


Special School District Menu

September 2022

Mon	Tue	Wed	Thu	Fri
<div style="border: 1px solid black; padding: 5px; display: inline-block;"> This Institution is an equal opportunity provider. </div>				
			1 BREAKFAST: Cereal w/toast or Colby Cheese Omelet w/toast Fruit, Milk LUNCH: Corn Dog or Parmesan Chicken Patty Baked Beans, Fruit, Milk	2 BREAKFAST: Yogurt Parfait or French Toast Sticks Fruit, Juice, Milk LUNCH: Deli Sub or Homemade Pizza Glazed Carrots, Fruit, Milk
5 NO SCHOOL	6 BREAKFAST: Cereal w/toast or Chicken Biscuit w/gravy Fruit, Milk LUNCH: Fish Sticks w/bread or Chicken Alfredo Mac w/breadstick Seasoned Green Beans Fruit, Milk	7 BREAKFAST: Yogurt Parfait or Breakfast Pizza Fruit, Juice, Milk LUNCH: Hot Dog or Chef Salad w/breadstick Baked Beans, Fruit, Milk	8 BREAKFAST: Cereal w/toast or Waffle w/Sausage patty Fruit, Milk LUNCH: Chicken Sandwich or Teriyaki Chicken w/rice Seasoned Peas, Fruit, Milk	9 BREAKFAST: Yogurt Parfait or Colby Cheese Omelet w/toast Fruit, Juice, Milk LUNCH: Homemade Pizza or Grilled Cheese w/tomato soup Sweet Potato Fries, Fruit, Milk
12 BREAKFAST: Cereal w/toast or Chicken Biscuit w/gravy Fruit, Juice, Milk LUNCH: Deli Sub or Quesadilla Buttery Corn, Fruit, Milk	13 BREAKFAST: Cereal w/toast or Egg and Cheese Bagel Fruit, Milk LUNCH: BBQ Pork Sand. or Hot Ham & Cheese Sandwich Potato Wedges, Fruit, Milk	14 BREAKFAST: Yogurt Parfait or Breakfast Pizza Fruit, Juice, Milk LUNCH: Corn Dog or Crispy Chicken Salad w/breadstick Carrot Sticks, Fruit, Milk	15 BREAKFAST: Cereal w/toast or Colby Cheese Omelet w/toast Fruit, Milk LUNCH: Beefy Nacho Sand or BBQ Chicken Sandwich Refried Beans, Fruit, Milk	16 BREAKFAST: Yogurt Parfait or French Toast Sticks Fruit, Juice, Milk LUNCH: Pizza Crunchers or Beefy Macaroni w/breadstick Seasoned Peas, Fruit, Milk
19 BREAKFAST: Cereal w/toast or Sausage English Muffin Sand. Fruit, Juice, Milk LUNCH: BBQ Pork Sand. or Chicken Nuggets w/goldfish Baked Beans, Fruit, Milk	20 BREAKFAST: Cereal w/toast or Biscuit & Sausage Gravy Fruit, Milk LUNCH: Cheeseburger or Chicken Drumstick w/breadstick Mashed Potato w/gravy, Fruit, Milk	21 BREAKFAST: Yogurt Parfait or Breakfast Pizza Fruit, Juice, Milk LUNCH: Hot Dog or Chef Salad w/breadstick Buttery Corn, Fruit, Milk	22 BREAKFAST: Cereal w/toast or Colby Cheese Omelet w/toast Fruit, Milk LUNCH: Chicken Sandwich or Orange Chicken w/rice Seasoned Peas, Fruit, Milk	23 BREAKFAST: Yogurt Parfait or Pancakes w/syrup Fruit, Juice, Milk LUNCH: Homemade Pizza or Deli Sandwich Carrot Sticks, Fruit, Milk
26 BREAKFAST: Cereal w/toast or Egg & Cheese Bagel Fruit, Juice, Milk LUNCH: Chicken Sandwich or Italian Meatball Sub. Potato Wedges, Fruit, Milk	27 BREAKFAST: Cereal w/toast or Chicken Biscuit w/gravy Fruit, Milk LUNCH: Hot Dog or Chicken Alfredo Mac w/breadstick Seasoned Peas, Fruit, Milk	28 BREAKFAST: Yogurt Parfait or Breakfast Pizza Fruit, Juice, Milk LUNCH: Fiesta Salad or Pizza Crunchers w/marinara Roasted Carrots, Fruit, Milk	29 BREAKFAST: Cereal w/toast or Waffle w/Sausage Patty Fruit, Milk LUNCH: Beefy Nacho or BBQ Chicken Sandwich Buttery Corn, Fruit, Milk	30 BREAKFAST: Yogurt Parfait or Colby Cheese Omelet w/toast Fruit, Juice, Milk LUNCH: Fish Sticks w bread or Chicken Nuggets w/goldfish Baked Beans, Fruit, Milk