Resource List for Advocacy
SSD Family & Community Resource Center
Parent Education & Diversity Awareness
900 Hornet Dr.
St. Louis, MO 63042
314-989-8460

Accessible IEPs for All: Gathering the Experts Around the Table. (DVD) (2007) (45 minutes)
Clear and candid DVD – ideal for staff professional development and for sharing with parents – will help IEP teams maximize every participant’s expertise and develop measurable and meaningful goals that improve child outcomes.

Katie Rodriguez Bannister survived a car accident in 1990. She began speaking to high school students about her life, and wrote this book about being a 'woman on wheels' This book is designed to help parents discuss a specific disability. Teachers can use it as a source of discussion about disability awareness

Be Your Child's Best Advocate. 100 Strategies for Children with Learning or Behavioral Issues. Peggy Schmidt
Helps parents understand and accept what is preventing their child from performing and interacting successfully in school and in social situations. This book is intended to be a voice of encouragement and direction to parents who have not yet found the courage for connections to get help and support for their child. Also contains guidelines for parents who want to improve their effectiveness in getting the right help for their child.

Handbook to help parents by demystifying complicated issues, celebrate their child's abilities and show them how to be successful advocates throughout their child's education.

Helps you carefully consider how to make your IEP team meetings better. It presents a clear, three state framework: preparing for the meeting, conducting the meeting, and developing a legal and educationally sound IEP.

School Age. Little Carla does not move as fast as the other children in school. Instead of helping her, they separate her from the games. Soon she is forced to stay in a cage built by the school to keep her safe from the running and playing in the playground. This only makes her feel more left out. If all of us are different, why keep Carla apart? Can her brother Alex make the others see that everyone is different in his own way? (48 pages)

Feature documentary about three children living with significant communication and physical disabilities, who struggle against the public schools in an emotional battle to prove their worth.

Citizen Autistic: I am not a Puzzle, I am a Person (68 minutes) (DVD)
Offers an inside look at the activists on the frontlines of the autism war the fight for human rights and self-advocacy.

This book is intended to provide parents of students with autism with necessary information for the Individualized Education Program (IEP) process and includes relevant information from the 1997 Individuals with Disabilities Education Act.
Dear Diana: Diana's Guide to Independent Living for Adolescents and Young Adults with Different Learning Styles and Special Needs. Diana Bilezikian. (2014)
This practical resource is an outgrowth of a series of emails she sent to relatives and friends about her life and the skills she was learning. Backed by the president of Chapel Haven, Diana's original ideas have been expanded into a helpful collection of advice and support for how to live an independent and meaningful life.

Provides basic information for parents and families of children with disabilities from birth on, with particular emphasis on those who are between birth and entering school age. Provides basic information about rights under recent legislation and the service system parents may encounter. Also includes the educational assessment process, how parents can work with multiple service providers to manage the large amount of information that accumulates, tips about handling the IEP meetings, due process and transitions.

Departing Rosewood. (DVD)
Film captures the challenges, hopes and transformations that occur as Steven departs the Rosewood Center and creates a life in the community with new opportunities and new experiences.

Disability is Natural. Kathy Snow (DVD) (2007) (7 minutes)
Explores new ways of thinking about people with disabilities. When we think differently, we’ll act differently: we can focus on ensuring children and adults with disabilities live natural lives as citizens in their communities, instead of clients in the service system.

Disability is Natural: Revolutionary Common Sense for Raising Successful Children with Disabilities. Kathie Snow. (2001)
Disability, like gender, ethnicity and age- are simply one characteristic of being human. There have been people with disabilities in the world, and there will always be. When we recognize that disability is a natural condition of the human experience, new attitudes will lead us to new actions!

Empowering Students with Hidden Disabilities: A Path to Pride and Success. Margo Vreeburg Izzo & LeDerick Horne (2016)
Told with the authentic voices of adults with hidden disabilities, this encouraging, eye-opening book will help you guide students on the Path to Disability Pride and support their success in the classroom and community

Book written for practitioner’s who must work with families but who have insufficient training in family systems and assessment and intervention.

Documentary of the transformation of Bill Sackter, from a neglected individual living in an institution into a national hero for people with disabilities.

Practical and user-friendly book includes hundreds of strategies, tips, references, warnings and Internet resources. Appendices help to find contact information for hundreds of disabilities information groups, parent training and information groups, state department of education and legal and advocacy organizations.

Offers a concise, step-by-step, proven strategy for coming to mutual acceptable agreements in every sort of conflict – whether it involves parents and children, neighbors, bosses and employees, customers or corporations, tenants or diplomats.
Helps administrators, teachers, resource professionals, and parents work together to design, review and modify IEP’s for children with special education needs. Includes checklists, outlines, diagrams and specific examples to make the complex simple.

Guide to Special Education Advocacy. What Parents, Clinicians and Advocates Need to Know. Matthew Cohen
Tells parents and professionals all they need to know to gain better provisions of special education in schools. (302 pages)

How to Qualify for Social Security Disability and Protect your Rights. David A Morton (1992)
Tells you the rules the Social Security Administration (SSA) uses to evaluate disability claims. The author discusses all major types of mental and physical disorders in plain language and explains what SSA is looking for.

If you believe that there is something wrong with your child, but have yet to get a diagnosis, this book will help you through the period of uncertainty when you have to negotiate healthcare and education services.

Just Because I Can't Talk, Doesn't Mean I Don't Have Anything to Say. Holly Fiscus Forlenza. (2013)
The pages of this book feature words written by Holly. For almost twenty-two years, this beautiful, curious and silent woman had wisdom trapped in her body. For anyone who has ever felt silenced, oppressed, abandoned, scared and invisible, this book will bring you strength and encouragement

A step-by-step process for raising the achievement of English language learners and students with special needs and for integrating schoolwide change through proactive support services that benefit all students.

Written by an expert in the field, this comprehensive guide gives you essential tools for facilitating effective IEP meetings.

Leaving the Door Open: Alternatives to Seclusion and Restraint. (DVD)
This training video has been developed to help facilities reduce and ultimately eliminate the use of seclusion and restraint practices in institutional and community settings.

The Lighter Side of IEP’s. (1993)
This booklet offers a humorous perspective on important guidelines for developing Individualized Education Programs (IEPs) for students with disabilities, which respect the values of collaboration, student and family leadership, and full inclusion.

Traces the development of consciousness of disability rights pioneers who realized that in order to change the world they needed to work together to secure equal civil rights for all people with disabilities.

Designed for people interested in facilitating a person-centered planning process called Personal Futures Planning.

Takes readers on an extraordinary odyssey of hope and resilience— from Starkloff’s twelve years in a nursing home to his successful family life and career as a nationally prominent human rights leader.

This manual presents Missouri state guidelines for its surrogate parent program, required by the Individuals with Disabilities Education Act.

This insightful program will help both parents and educators better understand the recent changes to the law governing the Special Education System, The Individuals with Disabilities in Education Improvement Act (IDEA 2004).
Ages 8 and up. Matt finds out that he has a Learning Disability but doesn't know what that means. He soon finds out that he is smart and with the right accommodations, advocacy and support he can realize his dreams. (28 pages)

The lives of outliers-people whose achievements fall outside normal experience- follow a peculiar and unexpected logic, and in uncovering that logic, presents a fascinating and provocative blueprint for making the most of human potential.

Two-volume cd-rom was produced to preserve in a usable and educational format, the history of people with disabilities and the Council's 25 year history.

Quality Supports, Quality Lives. (DVD) (9 minutes)
Explores the status of direct support professionals (DSPs) and provides evidence of the urgent need for systemic workforce development, including high quality training and fair compensation.

Portrays how real school leaders seek, create, and sustain equitable schools, especially for marginalized students.

That All May Worship – An Interfaith Welcome to People with Disabilities. National Organization on Disability
The purpose of the handbook is to assist congregations, denominational groups and seminaries in welcoming people with disabilities.

Cites incidents from the criminal justice system to demonstrate that people with disabilities, whether guilty or innocent, are often defenseless.

Unforgotten: Twenty-Five Years After Willowbrook (DVD) (2002)
A critically acclaimed, award-winning documentary that examines the impact of the horrors of the notorious Willowbrook State Institution for the developmentally disabled on the survivors and their families, Unforgotten features eloquent testimonials of family members and focuses on the lives of survivors, 25 years after Geraldo Rivera's historic television expose.

Valuing Lives: Wolf Wolfensberger and the Principle of Normalization. (DVD) (56 minutes)
Through archival images and footage, and dozens of interviews, “Valuing Lives” explores the principle of normalization, an idea that challenged our fundamental assumptions about people with intellectual disabilities, and the iconoclastic professor whose intense, multi-day workshops trained thousands of human services professionals in the theory and practice of this idea.

We Can Shine: From Institutions to Independence. Adrian Esposito (DVD) (2010)
In his search to understand his own disability, Asperger's Syndrome, the filmmaker explores what it would have been like for him had he been born in 1944. This documentary is about the state of institutions for the developmentally disabled in New York State.

What Do I Do When...The Answer Book on Discipline. Susan Gorn (1999)
Presented in a question-and-answer format, this book provides information related to how schools can effectively discipline students. It reviews in detail the controlling directives of the Individuals with Disabilities Education Act 1997 as it concerns students with disabilities.
When the School Says No… How to Get the Yes: Securing Special Education Services for Your Child. Vaughn K Lauer. (2014)
Offers parents of children with autism and other disabilities a unique way of approaching and tackling the problems that can arise relating to the provision of special education services.

Wretches & Jabberers. (2010) (DVD) (94 minutes)
Two men with autism embark on a global quest to change prevailing attitudes about disability and intelligence.

Includes the full text of Parts A and B of the Individuals with Disabilities Education Improvement Act of 2004 (IDEA 2004) with commentary, cross-references, strategies, and resources.

Packed with sample letters and dialogues, realistic vignettes, and solutions to large and small problems, this practical survival guide will help parents become strong, independent, and effective advocates - so that their children will get the education they need to reach their full potential.