



Dear Parent/Guardian:

Special School District is excited to be working with iFM Community Medicine to offer parents and students a new option for pediatric care. Through telehealth equipment, your school nurse can now connect with board certified nurse practitioners for quick assessment and treatment to care for your child while at school. Services will be offered in the clinic every Thursday from 8:30 am to 12:30pm, starting March 19, 2020.

How does the program work?

With the parent's permission, a student may be evaluated by a board certified nurse practitioner through a telehealth conference. The school nurse will quickly evaluate the student in person. After contacting the parent, the school nurse or telehealth coordinator can connect with an iFM nurse practitioner. The nurse practitioner will complete an assessment of the student to include input from the school nurse or telehealth coordinator and participating parent or legal guardian during the visit. The school nurse or telehealth coordinator will assist the provider during the evaluation through the use of special equipment as needed. The provider can hear the student's heart and lungs with a digital stethoscope. The provider can closely examine the student's ears, throat, rash, or abrasions with a high definition camera. Upon completion of the evaluation, the provider will give instructions for follow-up care and submit an order to your pharmacy of choice for prescription medications, if needed. A record of your child's visit will be kept in the student's medical record for future reference. A copy of the visit summary will also be sent to you.

What are examples of conditions that could be treated?

Examples of conditions that could be treated by telehealth are:

- Earaches
- Fever
- Coughs and colds
- Rashes and minor skin infections
- Abrasions and scrapes
- Strep throat and Influenza
- Headaches
- Pinkeye

*Special School District*

12110 Clayton Road / Town & Country, MO 63131 phone: 314.989.8100 TDD: 314.989.8552

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*Located in St. Louis County, Missouri, SSD is a nationwide leader in providing special education services and technical education.*



There are medical needs that will require an in-person evaluation by a medical provider. You may be asked to schedule an appointment with your child's primary care physician directly if an evaluation by telehealth isn't enough for diagnosis.

How do I enroll my child for the program?

Please complete the Telehealth Clinic Authorization form and iFM Parental Consent form and return to your child's school nurse.

How will I know if my child has a scheduled telehealth appointment?

When a student presents to the school nurse's office, the nurse will assess the student's condition and contact the parent or legal guardian to discuss if it is appropriate to schedule an appointment. An appointment cannot be scheduled without the consent of the parent or legal guardian.

How can I participate in my child's appointment?

You may participate in your child's appointment in three different ways. The provider may ask you about your child's medical history or current medications so please have this information ready and available.

- 1) You may attend the appointment in person at your child's school.
- 2) You may listen to your child's appointment by phone call via ZOOM, look for it in your phone's app store.
- 3) You may request a 9-digit Meeting ID Number to join the appointment by video.
  - a. Monitor your phone closely and prepare to join the session promptly. The provider and nursing staff will be moving from student appointment to student appointment as close to the scheduled time as possible.
  - b. Ensure that the camera and microphone on your device are turned on.
  - c. Ensure that you are in a private and quiet location to protect your child's privacy and minimize background noise or distractions.

For more information, contact your child's school nurse.

Sincerely,

SSD Nursing & Health Services

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