## Parent Checklist for Transition Planning

To indicate preferences and interest areas for transition planning, sit down with your child prior to IEP meeting. Check areas that need to be addressed:

### I. CARRER/VocEd/EMPLOYMENT
- Current Career Assessment
- Current Career Goal
- Parental Support for Career Goal
- Community Access /Service
- Volunteer Work
- Classroom Work Skills Training
- In-School Job Placement
- Community Work Experience/ Job Shadowing
- Summer Jobs
- Competitive Employment (Supervised)
- Supported Employment

### II. POST-SECONDARY EDUCATION
- Options Explored
- Community College
- University
- Technical
- On-the-Job Training

### III. LEISURE/RECREATION/SOCIALIZATION
- Agency Organized Recreation/ Social Activities
- Sports or Social Clubs
- Community Center Programs
- Community Education (craft classes, art, music)
- Parks and Recreation Programs
- Hobby Club
- Independent Activities (bowling, tennis, etc.)
- Church Groups
- Friendship Circles
- Needs Assistance
- Adult Agency
- Application/Financial Aid Forms
- Selecting Institution
- Meeting Criteria for Admissions

### III. LEISURE/RECREATION/SOCIALIZATION cont.
- Locate and Utilize Public Utility
- Shopping
- Register to Vote
- Missouri I.D. Card
- Register Selective Service
- Use of Public Transportation

### IV. TRANSPORTATION
- Independent (own car, bicycle, etc.)
- Public Transportation
- Specialized Equipment (wheelchair, van)
- Carpooling
- Obtain Drivers License

### V. LIVING ARRANGEMENTS
- With Family
- Adult Foster Care
- Intermediate Care (ICF/MR)
- Supervised Group Home
- Semi-independent living/ supported living
- Independent Living with or without roommate (own house/apt.)
- Personal Care Attendant

### VI. MEDICAL SERVICES
- Medical Care: Intermittent Care, Daily (long term) Care
- Medical Services: General Medical Services (check-ups, etc.)

### VII. SELF ADVOCACY
- Self-advocacy Skills
- Family Advocacy
- Communicate Needs
- Resolve Conflicts
- Understand Self
- Set Goals
### VIII. PERSONAL MANAGEMENT
- Cooking/Housekeeping
- Money Management
- Social Skills
- Hygiene Skills
- Personal Counseling/Therapy
- Behavioral, Occupational,
- Physical, Speech/Language
- Hearing, Vision, Drug/Alcohol
- Abuse, Family Planning/Sex Education
- Health Issues/Assessing Medical Care

### IX. SOCIAL SKILLS
- Counseling: genetic, family, individual,
- marriage, crisis
- Health Aide/Home Attendant
- Support Group
- Respite Care
- Visiting Arrangements
- Churches
- Case Management

### X. INSURANCE
- Medical/Accident Insurance
- Insurance Resources: Group Policy
- Available, Individual Policy
- Medicaid

### XI. FINANCIAL ASSISTANCE/ INCOME SUPPORT
- Earned Income
- Unearned Income (gifts/dividends)
- Insurance (life annuities)
- Food Stamps
- Social Security Benefits
- Social Security Disability Income
- Trust/Will or Similar Income
- Other Support

### XII. ADVOCACY/LEGAL SERVICES
- Guardianship/Conservatorship
- Wills/Trust/Other
- Family Advocacy

### XIII. OTHER