

Resource List of Abuse, Emergency and Safety Books

SSD Family & Community Resource Center

Parent Education & Diversity Awareness

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After the Storm: A Healing Book and Workbook for Children and Adults Whose Lives Have Been Affected by Severe Weather

All ages. Workbook.

The Aspie Girl's Guide to Being Safe with Men: The Unwritten Safety Rules No-one is Telling You. Debi Brown.

Provides need-to-know facts and sensitively yet honestly describes the more subtle social, emotional and safety issues surrounding dating, relationships and sex.

Autism, Advocates and Law Enforcement Professionals: Recognizing and Reducing Risk Situations for People with Autism Spectrum Disorders. Dennis Debbaudet (2003)

Individuals with autism are seven times more likely than other people to come into contact with police and their responses to encounters with authority may not always be appropriate. Private investigator and autism advocate Dennis Debbaudt explains how typical manifestations of autism spectrum disorders, such as running away, unsteadiness, impulsive behavior or failure

Autism and Appropriate Touch: A Photocopiable Resource for Helping Children and Teens on the Autism Spectrum Understand the Complexities of Physical Interaction. Abigail Werner James. (2015)

Practical educational resource to help teach the social rules of touch and personal space to children and teens with Autism Spectrum Disorder with the aim of keeping them safe and helping them to understand what are appropriate interactions in family, educational and community situations.

The Autism Spectrum, Sexuality and the Law: What Every Parent and Professional Needs to Know. Tony Attwood, Isabelle Henault & Nick Durbin. (2014)

Examines how the ASD profile typically affects sexuality and how sexual development differs between the general

Be Safe Teaching Edition: Movie & Companion Curriculum (DVD & CD-ROM) (2013) (60 minutes)

Lessons, activities, games & materials to teach teens and adults with Autism Spectrum Disorder how to interact safely with the police.

Caught in the Web of the Criminal Justice System: Autism, Developmental Disabilities, and Sex Offenses. Lawrence Dubin & Emily Horowitz. (2017)

Drawing on research, empirical evidence and including case studies, experts from the fields of law, ethics, psychology and sociology explore what steps should be taken in order to ensure that laws are just and take into consideration factors such as the vulnerability of the perpetrators.

Child Sexual Abuse: A Solution. (3DVDs) (1985)

Provides all you need to implement a child protection program in your school.

Circles: Aids - Safer Ways, Part 1 (DVD kit) {Please note the material content includes nudity and graphic illustrations. Please review material before showing the DVD to your child/student/family member. Check out of this DVD is restricted to Family members and the community}

Covers communicable diseases and casual contact.

Circles: Aids - Safer Ways, Part 2 (DVD kit) {Please note the material content includes nudity and graphic illustrations. Please review material before showing the DVD to your child/student/family member. Check out of this DVD is restricted to Family members and the community}

Covers STDs, AIDS and intimate contact

Connect with Kids: Sticks & Stones. DVD (2007)

Dealing with online bullying and harassment.

Developing Personal Safety Skills in Children with Disabilities. Freda Briggs (1995)

This guide provides general background information and practical curriculum ideas for teaching children with disabilities

Doing What Comes Naturally: Dispelling Myths and Fallacies About Sexuality and People with Developmental Disabilities. Orieda Horn Anderson (2000)

Book not just about intercourse and genitalia, but about engaging in relationships and is about self-esteem. Addresses topics such as signs of sexual abuse, sexual incident reporting and counseling techniques.

Ellie Needs To Go: A Book About How to Use Public Toilets Safely for Girls and Young Women with Autism and Related Conditions. Kate E Reynolds. (2015)

This visual resource helps parents and carers teach girls and young women with autism and related conditions about how to

The Ethics of Touch. Dave Hingsburger & Mary Harber. (DVD) (2010) (3 hours)

Establishing and maintaining appropriate boundaries in service to people with developmental disabilities. Includes a lecture on touch, privacy and boundaries.

An Exceptional Children's Guide to Touch: Teaching Social Boundaries and Physical Boundaries to Kids. Hunter Manasco. (2012)

Grades K & Up. Friendly picture book explains in simple terms how to tell the difference between acceptable and inappropriate touch, helping children with special needs stay safe. (64 pages)

Family Medical Emergencies: What to Do Until Help Arrives or if it Doesn't Come (DVD) (2010) (40 minutes)

Demonstrates first aid treatment techniques for a variety of medical emergencies, including household and other accidents, as well as natural disasters. In addition, the program provides accident prevention tips along with information about first aid kits.

Fun-To-Know First Aid for Kids. Dr. Nancy Rothenberg. (DVD) (2004) (85 minutes)

DVD to prepare parents and help them cope in cases of pediatric emergencies.

Getting There: Transportation Skills for People with Special Needs. (DVD) (2006) (21 minutes)

Community-based program that teaches transportation skills.

Good Pictures, Bad Pictures: Porn-Proofing Today's Young Kids. Kristen A Jenson. (2018)

Featuring easy-to-understand science and simple analogies, this book engages young kids to porn-proof their own brains.

Grandparent's Guide to Technology: Staying Safe and Raising Savvy Cyber Grandkids (2018)

Helps you navigate your own online safety while you meet your grandchildren where they are at.

Helping Vulnerable Children and Adolescents to Stay Safe: Creative Ideas and Activities for Building Protective Behaviours. Katie Wrench. (2016)

The range of tried and tested techniques will be sure to engage any child in thinking about their personal safety, allowing adult carers to have confidence that their child will be empowered to better identify and avoid harmful situations and behaviours.

How to Defend Against Cyberbullies & Trolls: The Inner Workings of the Internet for Parents. Fernando Uilherme Barbosa De Avevedo. (2018)

Trolls and cyberbullies lay on impunity, illusion of anonymity, lack of responsibility and desire to annoy you. This book will teach to defend yourself, your children and your family's reputation, always inside the law and managing all collateral effects.

I Said No! A Kid-to-Kids Guide to Keeping Private Parts Private. Zack & Kimberly King. (2010)

Ages 4 & Up. Written from a kid's perspective, this book uses kid-friendly language and illustrations to help parents and concerned adults give kids guidance they can understand, practice and use.

Life Journey Through Autism: A Guide to Safety. Organization for Autism Research. (2014)

This tool will educate parents about how to prevent and mitigate emergency events, safety threats that may affect their child in the future, and how to teach safety habits that will build a foundation for safety in adulthood.

My Body Belongs to Me. Jill Starishevsky. (2008)

Ages 3-5. Guide teaches kids that when it comes to their body, there are some parts that are for "no one else to see" and

My Body Is Mine, My Feelings Are Mine: A Storybook About Body Safety for Young Children with an Adult Guide Book. Susan Hoke (1995)

Ages 3-8. Teaches young children the most important information about protecting themselves from the possibility of sexual abuse. (78 pages)

My Body is Private. Linda Walvoord Girard. (1984)

Ages 6-10. A mother-child conversation introduces the topic of sexual abuse and ways to keep one's body private (23 pages)

Online Safety for Children and Teens on the Autism Spectrum: A Parent's and Carer's Guide. Nicola Lonie (2014)

Discusses key concerns such as parental control, social networking, grooming, cyberbullying, internet addiction and hacking. The risks and the warning signs to look out for are clearly explained alongside useful advice and examples from real-life experiences.

Preparing for Disaster for People with Disabilities and Other Special Needs. (2013)

Booklet for preparing for disasters created by FEMA and the American Red Cross.

Preventing the Emotional Abuse and Neglect of People with Intellectual Disability: Stopping Insult and Injury. Sally Robinson. (2013)

Through the narratives of nine people with intellectual disability and their family members, key issues concerning the problem are identified. Drawing on the results of this study, a range of strategies and methods are recommended to increase the capacity of all involved with people with intellectual disability to prevent emotional abuse, and respond to and support the recovery of people who are abused in this way.

Respect: A Girl's Guide to Getting Respect & Dealing When Your Line is Crossed. Courtney Macavinta & Andrea Vaner Plum. (2005)

Teen. Helps teen girls get respect and hold on to it no matter what—at home, at school, with their friends, and in the world.

The Right Touch: A Read-Aloud Story to Help Prevent Child Sexual Abuse. Sandy Kleven. (1998)

Ages 4 and up. In the story, young Jimmy's mom explains the difference between touches that are positive and touches that are secret, deceptive or forced. She tells him how to resist inappropriate touching, affirming that abuse is not the child's fault. (30 pages)

A Risk Reduction Workbook for Parents and Service Providers: Policies and Practices to Reduce the Risk of Abuse, Including Sexual Violence, Against People with Intellectual and Developmental Disabilities. Dr. Nora Baladerian

Helps parents and service providers reduce the risk of abuse to children and adults with developmental disabilities. The book also provides advice on how to recognize signs of abuse and how to effectively respond if and when it occurs.

Safe Beginnings: Protecting Our Children from Sexual Abuse. Orieda Horn Anderson & Shirley Pacey. (2003)

Healthy, affirming how-to book which can reduce the risk of sexual abuse of children with and without disabilities.

The Safe Side - Stranger Safety: Hot Tips To Keep Cool Kids Safe With People They Don't Know And Kinda Know (DVD) (2005) (36 minutes)

Ages 4 & Up. The Safe Side's "Safe Side Super-Chick" is a decidedly zany host who successfully combines slapstick humor with serious, practical safety tips for kids.

Safety and Consent for Kids and Teens with Autism or Special Needs: A Parent's Guide. Debra S Jacobs. (2019)

This guidebook empowers adults to fulfil their responsibility to protect and support children, and to provide a safe environment in which every child can reach their highest potential free from coercion or abuse.

The Secret Rules of Social Networking. Barbara Klipper & Rhonda Shapiro-Rieser (2015)

Address Internet safety, romantic relationships, online vs. in-person interactions, and more, with a particular focus on adolescents and young adults who have communication and social skills difficulties.

Sexual Harassment and Teens: A Program for Positive Change. Susan Strauss (1992)

Grades 7-12. This curriculum gives adolescents a safe, supervised opportunity to examine their own attitudes and behaviors regarding gender roles and sexual harassment.

Social Media and Mental Health: A Guide for Teens. Dr. Claire Edwards (2018)

Teens. This illustrated teen's guide to surviving social media will offer handy tips on what platforms are out there, outline how and why social media can affect your mental health, and give you tips on how to keep yourself safe online.

Taking Care of Myself: A Hygiene, Puberty and Personal Curriculum for Young People with Autism. Mary Wrobel (2003)

Ages 8 and up. Through a combination of Social Stories and easy to understand activities, this unique book offer a curriculum that guides the child and caregiver on issues of health, hygiene and the challenges of puberty. (270 pages)

Taking Care of Myself 2 for Teenagers & Young Adults with ASD: Personal Health, Grooming, Relationships & Sex. Mary Wrobel (2017)

Written for teenagers and young adults with Autism Spectrum Disorders (ASD), this instructional book is also for parents, instructors, and therapists to help teens on the autism spectrum.

Teaching Protective Behaviours to Young Children: First Steps to Safety Programme. Carolyn Gelenter, Nadine Prescott & Belinda Riley. (2014)

Teaches children (aged 4-7) to develop an awareness of personal safety; helps them to identify and express their feelings; make choices and solve problems.

Tom Needs to Go: A book About How to Use Public Toilets Safely for Boys and Young Men with Autism or Related Conditions. Kate E Reynolds. (2014)

Visual reference to help parents teach boys and young men with autism or other special needs how to use public toilets

What's Wrong with My Kid? When Drugs or Alcohol Might Be a Problem and What to Do about It. George E Lerary, Jr. (2012)

Covers the warning signs; how to intervene and find treatment; the nature and biology of addiction; the co-occurring mental health issues common to teenagers; the role of family in enabling behavior; the types of treatment and the role of drugs and alcohol in increasing teen suicide rates.

When I'm Away From Home. Jean Camis. (2000)

This workbook is designed to provide specific information about the individual needs of a disabled child for anyone responsible for their care.