclusionary daycare and preschool) • Capable Kids & Families (birth to 6) toy and equipment lending library • Family Organization with workshops • ARCH (respite care in the home) • leisure services • residential services • adult day and employment services • support groups • community integration services.

St. Louis Behavioral Medicine Institute

16216 Baxter Rd. Ste. 205
Chesterfield, MO 63017
636-532-9188
314-289-9411 (intake)

<http://www.slbmi.com/>

Offers various levels of care, depending on the patients' needs ranging from individual outpatient, family, intensive outpatient programs, and partial hospitalization programs.

St. Louis Catholic Deaf Society

www.stlcds.org

St. Louis Children's Hospital

1 Children's Place
St. Louis, MO 63110
314-454-6000

www.stlouischildrens.org

Evaluation and treatment for speech-language disorders.

St. Louis Children's Hospital Healthy Kids Express Dental Program

#1 Children's Place
St. Louis, MO 63110
314-454-6000

<http://www.stlouischildrens.org/health-resources/advocacy-outreach/healthy-kids-express/healthy-kids-express-dental-program>

Emphasis is placed on prevention of dental disease and the promotion of good oral health. Most children receive preventative and restorative procedures in an office environment by a team of pediatric dentists as well as medical and allied health professionals. Facilities are also available for inpatient care.

St. Louis Children's Hospital Cerebral Palsy Center

One Children's Place
St. Louis, MO 63110
314-454-KIDS

<http://www.stlouischildrens.org/our-services/cerebral-palsy-center>

Works closely with other experts, including pediatricians, rehabilitation specialists, neurologists, orthopedic surgeons and neurosurgeons, teachers and occupational, physical and speech therapists, among others.

St. Louis Children's Hospital Cleft Palate & Craniofacial Institute

One Children's Place
St. Louis, MO 63110
314-454-KIDS

<http://www.stlouischildrens.org/our-services/cleft-palate-and-craniofacial-institute>

Offers comprehensive evaluation, diagnosis and treatment for congenital (from birth) and acquired head and neck deformities.

St. Louis Children's Hospital Down Syndrome Center

#1 Children's Place
St. Louis, MO 63110
314-454-KIDS (5437)

www.stlouischildrens.org/our-services/down-syndrome-center

Provides a multi-disciplinary approach to caring for children with Down Syndrome.

St. Louis Children's Hospital Family Resource Center

#1 Children's Place, Room 3s-12

St. Louis, MO 63110

314-454-2350

<http://www.stlouischildrens.org/health-resources/family-resource-center>

Offers a variety of resources, including customized packets of information, books, pamphlets, videos, and online resources.

St. Louis Community College**ACCESS Office**

Meramec Campus - 314-984-7673

Florissant Valley Campus - 314-513-4551

Forest Park Campus - 314-644-9039

Wildwood - 636-422-2000

www.stlcc.edu/disAbility/Access_Office/

Program offers support services to students with disabilities — individual counseling and advising; coordination of needed classroom accommodations such as interpreters, notetakers and readers; and liaison with faculty and professional agencies in the community.

St. Louis County Department of Health**Family Mental Health Collaborative**

314-993-1000

<http://www.stlouisco.com/HealthandWellness/HealthCentersandMedicalServices/FamilyMentalHealthCollaborative>

Screens, assesses and treats mentally disturbed children, adolescents, and their families. Provides outpatient unit with emphasis on ADHD and behavior disordered youth, health clinic with developmental screening and teen pregnancy and pediatric counseling, case management, community development/education/information.

St. Louis County Department of Human Services - County Youth Programs

121 S. Meramec

Clayton, MO 63105

314-615-4429

<http://www.stlouisco.com/HealthandWellness/HumanServices/CountyYouthPrograms>

The County Youth programs serves as a resource and referral agent linking families and youth with needed services such as employment, housing, and recreation. Staff is also available to provide training, technical assistance, and support for youth development initiatives.

Saint Louis Crisis Nursery

11710 Administration Dr, Suite 18

St. Louis, MO 63146

314-292-5770

24 hour helpline: 314-768-3201

<http://crisisnurserykids.org/>

Non-profit organization committed to preventing child abuse, provides a 24 hour safe shelter and special care for children, ages birth through 9 years,

whose families are facing an emergency or crisis. Children are brought to the nursery on a voluntary basis and are served regardless of their parents' ability to pay. Families receive crisis counseling, parent education, role modeling, time-out to relieve stress, community resource referrals, and follow-up support services.

St. Louis Empowerment Center

1908 Olive St.

St. Louis, MO 63103

314-652-6100

<http://www.dbsaempowerment.org/>

Peer run recovery drop-in center designed to meet the needs of individuals who have lived experience with mental health and/or substance use issues.

St. Louis Learning Disabilities Association (LDA)

13537 Barrett Parkway Dr, Suite 110

St. Louis, MO 63021

314-966-3088

www.ldastl.org

Non-profit organization helps students with LD, ADHD, autism, and all atypical learning and behavior styles and is dedicated to enhancing the understanding and acceptance of learning disabilities. Targeted solutions are developed for children, parents, and professionals in order to help students maximize their potential in the classroom and in life. Assessment, tutoring, therapies, college advocacy, study skills classes, family outreach program.

St. Louis Office for Developmental Disability Resources

314-421-0090

www.stlidd.org

Administrates city tax dollars to establish, expand and provide a variety of programs and services for St. Louis City residents with developmental disabilities.

St. Louis Psychiatric Rehab Center

5300 Arsenal Street

St. Louis, MO 63139

314-877-6500

<https://dmh.mo.gov/slprc/>

180-bed psychiatric hospital which is operated by the Missouri Department of Mental Health

St. Louis Regional Office

9900 Page, Suite 106

St. Louis, MO 63132

314-587-4800

<http://dmh.mo.gov/dd/facilities/stlouis.html>

Operated by the Missouri Department of Mental Health's Division of Mental Retardation and Developmental Disabilities. Every person who requests services is entitled to an initial diagnostic evaluation and case management. Eligibility is determined and arrangements are made to obtain

services within the available resources of the division (in such areas as therapy, family support, training, residential services and more).

St. Louis Society for the Blind and Visually Impaired

8770 Manchester Rd.
St. Louis, MO 63144
314-968-9000

www.slsbvi.org

Independent living skills training to adults; adaptive equipment at cost.

St. Louis Wheelchair Athletic Association

6420 Clayton Rd.
St. Louis, MO 63117
314-768-5325

Develops and sponsors a wide variety of wheelchair sports for men, women and children with physical disabilities. Programs include rugby, basketball, softball, skiing, racquetball, tennis and track & field, karate & self-defense and more.

The Self Help Center

8301 Crest Industrial Dr.
St. Louis, MO 63123
314-200-HELP

<http://selfhelpcenter.org>

Provides wellness and recovery programs for the adult population age 18 and older who are living with symptoms of mental illness and/or substance use disorders.

Shriners' Hospital for Children

4400 Clayton Ave
St. Louis, MO 63110
314-432-3600

www.shrinershospitalsforchildren.org/Locations/StLouis

Medical care for children ages birth to 18 with orthopedic conditions.

Sotos Syndrome Support Association

888-246-7772

www.sotosyndrome.org

Special Education Foundation

Phone: 314-394-7030

www.sef-stl.org

The Foundation provides support and assistance to students who receive services from the Special School District of St. Louis County. Support areas include scholarships, summer camps, arts in the classroom, hearing aids, eyeglasses, assistive equipment, a high school leadership program, teacher mini-grants for innovative classroom programs, parent support, Special Olympics and student recognition.

**Special School District of St. Louis County
Family & Community Resource Center**

12110 Clayton Road
St. Louis, MO 63131
314-989-8460

www.ssdmo.org

Information and referral center houses approximately 3,500 books and 200 videos on all disabilities and disability-related areas, disability awareness materials, packets of information and much more. Approximately 30 parent workshops are scheduled each semester.

Speech-Language-Hearing Clinic

**St. Louis University
Communication Sciences & Disorders**

McGannon Hall
3750 Lindell Blvd.
St. Louis, MO 63108
314-977-1615

<http://www.slu.edu/doisy/clinics-and-community/speech-hearing-learning-clinic.php>

Provides clinical services to people with speech, language or hearing problems on a sliding fee scale.

Spina Bifida Association

314-968-2244

www.sbstl.com

Provides support services for individuals with spina bifida and their families. Offers parent support groups, educational resources, speakers, recreational/social activities. Includes other related spinal conditions.

Social Security Administration

800-772-1213
TDD 800-325-0778

www.ssa.gov/

Provides financial support for qualified children and adults with disabilities.

Stages St. Louis

1023 Chesterfield Parkway East
Chesterfield, MO 63017
Administrative Offices: 636-530-5959

www.stagesstlouis.org

Unique within the St. Louis region, STAGES' Access the Arts programs consist of classes, workshops and performance opportunities that enable area youth with physical, cognitive or developmental delays to fully participate in the musical theatre arts.

State of Missouri Disability Portal

<http://disability.mo.gov/>

Connects to state resources, events and services.

Support Dogs, INC.

10955 Linpage Place
St. Louis, MO 63132

314-997-2325

www.supportdogs.org

Trains and provides support dogs to help people with disabilities accomplish daily living tasks. Also provides canine therapy program for patients undergoing rehabilitation, treatment or long-term care.

T.A.S.K. (Team Activities for Special Kids)

980 Horan

St. Louis, MO 63026

636-343-8275(TASK)

www.tasksports.org

A non-profit, year round program provides individuals with special needs organized team activities: Basketball, golf, tennis, t-ball coach pitch, and softball, soccer, bowling and volleyball. Fees charged per six-week session. Sessions are after school and are one hour long. Program offers a week long summer camp from 9-2 p.m.

Telecommunications Relay Services for Hearing and Speech Disabled Customers

Call 711

Facilitation of call between traditional telephone users and people who are deaf, hard of hearing or speech disabled and use a special communications device (TTY) to communicate over the telephone.

TREE House of Greater St Louis - Therapeutic Horsemanship

332 Stable Lane

Wentzville, MO 63385

636-332-4940

www.thstl.org

Not-for-profit organization promotes horseback riding as a recreational means for people with disabilities to work toward therapeutic goals. Programs include sports riding, hippo-therapy, carriage driving and competition team.

Thompson Center for Autism and Neurodevelopment Disorders

573-884-6052

<http://thompsoncenter.missouri.edu/>

Offers neuropsychological assessment of children and adolescents with medical or neurological concerns, including diagnosis and assessment of autism.

Transitional Life Solutions, LLC

314-560-6159

www.transitionallifesolutions.com

Provides support services for individuals with difficulty moving from one key life transition phase to the next

United Cerebral Palsy (UCP) Heartland

13975 Manchester Road

September, 2017

Manchester, MO 63011

636-227-6030

www.ucpheartland.org

Serves all disabilities, children and adults. Services include at-risk early intervention for children birth to age 6, after school care, summer day camp, car seat loan program, in-home and residential supports.

United 4 Children

314-531-1412

TTY: 314-535-6560

www.united4children.org

Provides leadership, coordination, innovation and advocacy in promoting quality child care, successful early childhood and youth development, accessibility and sustainability of non-school hour programs, and work/family balance so that children and youth have the opportunity to achieve their full potential.

United Way 2-1-1

800-427-4626

www.211missouri.org

Free phone service that answers questions and provide referrals to numerous health and human services in the area. Referrals can include physical and mental health resources, work initiatives, support for those with disabilities, day care, etc.

University of Missouri – School of Optometry Center for Eye Care

1 University Blvd.

St. Louis, MO 63121

314-516-5606

<http://www.umsl.edu/~optometry/Patient%20Services/ceepage.html>

Provides vision exams on a sliding scale, optics at lower cost.

Very Special Arts (VSA) Missouri

PO Box 58624

St. Louis, MO 63158

888-718-0866

www.vsamissouri.org/

VSA Missouri achieves its mission through partnerships with artists, educators, schools, organizations, advocates and communities throughout the state. Our programs focus on education, cultural access, professional and career development for artists, educators and others.

Walker Scottish Rite Clinic for Childhood Language Disorders

650 Maryville University Drive

St. Louis, MO 63141

314-529-9200

www.srclinic.org

Provides speech and language screenings, speech and language Evaluations, individual or group speech and language therapy, audiological screenings and

evaluations (limited to those enrolled in therapy programs), parent education and training.

We Rock the Spectrum – Kids Gym

2075 Bentley Plaza Dr
Fenton, MO 63026
636-529-8282

<http://www.werockthespectrumfentonmo.com/>

Offers an all-inclusive philosophy we have found all children can benefit from our uniquely designed sensory equipment that is specifically designed to aid children with sensory processing disorders

Willows Way

636-947-6591, Fax 636-947-7385

www.willowsway.org

Provides individualized supported living based on person-centered planning for the benefit of people with developmental disabilities.

Wolfner Talking Book & Braille Library

600 West Main St., P.O. Box 387
Jefferson City, MO 65101
800-392-2614

www.sos.mo.gov/wolfner/

Provides taped books, magazines and large print materials to those who are blind/visually impaired,

physically disabled or having a reading disability. No mailing fee for materials.

YMCA of Greater St. Louis

314-436-1177

www.gwrymca.org

The YMCA provides Y Club integrated school-age child care in school sites throughout St. Louis County.

Youth Emergency Service (Y.E.S.)

6816 Washington Ave.

University City, MO 63130

314-727-6294

<http://www.epworth.org/programs/youth-emergency-services/>

Assists youth and families in crisis, whether through homelessness, abuse or neglect, gang violence, poverty, educational problems, unemployment, etc., by providing housing group and individual counseling and case management services for youth 11 – 21, and referral services. Emergency shelter for youth 12-17 who are in crisis •24-hour Helpline (727-6294/1-800-899-KIDS) provides youth, parents, and the community at large with crisis intervention, linkage to community resources, information and referral services and brief crisis counseling.

SUPPORT GROUPS

•**ANNIE’S HOPE THE BEREAVEMENT CENTER FOR KIDS** — non-profit organization that provides comprehensive services to children, teens and families that are grieving the death of someone significant.

314-965-5015

<http://www.annieshope.org/>

•**BEREAVEMENT PROGRAM- ST. LOUIS CHILDREN’S HOSPITAL** - provides guidance from other bereaved parents, literature and referrals.

314-454-4096

<http://www.stlouischildrens.org/health-resources/support-groups/beravement-program>

•**BRAIN INJURY ASSOCIATION OF MISSOURI** — services to persons with severe head injuries and their caregivers. Offers support groups, articles, information, referrals, residential camping program, equipment assistance and loans, re-teaching program for life and communication skills.

314-426-4024

<http://www.biamo.org/SupportGroups.aspx>

•**CAPABLE KIDS AND FAMILIES COMMUNITY PLAYGROUP** - Age guidelines are birth through six years of age, but older siblings are also welcome to join us. Our playgroups offer families a non-structured opportunity for fun play and connections with others.

314-817-2247

Email: capablekids@slarc.org

•**CARING TOUCH SERVICES** – Conducts monthly support groups for Spanish speaking families.

314-537-3798

Email – hdez39@yahoo.com

•**CHADS COALITION FOR MENTAL HEALTH** – Family Resource Guide has a list of support groups for families and care givers of someone with mental illness, grief support groups and support groups for families that have lost someone to suicide.

314-952-2046

www.chadscoalition.org/

•**CHILDREN AND ADULTS WITH ATTENTION DEFICIT/HYPERACTIVITY DISORDER (CHADD)** - Offers support groups for parents/caregivers of kids with ADHD and for adults with ADHD.

www.gatewaychadd.wordpress.com

•**CONNECT AT THE ST. LOUIS ARC** – program at the St. Louis Arc that empowers individuals to lead an independent life using individualized and community supports. This program is ideal for adults interested in moving out on their own and needing minimal support in order to be successful.

314-569-2211

<http://www.meetup.com/CONNECT-at-St-Louis-Arc/>

•**DELTA GAMMA CENTER FOR CHILDREN**— provides parent support groups, educational programs, information, newsletters and referrals for individuals with visual impairment and their families.

1750 S. Big Bend Blvd.

Richmond Heights, MO 63117

314-776-1300

www.dgckids.org

•**DEPRESSION and BIPOLAR SUPPORT ALLIANCE OF GREATER ST. LOUIS** -

Operates nearly thirty support group meetings each month at a variety of community locations for people whose lives are affected by mental illness

1908 Olive Street

St. Louis, MO 63103

314-652-6100

www.dbsaempowerment.org

•**DOWN SYNDROME ASSOCIATION OF GREATER ST. LOUIS** — offers a variety of services for individuals with Down syndrome and their families: parent support group, meetings, monthly newsletter, new parent counseling, speakers bureau, social events.

314-961-2504

www.dsagsl.org

•**EASTER SEALS MIDWEST** — offers support groups for parents and siblings of children with autism.

314-432-6200

<http://www.eastersealsmidwest.org/What-We-Do/Our-Programs/St-Louis-Office/Autism-Services/Support-Groups>

•**EPILEPSY FOUNDATION OF GREATER ST. LOUIS** — provides a forum for learning and sharing issues of concern and interest to people with epilepsy, their families and friends.

314-781-4949

www.efmk.org

•**FRAGILE X RESOURCE CENTER OF MISSOURI** — strives to unite the local community to enrich lives through educational and emotional support, promote public and professional awareness, and support research toward improved treatments and ultimately, cures for Fragile X.

314-497-2360

www.fragilex.org/community/links-support-network/fragile-x-resource-center-of-missouri

•**GATEWAY FEAST (FOOD ALLERGY, ECZEMA, ASTHMA SUPPORT TEAM)**

Holds meetings, social gatherings, adult “stress relief meetings” and events for families of those affected by these diseases.

314-645-2422

www.aafastl.org/gateway-feast

•**GREATER ST. LOUIS ASSOCIATION OF THE DEAF** — provides social and recreational activities.

314-298-2458

www.gslad.org

•**GRIEF SUPPORT GROUP**, St. Anthony’s Medical Center — provides insight and understanding about the grief process for those experiencing the loss of a loved one. Group discussions and counseling.

314-543-6871

<http://www.stanthonycenter.com/Medical-Services/Hospice/Bereavement>

•**GUY’S NIGHT OUT- DADS GROUP-** Get together with other dads who understand the unique challenges of raising a child with a disability.

314-817-2280

Email: Mark Keeley at mkeeley@slarc.org

•**LUPUS FOUNDATION OF AMERICA – HEARTLAND CHAPTER**

Groups are led by trained professionals who understand the issues that challenge a person with lupus. These volunteers offer support to lupus patients, friends, and family members.

314-644-2222

<http://www.lupus.org/heartland/pages/support-groups>

•**NAMI ST. LOUIS – NATIONAL ALLIANCE ON MENTAL ILLNESS**

Offers basic, family and other local support groups.

<https://www.namistl.org/support-groups/>

•**ST. LOUIS LEARNING DISABILITIES ASSOCIATION OF MISSOURI** — offering a series of free Parent & Educator Workshops

314-966-3088

www.ldastl.org

•**THE SELF HELP CENTER** — provides support groups & peer support for those with mental illness.
314-781-0199
8301 Crest Industrial Dr.
St. Louis, MO 63123
www.selfhelpcenter.org

•**SHARING OUR STRENGTHS (SOS)** – parent to parent/peer support network for parents of children with developmental disabilities or special healthcare needs, individuals with disabilities, and professionals.
UMKC Institute for Human Development
800-444-0821
<http://mofamilytofamily.org/portfolio/sharing-our-strengths/>

•**S.O.F.T.** (Support Organization for Trisomy 18 and 13) — a parent and professional support group for those involved with individuals affected by Trisomy 18 and 13 and other related genetic disorders.
<http://www.trisomy.org>

•**SPECIAL SCHOOL DISTRICT PARENT ADVISORY COUNCIL (SSD PAC)** — parents of students who receive services from Special School District in local school district schools and SSD buildings meet monthly to discuss educational issues.

314-989-8432 x6650
<http://www.ssdmo.org/leadership/pac.html>

•**SPINA BIFIDA ASSOCIATION** — Activity Groups are a great way to meet friends, families and people in the St. Louis area that are new and old to SBSTL and Spina Bifida
314-968-2244
www.sbstl.com

•**TOURETTE SYNDROME ASSOCIATION** – offers a support group, dispenses information about Tourette Syndrome, sponsors presentations, speakers, in-services to schools and other interested groups.
314-984-9019
www.missouritsa.org

•**TWICE EXCEPTIONAL PARENT SUPPORT GROUP** – Monthly meetings are available offering support for parents of gifted children with learning challenges.
Kathy Gavin
314-780-3621
<http://www.giftedsage.com/eventsresources.html>

ADVOCACY GROUPS

What is an Advocate?

An advocate is someone who speaks up for or represents the interests of someone else. As a parent, you will often be your child's strongest advocate, but sometimes you might feel you need additional help in obtaining services and/or opportunities for your child. You might want to contact an advocate to help you with these challenges. Finding an advocate may take some time and energy. The list in this section is a good place to start. Each state has a Protection and Advocacy agency that is designed to help persons with disabilities obtain their entitled services and opportunities.

•**CHILDREN'S ADVOCACY CENTER** - promotes resiliency, physical safety, and emotional stability through comprehensive research, forensic, clinical, educational, and advocacy programming.
UM-St. Louis
One University Blvd
St. Louis, MO 63021
314-516-6798
www.stlouiscac.org

•**F.A.C.T – FAMILY ADVOCACY COMMUNITY TRAINING**
800 Friedens Road, Suite 200
St. Charles, MO 63303
636-949-2425
www.factmo.org

•**GOVERNOR'S COUNCIL ON DISABILITY** — The council acts as an advisory capacity with direct input into state policies and practices that impact persons with disabilities. It works increase awareness

of rights and responsibilities, increase employment opportunities, expand access to equal and full participation and change the delivery system for assistive technology services and devices.
Truman State Office Building
301 West High St., Room 840
PO Box 1668
Jefferson City, MO 65102-1668
800-877-8249
<http://disability.mo.gov/gcd/>

•**LEARNING DISABILITY ASSOCIATION (LDA)** — provides individual consultation and personalized advocacy for parents and can help you to understand what services are available and needed for your child.
13537 Barrett Pkwy. Dr., Suite 110
St. Louis, MO 63021
314-966-3088
<http://www.ldastl.org/services/consultations-advocacy.html>

• **LEGAL SERVICES OF EASTERN MISSOURI**

- Legal Services of Eastern Missouri is an independent, non-profit organization that provides high-quality civil legal assistance and equal access to justice for low-income people in Eastern Missouri, including educational advocacy.

St. Louis (Main Office)
4232 Forest Park Avenue
St. Louis, Missouri 63108
(314) 534-4200
<http://www.lsem.org/>

• **MISSOURI (MODDC) DEVELOPMENTAL**

DISABILITIES — federally- funded, 23-member, consumer-driven council appointed by the Governor. Its mandate under P.L. 106-402, the Developmental Disabilities Assistance and Bill of Rights Act, is to assure that individuals with developmental disabilities and their families participate in the design of and have access to needed community services, individualized supports, and other forms of assistance that promote self-determination, independence, productivity, and integration in all aspects of community life.

1706 East Elm St.
Jefferson City, Missouri 65101
573-751-8611
1-800-500-7878
www.moddcouncil.org

• **MPACT PARENT TRAINING &**

INFORMATION — offers a parent center with books and videos, public awareness programs, outreach activities, networking and coordination among parent and provider agencies. Presents specialized workshops for parents, coordinates a parent volunteer program, publishes quarterly newsletter, provides individual assistance and referral services.

800-743-7634
www.missouriparentsact.org

• **MISSOURI COMMISSION ON HUMAN RIGHTS**

— Enforces Missouri's anti-discrimination laws which prohibit discrimination in housing, employment and places of public accommodation because of race, sex, religion, national origin/ancestry, physical/mental disabilities, age and families with children (Housing only).

3315 W. Truman Blvd, Room 212
P O Box 1129
Jefferson City, MO 65102
<https://labor.mo.gov/mohumanrights>

• **MISSOURI PROTECTION AND ADVOCACY**

(Missouri P & A) — protects and advocates for persons with disabilities. Carries out provisions of federal laws ensuring the rights of persons with disabilities. Provides information, advocacy and legal

services for those persons. Investigates reports of abuse and neglect from service providers and facilities, and takes action when necessary.

800-392-8667
www.moadvocacy.org

• **MISSOURI TASH (MO-TASH)** — advocacy for integrated services in local community settings, support to parents for needed services or changes, dissemination of best practices and research, technical assistance for members of the community.

314-516-5917
<http://tash.org/chapters/missouri-tash/>

• **NATIONAL ALLIANCE ON MENTAL ILLNESS/NAMI ST. LOUIS** — Provides support, education, advocacy and research for families and friends of people with serious mental illnesses and those persons themselves.

314-962-4670
www.namistl.org

• **OPTIONS FOR JUSTICE** — nonprofit organization serving individuals with developmental disabilities in St. Louis City who are at risk to become or who are involved with the criminal justice system.

200 S. Hanley, Suite 207
St. Louis, MO 63105
314-721-6161
<https://www.stlidd.org/optionsforjustice.html>

• **PARAQUAD** — encourages and assists people with disabilities to understand and advocate for their rights using the regular political process available to everyone. Paraquad is active in advocacy and public awareness of transportation, housing accessibility, independent living, education and full participation in society by persons with disabilities.

5240 Oakland Ave
St. Louis, MO 63110
314-289-4200/TTY 289-4252
www.paraquad.org

• **PEOPLE FIRST ST. LOUIS** — a self-advocacy group to provide a forum and environment for persons with developmental disabilities to speak for themselves, make their own decisions and contribute meaningfully to society.

College for Living/Paraquad
5240 Oakland Ave.
St. Louis, MO 63110
314/289-4200
<https://www.paraquad.org/policy-and-advocacy/people-first-of-st-louis/>

• **ST. LOUIS TRANSITION COUNCIL** — The St. Louis Transition Council is committed to successful transition from school to adult life for individuals

with disabilities. It strives to facilitate interagency coordination of transition services and help educate parents students and professionals about transition planning. St. Louis area providers meet on a semi-monthly basis to discuss issues that face students with disabilities and formulate actions to make transition services smoother and more effective for persons with disabilities.

314-776-4320 / 314-877-1500

<http://transitioncouncil.wix.com/2012>

•VOICES FOR CHILDREN (CASA)

Advocates for abused and neglected children and youth in St. Louis by representing their best interests in court and in the community

920 N Vandeventer

St. Louis, MO 63108

314-557-2352

<http://voices-stl.org/>

RECREATION

The Recreation Council of Greater St. Louis

200 S. Hanley, Ste. 100

St. Louis, MO 63105

726-6044 (voice/TTY)

www.recreationcouncil.org

The Recreation Council is a not-for-profit cooperative of many agencies working together to promote community-based recreation activities. It provides:

- **Resource Center** — a data-based recreation/leisure library with brochures, magazines, videos, articles, manuals and other materials available on a loan basis

- **Information publications:**

A Guide to Leisure Services — lists leisure and recreation programs at schools, camps, parks, municipalities, agencies and special interest groups and indicates the disability served by each

Leisure Network — quarterly newsletter provides a comprehensive calendar of events, programs and services

- **Access Too!** Inservice training for staff and volunteers interested in providing recreation and leisure programs to individuals with disabilities
- **Educational presentations to community organizations**
- **Information and referral regarding recreation/leisure opportunities to persons with disabilities**

SSD Family & Community Resource Center

12110 Clayton Road

St. Louis, MO 63131

314-989-8460

www.ssdmo.org

Tutoring & Summer Recreation Resources — Packet is available at the end of February and includes information on programs from various agencies, schools and individuals in the Greater St. Louis area.

What To Do This Summer — SSD parent education workshop is offered each year in early March and is coordinated by the Recreation Council of Greater St. Louis with a panel of community recreation providers.

Information and referral — books, videos, pamphlets and articles are available in the resource center

TECHNOLOGY RESOURCES

•Capable Kids and Families

St. Louis Arc
1177 N Warson Rd.
St. Louis, MO 63132
314-569-2211
Email: capablekids@slarc.org
Therapeutic toys and equipment lending.

•Missouri Assistive Technology Project

1501 NW Jefferson St.
Blue Springs, MO 64015
800-647-8557
800-647-8558 (TDD)
www.at.mo.gov
Activities include identification of assistive technology needs and resources, dissemination of information, support or training opportunities, increase awareness and provide leadership in the state.

SIBLING SUPPORT

LOCAL:

Sibshops: Sibshops are recreational programs that support siblings generally aged 4-12 who have brothers and sisters with various disabilities. Activities include crafts, group games, reflection and thought activities, and are focused on helping the participants deal with their emotions about having a sibling with a disability. The four separate sites meet quarterly for a joint group activity. A donation is requested if possible to cover costs of program and lunch. Parents do not participate.

Sibshop Sites:

St. Louis Arc/ The Belle Center

Contact: Ann Mangelsdoff, AMangelsdorf@slarc.org 314-817-2275

Family & Community Resource Center

Special School District of St. Louis County
12110 Clayton Road
St. Louis, MO 63131
989-8460

www.ssdmo.org

Center houses more than 3,500 books and dvds related to disabilities and disability-related areas. Many of the materials for siblings in this resource list can be found in the center.

Easter Seals Midwest

314 432-6200
www.eastersealsmidwest.org

Sibling support groups that are specific to autism spectrum disorders

Sibling Support Project (NATIONAL)

www.siblingsupport.org

The Sibshop model seeks to provide brothers and sisters of children with disabilities the opportunities for peer support and education through activities

designed for them to meet other siblings, discuss common joys and concerns, learn how to handle common situations, learn more about their sibling's special needs. Publishes the NASP Newsletter (National Association of Sibling Programs).