

Resource List for Autism

SSD Family & Community Resource Center

Parent Education & Diversity Awareness

900 Hornet Dr.

St. Louis, MO 63042

314-989-8460

Activity Schedules for Children with Autism — Teaching Independent Behavior. Lynn E. McClannahan & Patricia Krantz (1999)

Activity schedules are tools that allow children with autism to accomplish activities with greatly reduced adult supervision. An activity schedule is a set of pictures or words that cue a child to engage in a sequence of activities. Detailed instructions and examples.

Addressing the Challenging Behavior of Children with High-Functioning Autism/Asperger Syndrome in the Classroom: A Guide for Teachers and Parents. Rebecca A Moyes. (2002)

Provides possible explanations for challenging behaviors, and practical help for both teachers and parents to address them in and out of the classroom.

ADHD-Autism Connection. A Step Toward More Accurate Diagnoses and Effective Treatments. Diane Kennedy, Rebecca Banks & Temple Grandin (2002)

Attention deficit/hyperactive disorder (ADHD) is one of the most rapidly growing diagnoses of our generation. Often the diagnosis fails to provide real help, leaving patients, doctors, and families at a loss to know what to do next. But for the first time ever, new insights into the overwhelming number of similarities between Autism and ADHD are giving those with ADHD genuine hope.

Adolescents on the Autism Spectrum: A Parent's Guide to the Cognitive, Social, Physical, and Transition Need of Teenagers with Autism Spectrum Disorders. Chantal Sicile-Kira. (2006)

Complete guide to the cognitive, emotional, social, and physical needs of preteens and teenagers with autism spectrum disorders, ranging from the relatively mild Asperger's Syndrome to more severe ability impairment.

All About Me: A Step-by-Step Guide to Telling Children and Young People on the Autism Spectrum about Their

This in-depth guide describes the practicalities of disclosure, including when to tell, who should do it and what they need to know beforehand with strategies to tailor your approach as every child's experience will be different.

All About My Brother – An Eight Year Old Sister's Introduction to Her Brother Who Has Autism. Sarah Peralta

Ages 4 and up. In this picture book, eight-year-old Sarah Peralta demystifies autism by giving us insights into the world of her younger brother, who is nonverbal. Through her simple depictions of Evan's everyday behavior, Sarah encourages others to approach autism without fear or pity. (27 pages)

All Cats Have Asperger Syndrome. Kathy Hoopman (2006)

Ages 8-12. Combines humor with understanding to reflect the difficulties and joys of raising a child with Asperger Syndrome and celebrates what it means to be considered 'different'. (65 pages)

Amazingly...Alphie! Understanding and Accepting Different Ways of Being. Roz Espin (2003)

Ages 8 and up. This is a story about differences. It's about trying to understand and accept people's different ways of being. It's a story about finding the buried treasure – looking beyond the challenge and finding the good that is always there. (44 pages)

Andy and His Yellow Frisbee. Mary Thompson (1996)

Grades K-5. Story of a boy with autism who has a special talent for spinning things. Views autism through the eyes of children and parallels the behaviors and feelings of children with autism with their classmates and siblings. (24 pages)

Applied Behavior Analysis and Autism: Building a Future Together. Mickey Keenan (2005)

This practical book gives detailed guidance on how to develop a tailored ABA program that includes the key features of ABA: detailed individual behavior assessment, reinforcement strategies to encourage new behaviors and systematic program implementation.

Armond Goes to a Party: A Book About Asperger's and Friendship. Nancy Carlson. (2014)

Ages 5-9. Armond doesn't want to go to Felicia's birthday party. Parties are noisy, disorganized, and smelly—all things that are hard for a kid with Asperger's. Worst of all is socializing with other kids. But with the support of Felicia and her mom, good friends who know how to help him, he not only gets through the party, but also has fun. When his mom picks him up, Armond admits the party was not easy, but he feels good that he faced the challenge—and that he's a good friend.

Arnie and His School Tools: Simple Sensory Solutions That Build Success. Jennifer Veenendall (2008)

Grades K-5. Introduces elementary students to basic sensory tools used to help children focus in classroom settings, such as fidgets, chewy pencil toppers and weighted vests. (45 pages)

The ASD Feel Better Book: A Visual Guide to Help Brain and Body for Children on the Autism Spectrum. Joel Shaul. (2017)

Grades 3-7. Designed to help children on the autism spectrum develop insight into what can upset them and make them feel bad and then increase their awareness of how to make themselves feel good again.

The ASD Independence Workbook: Transition Skills for Teens & Young Adults with Autism. Francis Tabone. (2018)

Offers powerful skills to help teens and young adults with autism spectrum disorder (ASD) successfully navigate the skills required for daily living and integration into their communities.

Ask Me About Asperger's Syndrome (DVD) (2007) (25 minutes)

A concise introduction to Asperger's syndrome addressed to teachers in the early grades. Professionals and parents describe the impairments that typically affect students with Asperger Syndrome and offer practical suggestions and techniques for working with these children.

Asparagus Dreams. Jessica Peers (2003)

Young Adult. Recalling her school years with humor and insight, Jessica takes the reader right inside what it feels like to have Asperger Syndrome. (220 pages)

The Asperger's Difference. (DVD) (2009) (31 minutes)

Adolescent. Follows three articulate young people as they navigate the waters of daily life and journey towards self-understanding and self-advocacy.

The Asperger Parent: How to Raise a Child with Asperger Syndrome and Maintain Your Sense of Humor. Jeffrey Cohen. (2002)

Written by a parent of a child with Asperger Syndrome, provides essential information and emotional support without being clinical and dry

The Asperger Plus Child: How to Identify and Help Children with Asperger Syndrome and Seven Common Co-Existing Conditions – Bipolar Disorder, Nonverbal Learning Disability, Obsessive Compulsive Disorder, Oppositional Defiance Disorder, High-Functioning Autism, Tourette's Syndrome and Attention Deficit Disorder.

This practical guide to helping children with complex diagnoses at home and at school is based on current research as well as the author's clinical observations from working with this population for 15 years.

Asperger's and Girls (2006)

Information about girls and women with Asperger's Syndrome. Covering topics such as diagnoses, education, puberty, relationships, and careers, experts in the field share practical advice for both caregivers and the women and girls who are affected by Asperger's.

Asperger's Huh? Rosina Schnurr (1999)

Ages 6-12 who have Asperger's Syndrome (52 pages)

Asperger's on the Job: Must-Have Advice for People with Asperger's or High Functioning Autism and their Employers, Educators, and Advocates. Rudy Simone (2010)

Up to 85% of the Asperger's population are without full-time employment, though many have above-average intelligence. There is more to a job than what the tasks are. From social blunders, to sensory issues, to bullying by coworkers, Simone

Asperger's Teens: Understanding High School for Students on the Autism Spectrum. Blythe Grossberg. (2015)

Teens. Provides high school students with Asperger's strategies that they can use to help themselves feel more comfortable in school, find friends and get along with peers, work productively with their teachers, and move toward greater independence.

Asperger's — What Does It Mean to Me? Catherine Faherty (2000)

This book offers the individual and his or her caregivers an opportunity to better understand his/her world! Written by a leading therapist, alternate chapters educate the caregiver, then the individual answers questions about his/her views, fears and hopes. (301 pages)

Asperger Syndrome and Difficult Moments: Practical Solutions for Tantrums, Rage and Meltdowns. Brenda Smith Myles (1999)

Written for professionals and parents and offers practical solutions for the day-to-day challenges facing individuals with Asperger's syndrome and their families.

Asperger Syndrome and Sensory Issues: Practical Solutions for Making Sense of the World. Brenda Smith Myles, PhD (2005)

Uncovers the puzzling behaviors by children and youth with Asperger syndrome (AS) that have a sensory base and, therefore, are often difficult to pinpoint and interpret.

Asperger Syndrome: A Guide for Parents and Professionals. Tony Atwood (DVD) (2004) (180 minutes)

Dr. Tony Atwood is a Clinical Psychologist who has specialized in autism for over 20 years. As a practicing clinician with special interest in early diagnosis, severe challenging behavior and Asperger's Syndrome, his experience covers the full range of the spectrum, from the profoundly disabled to the most highly functioning.

Asperger Syndrome: Living Outside the Bell Curve. (2001) (video) (18 minutes)

This video provides an overview of Asperger's Syndrome, and focuses on a 12 year old to further illustrate points. It includes an in-depth interview with Tina Iyama, MD. University of Wisconsin Children's Hospital, who explains causes and symptoms as well as strategies.

Asperger Syndrome: An Owner's Manual. What You, Your Parents and Your Teacher's Need to Know. An Interactive Guide and Workbook. Ellen S. Heller Korin (2006)

Grades 5-8. Designed for young people grades 5 through 8 for use with guidance from a helping adult. Written to be understood by these particular adolescents, "An Owner's Manual" describes what Asperger Syndrome is and how it can affect daily life. (60 pages)

Asperger Syndrome: An Owner's Manual 2 For Older Adolescents and Adults: What You, Your Parents, Your Friends, and Your Employer Need to Know. An Interactive Guide and Workbook. Ellen S. Heller Korin (2007)

Designed for older adolescents (16+) for use with guidance from a helping adult. "An Owner's Manual" describes what Asperger Syndrome is and how it can affect daily life and employment. (124 pages).

Asperger Syndrome: Transition to College and Work (DVD) (2001) (57 minutes)

Techniques to help students understand their role in the transition process, obtain special education services at the college level, learn to be self advocates, and focus on finding a career field which uses their interests and talents.

Asperger Syndrome, the Universe and Everything. Kenneth Hall (2001)

Grades 3 and up. Written by a 10 year old boy with Asperger Syndrome. Shares his insights, struggles and joys in a frank and humorous way. (109 pages)

Asperger Syndrome: What Teacher's Need to Know. Matt Winter (2003)

Guide for teachers to working with, helping, and getting the most from a child with Asperger Syndrome.

The Asperger Teen's Toolkit. Francis Musgrave. (2017)

Teens. Dealing with the everyday realities facing teens with Asperger Syndrome, this book presents a toolkit of tried-and-trusted ideas to help them work through difficulties and find the solutions that work best for them.

Asperger's Syndrome Employment Handbook: An Employment Workbook for Adults with Aspergers Syndrome. Roger Meyer (2001)

Practical manual that will enable people diagnosed with Asperger Syndrome and high functioning Autism to deepen their self understanding and appreciate their value as working individuals.

Asperger's Syndrome Workplace Survival Guide: A Neurotypical's Secrets for Success. Barbara Bissonnette (2013)

Includes everything from realistic strategies for meeting employer expectations, to how to get on with your colleagues and work as part of a team, multitask and manage projects, and handle anxiety and effectively resolve problems.

Asperkids: An Insider's Guide to Loving, Understanding and Teaching Children with Asperger Syndrome. Jennifer Cook O'Toole. (2012)

As a parent, teacher and a person with Asperger syndrome, Jennifer Cook O'Toole provides an insider's view on effective and fun ways to engage with children with Asperger syndrome.

The Asperkid's Launch Pad: Home Design to Empower Everyday Superheroes. Jennifer Cook O'Toole (2013)

Visually-led guide to preparing a home environment that supports the development of children with Asperger syndrome.

The Asperkid's Secret Book of Social Rules: The Handbook of Not-So-Obvious Social Guidelines for Tweens and Teens with Asperger Syndrome. Jennifer Cook O'Toole. (2013)

Adolescents. Social skills book with respectful, funny insights written "for Aspies by an Aspie." Includes illustrations, logic and practice sessions.

The Aspie Girl's Guide to Being Safe with Men: The Unwritten Safety Rules No-one is Telling You. Debi Brown.

Provides need-to-know facts and sensitively yet honestly describes the more subtle social, emotional and safety issues surrounding dating, relationships and sex.

Autism? Aspergers? ADHD? ADD? A Parent's Roadmap to Understanding and Support. Diane Drake Burns (2005)

Suspect there's something "different" about your child? This book will help you navigate those early stages of your child's life when a diagnosis is nowhere in sight and you're either totally frustrated or frightened into inaction by a vision of what may lie ahead.

Autism/Asperger's & Sexuality: Puberty & Beyond. Jerry Newport, Mary Newport & Teresa Bolick (2002)

Written by two adults diagnosed with Asperger's Syndrome, this, personal look at the sexual challenges of those diagnosed with autism or Asperger's includes advice on dating, sex, birth control, disease prevention, abuse, and personal responsibility.

Autism/Aspergers: Solving the Relationship Puzzle. Steven E. Gutstein, Ph. D. (2000)

Offers a new approach to developing not only social skills, but also relationships.

The Autism Acceptance Book: Being a Friend to Someone with Autism. Ellen Sabin (2006)

Ages 6-13. This book is much more than a book that teaches children about autism. It uses informative narrative and engaging activities to help them develop understanding, compassion, and appreciation for people different from themselves. (61 pages)

Autism, Advocates and Law Enforcement Professionals: Recognizing and Reducing Risk Situations for People with Autism Spectrum Disorders. Dennis Debbaudet (2003)

Individuals with autism are seven times more likely than other people to come into contact with police and their responses to encounters with authority may not always be appropriate. Private investigator and autism advocate Dennis Debbaudet explains how typical manifestations of autism spectrum disorders, such as running away, unsteadiness, impulsive behavior or failure to respond, may be misunderstood by law enforcement professionals, with serious consequences.

The Autism Answer Book. William Stillman (2007)

Answers your most pressing questions about autism. Helps you understand your child and develop a plan to help him succeed.

Autism and Appropriate Touch: A Photocopiable Resource for Helping Children and Teens on the Autism Spectrum Understand the Complexities of Physical Interaction. Abigail Werner James. (2015)

Practical educational resource to help teach the social rules of touch and personal space to children and teens with Autism Spectrum Disorder with the aim of keeping them safe and helping them to understand what are appropriate interactions in family, educational and community situations.

Autism and Everyday Executive Function: A Strengths-Based Approach for Improving Attention, Memory, Organization, and Flexibility. Paula Moraine. (2016)

Showing how to use an individual's strengths to address executive functioning weaknesses, this approach will also help to build a strong foundation for social and communication skills.

Autism and Its Medical Management: A Guide for Parents and Professionals. Michael G. Chez (2008)

Explains the medical aspects of autism and how both parents and professionals can use current medical knowledge to better

Autism & You: Learning in Styles. Diana Friedlander & Karen Burke. (2017)

This book will give you information about your learning style and your type of autism so you can make a plan for success.

Autism: Being Friends (DVD)

Awareness video for children.

The Autism Checklist: A Practical Reference for Parents and Teachers. Paula Kluth (2009).

A reference to determine individuals with autism and Asperger's syndrome and gives advice on providing appropriate, sensitive, and effective supports both at home and at school.

Autism and the Decision to Drive. (DVD) (2016)

Describes and illustrates a wide variety of factors to consider when making the decision to drive.

Autism Early Intervention: Fast Facts. Raun M Melmed, MD. (2007)

Guide that explains the evaluations, diagnoses, and treatments for children with autism spectrum disorders.

Autism and Employment: Raising Your Child with Foundational Skills for the Future. Lisa Tew & Diane Zajac.

This book was written to help you, the parent, to raise your child with the foundational skills he or she will need for the future.

Autism Every Day: Over 150 Strategies Lived and Learned by a Professional Autism Consultant with 3 Sons on the Spectrum. Alyson Beytien. (2011)

Combines real-life stories of challenges and successes with practical ideas for handling autism.

Autism in My Family: A Journal for Siblings of Children with ASD. Sandra Tucker. (2017)

This book is focussed on understanding and supporting a sibling while developing individual emotions and identity.

Autism in Your Classroom: A General Educator's Guide to Students with Autism Spectrum Disorders. Deborah Fein & Michelle Dunn (2007)

Resource for General Education teachers that offers practical information and guidance they need to teach and support their students with Autism.

Autism, the Invisible Cord: A Sibling's Diary. Barbara Cain (2013)

Teens. Follows 14-year-old Jenny as she describes her day-to-day life with her younger autistic brother, Ezra. Ezra can be both her best friend as well as her biggest obstacle to living a normal life. 112 pages.

The Autism Mom's Survival Guide. Susan Senator. (2010)

Interweaves the voices of autism parents, researchers and professionals to offer guidance and encouragement on how to find happiness and fulfillment in the midst of the struggles of raising a child with autism.

Autism: The Musical (DVD) (2007) (93 minutes)

Follows five children with Autism, their parents and their acting coach as they act out a full length stage production.

Autism and the Myth of the Person Alone. Douglas Biklen (2005)

Engages the perspectives of people with autism, including those who have been; treatments and therapies; alternative medicines and therapies; special education; autism resources; helpful hints; the future...and more!

Autism & PDD: Expanding Social Options. Pam Britton Reese & Nena C Challenner (2003)

Ideas for improving social communication and self control.

Autism & Reading Comprehension: Ready-to-Use Lessons for Teachers. Joseph Porter. (2011)

Animal themed lesson plans. Accompanying CD-ROM includes worksheets, lesson plans, visual tools and assessment forms.

Autism in the School-Aged Child. Carol Schmidt & Beth Heybyrne. (2004)

The purpose of this book is to build on the strong foundation of discrete trial training, expanding the ability of the higher-functioning child with autism to learn in "real world" settings.

The Autism Sourcebook: Everything You Need to Know About Diagnosis, Treatment, Coping and Healing. Karen Siff Exkorn. (2005)

Offers an inside look at families with children who have autism, and ties in the authors firsthand experience as a parent.

The Autism Spectrum and Depression. Nick Dubin. (2014)

Written specifically for adults with ASD, this ground-breaking book offers accessible and sensitive advice on how to manage depression and make positive steps towards recovery.

Autism Spectrum Disorders: Interventions and Treatments for Children and Youth. Richard Simpson (2004).

Resource was developed to respond directly to the extraordinary difficulty school professionals and families face in selecting

Autism Spectrum Disorders: Missouri Best Practice Guide for Screening, Diagnosis, and Assessment. (2010)

Clinicians' overview and summary of best practices.

Autism Spectrum Disorders: Missouri Best Practice Guide for Screening, Diagnosis, and Assessment. (2010)

Educators' and service providers' overview and summary of best practices.

Autism Spectrum Disorders: Screening and Referral. Thompson Center for Autism & Neurodevelopmental Disorders. (DVD)

Focuses on screening for ASD and how to make referrals for children who may present with a concern for autism.

The Autism Spectrum Guide to Sexuality and Relationships: Understand Yourself and Make Choices that are Right for You. Dr. Emma Goodall. (2016)

Unravelling the complexities of relationships and sexuality, this straight-talking guide will help you to navigate the associated social, emotional and physical issues.

The Autism Spectrum, Sexuality and the Law: What Every Parent and Professional Needs to Know. Tony Attwood, Isabelle Henault & Nick Durbin. (2014)

Examines how the ASD profile typically affects sexuality and how sexual development differs between the general population and those with ASD. It explains the legalities of sexual behaviour, and the possibility for adjustment of existing laws as they are applied to the ASD population.

The Autism Transition Guide: Planning the Journey from School to Adult Life. Carolyn Thorwarth Bruey (2009)

Roadmap to navigate the journey of autism from high school to adult life.

Autism & the Transition to Adulthood: Success Beyond the Classroom. Paul Wehman (2009)

Contains measurable transition goals and real life community based experiences for students and young adults with autism.

Autism Vision: Creating Classroom Connections for Children with Autism. (DVD & VHS) (2007) (14 minutes)

Ages 8-11. Developed to foster the social inclusion of children with Autism in general education.

Autism Vision: Creating Classroom Connections for Teens with High-Functioning Autism and Asperger Syndrome. (DVD) (2007) (14 minutes)

Ages 12-15. Developed to foster the social inclusion of teens with HFA or Asperger Syndrome in general education.

Autistic? How Silly is That: I Don't Need Any Labels at All. Lynda Farrington Wilson. (2012)

Ages 4 and up. Tells children with autism they are KIDS with autism, as it gently pokes fun of the onerous label "autistic".

Autistic-Like: Graham's Story. Erik Linthorst. (DVD) (2008) (50 minutes)

Intimate family portrait showing one dad's determined quest to find the right therapies, the right doctors, and even the right words to describe his son.

Babies are Noisy: A Book for Big Brothers and Sisters Including Those on the Autism Spectrum. Anne-Marie Harrison. (2014)

Ages 3 & Up. This illustrated children's book is ideal for preparing young children on and off the autism spectrum for the arrival of a new brother or sister.

Be Different. John Elder Robison. (2011)

Robison shares stories about his life, giving peers, families, and teachers a rare window into the Aspergian mind.

Be Safe Teaching Edition: Movie & Companion Curriculum (DVD & CD-ROM) (2013) (60 minutes)

Lessons, activities, games & materials to teach teens and adults with Autism Spectrum Disorder how to interact safely with the police.

Behavior Mapping: A Visual Strategy for Teaching Appropriate Behavior to Individuals with Autism Spectrum and Related Disorders. Amy Buie. (2013)

Simple-to-implement strategies are effective for a range of students, regardless of age and ability level.

Behavior Solutions for the Inclusive Classroom: A Handy Reference Guide that Explains Behaviors Associated with Autism, Asperger's ADHD, Sensory Processing, and other Special Needs. Beth Aune, Beth Burt & Peter Gennaro

Illuminates possible causes of those mysterious behaviors, and more importantly, provides solutions! Teachers can quickly look up an in-the-moment solution and learn about what the child is communicating, and why.

Born on a Blue Day: Inside the Extraordinary Mind of an Autistic Savant. Daniel Tammet (2007)

Story of Daniel Tammet.

A Buffet of Sensory Interventions: Solutions for Middle and High School Students with Autism Spectrum Disorders. Susan Culp (2011)

Teens. Teaches teens with autism spectrum disorders to take ownership of their sensory needs by self-advocating and self-regulating as they transition into adulthood. (150 pages)

Building Forever Friendships: Strategies to Help Your Friend with Autism or other Special Needs at School. Rachel Morgan. (2013)

School Age. Strategies for being a good friend, not just to kids with autism, but everyone.

Can I Tell You About Asperger Syndrome? Jude Welton (2003)

Ages 7-15. Meet Adam - a young boy with AS. Adam invites young readers to learn about AS from his perspective. (48 pages)

Carly's Voice. Arthur Fleishmann. (2012)

A father explores first-hand the challenges of living with autism and introduces you to an inspiring young woman who has found her voice and mission

Caught in the Web of the Criminal Justice System: Autism, Developmental Disabilities, and Sex Offenses. Lawrence Dubin & Emily Horowitz. (2017)

Drawing on research, empirical evidence and including case studies, experts from the fields of law, ethics, psychology and sociology explore what steps should be taken in order to ensure that laws are just and take into consideration factors such as the vulnerability of the perpetrators.

Celebrating Diversity: A Universal Message from the Real Rain Man. National Professional Resources, Inc. (27 minutes) (DVD)

Resource for staff development, parent training and/or for use with students in grades 5-12 as part of a character education unit. Meet Kim Peek, The Real Rain Man, observe him interact with students and demonstrate his unique gifts. Through his life's story, viewers will learn about accepting differences in others, developing tolerance and fostering a greater understanding of diversity.

Children with High-Functioning Autism: A Parent's Guide. Claire E. Hughes-Lynch (2010)

Offers parents information to help them cope with their child's autism and to navigate the path as they first perceive differences, seek assistance and treatment, and help their child develop into his or her full potential.

Choosing To Be A GFF (Good Friend Forever). (DVD) (2014)

The voices of students with autism/ASD in 6th through 8th grade are the highlights of this 16-minute cutting-edge film.

Citizen Autistic: I am not a Puzzle, I am a Person (68 minutes) (DVD)

Offers an inside look at the activists on the frontlines of the autism war the fight for human rights and self-advocacy.

The Color of Autism. Toni Flowers (2002)

This book combines practical instruction with a chicken-soup-for-the-soul inspiration.

Comic Strip Conversations. Carol Gray (1994)

An excellent communication-teaching tool offering illustrated interactions for students with autism and related disorders. These drawings help the student comprehend the exchange of information in a conversation

The Complete Guide to Asperger's Syndrome. Tony Atwood (2007)

Drawing on case studies and personal accounts from Atwood's extensive clinical experience, and from his correspondence with individuals with AS,

The Complete Guide to Getting a Job for People with Asperger's Syndrome: Find the Right Career and Get Hired. Barbara Bissonette. (2013)

Upfront, engaging and highly practical, this will be an essential guide for individuals with AS entering the workforce for the first time, as well as experienced workers who have lost jobs or wish to change careers but are uncertain about how to find the best match for their abilities.

Creating A Win-Win IEP for Students with Autism: A How to Manual for Parents and Educators. Beth Fouse, PhD. (1999)

This book is intended to provide parents of students with autism with necessary information for the Individualized Education Program (IEP) process and includes relevant information from the 1997 Individuals with Disabilities Education Act.

Creative Expressive Activities and Asperger's Syndrome: Social and Emotional Skills and Positive Life Goals for Adolescents and Young Adults. Judith Martinovich (2006)

A comprehensive resource for parents as well as teachers, social workers and psychologists and arts therapists who wish to link therapeutic goals and creative activities for people with or without AS.

Destination Friendship: Developing Social Skills for Individuals with Autism Spectrum Disorders or Other Social Challenges. Mary Benton, Carol Hollis, Kelly Mahler & Alice Womer. (2012)

Destination Friendship provides easy-to-use, research-based strategies and activities that support the development of friendship skills in children with ASD within an active and fun learning environment.

Developing Friendships: Wonderful People to Get to Know. (DVD) (2001) (12 minutes)

Individuals with high-functioning Autism/Asperger's offer insights into their world.

Developing Talents: Careers for Individuals with Asperger Syndrome and High Functioning Autism. Temple Grandin & Kate Duffy (2004)

This book covers all aspects of the search for suitable careers for individuals on the autism spectrum.

Developing Workplace Skills for Young Adults with Autism Spectrum Disorder: The BASICS College Curriculum. Michelle Rigler, Amy Rutherford & Emily Quinn (2016)

Students or recent graduates are shown how to identify and develop strategies to overcome common challenges associated with ASD in the workplace.

Different Like Me: My Book of Autism Heroes. Jennifer Elder (2006)

Ages 8-12. Introduces children to inspirational famous and historical figures that all excel in the own fields, but are united by the fact they often found it difficult to fit in. (46 pages)

Different...Not Less: Inspiring Stories of Achievement and Successful Employment from Adults with Autism, Asperger's, and ADHD. Temple Grandin PhD. (2012)

This book is a compilation of success stories from adults with autism and Asperger's Syndrome. Each shares what helped them during their childhood and young lives that made them the independent adults they are today

Differently Wired: Raising an Exceptional Child in a Conventional World. Deborah Reber. (2018)

This book is a how-to, a manifesto, a book of wise advice, and the best kind of been-there, done-that companion.

Difficult Moments for Children and Youth with Autism Spectrum Disorders. Brenda Smith Myles (DVD) (2005) (25 minutes)

Daily life can present stress to all of us, but for individuals with autism spectrum disorders everyday life can be particularly challenging. When not addressed early on, stress can quickly escalate, culminating in full-blown rage. Fortunately, there are signs along the way if only we know what to look for.

Dr. Tony Attwood: Asperger's Syndrome, Volume 2- Anger Management, Teaching Teachers, Teenage Issues. (DVD)(2003)

Offers concrete counsel in three important interrelated areas.

Drawing a Blank: Improving Comprehension for Readers on the Autism Spectrum. Emily Iland. (2011)

Combines evidence-based reading strategies with clinical knowledge to create a guide to teaching reading and reading comprehension to learners with ASD and related challenges.

Early Start Denver Model for Young Children with Autism: Promoting Language, Learning and Engagement. Sally Rogers & Geraldine Dawson. (2010)

Comprehensive, empirically tested intervention specifically designed for toddlers and preschoolers with autism spectrum disorder.

Elijah's Cup: A Family's Journey Into the Community and Culture of High-Functioning Autism and Asperger's Syndrome. Valerie Paradiz (2002)

This memoir explores how the diagnosis of the author's son, Elijah, with Asperger's syndrome changed her life.

Ellie Needs To Go: A Book About How to Use Public Toilets Safely for Girls and Young Women with Autism and Related Conditions. Kate E Reynolds. (2015)

This visual resource helps parents and carers teach girls and young women with autism and related conditions about how to use public toilets safely.

Empowering Students with Hidden Disabilities: A Path to Pride and Success. Margo Vreeburg Izzo & LeDerick Horne (2016)

Told with the authentic voices of adults with hidden disabilities, this encouraging, eye-opening book will help you guide students on the Path to Disability Pride and support their success in the classroom and community

Ethan and Phoebe: A Child's Book About Autism. Deborah Ann Moore (2003)

Ages 4-8. Big sister Phoebe offers a glimpse into her world and that of her little brother Ethan who has autism.

Evan & Me: A Story of Autism and Love. Mary Karsten Hebrank (2010)

Grades K and up. Heartwarming narrative of a young girl's love for her twin brother with autism. (32 pages)

Everybody is Different – A Book for Young People Who have Brothers or Sisters with Autism. Fiona Bleach. (2002)

Ages 9-12. Designed to give answers to the many questions of brothers and sisters of young people on the autistic spectrum. As well as explaining the characteristics of autism, it is full of helpful suggestions for making family life more comfortable for everyone concerned. (77 pages)

Everything Parent's Guide to Children with Asperger's Syndrome. William Stillman (2005)

Shows you how you can maintain a positive attitude, honor your child's unique experience, and strengthen the bond between you and your child.

Exploring Friendships, Puberty and Relationships: A Programme to Help Children and Young People on the Autism Spectrum to Cope with the Challenges of Adolescence. Kate Ripley. (2014)

This evidence-based program is designed to help young people with autism spectrum disorders (ASDs) to cope with the challenges and confusion of the adolescent years.

Families of Children with Autism: What Educational Professionals Should Know. Lee M Marcus, PhD & Ann Palmer (2010)

Provides educators a framework for understanding families of children with autism, the stressors they face, the barriers to building collaborative relationships, and the ways professionals can help these families cope.

FBA to Z: Functional Behavior and Intervention Plans for Individuals with ASD. Ruth Aspy, Barry Grossman, Brenda Smith Myles & Shawn Henry. (2016)

Practical guide to developing comprehensive behavior intervention plans that highlight the need to understand an individual's unique needs and strengths within each treatment.

Feeding Your Child with Autism. Mark J Palmieri & Kristen M Powers (2013)

Discusses feeding disorders in children and explains the types of supports families can use at home, as well as what professional help they should consider.

A Five is Against the Law! Social Boundaries: Straight Up! An Honest Guide for Teens and Young Adults. Kari Dunn Buron (2007)

Young Adult. Takes a narrower look at challenging behavior with a particular focus on behaviors that can spell trouble for adolescents and young adults who have difficulty understanding and maintaining social boundaries. (47 pages)

Fly Away: When Love Means Letting Go. (DVD) (2010) (80 minutes)

Story of Jeanne and her autistic teenage daughter, Mandy. Jeanne has cared for Mandy since the day she was born, growing closer every day to a child who is charmingly offbeat one moment and nearly impossible to manage the next. As the pressures of work and her child's needs increase, she must decide whether or not to enroll Mandy in a therapeutic residential facility.

French Fries for Siblings: The Forgotten Children of Autism. Lilli Z Mayerson. (2009)

School Age. This is a sibling's story about disappointment and excitement, frustration and genuine love. A book to use as a tool to discuss their feelings and give comfort to siblings affected with autism. (49 pages)

A Friend's and Relative's Guide to Supporting the Family with Autism: How Can I Help? Ann Palmer. (2012)

Gives practical tips on help that might be needed most, details the possible changes that will take place as the family adjusts and concludes with a comprehensive guide to other useful sources of information.

From Tutor Scripts to Talking Sticks: 100 Ways to Differentiate Instruction in K-12 Inclusive Classrooms. Paula Kluth & Sheila Danaher (2010)

Gives educators fun and easy ideas for meeting the learning needs of all students in inclusive classrooms.

A Full Life with Autism: From Learning to Forming Relationships to Achieving Independence. Chantal Sicile-Kira & Jeremy Sicile-Kira. (2012)

A guide for helping our children lead meaningful and independent lives as they reach adulthood.

Functional Behavior Assessment for People with Autism: Making Sense of Seemingly Senseless Behavior. Beth A Glasberg PhD. (2006)

This guide describes functional behavior assessment (FBA), a highly regarded strategy that parents and professionals can use to identify the factors contributing to the problem behavior.

Get Out, Explore, and Have Fun: How Families of Children with Autism or Asperger Syndrome Can Get the Most out of Community Activities. Lisa Jo Rudy (2010)

Includes hints and tips for involving your family in the right community activities, as well as, suggestions about how organizations can successfully include children on the spectrum in their activities.

Grandparent's Guide to Autism Spectrum Disorders: Making the Most of the Time at Nana's House. Nancy Mucklow. (2012)

Practical guide to turning grandparents' concern, confusion and initial sadness for their grandchild with ASD into a relationship of acceptance, confidence and realistic expectations.

Gravity Pulls You In - Perspective on Parenting Children on the Autism Spectrum. Kyra Anderson & Vicki Forman (2010)

Essays and poems by mothers and fathers raising children on the autism spectrum.

The Growing Up Book for Boys: What Boys on the Autism Spectrum Need to Know. Davida Hartman. (2015)

Ages 9-14. Explains the facts behind the growth spurts, body changes and mood swings of adolescence for boys on the autism spectrum.

The Growing Up Guide for Girls: What Girls on the Autism Spectrum Need to Know. Davida Hartman. (2015)

Ages 9-14. One-stop guide for young girls on the autism spectrum explaining all they need to know about puberty and adolescence.

Guide to Dating for Teenagers with Asperger Syndrome. Jeannie Uhlenkamp (2009)

Teens. A dating and relationship guide that provides answers to questions that teens have about developing relationships with others. (129 pages)

Helping Children with Autism Spectrum Conditions Through Everyday Transitions. John Smith, Jane Donlan & Bob Smith. (2012)

his book looks at the small transitions in everyday life that can be a big deal for a child with autism and offers simple and effective strategies to make change less of a daily challenge.

Helping Children with Dyspraxia. Maureen Boon (2001)

Provides positive answers to the questions commonly asked by parents and teachers about behavior, causes, identification, and assessment associated with dyspraxia. Discusses the range of possible therapeutic interventions. For professionals and parents.

Helping Your Child with Extreme Picky Eating: A Step-by-Step Guide for Overcoming Selective Eating, Food Aversion and Feeding Disorders. Katja Rowell & Jenny McGlothlin. (2015)

After gaining a foundation of understanding of your child's challenges and the dynamics at play, you'll be ready for the 5

The Hidden Curriculum of Getting and Keeping a Job: Navigating the Social Landscape of Employment - A Guide for Individuals with Autism Spectrum and Other Social-Cognitive Challenges. Brenda Smith Myles, Judy Endow & Malcom Mayfield. (2013)

Provides necessary yet often untaught information on a variety of topics related to getting a job, finding a mentor, networking, using agencies, interviewing, talking with supervisors, dealing with on-the-job-frustrations, understanding the social rules at work and many other topics.

The Hidden Curriculum and Other Everyday Challenges for Elementary-Age Children with High Functioning Autism. Haley Morgan Myles & Annelise Kolar. (2013)

Simple, no-nonsense advice on how to handle everyday occurrences that can be challenging for children on the autism

The Hidden Curriculum: Practical Solutions for Understanding Unstated Rules in Social Situations. Brenda Smith Myles, et al (book and DVD) (2004)

This book offers practical suggestions and advice for how to teach and learn those subtle messages that most people seem to pick up almost automatically but that have to be directly taught to individuals with social-cognitive challenges.

Hopes and Dreams: An IEP Guide for Parents of Children with Autism Spectrum Disorders. Kirby Lentz (2005)

With an emphasis on preparation and collaboration, this practical resource shows parents step-by-step how to become truly active members of the IEP team, thereby achieving their child's and family's hopes and dreams.

How Can I Be A Good Friend to Someone With Autism / Choosing to Be A GFF (Good Friend Forever). (DVD) (2 films, 16 minutes each)

Grades K-5 & 6-8. Two films that promote autism awareness and acceptance by showing students what it is like for their peers with autism and how they can interact with them.

How Do I Teach This Kid? Visual Work Tasks for Beginning Learners on the Autism Spectrum. Kimberly A. Henry (2005)

A full color visual work for beginning learners on the autism spectrum, is the first in a series of books designed to share ideas for using visual strategies to teach.

How People with Autism Grieve, and How to Help: An Insider Handbook. Deborah Lipsky (2013)

Includes clear instructions on how best to support someone with autism through the grieving process, how to prepare them for bad news, how to break the bad news, how to involve them in the funeral or wake, and how best to respond to later reactions.

How to be Human: Diary of an Autistic Girl. Florida Frenz (2013)

Ages 7-12. With powerful words and pictures Florida Frenz chronicles her journey figuring out how to read facial

How to Make School Make Sense: A Parent's Guide to Helping the Child with Asperger Syndrome. Clare Lawrence (2008)

The book explores how parents can prepare their child for school life and how they can work with teachers to improve the classroom environment, as well as the school environment as a whole, for their child and consequently for the benefit of all pupils.

How to Talk to an Autistic Kid. Daniel Stefanski (2011)

Grades 4 and up. Written by a 14 year old boy with autism to help people understand autism and the people who have it. (48 pages)

How to Teach Life Skills to Kids with Autism or Asperger's. Jennife McIlwee Myers. (2010)

Shows you how to: create opportunities for children to learn in natural settings and situations; teach skills such as everyday domestic tasks, choosing appropriate attire, and being polite; help individuals on the spectrum develop good habits that will help them be more fit and healthy; improve time management skills such as punctuality and task-switching.

I am Special: A Workbook to Help Children, Teens and Adults with Autism Spectrum Disorders to Understand Their Diagnosis, Gain Confidence and Thrive. Peter Vermeulen (2013)

Designed for a child to work through with an adult - parent, teacher or other professional.

I Am Utterly Unique: Celebrating the Strengths of Children with Asperger Syndrome and High-Functioning Autism. Elaine Marie Larson (2006)

Ages 4-8. Discover the unique characteristics and abilities of children with Asperger Syndrome and high-functioning autism – from A to Z. This book, laid out in an A-to-Z format, celebrates the extraordinary gifts and unique perspectives that ASD children possess. (56 pages)

I Hate To Write: Tips for Helping Students with Autism Spectrum and Related Disorders Increase Achievement, Meet Academic Standards, and Become Happy Successful Writers. Cheryl Boucher & Kathy Oehler. (2013)

Focuses on the four areas of writing that are most problematic for students with ASD: language, organization, sensory and visual-motor skills organized under topics such as Getting Started, Knowing What to Write, Getting Stuck, Misunderstanding the Directions, and many more.

I Have Autism: A Child's First Look At Autism. A Children's Book and Resource Guide. Pat Crissey (2005)

Grades Pre-K – 3. *"I Have Autism"* is a children's book to help parents and teachers explain autism to a young child.

I Have Autism...What's That? Kate Doherty, Paddy McNally & Eileen Sherrard (2000)

Book helps children and young people with autism to discover how their autism affects them.

I Have a Question About Death: A Book for Children with Autism Spectrum Disorder or Other Special Needs. Arlen Grad Gaines & Meredith Englander Polsky. (2017)

Ages 5-11. Uses straightforward text and images to walk children through what it means when someone dies, as well as ways they might want to react or to think about the person. 39 pages.

I Have a Question about Divorce: A Book for Children with Autism Spectrum Disorder or Other Special Needs. Arlen Grad Gaines & Meredith Englander Polsky. (2018)

Ages 5-11. Using a question and answer format, it explores the changes and feelings a child may experience during a divorce, and provides ideas to help cope with this life change. 39 pages.

I Love My Brother! A Preschooler's View of Living with a Brother Who Has Autism. Conner Sullivan (2001)

Ages 3-5. Book for young siblings and as a guide for helping preschool and kindergarten-aged students better understand their peers with autism. (24 pages)

Ian's Walk: A Story About Autism. Laurie Lears (1998)

Grades K and up. Story focuses on the relationship between Ian, a child with autism, and his siblings. While on a walk one day, Ian wanders away and his siblings locate him by recalling his favorite activities and sights. (28 pages)

Ido in Autismland: Climbing Out of Autism's Silent Prison. Ido Kedar. (2012)

In his essays, author Ido Kedar, a brilliant sixteen year old with autism, challenges what he believes are misconceptions in many theories that dominate autism treatment today while he simultaneously chronicles his personal growth in his struggles to overcome his limitations.

In His Shoes: A Short Journey Through Autism. Joanna L Keating-Velasco. (2008)

Ages 11-15. Readers join Nick, a 13 year old boy with severe Autism, during his transition from elementary to middle school, they share his challenges and celebrate his successes both at home and at school.

In My World. Jillian Ma. (2017)

Preschool- Grade 5. A simple, heartfelt story that follows the life of a child with autism through his imaginative journey as he seeks to be accepted, loved, and celebrated for his strengths and abilities. 29 pages

Inclusion of Students with Autism: Using ABA-Based Supports in General Education. Joel Hundert. (2009)

Covers assessment and planning for inclusion, principles of instruction, facilitating communication, promoting peer interaction, and collaboration with families.

Inclusive Programming for Middle School Students with Autism/Asperger's Syndrome. Sheila Wagner (2001)

Covers everything from academic requirements and homework issues to social conflicts, such as dress codes and raging hormones.

Incredible 5 Point Scale: Assisting Students with Autism Spectrum Disorders in Understanding Social Interactions and Controlling their Emotional Responses. Kari Dunn Buron & Mitzi Curtis (2004/book) (2005/ DVD/26 minutes)

Explains use of 5-point scales to help students understand and control their emotional reactions to everyday events that might otherwise set in emotion escalating reactions.

The Incredible 5-Point Scale: The Significantly Improved and Expanded Second Edition; Assisting Students in Understanding Social Interactions and Controlling their Emotional Responses. Kari Dunn Buron & Mitzi Curtis.

Includes refinements to the original scales, now considered "classics" in homes and classrooms across the country and abroad, as well as lots of new scales specifically designed for two groups of individuals: young children and those with more classic presentations of autism, including expanded use of the Anxiety Curve.

Inside Out: What Makes a Person with Social-Cognitive Deficits Tick? Michelle Garcia Winner (2002)

Gives teaching techniques to help students identify their social deficits, leading to the acquisition of skills such as initiating conversations or activities, listening and attending, understanding abstract language, taking others' perspectives, seeing the big picture and using humor

Intimate Relationships and Sexual Health: A Curriculum for Teaching Adolescents/Adults with High-Functioning Autism Spectrum Disorders and Other Social Challenges. Catherine Davies Melissa Dubie. (2012)

Provides a structured curriculum for teaching human sexuality and relationships to young adults and adolescents with high-functioning autism spectrum disorders.

Intricate Minds: Understanding Classmates with Asperger Syndrome (DVD) (2005) (12 minutes)

Through interviews with students who have Asperger Syndrome (AS), this video offers an inside look at how teenagers with AS act, think and feel -- and how they're routinely treated.

Intricate Minds II: Understanding Elementary School Classmates With Asperger Syndrome (DVD) (2006) (16

The program includes interviews with boys and girls aged 8 through 12 who describe what it's like to have Asperger Syndrome.

Intricate Minds III: Understanding Elementary School Classmates Who Think Differently (DVD) (2006) (18

The program features interviews with boys and girls aged 8 through 12 who describe what it's like to have conditions that make them act differently from their peers in school. They reveal some of the positive qualities classmates will find if they look past these "different" behaviors.

An Introduction to Autism for Adoptive and Foster Families: How to Understand and Help Your Child. Katie Hunt & Helen Rodwell (2018)

Written for busy foster carers and adoptive parents, this book provides a concise introduction to Autism Spectrum Disorder (ASD), and how to support a child with a diagnosis.

Join In and Play: Learning to Get Along. Cheri J Meiners (2004)

Ages 4-8. It's fun to make friends and play with others, but it's not always easy to do. You have to make an effort, and you have to know the rules—like ask before joining in, take turns, play fair, and be a good sport. (35 pages)

"Just Give Him the Whale!" 20 Ways to Use Fascinations, Areas of Expertise, and Strengths to Support Students with Autism. Paula Kluth & Patrick Schwarz (2008)

Guide is brimming with easy tips and strategies for folding students' special interests, strengths, and areas of expertise into classroom lessons and routines. Teachers will discover how making the most of fascinations can help their students.

Just Take a Bite: Easy, Effective Answers to Food Aversions and Eating Challenges. Lori Ernsperger et al (2004)

Guide to overcoming food aversions and eating challenges, particularly common among children on the autism spectrum

Kids in the Syndrome Mix of ADHD, LD, Asperger's, Tourette's, Bipolar, and More!: The One Stop Guide for Parents, Teachers, and Other Professionals. Martin Kutscher, M.D. (2005)

Guide to the whole range of often co-existing neuro-behavioral disorders in children—from attention deficit hyperactivity disorder (ADHD), obsessive-compulsive disorder, and bipolar disorder, to autistic spectrum disorders, nonverbal learning disabilities, sensory integration problems, and executive dysfunction.

"A Land We Can Share": Teaching Literacy to Students with Autism. Paula Kluth & Kelly Chandler-Olcott (2008)

This book helps in-service and pre-service teachers understand how students with autism can be perceived as literate and then supported to participate in literacy activities both in and out of school.

Learning About Friendship: Stories to Support Social Skills Training in Children with Asperger Syndrome and High Functioning Autism. K.I. Al-Ghani (2011)

This collection of ten fully illustrated stories explores friendship issues encountered by children with ASD aged 4 to 8 and looks at how they can be overcome successfully.

Life, Animated: A Story of Sidekicks, Heroes, and Autism. Ron Suskind (2016)

Imagine being trapped inside a Disney movie and having to learn about life mostly from animated characters dancing across

Life Journey Through Autism: A Guide to Safety. Organization for Autism Research. (2014)

This tool will educate parents about how to prevent and mitigate emergency events, safety threats that may affect their child in the future, and how to teach safety habits that will build a foundation for safety in adulthood.

Living Independently on the Autism Spectrum: What You Need to Know to Move Into a Place of Your Own, Succeed at Work, Start a Relationship, Stay Safe, and Enjoy Life as an Adult on the Autism Spectrum. Lynne Soraya (2013)

Strategies will help you cope with the feelings brought on by transition to adulthood as well as deal with common challenges, like: Budgeting and handling bills; Finding the right residence and/or roommates; Discovering a career path that complements your talents; Interacting with coworkers and clients; Building relationships with friends and potential partners.

Living with Asperger's Syndrome. Aaron Likens (DVD) (2011)

Presentation by Aaron Likens, Autims Ambassador for TouchPoint Autism Services that has changed lives, families, teachers, and doctors. 88 minutes with question and answers.

Lucas the Lion Loves the Tiny Talker. Ryan Rollen & Brittani Rollen. (2018)

Preschool. The Tiny Talker Method helps children with communicative disabilities learn to use an augmentative and alternative communication (AAC) device in a more natural way. By pairing the device with a storybook, children are able to see the symbols in the story, touch the corresponding sound buttons on their Tiny Talker device, and hear the device's response.

Made for Good Purpose: What Every Parent Needs to Know to Help Their Adolescent with Asperger's, High Functioning Autism or a Learning Difference Become an Independent Adult. Michael P McMannon. (2012)

Filled with useful advice, easy-to-apply techniques, and personal anecdotes from both the author's own experiences of Asperger's Syndrome and those of his students, this book is a practical guide for helping young adults on the spectrum achieve independence and learn life-long skills of self-knowledge, self-sufficiency, and self-advocacy.

Making Inclusion Work for Students with Autism Spectrum Disorders: An Evidence-Based Guide. Tristram Smith

Presents a research-based, step-by-step process for assessing students at a range of skill levels, planning and implementing successful inclusion programs, and working as a team with other professionals and with parents. The book is packed with specific strategies for helping students with ASD follow the daily routine, learn from the general education curriculum, interact with peers, and overcome problem behavior.

Making Sense of Autism. Travis Thompson (2007)

An "autism primer" which provides a balanced understanding of what autism is, how it affects behavior and learning, and what you can do to effectively work with children with autism from their preschool years through elementary school.

Making Sense of Sensory Integration. Jane Koomar, Stacy Szklut & Sharon Cermak. (audio) (2005)

Understand the differences between sensory processing disorder and "look-alike" diagnoses. Learn what to look for at different ages and developmental stages from infancy through adulthood.

Making Sense of Sex: A Forthright Guide to Puberty, Sex and Relationships for People with Asperger Syndrome. Sarah Attwood. (2008)

Detailed explanations and direct answers to the many questions raised by puberty and sexual maturity.

Making Autism a Gift: Inspiring Children to Believe in Themselves and Lead Happy, Fulfilling Lives. Robert Evert Cimera. (2007)

Emphasizes the positive realities and tears down the wall of isolation associated with this disorder. With information from hundreds of up-to-date sources, this practical book looks at the effects of autism on the individual and provides strategies parents can use to help their children at home and beyond.

Manners Matter!: Temple Talks to Kids. Veronica Zysk. (2018)

Grades 1-6. Temple steps away from the world of adults and talks directly to kids themselves, sharing her experiences living with and growing up with autism in kid-friendly language and colorfully illustrated stories and characters. 43 pages.

Mike's Crush for Families: Teaching Relationship Skills to Adolescents with Autism, Asperger's or Intellectual Disabilities. Nancy Nowell. (video) (2011)

Video and booklet designed to help adolescents understand the social signals and skills necessary to have healthy friendships and safe intimate relationships. (DVD)

MPloy - A Job Readiness Workbook: Career Skills Development for Young Adults on the Autism Spectrum and with Learning Differences. Michael McManmon, Jennifer Kolarik & Michael Ramsay. (2018)

This self-guided workbook is suitable for young adults aged 16-26 with ASD (Autism Spectrum Disorder) or LD (Learning Differences), to teach the necessary skills for entering the workforce and forging a meaningful career path.

My Autism Book. A Child's Guide to their Autism Spectrum Diagnosis. Gloria Dura-Vila & Tamar Levi. (2014)
Ages 5 & up. Illustrated picture book that helps parents to explain an autism diagnosis to their child in a sensitive, positive and accurate way. (47 pages)

My Autism Sexuality. Tom Jacobons (2015)

Tom talks about his sexuality and how he has learned to express himself in appropriate ways as he gets older.

My Brother is Artistic: A Brother's View of Autism. Jane Webb (2012)

Ages 5 and up. A young boy learns to understand autism through learning to understand his older brother with autism. (30 pages)

My Brother Charlie. Holly Robinson Peete & Ryan Elizabeth Peete. (2010)

Ages 6 and up. Actress and national autism spokesperson Holly Robinson Peete collaborates with her daughter on this book based on Holly's 10-year-old son, who has autism. (40 pages)

My Child Has Autism: What Parents Need to Know. Clarissa Willis, PhD. (2009)

Explains autism in simple terms, discusses the major characteristics associated with autism, and offers simple strategies for helping children with autism function in their homes, at school, and in the community.

My Social Stories Book. Carol Gray (2002)

Ages 2-6. Taking the form of short narratives, the stories in this book take children step-by-step through basic activities, such as brushing your teeth, taking a bath and getting used to new clothes. Also helps children to understand different experiences such as going to school, shopping and visiting the doctor. (150 pages)

Navigating College: A Handbook on Self Advocacy Written for Autistic Students from Autistic Adults. The Autistic Self Advocacy Network.

Teens. Guide for college bound students with autism about what to expect from the perspective of adults with autism.

Neurotribes: The Legacy of Autism and How to Think Smarter About People Who Think Differently. Steve Silberman (2015)

Provides long-sought solutions to the autism puzzle, while mapping out a path for our society toward a more humane world in which people with learning differences and those who love them have access to the resources they need to live happier, healthier, more secure, and more meaningful lives.

No More Victims: Protecting Those with Autism from CyberBullying, Internet Predators & Scams. Dr. Jed Baker. (2013)

Teens. Students will learn what to look out for, whom to avoid, and how to protect themselves when they're communicating

Nonverbal Learning Disorder: Understanding and Coping with NLD and Asperger's- What Parents and Teachers Need to Know. Rondalyn Varney Whitney. (2008)

Offers practical suggestions, the latest information, and activities that will help your child get the proper diagnosis, develop a treatment plan, and put your child on the path to a happy, fulfilling life.

Normal People Scare Me: A Film About Autism. (DVD) (2006) (90 minutes)

The film was conceived by Taylor Cross -- an aspiring filmmaker with autism -- when he was 15.

The Official Autism 101 Manual: Everything You Need to Know About Autism From Experts Who Know and Care. Karen L. Simmons (2006)

Resource for understanding and responding to autism as a parent or a professional.

Online Safety for Children and Teens on the Autism Spectrum: A Parent's and Carer's Guide. Nicola Lonie (2014)

Discusses key concerns such as parental control, social networking, grooming, cyberbullying, internet addiction and hacking. The risks and the warning signs to look out for are clearly explained alongside useful advice and examples from real-life experiences.

The Original Social Story Book. Jenison Public Schools. (1993)

Written for children and adults with autism by students in Mrs. Johnson's Psychology and Sociology classes at Jenison High School in Jenison, Michigan.

OT: For Children with Autism, Special Needs & Typical. Britt Collins. (DVD) (2007) (45 minutes)

Combines traditional Occupational Therapy exercises with Applied Behavior Analysis to teach parents and caregivers various skills with can assist in desensitizing a child and help them on the path to reprogramming their brain functions.

Our Journey Through High Functioning Autism and Asperger Syndrome: A Roadmap. Linda Andron (2001)

Text written by families who have experienced Asperger syndrome first-hand. They share their practical and original strategies for dealing with issues such as helping children to develop empathy and humor, maintaining friendships, and explaining their disorder to others.

Out and About: Preparing Children with Autism Spectrum Disorders to Participate in their Communities. Jill Hudson & Amy Bixler Coffin (2007)

Focus is on the every day, how to enable and support individuals on the autism spectrum to participate, to the maximum extent possible, in the community around them.

The Out-of-Sync Child: Recognizing and Coping with Sensory Integration Dysfunction. Carol Kranowitz (DVD/85 minutes/2009)

This guide explains how SI Dysfunction can be confused with ADD, learning disabilities, and other problems, tells how parents can recognize the problem-and offers a drug-free treatment approach for children who need help.

Parenting ASD Teens: A Guide to Making It Up As You Go. Andrew Schlegelmilch. (2014)

Offers a school psychologist's perspective on coping with the issues that can arise during the difficult adolescent years.

Parenting a Child with Asperger Syndrome: 200 Tips and Strategies. Brenda Boyd (2003)

Positive strategies and tips for parents with children having Asperger Syndrome.

The Parent's Guide to College for Students on the Autism Spectrum. Jane Thierfeld, Lorraine E Wolf, Lisa King & G Ruth Kukiela Bork (2012)

Learn how to select the right campus, how to work with Disability Services staff, what legal protections apply, how to prepare your son or daughter to be an effective self-advocate on campus, what assistance can be reasonably be expected from residence hall managers, faculty, and much, much more.

Pedro's Whale. Paula Kluth & Patrick Schwarz. (2010)

Grades K-3. Story of a young boy with autism whose special interest is incorporated into the curriculum to help him and the other children learn. (26 pages)

Playing, Laughing and Learning with Children on the Autism Spectrum: A Practical Resource of Play Ideas for Parents and Carers. Julia Moor. (2008)

Shows how to break down activities into manageable stages, and looks at ways to gain a child's attention and motivation and to build on small achievements.

Point to Happy: A Book for Kids on the Autism Spectrum. Miriam Smith & Afton Fraser. (2011)

Ages 2 and up. Combines a picture book and a pointer to create a breakthrough in reaching children who communicate best through pictures.

Population One: Autism, Adversity and the Will to Succeed. Tyler McNamer. (2013)

Part memoir, part inspirational guide, this book offers readers the ability to see life through the eyes of a young man with autism.

The Potty Journey: Guide to Toilet Training Children with Special Needs, Including Autism and Related Disorders. Judith Coucouvanis (2008)

Systematically guides you through the entire toileting journey, step-by-step, to the ultimate destination - dry pants.

A Practical Guide to Autism: What Every Parent, Family Member, and Teacher Needs to Know. Fred R Volkmar & Lisa A Weisner. (2009)

Comprehensive information about recent scientific developments and a practical guide for how they are being implemented and what we are learning in the process.

A Practical Guide to Mental Health & Learning Disorders for Every Educator: How to Recognize, Understand, and Help Challenged (and Challenging) Students Succeed. Myles Cooley. (2018)

Covering topics including PTSD, bipolar disorder, autism spectrum disorder, and many others, this accessible, ready-to-use reference explains how each disorder or difficulty might be exhibited in the classroom and offers straightforward suggestions for what to do (and what not to do).

A Practical Guide to Mental Health Problems in Children with Autistic Spectrum Disorder: It's Not Just Their Autism. Khalid Karim, Alvina Ali & Michelle O'Reilly. (2014)

Offers practical guidance to help parents and professionals recognise and handle co-morbid conditions, and dispels the myth that they are just a part of autism.

Practical Mathematics: for Children with an Autism Spectrum Disorder and Other Developmental Delays. Jo Adkins & Sue Larkey (2012)

Topics covered include colours, shapes, categories, numerals, sequencing, addition and subtraction and using money, and the book includes worksheets and activities for incorporating mathematics into daily living skills

Practical Strategies for Supporting Emotional Regulation in Students with Autism: Enhancing Engagement and Learning in the Classroom. Leslie Bloom. (2018)

The guidelines and strategies provided help students with prediction and make the expectations of them clear, empowering children by giving them choices.

Preparing For Life: The Complete Guide for Transitioning to Adulthood for Those with Autism and Asperger's Syndrome. Dr. Jed Baker (2005)

A comprehensive resource for students on the autism spectrum preparing for life after high school.

The Princess and the Ruby: An Autism Fairy Tale. Jewel Kats (2012)

Grades K - 3. Both fun and education are cleverly weaved in this magical tale, teaching children to be comfortable in their own skin and to respect the differences of others. "From the Fairy ability tales series."

The Puberty Video for Boys with Asperger Syndrome (and Autism Spectrum Disorder - Level 1). Coulter Video (DVD) (2014) (48 minutes)

More than just a male and female anatomy lesson, this DVD also helps young men with social challenges understand how to interact positively with girls and women. Most importantly, it puts sex into perspective, revealing the truth behind the myths boys may see in the media.

Push to Open: A Teacher's QuickGuide to Universal Design for Teaching Students on the Autism Spectrum in the General Education Classroom. Lisa Combs. (2015)

Proactive planning guide to help general education teachers understand some of the most critical characteristics of autism, and plan their classroom environment and teaching methods to avoid pitfalls that can occur around sensory, communication, social and instructional issues In this age of accountability for every student to access, make progress, and show value added through their learning in the general curriculum.

Raising a Child with Autism: A Guide to Applied Behavior Analysis for Parents. Shira Richman (2001)

A guide for parents and family members of children with autism, to using Applied Behavior Analysis (ABA) to help the child interact successfully at home, at school and in his or her social life.

The Reason I Jump: The Inner Voice of a Thirteen-Year-Old Boy with Autism. Naoki Higashida. (2013)

Written by Naoki Higashida, a very smart, very self-aware, and very charming thirteen-year-old boy with autism, it is a one-of-a-kind memoir that demonstrates how an autistic mind thinks, feels, perceives, and responds in ways few of us can imagine.

Relationship Building & Sexual Awareness for Kids with Autism: S.T.A.R.S 2. Susan Heighway & Susan Kidd Webster. (2015)

The STARS 2 model concentrates on four areas: Understanding Relationships, Social Skills Training, Sexual Awareness, and Assertiveness with the goals of promoting positive sexuality and preventing sexual abuse.

Relationship Development Intervention with Young Children: Social and Emotional Development Activities for Asperger Syndrome, Autism, PDD and NLD. Steve Gutstein & Rachelle Shelly (2002)

Designed for younger children, typically between the ages of two and eight, this comprehensive set of activities emphasizes foundation skills such as social referencing, regulating behavior, conversational reciprocity and synchronized actions.

Relationship series series II: Boyfriend/ Girlfriend. (DVD)

Video series of relationships for people with ID/DD (intellectual & developmental disabilities)

Russell's World: A Story for Kids About Autism. Charles A Amenta III (2011)

Ages 5 and up. Step into Russell's world for an inside look at a real-life family as they share the surprises and challenges that can come with autism. (40 pages)

Safety and Consent for Kids and Teens with Autism or Special Needs: A Parent's Guide. Debra S Jacobs. (2019)

This guidebook empowers adults to fulfil their responsibility to protect and support children, and to provide a safe environment in which every child can reach their highest potential free from coercion or abuse.

The Sandwich Kid. (DVD) (2006) (90 minutes)

The Sandwich Kid seeks to give a voice to those who are impacted by the day-to-day living with a brother or sister having a developmental or other disability.

School Success for Kids with Asperger's Syndrome. Stephan M. Silverman & Rich Weinfeld (2007)

Covers topics such as recognizing and diagnosing Asperger's syndrome, addressing the needs of students with Asperger's, implementing successful practices in the classroom, working with the school system, and providing interventions in the home to help develop needed skills.

The Science of Making Friends: Helping Socially Challenged Teens and Young Adults. Elizabeth Laugeson. (2013)

This book offers parents a step-by-step guide to making and keeping friends for teens and young adults with social challenges such as those diagnosed with autism spectrum disorder, ADHD, bipolar, or other conditions.

The Self-Help Guide for Special Kids and Their Parents. Joan Matthews & James Williams (2000)

Written by a mother and son and their experiences.

Self-Help Skills for People with Autism: A Systematic Teaching Approach. Stephen R Anderson PhD, Amy L Jablonski PhD, Marcus L Thomeer PhD & Vicki Madaus Knapp PhD. (2007)

Describes a systematic approach that parents and educators can use to teach basic self-care to children, ages 24 months to early teens, and even older individuals.

The Sensory Detective Curriculum: Discovering Sensory Processing and How It Supports Attention, Focus & Regulation Skills. Paula Aquilla, Alexi Edelstein & Paula Riczker. (2016)

Enables students to discover sensory processing and how it supports attention, focus, and regulation skills.

The Sensory Processing Disorder Answer Book: Practical Answers to the Top 250 Questions Parents Ask. Tara Delaney (2008)

Reference book that gives answers to most pressing questions about SPD.

Sex, Sexuality and the Autism Spectrum. Wendy Lawson (2005)

Wendy is an insider', an openly gay adult woman with autism. Here she writes frankly about autism, sex, sexuality and relationships.

Sexuality and Relationship Education for Children and Adolescents with Autism Spectrum Disorders: A Professional's Guide to Understanding, Preventing Issues, Supporting Sexuality and Responding to Inappropriate Behaviours. David Hartman. (2013)

Covering issues of gender, public and private, puberty, hygiene, emotions, sex and more, each topic provides an overview of the difficulties that children with autism might experience, discussion and activity ideas and photocopiable resources including instructional stories, checklists and illustrations.

Sexuality and Severe Autism: A Practical Guide for Parents, Caregivers and Health Educators. Kate E Reynolds.

Guides you through the process of teaching about sex and sexuality, answering all of the most crucial questions, including: Why is it necessary to teach this subject to my severely autistic child? When is the right time to start talking about these issues? How detailed and explicit should I be? What methods are most appropriate?

Sharing Information About Your Child with Autism Spectrum Disorder: What Do Respite or Alternative Caregivers Need to Know? Beverly Vickers, M.S. (2007)

Leaving their child with a paid respite care worker, friend, neighbor, or even an extended family member, represents a potentially stressful situation for parents of children with an autism spectrum disorder (ASD). This book has the answers for situations like this.

Social Skills: Meeting and Greeting. onSpectrum. (33 minutes) (DVD)

Covers the basics of interacting with friends and acquaintances. Each skill is introduced by a child narrator and illustrated

The Social Skills Picture Book: For High School and Beyond. Dr. Jed. Baker (2006)

Specifically geared toward older students. The Social Skills Picture Book for High School and Beyond offers a visual learning format. Photos of actual students engaging in a wide variety of social situations show, rather than tell, the right (and wrong) ways to interact in different circumstances

The Social Skills Picture Book: Teaching Play, Emotion and Communication to Children with Autism. Dr. Jed Baker (2001)

This book demonstrates through photographs nearly 30 social skills such as conversation, play, emotion management and empathy. It breaks down social skills into basic components..

Social Skills Training and Frustration Management. Dr. Jed Baker (DVD) (4.5 hours)

Dynamic and comprehensive presentation is extremely valuable to all family members and professionals working with individuals with autism spectrum disorders, attention deficit disorders, learning disabilities, mood and anxiety disorders, and other issues that impact social-emotional functioning.

Socially ADDept: Teaching Social Skills to Children with ADHD, LD, and Asperger's. Janet Z Giler, PhD. (2011)

Helps educators and parents teach the hidden rules of social behavior to children, ages 8-13, with limited social skills.

The Source for Asperger's Syndrome. Timothy Kowalski (2002)

Learn the facts about Asperger's from this non-technical resource that clearly describes how to treat the person with Asperger's.

A Special Book About Me: A Book for Children Diagnosed with Asperger Syndrome. Josie Santomauro (2009)

Ages 8 and up. Intended as a support tool in the initial period after diagnosis, this book is varied and engaging, and addresses questions or concerns that the child might have, such as 'What are the characteristics of AS?', 'Why did it happen to me?', and 'What happens now?'. (32 pages)

Special Considerations for Students with High-Functioning Autism Spectrum Disorder: A Guide for School Administrators. Diane Adreon & Brenda Smith Myles. (2017)

Provides school administrators with useful and practical suggestions and strategies that can increase student achievement, engagement, positive behavior, and social skills for high-functioning students on the spectrum (HF-ASD); help reduce educator stress and frustration; and increase positive interactions between families and school personnel so that the school day is more successful for all parties.

Stop That Seemingly Senseless Behavior: FBA-Based Interventions for People with Autism. Beth A Glasberg, PhD

Full of case studies and Keep it Simple tips, plus forms, figures, and graphs, this book offers families and professionals proven strategies to change a person's challenging behavior, helping him to have a more productive and inclusive future.

Straight AAA's, All About Autism: Educating Elementary School-Age Children About Their Peers with Autism. (DVD) (2011) (15 minutes)

Video program to explain autism to an elementary school classroom. Hosted by Doug Flutie. Approx 15 min.

Stuff You Need to Know: A Guide for Young Adults with Autism. Patricia Weaver (2018)

Teens. Guide to help kids and young adults with autism learn the most basic skills to achieve independence.

Succeeding in College with Asperger Syndrome. John Harpur, Maria Lawlor & Michael Fitzgerald (2004)

Demystifies the range of college experiences for students with AS. It is a must for these students, their parents and counselors alike, providing benefits that will continue throughout the college years and beyond.

Success Strategies for Students with Asperger Syndrome & Autism. (DVD) (2008) (47 minutes)

Offers simple solutions to help students with Asperger Syndrome and Autism have a rich and productive secondary school experience.

Successful Inclusion for Students with Autism: Creating a Complete, Effective, ASD Inclusion Program. Sonja R de Boer. (2009)

Offers step-by-step guidance for creating successful inclusion programs and includes specific information on key topics such as educator roles and responsibilities, ongoing program assessment, and evaluating student progress.

Successful Problem-Solving for High-Functioning Studentw with Autism Spectrum Disorders. Kerry Mataya & Penny Owens (2013)

Teaches how to integrate the book's problem-solving chart into classrooms, homes, and social skills groups to help individuals with ASD to learn to problem solve effectively.

Successful Social Stories for Young Children: Growing Up with Social Stories. Dr Siobhan Timmins (2016)

Introduces ways of thinking about the issues your child finds difficult, and includes 32 stories created by Dr Siobhan Timmins for her son during his early years, with helpful explanations of how she did it, and what the underlying thinking was behind each set of stories.

SUPERFLEX...A Superhero Social Thinking Curriculum. Stephanie Madrigal & Michelle Garcia Winner. (2008)

Through this comic book and curriculum, students are encourage to think about thinking and what they can to self-regulate

Superflex takes on Glassman and the Team of Unthinkables. Stephanie Madrigal & Michelle Garcia Winner. (2009)

Grades K-5. Comic book in the Superflex series, the superhero, Superflex, swoops down to help Aiden overcome the Unthinkable, Glassman (who causes our over-reactions to small things), at just the right time: the first day of school!

Super Skills: A Social Skills Group Program for Children with Asperger Syndrome, High-Functioning Autism and Related Challenges. Judith Coucouvanis. (2005)

Highly structured lessons are grouped under four types of skills necessary for social success: fundamental skills, social interaction skills, getting along with others, and social response skills.

The Survival Guide for Kids with Autism Spectrum Disorders (and their Parents). Elizabeth Verdick & Elizabeth Reeve (2012)

Ages 8 and up. This positive, straightforward book offers kids with autism spectrum disorders (ASDs) their own comprehensive resource for both understanding their condition and finding tools to cope with the challenges they face every day. (234 pages)

Swim Team: To Level the Playing Field, They Had to Get in the Water. PBS. DVD (2017)

The parents of a boy on the autism spectrum take matters into their own hands, forming a competitive swim team, recruiting teens on the spectrum and training them with high expectations and zero pity. Watch the extraordinary rise of the Jersey Hammerheads, capturing a moving quest for inclusion, independence, and a life that feels winning. 100 minutes.

Take Control of Asperger's Syndrome: The Official Strategy Guide for Teens with Asperger's Syndrome and Nonverbal Learning Disorder. Janet Price & Jennifer Engel Fisher. (2010)

Ages 10 and up. Provides tips on understanding the disorders, living with the symptoms, succeeding in school, completing homework, talking to others about strengths and needs, making friends and socializing, and using technology to connect with other kids with these disorders.

Taking Care of Myself: A Hygiene, Puberty and Personal Curriculum for Young People with Autism. Mary Wrobel (2003)

Ages 8 and up. Through a combination of Social Stories and easy to understand activities, this unique book offer a curriculum that guides the child and caregiver on issues of health, hygiene and the challenges of puberty. (270 pages)

Taking Care of Myself 2 for Teenagers & Young Adults with ASD: Personal Health, Grooming, Relationships & Sex. Mary Wrobel (2017)

Written for teenagers and young adults with Autism Spectrum Disorders (ASD), this instructional book is also for parents, instructors, and therapists to help teens on the autism spectrum.

Talking with Your Child About Their Autism Diagnosis: A Guide for Parents. Raelene Dundon. (2017)

Sets out case studies, examples and resources that will equip you to make your own informed choices and help your whole family to live well with autism.

Teaching Pre-Employment Skills to 14-17 Year-Olds: The Autism Works Now! Method. Joanne Lara & Susan Osborne. (2017)

Shows how to help students aged 14-17 develop the necessary transition skills for getting and keeping a meaningful job, with accompanying worksheets available to download.

Teaching Students with Autism & Asperger's Syndrome in the Inclusive Classroom. Paula Kluth PhD. (2009)

Reference guide to help educators support students with autism, Asperger's Syndrome and related labels in inclusive classrooms and schools.

Teaching Individuals with Developmental Delays; Basic Intervention Techniques. O. Ivar Lovass (2002)

This teaching manual for treatment of children with developmental disabilities is divided into seven sections that address: basic concepts; (2) transition into treatment; (3) early learning concepts; (4) expressive language; (5) strategies for visual learners; (6) programmatic considerations; and (7) organizational and legal issues.

Teaching Verbal Behavior: An Introduction to Parents Teaching Language. James Partington, PhD, B.C.B.A. (DVD) (2009) (50 minutes)

This video follows the first ten months of an intensive language intervention conducted by the mother of Dani, a young girl diagnosed with autism.

Temple Grandin: Autism gave her a vision. She gave it a voice. HBO special (DVD) (2010) (109 minutes)

Paints a picture of a young woman's perseverance and determination while struggling with the isolating challenges of autism at a time when it was still quite unknown.

Ten Things Every Child with Autism Wishes You Knew: Updated & Expanded Edition. Ellen Notbohm (2012)

Delves into expanded thought and deeper discussion of communication issues, social processing skills, and the critical roles adult perspectives play in guiding the child with autism to a meaningful, self-sufficient, productive life.

Ten Things Your Student with Autism Wishes You Knew. Ellen Notbohm. (2006)

For the teacher, gives unique perspective of a child with autism's voice.

Things Ellie Likes: A Book About Sexuality and Masturbation for Girls and Young Women with Autism and Related Conditions. Kate E Reynolds. (2015)

This accessible and positive resource helps parents and carers teach girls and young women with autism or related conditions about masturbation.

Things Tom Likes: A Book About Sexuality and Masturbation for Boys and Young Men with Autism and Related Conditions. Kate E Reynolds. (2014)

Accessible and positive resource helps parents teach boys with autism or other special needs about masturbation.

Think Social! A Social Thinking Curriculum for School-Age Students. Michelle Garcia Winner (2008)

Provides methods for teaching social thinking to students not only with high functioning autism, Asperger's Syndrome and ADHD, but all others, diagnosed and undiagnosed, with social thinking challenges.

Thinking In Pictures & Other Reports from My Life with Autism. Temple Grandin (1995)

The author, an animal scientist who also has autism, documents her life in the "country of autism" and how she functions in the "outside world."

Thinking Person's Guide to Autism: What You Really Need to Know about Autism from autistics, parents, and professionals. Shannon Des Roches Rosa, Jennifer Byde Myers, Liz Ditz, Emily Willingham & Carol Greenburg.

Evidence-based information from autism parents, people with autism, and autism professionals.

Through the Eyes of Autism. (DVD) (13 minutes)

Filmed from the point of view of a child with autism and uses typical childhood settings like school, the playground, and home to show their world.

Tic Disorders: A Guide for Parents and Professionals. Uttom Chowdhury & Tara Murphy (2017)

Written in clear, accessible language and with practical advice on how to support children with tics at home and in school, the book also includes essential information on the common co-occurring conditions and difficulties, such as ADHD, anxiety, OCD, autism, self-esteem issues and behavioural difficulties.

TIPS - Teaching Important Parenting Strategies: Raising a Child with Limited Verbal Skills. Megan Ahlers & Colleen Hannigan Zillich. (2014)

Practical, user-friendly solutions to common universal challenges encountered by parents and caregivers, including communication, behavior, technology, community outings, and sensory needs.

To Be Gifted & Learning Disabled: Strength-Based Strategies for Helping Twice-Exceptional Students with LD, ADHD, ASD and More. Susan Baum, Robin Schader & Steven Owen (2017)

Provides a comprehensive look at the complex world of students with remarkable gifts, talents, and interests, who simultaneously face learning, attention, or social challenges from LD, ADHD, and other disorders.

Tobin Learns to Make New Friends. Diane Murrell (2001)

Preschool. A great tool for learning one of the most basic social skills, this colorful picture book is quite effective in teaching social skills to children with autism, Asperger's Syndrome, and other pervasive developmental disorders. Readers follow Tobin, a train, as he learns to make friends and engage in proper social activities Preschool. (31 pages)

Toilet Training and the Autism Spectrum (ASD): A Guide for Professionals. Eve Fleming & Lorraine MacAlister.

This practical guide equips practitioners to support families and carers in developing effective toilet training programmes and provide continued help with analysing and addressing problems that occur.

Toilet Training for Individuals with Autism or Other Developmental Issues. Maria Wheeler. (2007)

Contains a detailed roadmap for success with many original and commonsense solutions.

Toilet Training for Individuals with Autism and Related Disorders. Maria Wheeler (1998) and updated version

This comprehensive guide contains more than 200 toilet training tips and 60 case examples to guide parents and teachers of children with autism who need techniques beyond those used to toilet train other children.

Tom Needs to Go: A book About How to Use Public Toilets Safely for Boys and Young Men with Autism or Related Conditions. Kate E Reynolds. (2014)

Visual reference to help parents teach boys and young men with autism or other special needs how to use public toilets safely.

Top Ten Tips: A Survival Guide for Families with Children on the Autism Spectrum. Teresa A. Cardon (2008)

Offers diverse ideas that can be immediately implemented in addressing daily situations that are commonly faced by parents and teachers of children with ASD.

A Treasure Chest of Behavioral Strategies for Individuals with Autism. Beth Fouse & Maria Wheeler (1997)

Resource manual that applies theory and best practice in behavior management.

Treating Eating Problems of Children with Autism Spectrum Disorders and Developmental Disabilities. Keith William & Richard Fox. (2007)

Presents behavioral interventions and approaches on solving a child's resistance to eating.

Understanding Autism: A Guide for Secondary School Teachers. (DVD)

Training video for parents and teachers of children with autism.

Understanding Brothers and Sisters with Asperger Syndrome (DVD) (2007) (109 minutes)

Contains four programs for siblings of children with Asperger Syndrome and their parents.

Understanding Brothers and Sisters on the Autism Spectrum (DVD) (2007) (94 minutes)

Contains four programs for siblings of children on the autism spectrum and their parents.

Understanding Sensory Dysfunction: Learning, Development and Sensory Dysfunction in Autism Spectrum Disorders, ADHD, LD and Bipolar Disorder. Polly Godwin Emmons et al (2005)

Understanding Sensory Dysfunction is a clear and comprehensive resource to identifying and addressing sensory dysfunction in children, using a range of practical strategies to help them reach their full potential at home, at school and in the community.

Unemployed on the Autism Spectrum: How to Cope Productively with the Effects of Unemployment and Jobhunt with Confidence. Michael John Carley. (2016)

Offering guidance on how you can cope with unemployment in a constructive and emotionally healthy manner, Michael John Carley writes with a crucial understanding of the isolation and negative emotions that unemployment can bring about if you have ASD.

Uniquely Human: A Different Way of Seeing Autism. Barry Prizant, PhD. (2015)

Offers a new and compelling paradigm: the most successful approaches to autism don't aim at fixing a person by eliminating symptoms, but rather seeking to understand the individual's experience and what underlies the behavior.

Unwritten Rules of Social Relationships. Temple Grandin & Sean Barron (2005)

Explains the unwritten rules and patterns of social relationships.

Video Modeling for Young Children with Autism Spectrum Disorders: A Practical Guide for Parents and Professionals. Sarah Murray & Brenna Noland. (2013)

Explains how professionals and parents can use innovative video modeling techniques to support the development of young

Visual Supports for People with Autism: A Guide for Parents & Professionals. Marlene J Cohen & Donna Sloan.

Shows parents and educators how incorporating these aids while teaching can improve academic performance, behavior, interaction with others, and self-help skills.

Visual Supports for Visual Thinkers: Practical Ideas for Students with Autism Spectrum Disorders and Other Special Education Needs. Lisa Rogers. (2013)

Covers how the classroom environment is laid out, how to use schedules and time planning aids, different education approaches and the teaching of social rules and appropriate behavior.

Visual Techniques for Developing Social Skills: Activities and Lesson Plans for Teaching Children with High-Functioning Autism and Asperger's Syndrome. Rebecca Moyes (2012)

Provides practical, hands-on strategies for teaching social skills to children with high-functioning autism and Asperger's Syndrome.

Visual Thinking Strategies for Individuals with Autism Spectrum Disorders: The Language of Pictures. Ellyn Lucas Arwood, Ed.D. (2009)

An understanding of how individuals with Autism process their world. (199 pages)

The Way I See It: A Personal Look at Autism and Asperger's. Temple Grandin (2008)

Temple offers helpful do's and don'ts, practical strategies, and try-it-now tips, all based on her "insider" perspective and a great deal of research.

We Said, They Said: 50 Things Parents and Teachers of Students with Autism Want Each Other to Know. Cassie Zupke (2013)

Voices what parents and educators want to say to each other, but don't. It explains why they do what they do. It helps fill the chasms of misunderstanding that breed assumptions like "They don't care about my child," and "They're just in denial." It gives educators and parents the necessary tools to build the relationships they need to help their children.

A Week of Switching, Shifting, and Stretching: How to Make My Thinking More Flexible. Lauren H Kerstein. (2014)

School Aged. Assists children on the autism spectrum, and any child for that matter, in examining their black-and-white thinking in order to begin to think more flexibly rainbow thinking. Using repeated rhymes and illustrations, the child begins to recognize that the more flexible his or her thinking is, the better he or she is able to cope with the challenges that life presents, ultimately leading to fewer tantrums and meltdowns.

What it is to be Me! An Asperger Kid Book. Angela Wine. (2005)

Ages 4 and up. Using simple words this book shares what's cool and what's hard about having Asperger's Syndrome. (18 pages)

What To Do About Smearing: A Practical Guide for Parents and Caregivers of People with Autism, Developmental and Intellectual Disabilities. Kate Reynolds. (2017)

Addressing the often hidden, yet not uncommon, behaviour of faecal smearing among children and adults with autism and

What's Happening to Ellie? A Book About Puberty for Girls and Young Women with Autism and Related Conditions. Kate E Reynolds. (2015)

Following Ellie as she begins to notice changes to her body, this simple resource helps parents and carers teach girls with autism and related conditions about puberty.

What's Happening to Tom? A Book About Puberty for Boys and Young Men with Autism and Related Conditions. Kate E Reynolds. (2014)

Follow Tom as he begins to notice changes to his body. This simple resource helps parents and carers teach boys with autism or other special needs about puberty

What's That Look on Your Face? All About Faces and Feelings? Catherine Snodgrass (2008)

Illustrates various facial expressions and the feelings they represent .

When Down Syndrome and Autism Intersect: A Guide to DS-ASD for Parents and Professionals. Margaret Froehle & Robin Zaborek. (2013)

Offers a thorough examination of the unique profile of a Down Syndrome-Autism Spectrum Disorder (DS-ASD) diagnosis and best practices for screening, treatment, and caretaking through the lifespan.

When My Worries Get Too Big! A Relaxation Book for Children with Autism Spectrum Disorders. Kari Dunn Buron (2004)

Ages 4-8. Gives young children an opportunity to explore with parents or teachers their own feelings as they react to events in their daily lives while learning some useful relaxation techniques. (34 pages)

When Young People with Intellectual Disabilities and Autism Hit Puberty: A Parents' Q&A Guide to Health, Sexuality and Relationships. Freddy Jackson Brown & Sarah Brown. (2016)

Structured around issues related to puberty and emerging sexuality in children with disabilities or autism, such as physical changes, mood swings and sexual behaviour, the book presents case studies alongside practical guidance on how to overcome problems that commonly arise.

Why Does Chris Do That? Some Suggestions Regarding the Cause and Management of the Unusual Behavior of Children and Adults with Autism and Asperger Syndrome. Tony Atwood (revised 2003)

Book examines the behavior concerns of people with high functioning autism and Asperger syndrome.

Why Johnny Doesn't Flap: NT is OK. Clay Morton & Gail Morton. (2016)

Grades K-3. Turns the tables on common depictions of neurological difference by drolly revealing how people who are not on the autistic spectrum are perceived by those who are. (32 pages)

A Work in Progress Companion Series: Vol 1 "Cool" Versus "Not Cool". Autism Partnership. (DVD &

Teaches students to understand the difference between behaviors that are socially appropriate (cool) and those that are inappropriate (not cool).

A Work in Progress Companion Series: Vol 2 Learning How to Learn. Autism Partnership. (DVD & booklet)(2012)

Describes and demonstrates programs that are helpful in teaching students how to learn.

A Work in Progress Companion Series: Vol 3 Teaching Interactions. Autism Partnership. (DVD & booklet) (2012)

Offers a style of teaching which adds the element of leading students to understand rationales for why they might want to change their behavior and learn new skills.

A Work in Progress Companion Series: Vol 4 Token Economy. Autism Partnership. (DVD & booklet) (2012)

Learn step-by step how to improve behavior by ensuring a strong connection between the target behavior and the reward that follows.

A Work in Progress Companion Series: Vol 5 Developing Reinforcers. Autism Partnership. (DVD & booklet) (2012)

Shows how to be creative in developing new sources of reinforcement, which is especially useful for students who have limited interests.

Worksheets! For Teaching Social Thinking and Related Skills. Michelle Garcia Winner (2007)

Consists of 250 worksheets specifically designed to offer more lessons in teaching social thinking that dovetail both off the lessons discussed in all of Michelle G. Winner's other books: Inside Out: What Makes the Person With Social Cognitive Deficits Tick? Thinking About You Thinking About Me, and the Think Social! A Social Thinking Curriculum for School Age Students

Wretches & Jabberers. (2010) (DVD) (94 minutes)

Two men with autism embark on a global quest to change prevailing attitudes about disability and intelligence.

Writing Social Stories with Carol Gray. (DVD) (2000) (180 minutes)

An actual Carol Gray Social Stories Workshop on Social Stories.

Young Adult Road Map: A Step-by-Step Guide to Navigating Wellness, Independent Living, and Transition Services for People in Their Teens and Twenties. Wendy Lowe Besmann & Kimberly Douglass. (2018)

Practical, step-by-step guide to navigating the details of everyday life for young adults facing challenges (such as autism spectrum, ADD/ADHD, you behavioral, developmental or special health needs).

You're Going to Love This Kid: A Professional Development Package for Teaching Students with Autism in the Inclusive Classroom. Paula Kluth. (DVD & guide) (2011)

Hosted by Paula and expanding on key lessons from her bestselling books and popular presentations, the 55-minute professional development video walks you through the what, why, and how of honoring and supporting all learners.

You're Going to Love This Kid — Teaching Students with Autism in the Inclusive Classroom. Paula Kluth (2003)

Guide to understanding students with autism and including them fully in the classroom.