

# **SPECIAL SCHOOL DISTRICT SEIZURE ACTION PLAN**

(Adapted from the Epilepsy Foundation, 3/24/09) Form #SZ 2

Effective Date \_\_\_\_\_

**THIS STUDENT IS BEING TREATED FOR A SEIZURE DISORDER. THE INFORMATION BELOW SHOULD ASSIST YOU IF A SEIZURE OCCURS DURING SCHOOL HOURS.**

Student's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Phone: \_\_\_\_\_

Treating Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Significant medical history: \_\_\_\_\_

## **Seizure Information**

| <i>Seizure Type</i> | <i>Length</i> | <i>Frequency</i> | <i>Description</i> |
|---------------------|---------------|------------------|--------------------|
|                     |               |                  |                    |
|                     |               |                  |                    |
|                     |               |                  |                    |

Seizure triggers or warning signs: \_\_\_\_\_

Student's reaction to seizure: \_\_\_\_\_

## **Basic First Aid: Care & Comfort:** *(Please describe basic first aid procedures)*

Does student need to leave the classroom after a seizure? YES NO

If YES, describe process for returning student to classroom

### **Basic Seizure First Aid:**

- ✓ Stay calm & track time
- ✓ Keep child safe
- ✓ Do not restrain

## **Emergency Response**

A "seizure emergency" for this student is defined as:

Seizure Emergency Protocol: *(Check all that apply and clarify below)*

Contact School Nurse at: \_\_\_\_\_

Call 911 for transport to: \_\_\_\_\_

Notify Parent or Emergency Contact: \_\_\_\_\_

Notify Doctor

Administer emergency medications as indicated below

Other: \_\_\_\_\_

### **A Seizure is generally considered an Emergency when:**

- ✓ A convulsive (tonic-clonic) seizure lasts longer than 5 minutes
- ✓ Student has repeated seizures without regaining consciousness
- ✓ Student has a first time seizure
- ✓ Student is injured or has diabetes
- ✓ Student has breathing difficulties
- ✓ Student has a seizure in water

## **TREATMENT PROTOCOL DURING SCHOOL HOURS: (include daily and emergency medications)** Daily Medication

| <i>Dosage</i> | <i>Time of Day Given</i> | <i>Common Side Effects &amp; Special Instructions</i> |
|---------------|--------------------------|---|
|               |                          |   |
|               |                          |   |

Emergency/Rescue Medication: \_\_\_\_\_

Does student have a **Vagus Nerve Stimulator (VNS)**? YES NO

If YES, Describe magnet use \_\_\_\_\_

## **SPECIAL CONSIDERATIONS & SAFETY PRECAUTIONS:** *(regarding school activities, sports, trips, etc.)*

Physician Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_