

# Resource List for Epilepsy

SSD Family & Community Resource Center

Parent Education & Diversity Awareness

900 Hornet Dr.

St. Louis, MO 63042

314-989-8460

**Because You Are My Friend. (DVD) (5 minutes)**

Narrated by a child, this cartoon-like video provides young children with a simple and clear understanding about epilepsy.

**The Brainstorms Companion: Epilepsy In Our View. Steven C. Schachter, MD (1995)**

This sequel to Brainstorms: Epilepsy in Our Words focuses on the family, friends, co-workers, and support staff of the patient. The Brainstorms Companion: Epilepsy in Our View helps these caregivers cope with the emotional trauma and understand exactly what is happening when they witness a seizure.

**Brainstorms: Epilepsy In Our Words: Personal Accounts of Living With Seizures. Steven C. Schachter, MD (1993)**

Book presents accounts of seizures and epilepsy written by adult patients in their own words.

**The Brainstorms Family: Epilepsy On Our Terms: Stories By Children with Seizures and Their Parents.**

**Steven C. Schachter, MD, et al (1996)**

Presents information about the condition of epilepsy, what it is like to have seizures, the different kinds of seizures, and the effects of epilepsy on the individual and the family.

**Children with Seizures: A Guide for Parents, Teachers and Other Professionals. Martin L. Kutscher, MD (2006)**

Handbook for families, friends and caregivers of children with seizures provides all the information they need to approach seizures from a position of strength.

**Taking Seizure Disorders to School: A Story About Epilepsy. Kim Gosseliln (1996)**

Elementary. This story dispels the myths and fears surrounding epilepsy in a positive, upbeat, and entertaining style while explaining seizures. (23 pages)

**What You Need to Know If Epilepsy Has Touched Your Life: A Guide in Plain English. Marcelo Lancman MD.**

Provides a guide for a full life with Epilepsy and clear explanations about the most novel treatments.