

Resource List for Gifted & Disability

SSD Family & Community Resource Center

Parent Education & Diversity Awareness

900 Hornet Dr.

St. Louis, MO 63042

314-989-8460

Differently Wired: Raising an Exceptional Child in a Conventional World. Deborah Reber. (2018)

This book is a how-to, a manifesto, a book of wise advice, and the best kind of been-there, done-that companion.

The Gifted Kids Workbook: Mindfulness Skills to Help Children Reduce Stress, Balance Emotions & Build Confidence. Heather Boorman. (2018)

With this workbook, your child will gain a better understanding of their unique gifts and learn essential strategies to help regulate their emotions, manage anxiety, improve mood, and navigate social relationships.

To Be Gifted & Learning Disabled: Strength-Based Strategies for Helping Twice-Exceptional Students with LD, ADHD, ASD and More. Susan Baum, Robin Schader & Steven Owen (2017)

Provides a comprehensive look at the complex world of students with remarkable gifts, talents, and interests, who simultaneously face learning, attention, or social challenges from LD, ADHD, and other disorders.

Twice Exceptional: Supporting and Educating Bright and Creative Students with Learning Disabilities. Scott Barry Kaufman. (2018)

Provides cutting-edge, evidence-based approaches to creating an environment where twice-exceptional students can thrive.

The Underachieving Gifted Child: Recognizing, Understanding & Reversing Underachievement. Del Siegle, PhD.

Offers specific strategies to help increase student achievement by improving students attitudes in the four important areas.

Understanding Your Gifted Child from the Inside Out: A Guide to the Social and Emotional Lives of Gifted Kids, James Delisle. (2018)

Focuses on the social and emotional aspects of giftedness, highlighting new information on the issues of perfectionism, self-advocacy, underachievement, mindfulness, and the impact of technology on gifted kids' relationships.

When Gifted Kids Don't Have All the Answers. Judy Galbraith & Jim Delisle. (2015)

Offers practical suggestions for addressing the social and emotional needs of gifted students.